

PHSRE at Spring Lane Primary School		
Curriculum Intent	School Values	British Values
<p>By the time children leave Spring Lane Primary School, they will:</p> <ul style="list-style-type: none"> Communicate Effectively – Express themselves confidently and respectfully, listening actively and articulating their thoughts with clarity. Be Expert Learners – Think critically, solve problems, and demonstrate resilience and independence in their learning. Be Caring Citizens – Show empathy, respect, and responsibility, contributing positively to their communities. Lead Healthy Lives – Make informed decisions about their physical and mental wellbeing, understanding how to maintain healthy relationships and lifestyles. Have aspirations – Set ambitious goals, believe in their potential, and take steps towards a successful future. 	<p>Our PSHRE curriculum teaches resilience by helping children develop emotional wellbeing, problem-solving skills, and strategies to cope with challenges. Respect is fostered through lessons on diversity, healthy relationships, and understanding the impact of actions on others. Integrity is instilled by encouraging honesty, ethical decision-making, and taking responsibility for choices</p>	<p>Our PSHRE curriculum supports British values by teaching democracy, respect, and individual liberty. It encourages understanding of the rule of law, fairness, and respectful expression of opinions. SCARF fosters inclusivity and mutual respect, helping children appreciate diversity.</p>
At the end of EYFS	At the end of Key stage 1	At the end of Key Stage 2
<p>At the end of Foundation Stage at Spring Lane Hill, children will understand basic health, hygiene, and emotions. They can express feelings, build friendships, and seek help when needed. Children can share, show kindness and understand differences. Children develop independence, safety awareness, and confidence.</p>	<p>At the end of Key Stage 1 at Spring Lane children understand healthy lifestyles, hygiene, and emotional wellbeing. They learn about safe touch, privacy, and seeking help. They can develop friendships, develop conflict resolution, and kindness. Children understand rules, responsibilities, and respect for diversity.</p>	<p>At the end of Key Stage 2 at Spring Lane children will understand healthy choices, mental wellbeing, and personal hygiene. They understand body changes, consent, and how to seek help. Children can develop positive relationships. Children know how to keep themselves safe, including online. Children understand their role as responsible citizens in the community and how this links to our school value of integrity and respect.</p>
Curriculum Implementation – How is PSHRE being taught?		
<p>At Spring lane, we use Coram Life Education (SCARF) PSHE scheme which is child-centred, inclusive, and designed to be engaging while aligning with statutory PSHE and RSE requirements. It's core values (Safety, Caring, Achievement, Resilience, Friendship) link closely to our curriculum pillars and school values of respect, resilience and integrity. PSHE is taught in weekly 45 minute lessons for all children from Reception to Year 6. In a typical unit of work, children engage in learning activities, including role-play, group discussions, videos, and scenario-based learning to help children explore the topic in a relatable way. Children are encouraged to share their thoughts and feelings in a safe, inclusive environment. Teachers are mindful of individual pupils' needs especially when discussing sensitive and/or controversial issues. Open-ended questions and think-pair-share activities help deepen understanding. Consequently, they develop critical-thinking skills, can evaluate information well and make informed judgements. Problem solving exercises, storytelling and real life scenarios support children to apply their understanding. The curriculum is contextualised taking the pupils' needs, interests and aspirations as well as local issues and health data into consideration. Learning is scaffolded according to the needs of the individual child. The needs of all pupils, including the most able, are met through highly effective and responsive. Discrimination, including prejudice-based bullying and discriminatory language, is tackled with vigour. - Protected characteristics and British Values are actively taught throughout the PSHE and wider curriculum.</p>		
Substantive Concepts (Big ideas linked to knowledge) <p>Health and Wellbeing – Children learn about physical and mental health, healthy lifestyles, emotional regulation, and resilience.</p> <p>Relationships – The scheme teaches children about building positive relationships, understanding emotions, communication, respect, consent, and the importance of friendships and family.</p> <p>Living in the Wider World – This concept covers responsibility, respect for diversity, understanding rights and responsibilities, online safety, and the impact of their actions on the world around them.</p> <p>Safety – The focus here is on understanding different types of risks (both online and offline) and how to stay safe, including personal safety and safety in relationships.</p> <p>Resilience and Personal Development – Encourages children to develop coping strategies, self-awareness, confidence, and an understanding of how to set and achieve goals.</p>		Disciplinary Concepts (How children think and apply knowledge) <ul style="list-style-type: none"> Critical Thinking Communication Empathy Decision Making Problem Solving Self-regulation Collaboration

Assessment – How do we measure the impact?

Spring Lane Primary School has a multi-faceted approach to assessment within PSHE, which supports both our Healthy Schools Award and our strong personal development curriculum. This approach ensures that pupils not only gain the knowledge and skills to keep themselves healthy and safe but also develop the confidence, empathy, and decision-making skills to thrive in a diverse and ever-changing world.

Our assessment practice includes:

- Assessment for learning within each lesson through skilful questioning and live feedback, enabling teachers to identify and address misconceptions immediately.
- Pupil voice and reflection recorded in floor books, providing insight into pupils' understanding, attitudes, and personal growth over time.
- Assessment of learning completed against the clear assessment criteria for each PSHE unit, ensuring progress is tracked and celebrated.

These strategies ensure PSHE learning is embedded, relevant, and impactful, directly contributing to the wellbeing, resilience, and positive life choices of our pupils.

Cultural Capital

Spring Lane offers pupils opportunities to develop their character, well-being and aspirations. This includes a wealth of whole school immersive events and awareness weeks such as Anti Bullying Week, Mental Health week, Citizenship days and the Careers Fair. Free breakfast provision is in place for all pupils. In addition to this, Spring Lane hosts a range of visitors from different fields to develop pupils understanding of character and well-being such as PCSOs, nurses, dentists, sports coaches etc. Cultural celebrations such as Diwali, Eid, and a themed culture day support children's sense of identify and belonging.