



PREDIAGNOSTIC TESTING

We recommend Prediagnostic Testing for anyone considering an assessment or those uncertain about the best first step to take.

This testing identifies mental health conditions and challenges that may impact thoughts, feelings, and behaviours, while also showcasing strengths and areas for improvement. Additionally, it helps us recommend the most suitable type of assessment.

Steps involved:

For a **CHILD, 18 years and under, still at school** we will email tests to the Parent and their Classroom Teacher.

For an **ADULT**, we will email tests to you and to a Trusted Other Adult. This may be a spouse, parent, sibling, adult child, work colleague or someone similar.

The tests we email explore possible clinical presentations of Autism, ADHD, Learning Difficulties, Anxiety and Depression.

These tests may include:

- * Autism Spectrum Rating Scale (ASRS)
- * Social Responsiveness Scale (SRS)
- * Behaviour Assessment System for Children (BASC)
- * Conners (Early Childhood, 4 or Conners' Adult ADHD Rating Scales)
- * Vineland/Adaptive Behaviour Assessment System (ABAS)
- * Sensory Profile

Once all tests are returned, you will be emailed a brief Overview Letter. This will list the common themes presenting from the testing, as well as Recommendations.

FAQ's

Do you always recommend an Assessment after the Prediagnostic Testing?

NO!

If the evidence is not indicating clinical presentation for Autism or ADHD, we not recommend a full assessment. This means that you are not paying the full fee for an assessment to find out that you/your child is neurotypical.

Sometimes we receive results from home and school that are quite different. In these cases, we will often request to conduct the Child Interview before we can finalise our recommendations.

With an adult, we will consider the Self Results before making recommendations when there is a discrepancy. We will still be able to gather information to make recommendations for therapies that may assist.

What do you I need to have ready to start the Prediagnostic Testing?

1. We require payment – you can pay this online or call us to set up an invoice.
2. Signed Consent to Release Information Form – found on our website

(Under 18, still at school, select Supersaurus for and for 16 years and older, not at school select Rayze).

How soon do you send the tests?

Once we have the payment and Consent Form, we will send out the tests within 72 business hours.

Do you work with separated parents?

YES!

The Primary Contact should notify us when requesting Prediagnostic testing and include their details in the Consent Form. We will then email tests to both parents, as well as the teacher.