



With 25 years of experience as a psychologist, Kelly Ritchie is the founder of Supersaurus, a multidisciplinary, neuroaffirming therapy clinic in Tamworth NSW.

Kelly supports parents, with clear, practical strategies to help families navigate the complexities of parenting.

These seminars are educational in nature and are not a substitute for individual clinical assessment or therapy.

As a wife and mother in a neurodivergent family, Kelly brings together professional expertise and lived experience—creating seminars that are grounded, relatable, and genuinely supportive.



Kelly Ritchie
Psychologist - Supersaurus



WHAT'S ON OFFER?

- Practical parenting strategies you can use immediately
- Tools to manage big emotions and intense moments
- Guidance on setting boundaries that build safety and security
- Insight into strengthening connection and relationships
- Flexible approaches to handle the unexpected with confidence
- A neuroaffirming lens that respects every child's individuality

Become part of a supportive, informed, and neuroaffirming parenting community.

Parenting is hard—but you don't have to do it alone.

ON DEMAND

Flexible access to professionally guided learning and a supportive online community. It's designed for families seeking practical guidance, emotional support, and connection — with the freedom to learn anytime, from anywhere.



LIVE GROUP SESSIONS



Presented both in person & online.

Topics include:

- Understanding Behaviour as Communication
- Supporting Daily Routines without Burnout

- Parent Burnout & Emotional Load
- Advocating without feeling too much

COSTS



Because parenting doesn't come with instructions—but it can come with support

NDIS

