Functional capacity assessment

Conducted by an occupational therapist, a functional capacity assessment shows how a person manages everyday tasks, participates in their community and engages in meaningful activities. It highlights strengths, identifies support needs and offers practical recommendations to guide therapy, funding applications and service planning.

For NDIS participants, it can be especially valuable in showing the link between a person's functional abilities and the supports needed for independence, safety and quality of life.

How it works

Step 1. Intake and questionnaires

We gather background information and email questionnaires to you (or the parent or carer) and, with consent, a teacher or trusted adult.

Step 2. OT assessment

We use interviews, observation and standardised tools to look at daily living, self-care, community access, sensory needs and motor skills.

Step 3. Report writing

A detailed report describing functional strengths and support needs, with practical recommendations linked to the supports required.

Step 4. Assessment handover

A feedback session to explain the findings and recommendations, and to talk through next steps.

Fees We will email you a quote when you request this assessment. You do not need to pay in full upfront; we book each step once payment for that step is received.

Please note This assessment does not provide a diagnosis. If you are seeking a diagnosis, please ask about our diagnostic or psychosocial capacity assessments.

Ready to start?

Complete a New Client Form online →

Consent to contact a teacher or trusted adult

We contact a teacher (for children) or a trusted adult (for adults) as part of the assessment, so we need your signed consent first.

Complete the consent form online →

Already sent us your New Client Form and consent form? Thank you, there's nothing more to do.

www.supersaurus.com.au
admin@supersaurus.com.au
1300 24 00 32