



CELEBRATING

10



YEARS OF
SUPERSAURUS

It all started in April 2016.....

As we mark 10 years in service, we want to pause and extend our heartfelt thanks to our community.

To the individuals, families, referrers, colleagues, and supporters who have placed their trust in us over the past decade, your confidence and support have meant more than words can express.

It is a privilege to walk alongside people in their journeys, and we are deeply grateful for the opportunity to support, to learn, and to grow together.

This milestone belongs not just to us, but to everyone who has supported our work and shared in our commitment to care, compassion, and connection.

Thank you for being part of our story.

PARENTING SUPPORT



Kelly Ritchie
Psychologist - Supersaurus



On Demand

We're excited to share our very first series of ON-DEMAND Parent Training Videos, created to support and empower families in a flexible, accessible way.

Your subscription also includes practical handouts and access to the Supersaurus Community, a free, confidential, and thoughtfully moderated online space where parents and carers can feel supported and connected.

Live Group Sessions - in person & online

In April and May 2026 we are offering the following parent group sessions:

- Understanding Behaviour as Communication - in person & online
- Supporting Daily Routines Without Burnout - online
- Parent Burnout & Emotional Load - online
- Advocating Without Feeling "Too Much" - online

To participate in one or more of these groups, please "Click Here for Parent Supports", scroll down the page and select the group you are interested in from the page. Once you click on the group, it will open the Booking page.

Do you have NDIS?

You may be able to access our training with your/your child's NDIS.

*Training for Parents/Carers - Capacity Building for Parents
NDIS Item 15_038_0117_1_3*

**CLICK HERE FOR PARENT
SUPPORTS**

Spread the word

Not for you? Please feel free to share with someone who might find this helpful 🙌

ACCEPTING NEW CLIENTS!

All of our staff are available for NEW CLIENTS:

- **Psychological Counselling**
- **Occupational Therapy**
- **Key Worker/Educator**
- **Dietetics**
- **Exercise Physiology (in Term 2)**
- **Speech Pathology with Therapy Assistant**

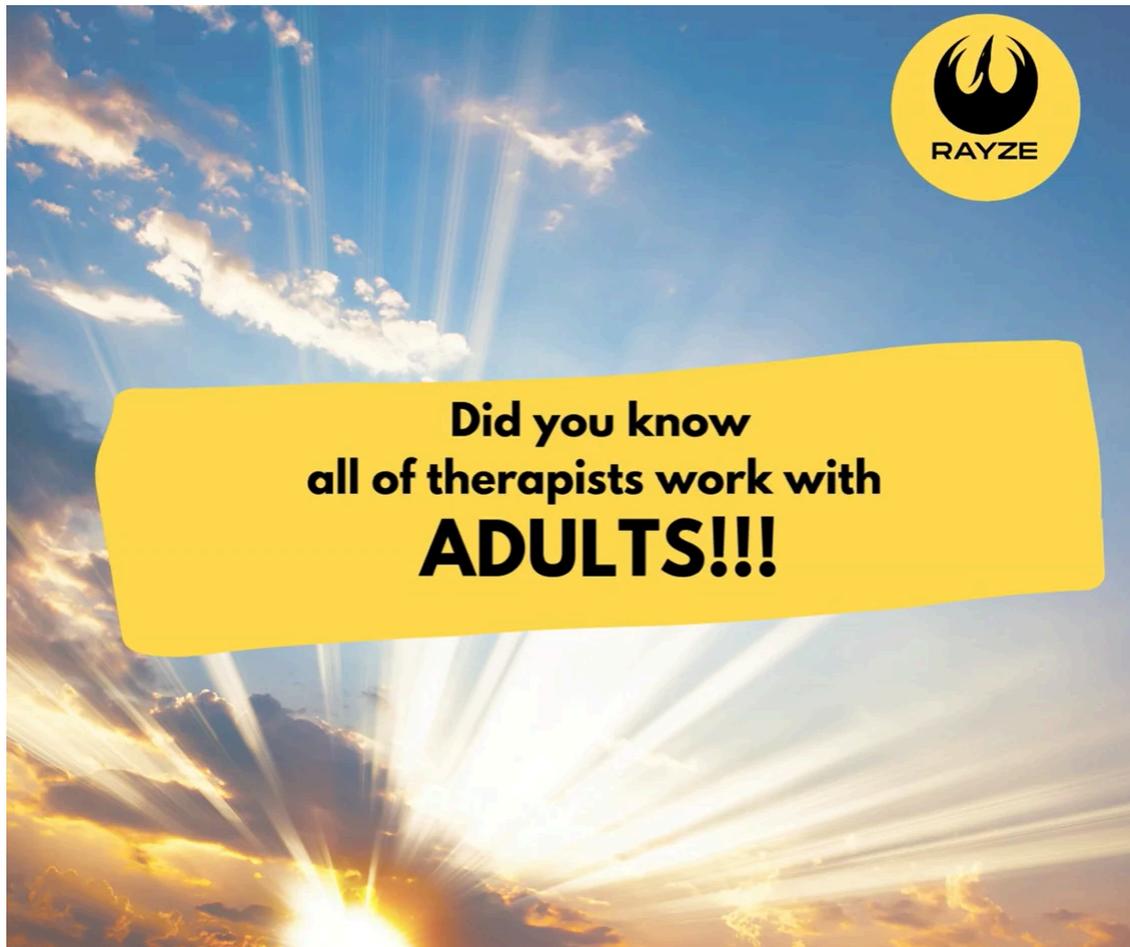
We offer in person appointments, as well as telehealth options.

[CLICK HERE FOR FORM](#)

ADULTS

Did you know that we also treat adults? Supersaurus has a big brother - RAYZE! All of our therapists can work with children and adults.

Therapy is conducted at our clinic or via telehealth



[CLICK HERE FOR RAYZE](#)

CURRENT CLIENTS!

Our Term 2 diary will open on **Monday 30 March 2026**



TERM 2 DIARY OPENING

MONDAY 30 MARCH 2026, FROM 9AM

*Walk-ins or Phone Calls only
No email requests are accepted.*

GROUP THERAPY

We are incredibly proud of our group therapy program, which has been a cornerstone of our work from the very beginning. Group therapy offers children and adolescents a supportive, nurturing space to explore their emotions, build social confidence, and develop practical coping skills. It also provides a meaningful opportunity to connect with peers facing similar challenges—fostering understanding, shared learning, and gentle feedback within a safe, structured environment.

**LEARN MORE ABOUT GROUPS
HERE**

You can register for next term's groups here:

- Little Raptors - School Readiness Group
[CLICK HERE](#)

- Titanosaurus - 5 years (in Kindy) - approx 14 years
[CLICK HERE](#)
 - Vision - Junior: 14 years - 16 years, Senior: 17+ years
[CLICK HERE](#)
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***Thank you again for your support!
We look forward to continuing to
grow and strengthen our
relationships with Tamworth and
beyond!***

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