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Welcome

Everyone has an image of their ideal vacation and Jamaica has the distinction of being able to match image to reality with six resort areas, each with its own distinct personality and characteristics.

Our island is well known for its beautiful white-sand beaches, mountains and natural springs. We have great hotels, delicious food and rich culture to make for memorable experiences.

Our Jamaica delivers the authentic vacation in a setting where local lifestyles, customs, cultures and cuisines are in perfect harmony whether in simple, rustic accommodations or upscale resorts.

Our island chefs use their expertise daily to design meals incorporating local ingredients. You can take a cooking class, learn about local recipes and techniques, or book your reservation at one of our many restaurants and savour the natural goodness of Jamaican food.

You can release the adventurer in you — climb the world-famous Dunn’s River Falls or the iconic Blue Mountains or go zip lining across our scenic rivers and forests.

And if you’re up to it, you can surf the waves — yes, surf! With large wind swells from the northeast, the island’s north and south coast and our eastern tip are blessed with year-round surf that rivals the likes of the Gold Coast of Australia and Southern California.

For those more attuned to the eclectic, Jamaica is replete with architectural accents including many buildings that provide a link to local heritage. From restored colonial plantation houses to baroque and neoclassical styles, our history is all around us — a perfect foil for the more modern designs of new hotels and attractions. They draw inspiration from the old and pay homage to the functional requirements of the new traveller.

There are art galleries and museums to give you a glimpse of “the pure and authentic Jamaica”.

So you can be as traditional or not as you care — the choice is yours. Sun, sand, sea, adventure, solitude or crowd-seeking. What is imperative is that you thoroughly enjoy Our Jamaica!

Sincerely,

A handwritten signature in black ink, appearing to read 'Omar', written over a light grey rectangular background.

Omar Robinson

PRESIDENT

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Welcome

I take great pleasure in welcoming you to our beautiful island. You have made the perfect choice for a relaxing vacation, and I promise that Jamaica will not disappoint.

You have likely noticed that we are an island of contrasts where majestic mountains roll into sun-drenched beaches, spectacular waterfalls flow into the warm Caribbean Sea and historic great houses are a stone's throw away from vibrant city life.

This amazing diversity makes for truly memorable holiday experiences. Whether you are looking for a quiet getaway or a fully immersive experience, we offer an array of activities to suit the tastes of every visitor. While away the day on a secluded beach or zip line over rolling green hills; hike the Blue Mountains or dive our vibrant coral reefs; tour a working coffee farm or savour some spicy jerk, Jamaica's most famous street food. Whatever you opt to do, you are sure to have the time of your life.

We are world-renowned for our island hospitality too. As Jamaicans, we take great pride in making every visitor feel special. It is the reason why so many people return to our island again and again. So, I encourage you to get out, explore and get to know us.

Once again, welcome! We are so glad you made it to Jamaica and be sure to come again soon.

One Love,

Hon. Edmund Bartlett, CD, MP
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Welcome

It is my pleasure to welcome you to Jamaica — our Jamaica!

You may know us for our stunning beaches and unforgettable sunsets and maybe even our rum; but what will stay with you are the unexpected experiences, the vibe of our people and the outsized aura of this island.

This publication highlights many of the attractions, accommodations and tours that are readily available; but Jamaica is truly much more than what can be captured within these pages. Jamaica has an infectious rhythm, an addictive vibe and warm people — a combination that cannot be replicated anywhere else.

Come and explore waterfalls that rush from the hills to the sea, mountains where world-class coffee and delectable cuisine abound and rivers that meander through lush landscapes. Or you may opt to hang out with locals over a game of dominoes while regaling stories of the day's adventure, all while sipping on your favourite Jamaican drink.

Jamaica's true beauty is in the diversity of our six resort areas, each with its own personality. For the adventure seeker, run away to Ocho Rios and discover the magic of Jamaica's centrepiece. For the golfer, tee off in the complete resort, Montego Bay, with multiple world class courses from which to choose. For the music lovers jam to the rhythms of Kingston, the heartbeat of Jamaica. For those who are here to relax, escape to Negril, the capital of casual and the international headquarters for those who enjoy taking it nice and easy. For nature lovers, unwind and relax in Port Antonio, Jamaica's natural retreat where everything will fall into place "naturally."

Jamaica offers it all! Whatever activity you desire, one thing is guaranteed — you will have amazing experiences.

Again, welcome to Jamaica!

A handwritten signature in black ink, appearing to read 'Donovan White'.

Donovan White

DIRECTOR OF TOURISM

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 GREETINGS **WHAPPEN** **WHA GWAAN** YUH GOOD? **HAIL** **WHA YAH DEAL WID?**
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Welcome

A population of 2.9 million Jamaicans spread out over 4,244 square miles eagerly invite you to explore the island and learn first-hand why their influence on music, sports, food and so much more can be felt around the globe. As the saying goes, the island may be small but it's mighty, or, in their words, *Wi likkle, but wi tallawah.*

INSIDE

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The Surfer Squad

Sally Fitzgibbons
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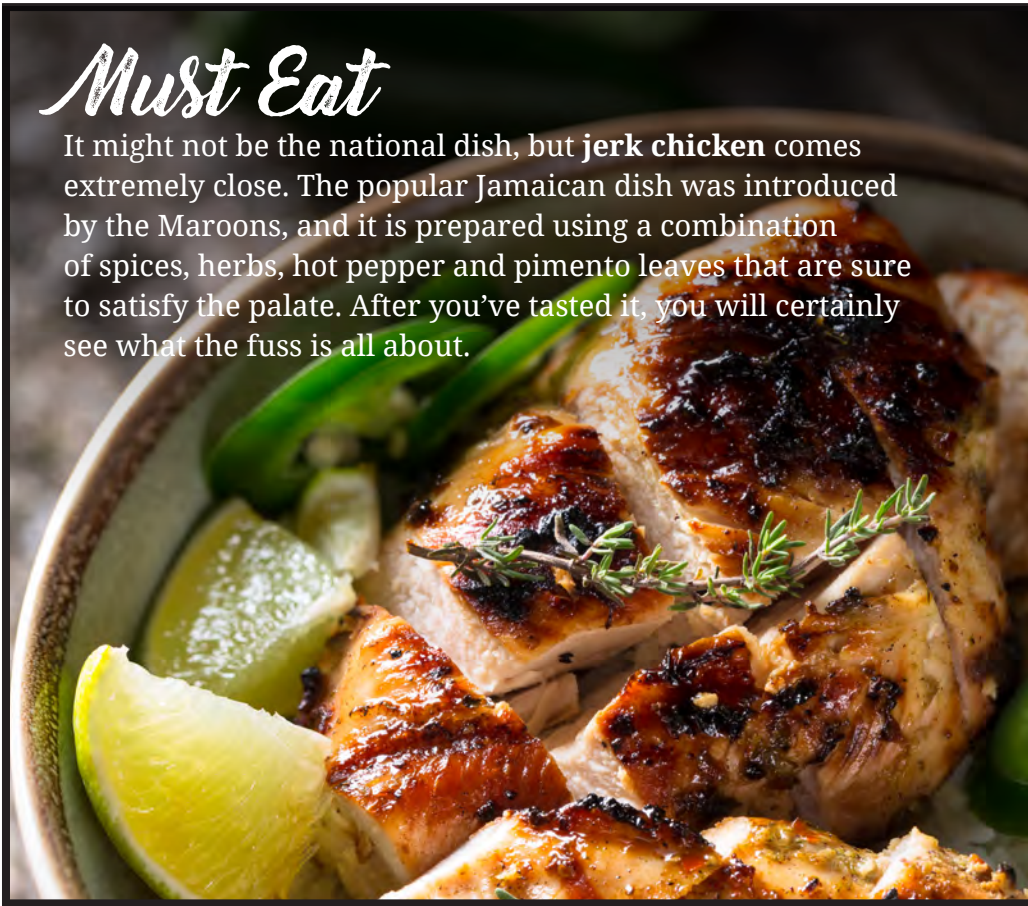
Don't Miss a Beat

For decades, Jamaica has been able to influence world culture through music and sports. A visit to the country is sure to show you just how much it has to offer, as there is a lot to learn and experience from the little dot on the map.

BY SADEKE BROOKS

Must Eat

It might not be the national dish, but **jerk chicken** comes extremely close. The popular Jamaican dish was introduced by the Maroons, and it is prepared using a combination of spices, herbs, hot pepper and pimento leaves that are sure to satisfy the palate. After you've tasted it, you will certainly see what the fuss is all about.



Must Drink

Sugar Cane Carnival } RECIPE

1 ½ oz. Appleton Genesis Jamaica Rum
 ½ oz. ginger juice
 3 oz. ginger beer

Pour rum and ginger juice in a glass, and top off with ginger beer. Garnish with rum-infused sugarcane.

Recipe courtesy of Roundhill Hotel and Villas

MUST SEE

The hike to the top of the **Blue Mountains** might be a long and difficult one. But all of that will be forgotten when you see the sunrise from the longest mountain range along the eastern edge of Jamaica. The view is simply majestic! And on a clear day, you might even see as far as Haiti or Cuba from the peak, which is 7,402 feet above sea level.



MUST VISIT

The **Joy Spence Appleton Estate Rum Experience** is one of the most popular tours in Jamaica for both locals and visitors. During the tour of the well-maintained Appleton Estate in St. Elizabeth, guests receive a complimentary cocktail, learn about the history of the estate and the rum-making process, and taste several rum blends.

Clockwise from top: asab974; Brian Macdonald; GummyBone; Courtesy of Appleton Estate

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WHERE THE LOCALS PLAY & WIN!

Hol' A Vibe

Out of the many natural wonders, spicy smells and heart-pounding sounds to experience in Jamaica, it is one good vibe. Check out our quintessential Jamaica check list.

BY LEISHA WONG



>> Top Events

If you've been to Jamaica, you already know it's a festive place. Whether celebrating food, music, a national holiday or anything else, there is always a reason to gather, eat, drink and make merry. The **Top Events** initiative grew from a recognition that many visitors know the beaches and legendary hospitality, but may not have enjoyed the party atmosphere. With a focus on each of five sectors — Sports & Entertainment, Gastronomy, Health & Wellness, Knowledge, and Shopping — head to the Top Events website to learn how you can experience Jamaica like never before. Just visit topeventsinjamaica.com to find your reason to return again and again.

>> Taste Jamaica

Whether you are looking to check a trendy spot off your culinary bucket list or discover an amazing place that's off the

beaten track, the **Taste Jamaica** website — and its mobile app — can help you “find great places to eat, drink and be irie.” Discover your next favourite eatery at tastejamaica.com.

>> Deaf Can! Coffee

Jamaica is home to our own take on liquid gold: **Blue Mountain coffee**. The past few years have seen coffee shops pop up all over the island and new distributors add to the wide range of local varieties available. Deaf Can! Coffee is part of that movement. This social enterprise showcases the talents of Jamaica's deaf community by training members as baristas. You can find them working at coffee shops throughout Kingston or at events across the island.

>> Kingston Gets Creative

Downtown Kingston comes with the monthly **Kingston Creative Art Walk and Market Street**. The initiative is part of an effort to use art for social transformation, and its location on Fleet Street speaks to the commitment to refresh the area. Whilst downtown, stop in at the **National Gallery** and take in their introspective permanent

collection that walks you through Jamaica's visual history.

>> Kingston Night Market

This festive gathering also celebrates creative talent. Food vendors, artists, musicians and other creatives come together each week for the exciting **nighttime shopping experience**.

>> Carnival

Feathers and soca beats take over the streets across Jamaica from January through the end of April. **Carnival 2020** celebrates the season with all-day fetes held at four distinct celebrations: **Xaymaca International**, **Bacchanal Jamaica**, **Xodus Carnival** and **One World Rebellion**.

>> Kingston City Marathon

In another kind of “street takeover,” the Kingston City Marathon, Half Marathon, 10k & 5k — on Sunday **March 15, 2020** — sees runners from around the world come together to experience the city.

>> Blue Mountain Coffee Festival

From the flats to the hills, the Courtesy of Skylark Negril Beach Resort Blue Mountain

Coffee Festival celebrates the diversity of Jamaica's coffee, whilst working to continue building and supporting the local industry.

>> It's a Wrap!

Jamaica continues to exert its influence on the big screen. **Sprinter** was written and directed by Jamaican filmmaker, Storm Sauter (and executive produced by Will Smith and Jada Pinkett-Smith). The first project for local filmmaker and creative Kia Moses, the short film **Flight** received much acclaim at its screening in Cannes. And we can't mention Jamaica in the movies without a nod to the James Bond series, which concludes in 2020 with **No Time to Die** — partly filmed in Port Antonio.



From top: Courtesy of Deaf Can!; Courtesy of FilmRise

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Here's to Your Health!

If maintaining or reestablishing your health is of utmost importance to you, Jamaica has a nourishing secret. The island offers a bevy of options that can help you embrace a life of wellness or support your ongoing efforts.

BY KINISHA CORREIA



Courtesy of Island Outpost

“Jamaica is a vortex. There’s an indescribable quality here that makes Jamaica a very healing nurturing place.” – Sharon Feanny, veteran yoga instructor, lifestyle expert, detox leader and author of the *Live Fit Kitchen* cookbook



Undeniably, wellness is an integral, yet often overlooked, aspect of life in Jamaica.

“Jamaica is the home of Rastafari, who are our original proponents of a healthy lifestyle. Our culture has always believed in *Ital*, vegan food. We have some of the best naturally gifted healers in the entire world. Our soil, and fruits and vegetables tend to be some of the most high vitality in the world,” Feanny says.

Merging wellness and tourism is the **Tmrw Tday Culture Fest**, Jamaica’s latest and arguably most robust wellness event, and one at which Feanny is a key presenter. Part wellness retreat part music festival, the one week experience sees a flood of free-spirited health seekers converging on Negril’s white-sand beaches. The event’s massive transformational wellness programming includes yoga, meditation, fire ceremonies, workshops, inspirational speakers, sound bowl journeys, ecstatic dance, plant medicine, natural healers, cannabis talks, farm-to-table experiences, vegan food and more. All of that is accentuated by nighttime gatherings of conscious music and roots reggae.

Feanny notes that Tmrw Tday is undeniably at the forefront of the country’s wellness scene, as it introduces top practitioners from across the island to visitors and locals whilst celebrating Jamaica’s culture of mindfulness.

If you’re interested in exploring Jamaica as a healing destination, the places that top Feanny’s list include **Bath Mineral Springs** in St. Thomas; **all of Negril** for its tranquil, earthy energy; the mystical **Holywell Park** in the Blue Mountains; **Treasure Beach** for a close-knit community like no other; and the



many rivers and waterfalls across the island, such as **White River** in Ocho Rios.

If you’re into spas, several across the island utilise the herbs and healing modalities that are cultural staples.

For example, **Fern Tree Spa** at Half Moon resort in MoBay offers centuries-old Jamaican healing traditions. Indigenous plants, such as cannabis, herbs and local fruits are used as ingredients. The ital café there specialises in raw vegan dishes and cold-pressed juices.

Ocean Spa at Jamaica Inn in Ocho Rios features treatments drawn from the island’s indigenous plants, sourced from local organic farmers and wild-gathered using sustainable methods. Locally sourced iced lemongrass tea, for example, is available after treatments.

In Negril, at Sunset at the Palms Resort, the **Ginger Lily Spa** boasts treatments with distinct island elements. Jamaican coconut oil, pimento oil, peppermint, honey, brown sugar and aloe can all be found mixed into various soothing spa services.

A small, rootsy, boutique hotel in Negril focuses on igniting peace in all who walk through its doors. **Jackie’s on the Reef** is said to be a spiritual and metaphysical space that calls on the practices of yoga and meditation, as well as seaside healing therapies to provide its guests clarity on their quests to deepen their connection to self.

The Spa at Round Hill invites guests to find their wellness during yoga sessions at the open-air beachfront pavilion. The authentic Jamaican treatments they offer utilise local ingredients to lasting effect.

Get a Taste of Jamaica

The island continues to blossom as a destination for extraordinary **epicurean adventures**.

BY JANEEN JOHNSON



From street fairs to week-long celebrations of the finest food and spirits, there's never been a more exciting time to feast locally. As the culinary landscape expands, tastemakers continue to push the boundaries that define Jamaican cuisine. I travelled across the island to visit a few chefs who are making a mark on the local food scene. They shared their views on Jamaican food, as well as recommendations to help inspire your personal culinary tour.

Dennis McIntosh Grand-A-View Restaurant

Dennis McIntosh is an award-winning chef with over 30 years of international culinary experience. He's the executive chef at Grand-A-View Restaurant, Montego Bay's newest fine dining establishment. Grand-A-View combines global cuisine with a distinct Jamaican flair paired with breathtaking views of the island's resort capital.

"I see myself as an ambassador who pushes Jamaican cuisine because it's important that we keep it authentic but at the same time understand that there's an evolution that continues to take place," says Chef McIntosh.

"We're blessed with seasonality and good agricultural land that gives us something to work with each month of the year." He believes that the abundance of quality produce makes

Jamaica a prime destination for gastronomy.

"My signature dish is anything that's fresh and local. I love tuna, wahoo or marlin right off the boat." He also enjoys having a Red Stripe beer and roast yam in Trelawney.

"For a true Jamaican experience, have a beef patty and jerk pork. If you're adventurous, try soursop and naseberry," he suggests. "It makes sense to support the local farming community, as the flavour is far superior to anything that we can import."

Maurice Henry, Jamaica Inn

Chef Maurice Henry credits the climate and the quality of the soil for the superior taste of local cuisine. "The sun, rain and soil combination adds to that end product," he says. "If you compare our fruits to those abroad, ours will be sweeter."

For the last 14 years, the executive chef has been making his mark at the prestigious Jamaica Inn, Ocho Rios. The boutique hotel features two restaurants on property that serve an international fare with a Jamaican twist. The menu incorporates a boneless curry goat and freshly caught fish like red snapper and grouper. "My signature dish is any kind of sea food," says Chef Henry. "Food is an experience that can ruin your vacation. If you travel and the food is not up to par then you'll waste time searching for places to eat."

Jamaica Inn offers immersive culinary experiences both on and off property. The Shop and Cook Tour, takes guests to a nearby market to learn about local produce. It incorporates a cooking demonstration and sampling of a popular local dish. There's also a Spice and Fruit tour. Another unique offering is the All-inclusive Meal Package, which gives guests the opportunity to dine at select restaurants in Ocho Rios.

On his personal time, Chef Henry enjoys pan chicken, curries and



mannish water — a soup made with goat’s head and belly.

“To get a true taste of the island’s flavours, you must try ackee and saltfish, along with a few side dishes like festival and bammy.”

Marianna Farag Marianna’s Kitchen

“Ingredients here are really exceptional, everything is more flavourful,” says Marianna Farag. “As someone who cooks, I’m more in for a treat here than I would be in the city of Paris. The quality of the ingredients is better than I would get in a big European city.”

Farag operates a plant-based open kitchen concept eatery in Kingston. Her story and multi-ethnic background is as colourful and diverse as her recipes. She’s a Greek-born, half-Egyptian, half-Syrian French citizen turned Jamaican resident. Her passion for food is for food is influenced by the women in her family and deeply rooted in her upbringing. “In Middle Eastern culture, every exchange happens around food,” she says. “I wanted to recreate that feeling of my childhood kitchen when I was growing up.”

“My cuisine is colourful, innovative and exciting plant-based food. Expect something different every day.”

Farag and her team are on a mission to make all their guests fall in love with eating vegetables.

When she’s not experimenting in her kitchen, Farag enjoys exploring the small colourful shops around the island. She’s also fascinated by Jamaica’s roots wine and herbal culture.

She has an earnest recommendation for visitors. “Try all the fruits: sweetsop, breadfruit, peppers, condiments and everything that you can’t find in your own country.”

To plan your own culinary adventure, start by downloading the Taste Jamaica app. To attend food festivals, brunches and other culinary events on the island visit topeventsinjamaica.com/food, and rent a car from Island Car Rentals to get to your destination.



Smitten

For Jamaicans, matters of the heart and intimacy are important aspects of living, and the devotion to love is a whisper in the air virtually everywhere you go.

BY KINISHA CORREIA



It's no wonder

then that Jamaica is such a fantastic place to propose, host engagement parties and weddings, escape for a honeymoon or anniversary, or just simply jet away for a secluded retreat with your one and only.

According to Sara Stanford, the owner of Bliss Bridal Boutique based in Kingston, Jamaica's close proximity to the United States and the rest of the Caribbean, makes it an easy destination for a romantic getaway. "Also, our strong culture and reggae music allow us to offer good entertainment whilst you're here," she says.

↓
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 #DestinationWeddings

Jamaica also boasts an extensive list of romantic hotels. "We have many all-inclusives with great wedding packages, making the experience really hassle free," Stanford says. "For weddings or engagements, it's just romantic. Whether it's by the seaside or in the hills, Jamaica has many nice romantic spots throughout the island."

Through her Bliss Bridal offerings, she aims to make the wedding experience for visiting brides even more memorable. For the destination bride who decides she doesn't want to purchase an expensive dress and lug it all the way to the island, Stanford will rent her a dress online and have it delivered, steamed and altered, waiting for her arrival. "When she's done, she can leave it at the front desk and we'll just collect it," she explains. Of course, for the bride who is looking to have a keepsake, Stanford also sells gowns.

Stunning, world-class gowns aren't the only accessories readily available in Jamaica. At Bijoux Jewelers you can find some of the finest jewellery in the world, whether you're looking for engagement rings, wedding bands or special pieces that symbolise your love. Bijoux stores can be found in Kingston, Falmouth, Montego Bay and Ocho Rios.

If you are honeymooning or dashing away with your love, Island Routes is a great option for romantic outdoor excursions. Their Lovers Rock Catamaran Cruise features stunning views of the sunset, as well as excellent cocktails and appetisers. Their Bamboo River Rafting & Jamaica Swamp Safari is also great for couples, allowing them to snuggle up on a 30-foot, bamboo raft whilst a captain navigates the waters of the Martha Brae River in Trelawny.

Looking for a hotel to tie the knot, celebrate your nuptials or simply take some time away as a couple? There are many amazingly beautiful, superbly accommodating hotels from which to choose in Jamaica.

In Ocho Rios at Jamaica Inn, the breathtaking beach and quiet, calm ambience, make for an ideal place to get married or get lost in romancing your loved one.

Montego Bay also offers a wealth of romantic options. The gorgeous Half Moon resort offers incredible wedding and spa packages, whilst the Melia Braco Village hotel in Rio Bueno, along Montego Bay's coastline, is a breathtaking property that is designed with romance in mind.

At the Montego Bay Convention Centre, which is nestled within a lush garden, your banquet style wedding is planned down to the last detail, so you can remain stress free. Then there's the exquisite Round Hill hotel, a history-laced, luxury hotel and villa that is known for hosting exquisite romantic celebrations.



In Negril, for an all-inclusive wedding on the white-sand beach, there's Sunset at the Palms. The cosy treehouse-style accommodations also make this a great place for honeymooners. Idle Awhile offers several locations — the beach, the cliffs or the villas. This stylish, tucked away boutique hotel is perfect for lovers.

The Courtyard by Marriott, in the heart of Kingston, invites couples to transform their events from indoor receptions to cocktails at the rooftop bar.

JAMAICA IS A GREAT PLACE FOR CULTURALLY DIVERSE WEDDINGS TOO.

Indian weddings can be elaborate, multi-day affairs with many guests and stunning décor. The large palatial properties with countless amenities are perfectly suited to host that kind of affair. And Jewish couples may be surprised to find out the Jewish community has had a strong presence on the island for centuries, with a relatively large population.

Rabbis are easy to find, and the two main cities have large synagogues: Shaare Shalom Synagogue in Kingston and Chabad of Jamaica in Montego. Many other faiths and cultures can and have been accommodated by the professional wedding and event planners employed by the resorts, as well as those who work independently. Whether you are looking to showcase your heritage through food, music, décor or anything else, you can be sure your wishes will be fulfilled.

JAMAICANS KNOW LOVE IS TO BE CELEBRATED, SO NO MATTER WHAT KIND OF ROMANTIC EXPERIENCE YOU SEEK, YOU'LL FIND IT ON THIS LITTLE, LOVE-FILLED ISLAND.



Kingston

Discover the allure of Jamaica's trendsetting, culture-rich capital city. A vibrant **art scene**, thriving **waterfront** and diverse **culinary landscape** make Kingston an exciting destination.

BY JANEEN JOHNSON

The city has been riding the wave of a financial boom. In 2019, Jamaica Stock Exchange attracted international attention when Bloomberg hailed Jamaica as "Home of the World's Best-Performing Stock Market." New high-rise buildings and luxury car dealerships like Porsche, Audi and BMW are visible signs of the economic prosperity.

A growing number of new business hotels are raising the city's profile as a prime destination for corporate travellers. June 2019 saw the opening of the 220-room AC Marriott Kingston Hotel. The energy efficient lodging is equipped with electric car-charging stations and a 600-person capacity event space.

Courtyard by Marriott Kingston overlooks Emancipation Park, one of the city's finest recreational spaces. The private media pods and modern meeting facilities make it an attractive option for business travellers.

The R Hotel is Kingston's first extended corporate stay hotel. Rooms are outfitted with kitchenettes and modern amenities appropriate for those on longer trips.



From top: Sean Murray, Courtesy of AC Hotel Kingston



STAY COOL: Properties in Kingston, like the AC Hotel, exude the kind of soulful vibe that has come to characterise the city around the world.



ROOM WITH A VIEW: The Blue Mountains are scenic and incredibly productive.



REGAL FARE: Kingston has established itself as the culinary capital in a very competitive field.

But it's not all business at the Spanish Court Hotel. The chic décor and cabana pool bar make it perfect for romantic getaways, and their Rojo Restaurant is lauded for its international gourmet fare.

Epicureans will delight in Kingston's cosmopolitan dining experience. The food scene is blossoming with

It promises world-class experiences with an authentic Jamaican flavour.

internationally inspired cuisine, food trucks and festivals. Jamaica Food and Drink Festival is a week-long celebration of fine foods and spirits.

Heritage site Devon House is the islands first gastronomy centre. Most famous for its ice cream, the landmark



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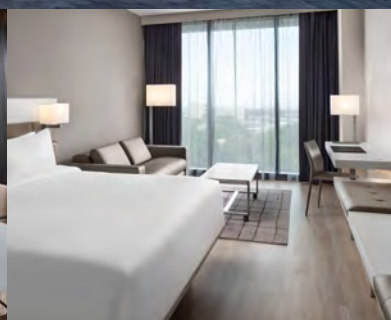
attraction houses eateries like The Steak House and Opa Greek Restaurant, as well.

The Blue Mountain Culinary Trail is comprised of 15 restaurants and attractions scattered across the coffee farming region. Experience the panoramic views with delectable cuisine at EITS Café or Blue Ridge Restaurant. Strawberry Hill Hotel delivers a fine-dining experience served with the best sunset views the city has to offer.

The Culinary Trail also encompasses coffee farm tours at Craighton Estate, Mavis Bank Coffee Factory and Old Tavern Coffee Estate. Learn cultivation processes and trade secrets; then sample one of the world's best coffees. Clifton Mount Estate offers the ultimate seed-to-cup experience through its coffee franchise, Café Blue.

You can catch a view of the coffee farms whilst on an outing with Blue Mountain Bicycle Tours. The cycling tour incorporates scenic mountain views, along with secret waterfalls and a delicious Jamaican brunch.

Kingston's vibrant creative industry spans multiple genres. Visitors can experience Jamaican culture through dance, theatre, visual arts and music. In 2015, Kingston became a designated UNESCO Creative City of Music, a testament to its



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FOR THE WIN: Keep it casual and social. Kingston has a wealth of options for diners.

Calendar of events

January

Carnival in Jamaica Series Begins
Jamaica Junior Theatre

February

Bob Marley Celebrations
Reggae Month
Xaymaca
Sagcor Sigma Corporate Run
Jamaica Rum Festival

March

Jamaica Blue Mountain
Coffee Festival
Kingston City Marathon
ISSA Boys and Girls Championship
Earth Hour Concert

April

Actor Boy Awards
International Jazz Day
Expo Jamaica
Carnival in Jamaica Series Closes

May

Liguanea Art Festival
Jamaica International Invitational
Athletic Meet (JIIM)
Jamaica Observer Table Talk Food
Awards

June

Racers Grand Prix
Jamaica Food, Beverage, Hospitality
Expo
Chicken 5k & 7k Run
Miss Universe Jamaica

July

International Reggae Day
58th Season of Dance
Miss Jamaica World
Pali-Pro Surf Contest
The Seville Emancipation Jubilee

August

Jamaica Festival Queen
Coronations
Jamaica Festival
SPF Weekend

October

Peter Tosh Birthday Celebration
Jamaica Food & Drink Festival

November

Restaurant Week
Collection MODA

December

Kingston Music Week
Harbour Fest and Fireworks

influence on global music. The birthplace of reggae, dancehall and ska, Kingston has the most recording studios per square capita in the world.

Visit the Bob Marley Museum for an insightful glimpse into the Reggae icon's life. For the complete Marley Experience, also see the Tuff Gong Studio and his Trench Town home.

The Peter Tosh Museum highlights the music and legacy of a founding member of The Wailers. Tosh was a prolific writer and talented musician whose accomplishments were often overshadowed by his political activism.

The National Gallery is the largest public art museum in the English-speaking Caribbean. Exhibits feature major works of emerging and established Jamaican artists. On the last Sunday of the month, the gallery hosts activities ranging from live performances to short films.

This coincides with the Kingston Creative Art Walk. The walk incorporates the activities at the National Gallery, as well as other events in the area. Expect

craft markets, architectural tours and anything celebrating the arts. Kingston Creative is a movement dedicated to promoting the city as the creative capital of the Caribbean.

The murals at Fleet Street in Parade Gardens attract many international visitors, too. Life Yard, a grassroots organisation spearheads art and agriculture based projects to boost eco-tourism in the once marginalised community. The organisation has recently launched Empress Circle, a female empowerment program.

Tapestry Collection by Hilton will debut its first Caribbean hotel on the booming Waterfront. The ROK Hotel will feature a restaurant, bar and café, further elevating the downtown dining experience.

Based at the University of the West Indies (UWI) Mona campus, 138 Student Living provides short-term rental to promote what they have branded as "Urban Tourism." Stay includes transportation, meals and a range of tours.



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876.618.9900
CourtyardJamaica.com



CULTURE CAPITAL: From museums and murals to music videos being filmed, Kingston has an unstoppable artistic vibe.

Dining Options

Global culinary influences make for some of Kingston's best dining experiences.

Chillin' Restaurant

231 Old Hope Road, Kingston
876-630-7183

Authentic Jamaican cuisine is served within the historic Hope Zoo in Kingston.

Goddard Catering Group

Norman Manley
International Airport
876-924-8131

With locations throughout the Caribbean, Goddard Catering Group can help with social events, weddings, business conferences or any other manner of gathering.

Opa Greek Restaurant

Devon House
26 Hope Rd, Kingston
876-631-2000

Kingston's only Greek restaurant is located in Devon House.

Rojo Restaurant

Spanish Court Hotel
1 St. Lucia Ave.
876-926-0000

Stylish Rojo embraces Asian-style and Jamaican traditions, infusing their cuisine with rich flavours.

So So Seafood

4 Chelsea Ave., Kingston 10
876-968-2397

SoSo Seafood Bar & Grill offers patrons sumptuous food and an exclusive lounge experience.

The Strawberry Hill Restaurant

Liguanea, Kingston 6
876-944-8400 / 619-7872

Taste all the richness of the island's multi-cultural heritage with the restaurant's succulent New Jamaican cuisine served at a wraparound veranda that features stunning mountain views.

“One of our many goals, is the establishing of our niche product both locally and overseas,” says Floyd Brown, 138’s Business Development Manager. “Especially [for] growing markets in Asia and Eastern Europe.”

Since the development of the Victoria Pier, Kingston’s Waterfront has become one of the hottest spots in the city. The pier houses a suite of eateries including Ribbiz, Gloria’s Seafood and Devon House I-Scream.

Jamaica was the only Caribbean country with a UNESCO World Heritage List nomination in 2019. Port Royal was submitted for consideration as a cultural site. The quiet fishing village was once a flourishing port and hotspot for pirates. An earthquake in 1692 destroyed four of five major forts. Over 30 acres of the town was submerged under water. Today, you can explore the historic town and tour Fort Charles, the only remaining fort there. Check out the museum with its displays of recovered artefacts.

Enjoy oceanfront dining at the Grand Port Royal Hotel. Next door at Y-Knot Bar you can catch a fishing boat to Lime Cay, a popular beach spot for Kingstonians. Plans are in motion for

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cruise ship arrivals in the historic town. Kingston has the best nightlife on the island, from street parties to trendy bars and clubs that stay open until 5 a.m. Cru Bar, Regency Bar and Reggae Mill are a few top spots. For live music, check out Janga’s Sound Bar, The Haven at Hillcrest or The Pallet. Sunday nights at Dub Club on Skyline Drive are a hit with Roots Reggae lovers.

Mas Camp is a popular venue for 90s dance parties and soca fetes during the carnival season. Concerts and All Inclusive parties pull large crowds especially when international recording artistes are featured. For information on upcoming events visit topeventsinjamaica.com.

The Edward Seaga Highway connects the city to the island’s North Coast. Kingston is within a 3-hour drive from Montego Bay and only 90 minutes from Ocho Rios. Knutsford Express provides a convenient and reliable bus service from both cites. Explore the town at your own pace by renting a car from Island Car Rentals. The company has offices at both major airports on the island.



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BY JANEEN JOHNSON

8:30 A.M.

COFFEE IN THE BLUE MOUNTAINS

Wake up to breath-taking views and the aroma of one of the world's best coffees.

Tour Craighton Estate, a 200-year-old coffee plantation nestled in the gorgeous Blue Mountains. Learn about coffee cultivation then sample the rich chocolaty brew direct from its source.



JAM WITH MARLEY

Kingston is a UNESCO City of Music and the birthplace of reggae. Visit the home of reggae's greatest icon at The Bob Marley Museum, which is filled with his memorabilia.

10:30 A.M.



9:00 P.M.

COCKTAILS

Top off the night with cocktails at the new AC Hotel. Try the Kingston Mule. You can party until dawn at the city's night clubs.

6:00 P.M.

WATERFRONT DINING

Watch the sunset from the hip and newly renovated Victoria Pier in Downtown, Kingston. Dine at Ribbiz Ocean Lounge.



12:00 P.M.

LUNCH AT DEVON HOUSE

Grab a bite at the island's first designated Centre of Gastronomy. The historical landmark property houses a collection of eateries that offer exciting meal options. Dig into a delicious beef patty from Devon House Bakery or the lobster patty, when it's available. For tasty sandwiches, soups and salads, Pimentos serves a few treats. Complete the visit with a scoop of the famous Devon House ice-cream.

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Web: achotelkingston.com

Altamont Court Hotel

1-3 Altamont Terrace, Kingston 5
Tel: 876-929-4497-8 / 5931
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85 Knutsford Blvd., Kingston 5
Tel: 876-929-9000 • Web: courtleigh.com

Courtyard by Marriott Kingston Jamaica

1 Park Close, Kingston 5
Tel: 876-618-9900 / 564-3294
Web: marriott.com/kincy

Eden Gardens Wellness Resort & Spa

39 Lady Musgrave Road, Kingston 10
Tel: 876-946-9981 / 946-9669
Email: info@edengardenswellness.com
kymoyacase@edengardenswellness.com

Hotel Four Seasons

18 Ruthven Road, Kingston 10
Tel: 876-926-0682 / 8805
Web: hotelfourseasonsjam.com

The Jamaica Pegasus Hotel

81 Knutsford Blvd.,
P.O. Box 333, Kingston 5
Tel: 876-926-3690-9 / 3100-8
Web: jamaicapegasus.com

Kircamp Properties / The Gardens

23 Liguanea Ave., Kingston 10
Tel: 876-927-8275

Knutsford Court Hotel

16 Chelsea Ave., Kingston 10
Tel: 876-929-1000 / 3407 • Web: knutsfordcourt.com

Liguanea Club

80 Knutsford Blvd., Kingston 5
Tel: 876-926-8144 / 5 or 6
Web: theliguaneclub.com

Medallion Hall Hotel

53 Hope Road, Kingston 6
Tel: 876-927-5721 / 5866 / 6116
Web: medallionhallhoteljamaica.com

The R Hotel

2 Renfrew Rd., Kingston 10
Tel: 876-968-6222 / 929-2006
Email: sales@rhotelja.com
Web: rhotelja.com

Spanish Court Hotel

1 St. Lucia Ave., Kingston 5
Tel: 876-926-0000
Web: spanishcourthotel.com

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Web: islandoutpost.com

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The Jamaica Pegasus Hotel

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The Jamaica Pegasus Hotel has an enviable reputation as the Caribbean's premier business and leisure hotel. Kingston's Preferred Hotel offers deluxe rooms and prestigious luxury suites in a lively, upscale atmosphere.

Jamaica Tourist Board

64 Knutsford Blvd., Kingston 5
Tel: 876-929-9200
Website: visitjamaica.com
As Jamaica's national tourism organisation, the JTB is responsible for the worldwide marketing of Jamaica as a premier vacation destination. It is dedicated to supporting activities which will positively impact growth in the tourist industry and in the economy.

The Knutsford Court Hotel

16 Chelsea Ave., New Kingston
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The Knutsford Court Hotel offers the best of both worlds, whether you're travelling for business or leisure. You'll find a selection of standard, superior and junior suites, one-bedroom suites and townhouses in a lush garden courtyard.

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Norman Manley International Airport
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Website: knutsfordexpress.com
Jamaica's preferred, daily scheduled, transportation service, we offer connections to/from the Norman Manley (Kingston) and Sangster International airports (Montego Bay) to 10 destinations on island.

Red Stripe, a part of the HEINEKEN Company

214 Spanish Town Road, Kingston 11
Tel: 876-923-9291-9
Website: redstripebeer.com
Red Stripe is one of Jamaica's leading corporate entities employing over 300 employees and producing the world-famous Red Stripe beer.

So So Seafood Bar & Grill

address - 4 Chelsea Avenue Kingston 10
contact information - 876-968-2397
website - www.phoenixatsososeafood.com
30-word description of your business - SoSo Seafood Bar & Grill is the latest iteration of an establishment that continually evolves in an aim to offer our patrons sumptuous food and exclusive lounge experience. SoSo Seafood started out as an informal fish fry for friends who gathered at the car wash a couple evenings every week to lyme and chill. As interest in the fish fry and other activities grew, the menu and days of operation expanded. As the establishment has grown over the years, we have maintained consistently delicious seafood and other dishes, as well as exclusive and intimate environs for lounge and meetings.

Spanish Court Hotel

1 St. Lucia Ave.,
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The 125-room Spanish Court Hotel is Kingston's dynamic hub for business and social gatherings known for its stellar service, chicly appointed accommodations, ROJO restaurant, Gallery Café and The Sky Terrace.

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26 Hope Road, Devon House, Kingston, Jamaica





Port Antonio

Silver screen stories and celebrity legends give way to **magical waterfalls** and **mystic lagoons** in this quiet corner of Jamaica.

BY LEISHA WONG

As the capital city of Portland Parish, Port Antonio is defined by a rich history of banana exports, river rafting and a solid claim as the old stomping grounds of the glamorous Hollywood set in the 1940s. Today, it is embraced for its timeless appeal and authentic Jamaican experience — one that still attracts the world’s jet-set crowd, albeit in a much more understated manner.

Errol Flynn, a Hollywood legend and one of Port Antonio’s most famous residents during the 1940s and 1950s, once said his adopted home was “more beautiful than any woman [he] had ever known.” Famous for both his high-adrenaline screen roles and his equally unrestrained lifestyle, Flynn was an avid sailor who was swept away by this sleepy town. Located just 60 miles from Kingston, “Portie,” as locals refer to it, offers respite for many Kingstonians in search of tranquillity.

There is something magical about waterfalls, and Port Antonio boasts two of the island’s most breathtaking. Reach Falls is located on Driver’s River and flows from the John Crow Mountains to form crystal-clear



Courtesy of Gesjam Hotel (2)



HIDE & SEEK: Removed from the bustling centres, but no less chic, Port Antonio is a playground for grown-ups



EVEN FLOW: As Reach Falls cascades its way down the John Crow Mountains, it creates many pools that are ideal for a refreshing dip.

rock pools on its journey to the bottom. Its main pool was the location of that unforgettable waterfall scene in the movie *Cocktail*, with Tom Cruise. Venture downstream to Ginger Bottom, which is located just a little way down from the popular swimming area. It's a great excursion, and although the water is a little chilly, it's perfect to keep your beers cold.

Surrounded by legends and myths, Blue Lagoon is the island's largest spring-fed lagoon, plunging to a depth of nearly 180 feet. And as ice-cold mountain spring water collides with the warm tidal currents, bathing in its depths is a mystical experience.

From Blue Lagoon, you can hire a knowledgeable river rafting captain for another Portie experience: rafting on the Rio Grande. Originally used as a method of transport for produce, especially bananas, rafting was first promoted as a fun activity by Errol

Calendar of Events

If you're lucky enough to be in town during these events, join the party.

April

Marbana Carnival
marbana.com

July

Portland Jerk Festival
portlandjerkfestival.com

Fanfusion
stylzfm.com

Boston JerkFest
bostonjerkfest.com

October

Port Antonio
Marlin Tournament
jamaicasportsfishing.com

December

Portland Paradise Weekend
visitjamaica.com

Flynn. Passengers aboard bamboo rafts garner a unique view of the island, navigating through bamboo and banana groves. Tie up a couple bottles of wine or a case of beer to kick back and take in a river bath. Stop in at Belinda's Riverside Canteen and enjoy great Jamaican fare right at the river's edge.

Back on shore at the iconic Frenchman's Cove, enjoy the unique merging of fresh river mineral spring water and the temperate ocean. For those looking for a "wilder" sea experience, head to Winnifred Beach and explore the reef just offshore, which is perfect for snorkelling. Shady trees, white sand and charismatic food vendors make this the ideal place to lounge all day. Heading east, Long Bay Beach offers one of the island's longest uninterrupted stretches of coastline, as well as the kinds of conditions that best suit surfers and strong swimmers.

From the shores to the mountains, the heights of Port Antonio open a window to the local Maroon history and culture. Maroons are descendants of escaped slaves who established free communities in the rugged mountains of the northern part of the island in the 17th century. Nanny, sometimes referred to as Queen Nanny, led the Maroons in the mountains of Portland for many years, managing the growing community and organising slave-freeing raids.

Her work eventually led to the 1739 peace treaty offered by the Jamaican governor that included 2,500 acres of land for her people. All Maroons fought hard to preserve their freedom and heritage, and self-governing Maroon settlements exist on the same land to this day. Travellers can get to know a little more about their vibrant story at the Charles Town Museum and Safu Yard. Maroon history, artefacts, traditional herbalism and musical performances are presented regularly.

Somerset Falls is also steeped in history. This 97-acre property's lush gardens and "Hidden Falls" are accessible by boat. Visitors follow a winding path through a verdant landscape — which leads to deep rock pools and natural caves — before witnessing the Daniels River cascading into a 20-foot-deep pool.

For some Calypso-inspired jazz and a fusion of Japanese and Jamaican flavours, Mike's Supper Club at the Trident Hotel is the stylish and elegant place to be and one of the coolest restaurants on the island.

European- and Caribbean-inspired gourmet specialities that draw from the island's bountiful local produce are on show at Mille Fleurs Restaurant. Located at Hotel Mockingbird Hill, the talented team has created a menu of seasonal, sustainable and organic produce. A fan favourite includes fish fillet with crayfish ravioli, sweet pea purée and carrots.

Woody's Low Bridge Place makes homemade burgers with a lot of love. Made to order and infused with green peppers and thyme, they're delicious comfort food.

Situated off the beaten track, Soldier Camp has become a favourite for those looking for delicious authentic homestyle cooking. Grab a cold beer and a moment with the owner, Everold, who's always ready to entertain guests about his ex-military background and the story of Soldier Camp.

When it comes to shopping in Portie, there are deals to be found; and it can be extremely rewarding, as fine jewellery and other high-quality fashion items can often be found at a much lower price point than in other parts of the island. The Royal Mall is a double-decker structure designed in a hodgepodge of architectural styles ranging from Gothic to Art Deco. Here you'll find a variety of boutiques and shops selling stylish beachwear, Blue Mountain coffee, premium rum, cigars, jewellery and Jamaican handicrafts. Market Square is at the heart of town, where you'll find Musgrave Market. Here you'll come across a fine selection of Jamaican products, from woodcarvings to hand-woven straw items.

Also, keep an eye out for members of the Rio Grande Valley Craft co-op, an organisation of Port Antonio's local artisans who make and sell their handcrafted goods throughout the area.

JHTA HOTEL / RESORT MEMBERS

Bay View Eco Resort & Spa

Anchovy, Williamsfield, Port Antonio, Portland
Tel: 876-993-3118 • Web: bayviewecoresort.com

Frenchman's Cove Resort

San San Port Antonio, P.O. Box 101
Tel: 876-993-7270

Geejam Outpost Ltd.

San San, Port Antonio, P.O. Box 7322, Portland
Tel: 876-993-7000 / 7246 • Web: geejamhotel.com

Goblin Hill Villas

P.O. Box 26, Port Antonio, Portland
Tel: 876-993-7443 / 5737 / 7549 • Web: goblinhill.com

Hotel Mockingbird Hill

P.O. Box 254, Port Antonio • Tel: 846-993-7267 / 7134
Website: hotelmockingbirdhill.com

Trident Hotel

Anchovy, Port Antonio P.O., Portland
Tel: 876-633-7000 / 7100 • Web: tridentportantonio.com

ADVERTISER SPOTLIGHT

Goblin Hill Villas

In the heart of the most unspoiled and breathtaking scenery in Jamaica awaits the ultimate relaxation of a villa vacation. goblinhill.com



24 HOURS IN *Portie*

DITCH THE WELL-TRAVELLED ROAD FOR A BIT, AND SPEND 24 **MAGICAL** HOURS IN PORT ANTONIO, A TRUE JAMAICAN **GEM**.

BY SADEKE BROOKS

8:30 A.M.

BREAKFAST WITH A VIEW

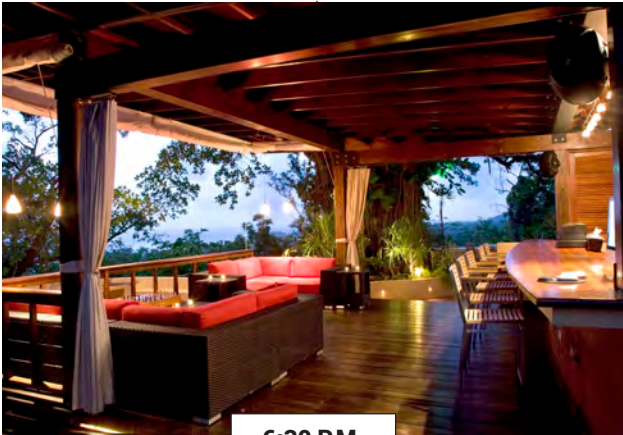
Before kicking off a day of activity, start with breakfast at the picturesque Wi Yard Anna Banana. Overlooking the stunning seascapes, the eclectic Caribbean cuisine served there is complemented by the relaxing atmosphere.



10:00 A.M.

GENTLE WATERS

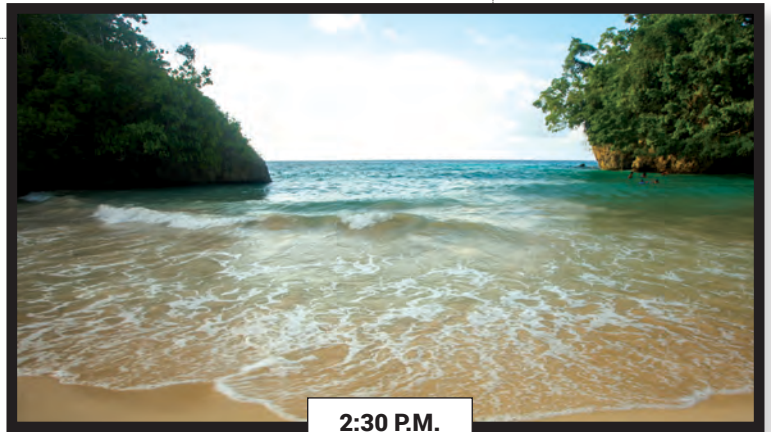
The next few hours will be spent sailing down the Rio Grande with a skilled raft captain. You may see persons selling craft items, women doing laundry and a bit of spear fishing. Don't forget to stop at Lover's Lane, and ensure that you are prepared to take a dip or a bite to eat along the journey.



6:30 P.M.

HIDDEN TREASURE

Having worked up quite the appetite, Bushbar at Geejam Hotel is the perfect way to end the evening. Choose from the extensive transcultural menu, and then relax with a glass of wine whilst listening to soulful music.



2:30 P.M.

WELCOME TO PARADISE

Frenchman's Cove is one of the most beautiful beaches in the Caribbean, and that is your next stop. Relax on the beach, take a swim, feel the sand between your toes, and simply enjoy the beautiful view of the blue waters and rugged cliffs.



Flower Therapy

Goblin Hill Villas at San San

Port Antonio, Jamaica, W.I.



Balneotherapy



Hydrotherapy



Bodywork



Equine Therapy



Reflexology



Naturopathy



Chromotherapy



Sound Therapy



Thalassotherapy



Light Therapy

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Ocho Rios

If you're yearning for the **royal treatment** during an escape to your own private slice of island paradise, Ocho Rios is your spot. On the flip side, if you love **exhilarating nature adventures**, this seaside town pulls out all the stops!

BY KINISHA CORREIA

Ocho Rios offers breathtaking views engulfed by lush green mountains on one side and the stunning Caribbean Sea on the other. There's just one major — though very small — roadway, fittingly named Main Street.

A walk down Ocho Rios' short Main Street greets you with a lively cross-section of the population — mostly locals, some tourists. This one-way road, lined with shops and eateries, moves at the slow but colourful pace that is so characteristic of Jamaica.

On the outskirts of Main Street sit several luxury hotels that serve up a hearty dose of royal treatment.

One such place is Jamaica Inn. This simple, sophisticated and stunning property has been named a top luxury hotel in the Caribbean since the 1950s. The exclusive, private beach there is enchanting. In fact, it is widely considered one of the most beautiful in Jamaica. Many of the suites and cottages rest directly on the crystal-clear water. This is all accentuated by the finest first-class service, ranked amongst the best throughout the region.



Courtesy of Island Outpost (2)



WHAT A THRILL: Ocho Rios is a beautiful experience with pop culture appeal. Go literary or go rogue at GoldenEye, home of Bond, James Bond.



SAVOUR THE LAND: From the freshest ingredients to the salt air, this is a place of pure aromas and flavour.

Beyond luxurious accommodations, Ocho Rios is all but consumed by stunning natural surroundings. With greenery enveloping everything, Ochie offers outdoorsy types ample opportunity for picturesque adventures.

Island Routes offers tours and excursions that satisfy the whims of even the gutsiest traveller. From swimming with dolphins, horseback riding and exploring Bob Marley's birthplace to off-roading, bobsledding, skyriding, ziplining and more, Island Routes is definitely a one-stop shop for those who love all things outdoors.

Konoko Falls and Park includes a waterfall, small zoo and botanical garden in one place. Whilst climbing the awe-inspiring, multi-tiered waterfall is a treat, the expansive garden's variety of tropical flowers are well worth checking out, too. The gardens also hold many discrete relaxation nooks, and the mini-zoo's exotic birds are endemic to Jamaica.

Meanwhile, Rainforest Adventures at Mystic Mountain features sky-high expeditions that can take you to the mountain tops overlooking all of Ocho Rios. The zipline tour whisks you through trees, tethered only by a handful of cords. You may opt to trek up and down the mountainside on the much slower, but just as exciting, Sky Explorer. Zoom through the hills on the Bobsled Ride, or glide down the 246-foot slide into the hillside infinity pool.

If your heart can't take that much action, venture underground instead into the Green Grotto Caves, where you can explore hidden waterways and see beautiful stalagmites and stalactites — the rock formations in caves that are either hanging from the ceiling or jutting up from the ground.

Then, of course, there's the world-famous Dunn's River Falls — the island's best known attraction. Carefully tread up and down this picturesque waterfall and end your day of exploration by lounging on the beach below.

Dolphin Cove is also a fun attraction to visit. Once you have checked the wonder of a dolphin swim off your bucket list, the park at Dolphin Cove offers ample opportunity for you to discover new wildlife whilst on a nature trail, feeding birds or even swimming with stingrays.

↓
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 #OchoRios

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FALL FOR IT: Stunningly beautiful attractions, like Dunn's River Falls, are some of the most popular on the island.

Dining Options

Many chefs and restaurateurs in Ocho Rios serve authentic Jamaican dishes with modern-day flair.

AquaVue Restaurant & Bar

*Mystic Ridge Resort
17 DaCosta Drive; 876-974-9831*
Executive Chef Donovan William serves up sumptuous Jamaican and international cuisine that includes world-class fish and meat delicacies paired with local and international wines.

Evita's

*Eden Bower Rd., Ocho Rios
876-974-2333*
Set in an authentic 1860s gingerbread house with a mahogany bar, Evita's specialises in Northern Italian standards and also has an extensive selection of creative Jam-Italian fusion dishes for lunch and dinner.

Jimmy Buffett's Margaritaville

Island Village; 876-675-8980
One of Ochi's most exciting restaurants, it offers great food, drinks and entertainment. The ever-popular slide and pool are always a hit with guests.

Moon Palace Jamaica Grande

Main Street; 877-325-7653
With five dining destinations, Moon Palace Jamaica Grande features exciting and eclectic flavours such as gourmet Asian, traditional Italian and modern Caribbean, amongst others.

Ocho Rios Jerk Centre

14 DaCosta Drive; 876-974-2549
Enjoy daily specials on jerk pork, chicken, conch and more in an exciting setting.

Passage to India

Fisherman's Point; 876-795-3182
Delicious Indian cuisine is created by using culturally unique cooking techniques and a vast spectrum of flavours from the judicious and inventive use of spices.

The Terrace, Jamaica Inn

Main Street; 876-974-2514
Savour a meal at its acclaimed open-air Jamaica restaurant and enjoy gentle sea breezes, uninterrupted views, attentive service and delectable cuisine.

Another place where you can experience a life-changing dolphin encounter is Puerto Seco Beach, which is in Discovery Bay — just outside Ocho Rios. This white-sand luxury beach attraction has cabanas, a spa, bars, eateries, an amazing aqua park, fishing boats, sea bikes, Jet Skis, a pool and also boasts a Dolphin Cove outpost.

For those who are into riding their way through nature on rough and rugged outdoor vehicles, Chukka Caribbean Adventures and Yaaman Adventure Park at Prospect Estate have all the goods. Chukka offers ATV tours and catamaran cruises, whilst Yaaman tours invite you to explore an 18th-century estate on a Segway or a tractor-drawn open carriage. Yaaman also offers tours by camel, and both companies provide horseback options as well.

You're bound to be hungry after all that physical activity. But, worry not! Ocho Rios is also home to countless tempting food spots that can satisfy anyone, from the pickiest of visitors to the gourmands.

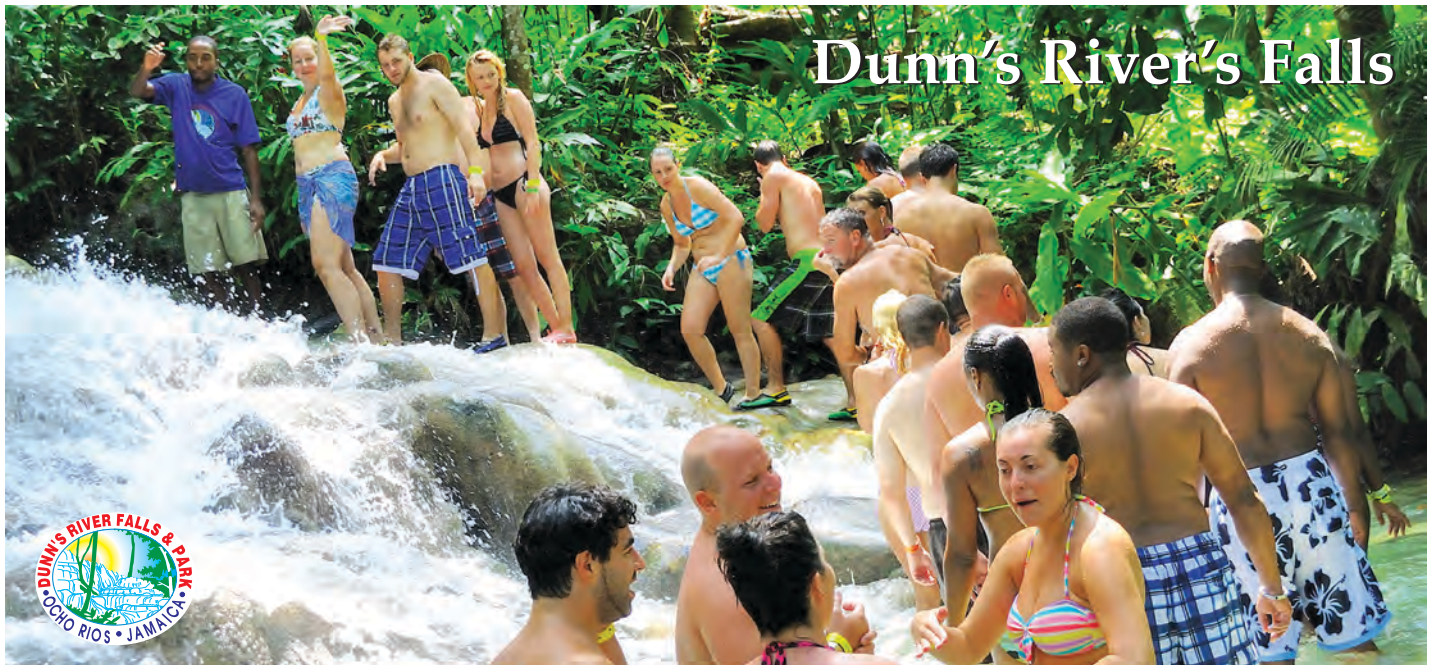
Jamaica is known worldwide for its jerk seasoning — an extra-spicy concoction made with a base of allspice and pepper — so the Ocho Rios Jerk Centre is a must whilst you're in town. Everything jerk is available there on a daily basis: chicken, fish, conch, pork and more.

Jimmy Buffett's Margaritaville is the perfect spot for those who want a place to unwind and be fully entertained for the day, whilst chowing down on good grub, too. Have a meal and get some drinks, hang out in the pool, zoom down the slide, dance a little or listen to the live entertainment. It's all available at this buzzing spot.

Since Jamaica is a cultural melting pot, you can readily find fare from other parts of the world throughout the island. One such spot is Passage to India, which, as its name suggests, serves authentic Indian cuisine with décor to match.

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Dunn's River's Falls



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www.dunnsriverfallsja.com www.greengrottocavesja.com



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CORPORATION**

To learn more about the UDC, please visit us on [f](#) [t](#) [v](#) [i](#) [p](#) [g](#)



**Green Grotto
CAVES
& ATTRACTIONS**



EARTHCHECK
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2016



Then, there's Miss T's Country Kitchen. When you come to the island, you have to eat Jamaican, and if you're in Ocho Rios, you have to go to this inspired space. The earthy woman behind the restaurant has splashed her artistic personality throughout the venue, creating a unique and tasty, cultural dining experience.

With your palate fully satisfied, it's time to shop!

Handmade art, jewellery and crafts, accentuated by the quintessentially warm personalities of local makers, abound in Ocho Rios' craft markets. Venues include the Ocho Rios Craft Market, Olde Market Craft Shoppes, Pineapple Craft Circle and the Coconut Grove Shopping Centre. Island Village, which consists of colourful little shops, also offers locally made goods. Meanwhile, the Taj Mahal Shopping Centre is a great stop if you're looking to do some duty-free shopping.

Whatever lights your fire, Ocho Rios surely has a bit of everything for everyone to enjoy.

Calendar of Events

- January**
Rebel Salute
- February**
Jamaica Fat Tyre Festival
- March**
BRT Weekend
- April**
Carnival in Jamaica
- June**
Ocho Rios Jazz Festival
- July/August**
Emancipation Day Jubilee
SPF Weekend
- August**
Marco Polo
Ocho Rios
Seafood Festival
- September**
Taste of Jamaica
- November**
NORCECA Beach
Volleyball Tour
Restaurant Week
Reggae Sunsplash



From top: Courtesy of Jamaica Tourist Board; Courtesy of Melia Braco Village

AN ANCIENT PARADISE

KONOKO FALLS

As if time stood still, spend the day leisurely exploring nature's bounty, immerse yourself in one of the refreshing pools along the spectacular Konoko Falls. Falls, gardens, mini zoo, budgie feeding, museum, bar & grill, photo shop and more....



GUARDSMAN HOSPITALITY

The vision is more than sun & sand... the 9 acre park is now a postcard worthy "day at the beach" for local families and tourists.

Floating water park, water sports, dolphin park, swimming pool, 1500 seater banqueting hall, bars, gift shop and night-time venue capable of accommodating crowds up to 3000.



PUERTO SECO BEACH

More than just a BEACH

24 HOURS IN *Ochi*

OCHO RIOS IS ONE OF JAMAICA'S MOST FLOCKED TO VACATION DESTINATIONS. HERE'S AN IDEA OF A CALM, COOL DAY CHILLING IN THIS SCENIC TOWN.

BY KINISHA CORREIA

10:00 A.M.

RISE AND SHINE

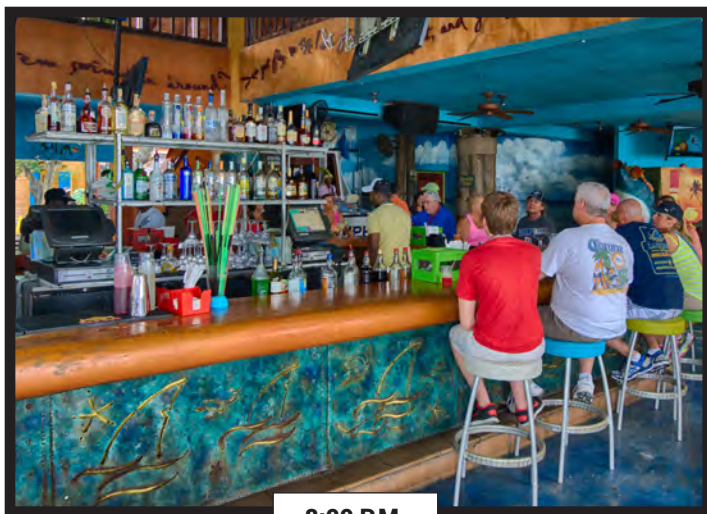
Why not wake up late and lounge in a little? For breakfast, room service may be a good option, but if it isn't available, head to Almond Tree Restaurant. This popular Jamaican eatery was named one of the top 15 places to eat on the entire island.



12:00 P.M.

GET SHAKEN & STIRRED

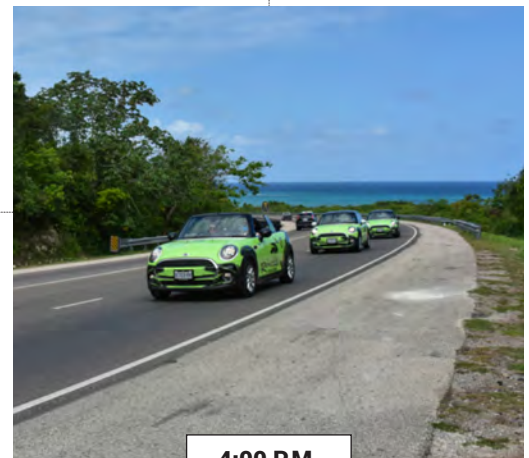
Take a short drive to GoldenEye in Oracabessa. This chic, bohemian hotel was once owned by James Bond creator Ian Flemming, which, in and of itself, makes it an awe-inspiring sight to see. If you are around between May and September, you can also see the sea turtles hatch on Golden Sea Beach.



8:00 P.M.

PARTY TIME

It's time for dinner and dancing! Head to Margaritaville at Island Village where you'll mingle with a bubbly crowd of lively locals and tourists. The restaurant menu includes seafood, burgers, soups, salads, daily chef specials and desserts. After you've gotten your full, have a few drinks and kick off your shoes for a night of dancing.



4:00 P.M.

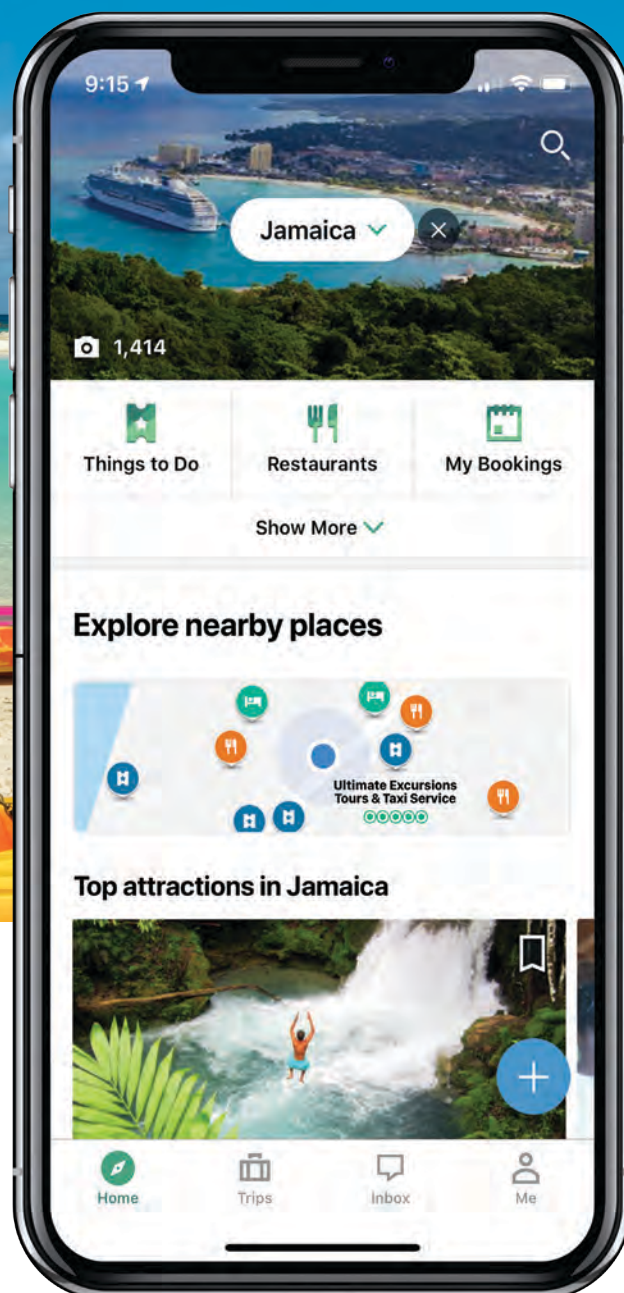
HIT THE ROAD

Let Island Routes lead you on an exciting tour through all the local highlights, whether you take a catamaran tour or a Mini Routes tour, you'll see Ocho Rios in a unique way.

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Ready to make the most of Jamaica? With the TripAdvisor app, you can find and make plans as you go – for an experience that's uniquely yours.

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- Find and book last-minute trip ideas, from local recommendations to unique tours



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JHTA HOTEL / RESORT MEMBERS

Beaches Ocho Rios

Oracabessa, P.O. Box 63
Ocho Rios, St. Ann
Tel: 876-975-7777 / 7666 / 618-1030
Website: beaches.com

Beaches Ocho Rios

Oracabessa, P.O. Box 63
Ocho Rios, St. Ann
Tel: 876-975-7777 / 7666 / 618-1030
Web: beaches.com

The Cardiff Hotel & Spa

P.O. Box 98, Runaway Bay, St. Ann
Tel: 876-973-6671-4 / 973-6865
Web: thecardiffhotel.com

Casa Maria Hotel

P.O. Box 10, Castle Gardens District
Port Maria, St. Mary
Tel: 876-725-1005 / 831-1107 / 618-1030
Web: casamariahotel.net

Couples Sans Souci

P.O. Box 103, Ocho Rios, St. Ann
Tel: 876-994-1206-14
Web: couples.com

Couples Tower Isle

P.O. Box 330, Ocho Rios, St. Ann
Tel: 876-975-4271-5
Web: couples.com

Fisherman's Point

Turtle Beach Road,
P.O. Box 6201, Ocho Rios
Tel: 876-974-4147
Web: thefishermanspoint.com

Franklyn D. Resort

P.O. Box 201, Runaway Bay, St. Ann
Tel: 876-973-4591-8
Web: fdrholidays.com

GoldenEye

Oracabessa, St. Mary
Tel: 876-622-9007
Web: goldeneye.com

Grand Bahia Principe Jamaica Hotel

Salt Coppers, P.O. Box 106
Runaway Bay, St. Ann
Tel: 876-973-7000 / 7655
Web: bahia-principe.com

Hermosa Cove Villa Resort & Suites

Hermosa Street, Pineapple, Ocho Rios, St. Ann
Tel: 876-974-3699
Web: hermosacove.com

Hibiscus Lodge Hotel

83 Main Street, P.O. Box 52, Ocho Rios, St. Ann
Tel: 876-974-2676 / 2594 / 2813
Web: hibiscusjamaica.com

Jamaica Inn

P.O. Box 1, Main Street, Ocho Rios, St. Ann
Tel: 876-974-2514-8
Web: jamaicainn.com

Jewel Dunn's River Beach Resort & Spa

P.O. Box 858, Mammee Bay,
Ocho Rios, St. Ann
Tel: 876-972-7400
Web: jewelresorts.com

Jewel Paradise Cove Beach Resort & Spa

Silver Spray Road, Runaway Bay P.O.
Tel: 876-973-4520
Web: jewelresorts.com

Jewel Runaway Bay Beach & Golf Resort

Main Street, Runaway Bay P.O., St. Ann
Tel: 876-633-4000
Web: jewelresorts.com

Moon Palace Jamaica Grande

Main Street, Ocho Rios, St. Ann
Tel: 876-795-1694 / 974-6405 / 2200
Web: palaceresorts.com

Prospect Plantation Villas

P.O. Box 38, Ocho Rios, St. Ann
Tel: 876-994-1373 / 1452
Web: prospect-villas.com

RIU Club Ocho Rios

Mammee Bay, St. Ann
Tel: 876-972-2200
Web: riu.com

Rooms On The Beach Ocho Rios

P.O. Box 280, Main Street
Ocho Rios, St. Ann
Tel: 876-974-2008 / 6632
Web: roomsresorts.com

Royal Decameron Club Caribbean

P.O. Box 65, Runaway Bay, St. Ann
Tel: 876-973-4675 / 6348 / 4802
Web: decameron.com

Sandals Ochi Beach Resort

P.O. Box 77, Main Street, Ocho Rios, St. Ann
Tel: 876-974-5486-9 / 5691-6
Web: sandals.com

Sandals Royal Plantation Golf Club & Spa

P.O. Box 2, 142 Main Street, Ocho Rios, St. Ann
Tel: 876-974-5601-2
Web: sandals.com

Shaw Park Beach Hotel & Spa

P.O. Box 17, Cutlass Bay, Ocho Rios, St. Ann
Tel: 876-974-2552-4 / 795-1300
Web: shawparkbeachhotel.com

Sunflower Beach Resort Villas / Leisure Holiday

P.O. Box 150, Runaway Bay
Tel: 876-973-6171
Web: sunflowerseavillas.com

ADVERTISER SPOTLIGHT

Dolphin Cove Ocho Rios

Moon Palace Jamaica

Tel: 876-974-5335
Website: dolphincoveja.com
Email: info@dolphincoveja.com
Swim and enjoy various activities with friendly dolphins in their natural habitat. Also pet and snorkel with stingrays, swim with and feed the sharks, and have photos taken with birds, snakes and iguanas. Relax on 80 feet of pearly white-sand beach. Take a glass-bottom boat ride to Dunn's River Falls. Includes Pirates' Village.

Jamaica Inn

Main Street, Ocho Rios
Tel: 876-618-7700 / 876-974-2514
Email: reservations@jamaicainn.com
Website: jamaicainn.com
Located in Ocho Rios on a 700-foot private Champagne-sand beach, Jamaica Inn offers timeless elegance, relaxed luxury and genuine five-star service, so you can truly unwind.

Konoko Falls

Pimento Walk Main St.
New Buckfield, Ocho Rios
Tel: 876-622-1712
Website: konokofalls.com
Nestled in the hills overlooking Ocho Rios is Konoko Falls. Originally a Taino Indian settlement site, guests can explore the River Gardens, observe the wildlife and splash in the waterfall.

Margaritaville Caribbean

Montego Bay | Negril | Ocho Rios
Tel: 876-952-4777
Email: info@margaritavillecg.com
Website: margaritavillecaribbean.com
Margaritaville believes in vacationing so hard, your vacation will need a vacation. Let loose and set your watch to island time. It's time you raise your glass to the Best. Day. Ever.

Mystic Mountain

P.O. Box 259, Ocho Rios
Tel: 876-974-3990
Email: reservations.jam@rainforestadventure.com
Website: rainforestadventure.com
Rainforest Bobsled Jamaica at Mystic Mountain is an environmentally friendly attraction that provides views of a unique seaside and tropical forest ecosystem with three exceptional excursions.

Puerto Seco Beach Club

Discovery Bay
After renovations that ended in 2018, Puerto Seco Beach Club attracts visitors with its tropical draws like its white-sand beach, 150-foot pool, life guards and ample beach huts, as well as modern amenities like Wi-Fi. Beach chairs, umbrellas and private cabanas are available for rent, and there are also multiple food vendors. Additional onsite activities include glass-bottom

boat tours, snorkelling, paddle boarding, kayak tours, scuba diving excursions and a Discovery Cove outpost.

Sandals Ochi Beach Resort

P.O. Box 771, Ocho Rios,
St. Ann, Jamaica, W.I.
Tel: 876-974-5691

It's what's new. It's what's now. It's what's next in all-inclusives — featuring romantic hillside butler villas, the Caribbean's hottest beach club, unlimited golf, and 16 gourmet restaurants.

Sandals Royal Plantation

P.O. Box 2, Main Street, Ocho Rios
Tel: 876-974-5601 / 974-5602

This Five Star Diamond Award-winning, all butler, all-suite boutique resort combines Old World hospitality with modern luxuries.

St. Ann Development Company Limited

St. Ann Development Company Limited (SADCo) is a subsidiary of the Urban Development Corporation (UDC), with registered office at Ocean Village Shopping Centre on Main Street, Ocho Rios. SADCo's mandate is to manage the assets owned by UDC in St. Ann, including Dunn's River Falls and Park, the Green Grotto Caves and Attractions, Ocho Rios Bay Beach and Turtle River Park.



Nestled on a 700-foot private beach in beautiful Ocho Rios, Jamaica Inn offers genuine five-star service with authentic Jamaican charm. Isn't it time you go beyond relaxation and truly *unwind?*



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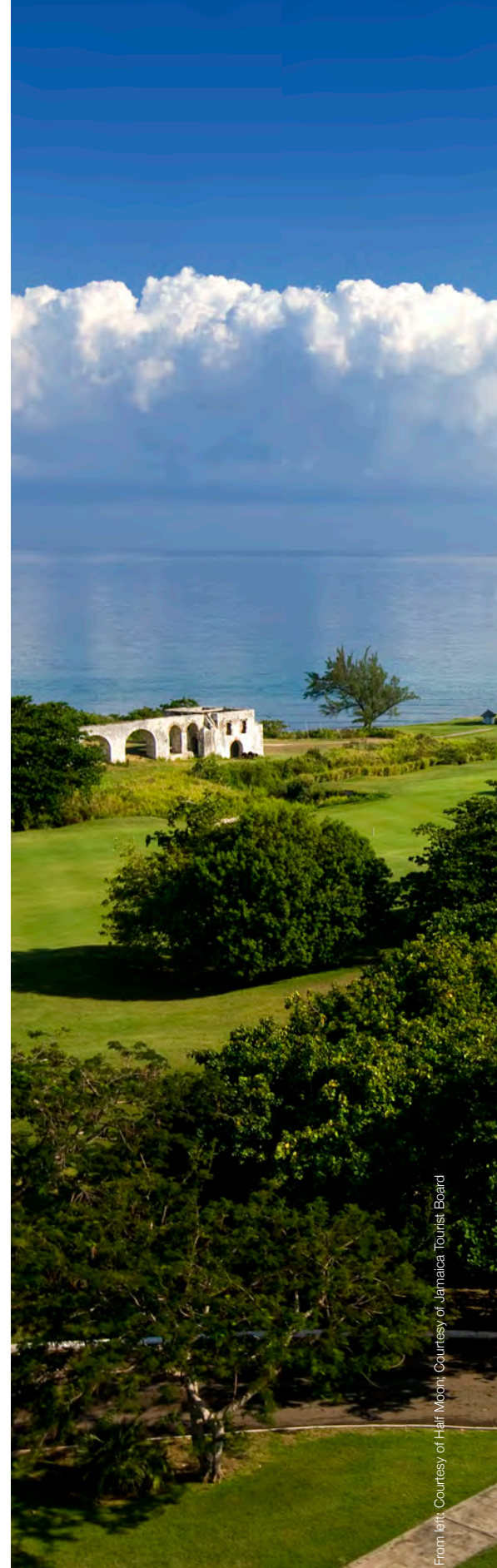
Montego Bay

Known as Jamaica's second city, Montego Bay should be at the top of any visitor's must-see list. In MoBay, as the town is often called, you'll be spoilt for choice, whether you're seeking an action-packed **adventure**, romantic **getaway**, unforgettable **party** or tantalizing **culinary experience**.

BY JONIQUE GAYNOR

No visit to Montego Bay is complete without a visit to the iconic Doctor's Cave Beach Club. Consistently hailed as one of the island's best beaches, Doctor's Cave, which has long been touted as having curative waters, is a favourite among locals and visitors alike and is a must-visit for anyone spending even the shortest amount of time in MoBay. With perfect white sand, turquoise waters and an on-site restaurant ready to serve up tasty treats and the coldest Red Stripe beer, Doctor's Cave should definitely be top of mind.

Nature lovers may also appease their senses with a tranquil raft down the famed Martha Brae River. Relax on a secure bamboo raft



From left: Courtesy of Haiti Moon, Courtesy of Jamaica Tourist Board



TEE OFF: Montego Bay is equal parts tropically fun beach town and high-end resort paradise.



SEASIDE BLISS: Clear skies and turquoise waters will have you feeling the right kind of blue.

whilst your skilled raft captain guides you along the river, sharing history and pointing out native flora and fauna as you go along. Though not technically located in Montego Bay, the Martha Brae Rafting Experience is located just about 40 minutes away, making it quite accessible even if you're just spending a few hours in Montego Bay.

Just outside of Montego Bay is the bucketworthy Glistening Waters Luminous Lagoon. Sign up for a boat tour that takes you along the seemingly magical lagoon, which illuminates when gently disturbed due to the presence of small microorganisms that emit a flash of light when touched because of a natural phenomenon called bioluminescence.

If laid-back is not your vibe and you're seeking more of an adrenaline rush, check out the Ultimate Thrill Seekers Pass at Chukka Caribbean's Good Hope Estate, an adventurer's delight featuring river tubing, ziplining, obstacle course, rum tasting and a Great House Tour.

Speaking of great houses, you MUST schedule a stop at the infamous Rose Hall Great House, home of the storied Annie Palmer, legendary slave owner who is said to have famously murdered

Montego Bay is arguably the island's most popular tourist destination.

her husbands, tortured slaves and still haunts the property to date. If you are up for an extra spook, sign up for the night tour.

In recent times, Montego Bay has experienced a culinary renaissance, resulting in quite a variety of dining options to enjoy.

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RELAX: Whether you kick back and snooze in the breeze or let yourself be pampered by butlers, chefs and spa specialists, Montego Bay invites you to let it all go.

Dining Options

MoBay's dining scene will satisfy your appetite.

Grill at Round Hill

*John Pringle Drive
876-956-7050*

The acclaimed seaside terrace restaurant where Executive Chef Martin Maginley's farm-to-table fare offers upscale fusion of traditional and modern Caribbean culinary influences.

Margaritaville

Gloucester Ave.; 876-952-4777

One of MoBay's most exciting restaurants, it offers great food, drinks and entertainment for the whole family.

Hard Rock Cafe

Sunset Drive; 876-953-6505

Enjoy classic rock music, outstanding memorabilia and mouthwatering international cuisine fused with local options.

Marguerite's Seafood by the Sea

Gloucester Ave.; 876-952-4777

An elegant and sophisticated dining experience specialising in an assortment of fine wines and fresh seafood.

Mother's

Multiple Locations

Jamaica's favourite restaurant for delicious, mouthwatering and sumptuous meals since 1981.

The Sugar Mill

*Half Moon, Rose Hall
876-953-2211*

Chef de Cuisine Christopher Golding pushes the boundaries of Jamaica's food scene with modern-day interpretations of authentic Jamaican classics.

The Tryall Club

*Sandy Bay Main Road
876-956-5660*

Dine or enjoy cocktails on the Great House Terrace overlooking the coast. Reservations required. Enjoy the relaxed Beach Café Restaurant for lunch.

If you're looking for a romantic, fine-dining experience, try the award-winning Sugar Mill Restaurant for unique Jamaican twists on classic International fare. Uncorked West, with its delectable appetizers and entrees and seemingly endless collection of the finest wines, is also worth a visit as is the House Boat Grill, which, as the name aptly suggests, is uniquely located in a house boat docked just off the city's shoreline.

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With its roots planted firmly in MoBay soil, The Pelican Grill has been a staple on Montego Bay's dining list for many years. Serving up delicious authentic Jamaican breakfast and a wide array of lunch and dinner options, the Pelican remains a favourite among locals and visitors. Be sure to dry their famous malts and milkshakes when you go!

If waterfront dining is your thing, you should stop by Pier 1 on the Waterfront, a popular eatery known for its consistent quality and wide variety of both Jamaican and international favourites. It's actually quite easy to find international fare throughout MoBay. Explore the tastes of the East at Mystic Thai or Mystic India, which feature delightful, traditional Thai and Indian cuisine.

For a more casual dining experience, try out Scotchies, which serves authentic jerked chicken, pork, fish and sausage. Coral Cliff Gaming and Entertainment offers tasty bites, and Usain Bolt's Track and Records specialises in authentic Jamaican food and features tons of memorabilia devoted to the legendary Olympian.

There is much to do in Montego Bay when night falls and top of the list is Pier 1 on a Friday night. Never disappointing, this experience remains a guaranteed good time. The restaurant is transformed into an open-air

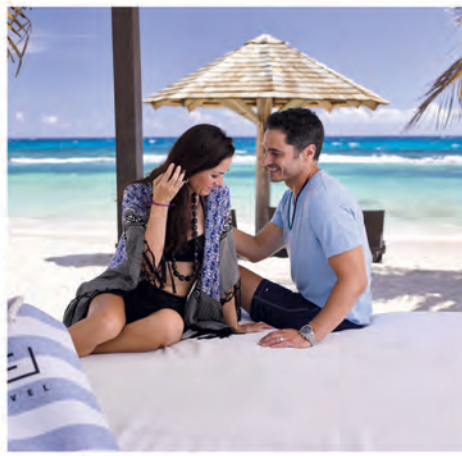
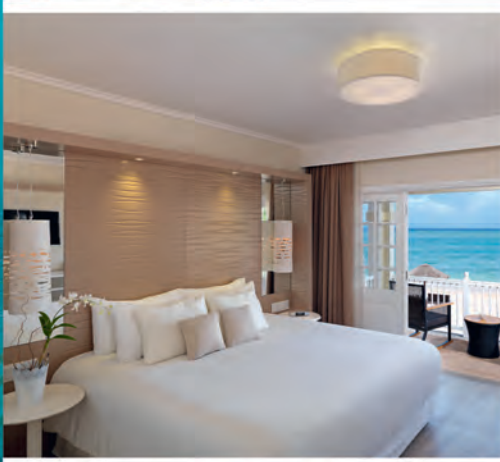
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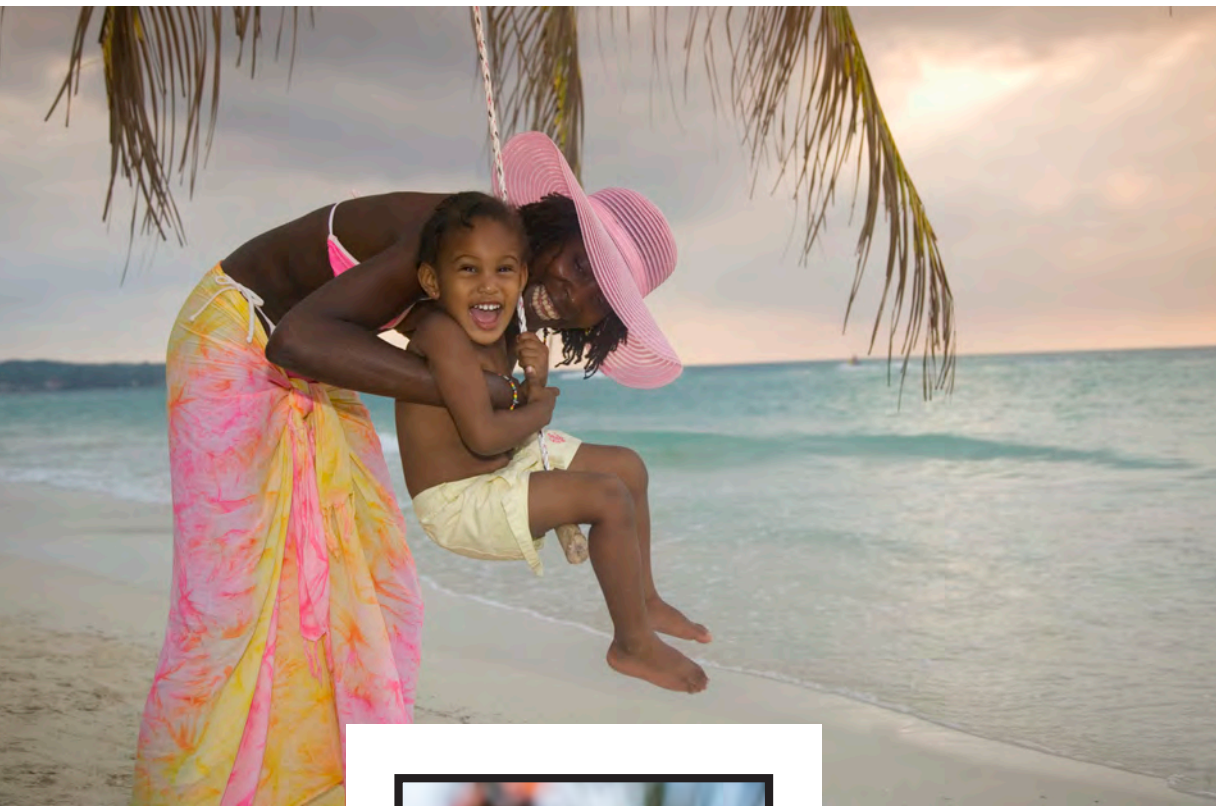
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nightclub pulsating with the sounds of reggae, dancehall and international hits and the city's dancers are always out in their finest form ready to teach their moves to anyone willing to learn. On a Wednesday, Pier 1 also hosts its weekly fashion show, a more laid back version of Friday, but certainly no less fun. Jimmy Buffet's Margaritaville is also a jamming spot for good music and even better vibes, especially on Thursdays and Saturdays. Ladies enter free before 12 on Thursdays, so get there early to capitalise on this. There's also much to experience at Coral Cliff Gaming and Entertainment, including live entertainment, a games arcade and casino. You may also try your luck at the casinos at Treasure Hunt Gaming or 100 Montego Bay.

If you'd like a more relaxing night, opt for an evening pass at one of the town's many all-inclusive resorts or catch a movie at the local cinema.

What's a trip without some retail therapy? Incomplete, that's what! There's no shortage of traditional Jamaican crafts at the Fort Street Craft market and there is unlimited duty-free shopping at the Shoppes at Rose Hall, the Freeport Shopping Centre, the City Centre Mall, The Blue Diamond Mall and the Whitter Village Shopping Centre. Whether you're looking for the obligatory T-shirt and key chain or something more exquisite, chances are you'll find everything you need (and everything you never knew you needed) at any of these shopping outlets. You may also want to visit the Fairview Shopping Centre or the new

Calendar of Events

February

Sugar Cane Ball

March

Brit Jam

April

The Destination Experience
 Montego Bay Yacht Club
 Easter Regatta
 Jamaica Cup

May

Jamaica Classic Golf Tournament
 Jamaica Taurus Takeover
 MoBay City Run
 CB Pan Chicken Championship

June

Jamaica Food, Beverage, Hospitality Expo
 RuJohn Foundation
 Celebrity Sports Camp
 Miss Global Jamaica
 Jamaica International Beauty Expo

July

Reggae Sumfest
 Montego Bay
 Fine Arts Festival

August

Montego Bay Jerk Festival
 Jamaica Festival

September

Jamaica Brida Expo
 Jamaica Product Exchange (JaPEX)
 CanEx Jamaica
 Miss Global International

October

Montego Bay International
 Marlin Tournament
 Merritone Homecoming & Family Reunion
 Come Celebrate Jesus
 Fashion Showcase
 Weekend
 Outburst Comedy Show

November

Restaurant Week
 Annie's Revenge
 Jersey Mike's Jamaica
 Classic NCAA Basketball
 Jamaica Open
 Golf Championship

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BREATHE IT ALL IN: MoBay is a city set by the sea. With all its attractions, culinary delights and nighttime activity, the view is still the main draw.

Fairview Marketplace where a variety of boutiques await.

History lovers may be intrigued by Sam Sharpe Square, so named after one of Jamaica's national heroes who lived in and fought for freedom in Montego Bay's infamous Christmas Rebellion in December 1831. A statue in his honour marks one of the busiest areas of the city's downtown area and is just a stone's throw away from the Montego Bay Cultural Centre, where you can find National Gallery West. The gallery is home to a sizable collection of artistic works created by Jamaica's most talented visual artists and sculptors, and is a must-see for anyone with creative inclinations or just a curiosity for the country's artistic heritage.

Before you leave be sure to take a selfie — or get your picture taken — by the popular Montego Bay sign, just outside of the city's Donald Sangster International Airport!



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COMPLETE RESORT:
 Montego Bay is the quintessential resort city, with accommodations that run the gamut from sprawling all-inclusive resorts to intimate boutique hotels tucked away from the city's hustle and bustle.



Courtesy of Jamaica Tourist Board

24 HOURS IN *Montego Bay*

ONLY IN MOBAY FOR A DAY? FRET NOT! 24 HOURS IS TIME ENOUGH TO ENGAGE IN SOME OF THE CITY'S MOST SOUGHT-AFTER EXPERIENCES.

BY JONIQUE GAYNOR

9:00 A.M.

BE A TRADITIONALIST

Head to the famous Pelican Grill to fuel up for the day with a hearty breakfast complete with Jamaican Blue Mountain Coffee. Try the ackee and saltfish, Jamaica's national dish, or any of the other tasty delights on offer.

10:30 A.M.



RAY OF GOOD HOPE

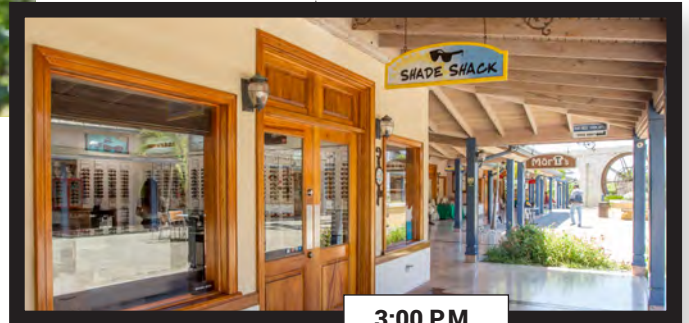
The day's first adventure awaits at Good Hope Estate. Face your fears on Chukka Caribbean Adventures' zip lines, tubing experience or kayak excursion down the famous Martha Brae River; tackle the obstacle course; grab the wheels of your very own ATV or simply lounge by the pool after exploring the historic great house.



8:00 P.M.

GET DOWN!

If you're up for a night on the town, try Club Ville at Margaritaville on a Thursday or Saturday night.



3:00 P.M.

RETAIL THERAPY

After an active morning, why not seek some retail therapy? Head to the Shoppes at Rose Hall to explore the fine collection of duty-free stores. Whether you're looking for souvenirs, fine jewellery, liquor or perfumes, you're sure to find it here.

4:30 P.M.

STROLL THROUGH HISTORY

Then, head across the street for a tour of the famous Rose Hall Great House. You'll surely be intrigued by the legends surrounding this 18th-century plantation, especially those about its storied owner, the infamous Annie Palmer. Her ghost is said to haunt the property and even shows up in photos and videos occasionally!

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Web: altamontwesthotel.com

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Sunset Drive, Montego Bay Freeport
Montego Bay
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Decameron Cornwall Beach Resort

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Web: decameron.com

Déja Resort/RRED Limited

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Web: dejaresort.com

Doctors Cave Beach Hotel

Gloucester Ave., P.O. Box 94, Montego Bay
Tel: 876-952-4355-9 • Web: doctorscave.com

El Greco Resort

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Web: oceanhotels.net

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Web: halfmoon.com

Hilton Rose Hall Resort & Spa

P.O. Box 9, Rose Hall, Montego Bay
Tel: 876-953-2650
Web: rosehalleresort.com

Holiday Inn Resort

P.O. Box 480, Montego Bay
Tel: 876-953-2485-9 / 2499
Web: caribbeanhi.com/jamaica

Hotel Grand A View

3 Ramparts Close, Montego Bay, St. James
Tel: 876-620-4012 / 979-3205
Email: hotelgrandaview@gmail.com

Hotel RIU Reggae

Ironshore, Montego Bay
St. James
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Email: hotelreggae@riu.com

Hyatt Ziva Rose Hall

Rose Hall Road, Half Moon P.O. 2537,
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Web: rosehalla.ziva.hyatt.com

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Rose Hall Main Road, Little River P.O.,
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Web: iberostarrosehall.com

Jewel Grande Montego Bay Resort & Spa

Rose Hall, Montego Bay
Tel: 876-953-8000 • Web: jewelgrande.com

Melia Jamaica Braco Village

Braco, Trelawny
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Web: palmviewjamaica.com

Richmond Hill Inn

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Web: richmondhillinnja.com

RIU Montego Bay

Mahoe Bay, Rose Hall
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Round Hill Hotel and Villas

John Pringle Drive, P.O. Box 64, Montego Bay 1
Tel: 876-956-7050 • Web: roundhill.com

Royal Decameron Montego Bay Beach Resort

2 Jimmy Cliff Boulevard, Montego Bay, St. James
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Web: decameron.com

Royalton White Sands

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Sandals Royal Caribbean Resort & Private Island

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SeaGarden Beach Resort

8 Kent Ave., Montego Bay, St. James
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Web: seagardenjamaica.com

Secrets St. James Montego Bay

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Tel: 876-953-6600 • Website: secretsresorts.com

Secrets Wild Orchid Montego Bay

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Silent Waters Villas

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Tel: 876-971-9119-21 • Web: jamaicavillas.net

Skyborne Great House

Kempshot, St. James
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Web: skybornegreathouse.com

Sunscape Resorts

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Toby's Resort

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The Tryall Club

Sandy Bay Main Road, Hanover
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The Wexford Hotel

39 Gloucester Ave.
P.O. Box 108, Montego Bay
Tel: 876-952-2854-5
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Round Hill Hotel and Villas offers 36 Ralph Lauren-designed oceanfront rooms, and 26 private villas. Other highlights include award-winning cuisine, engaging family programs, an infinity pool, tennis courts, fitness centre/gym and an Elemis spa.

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Negril

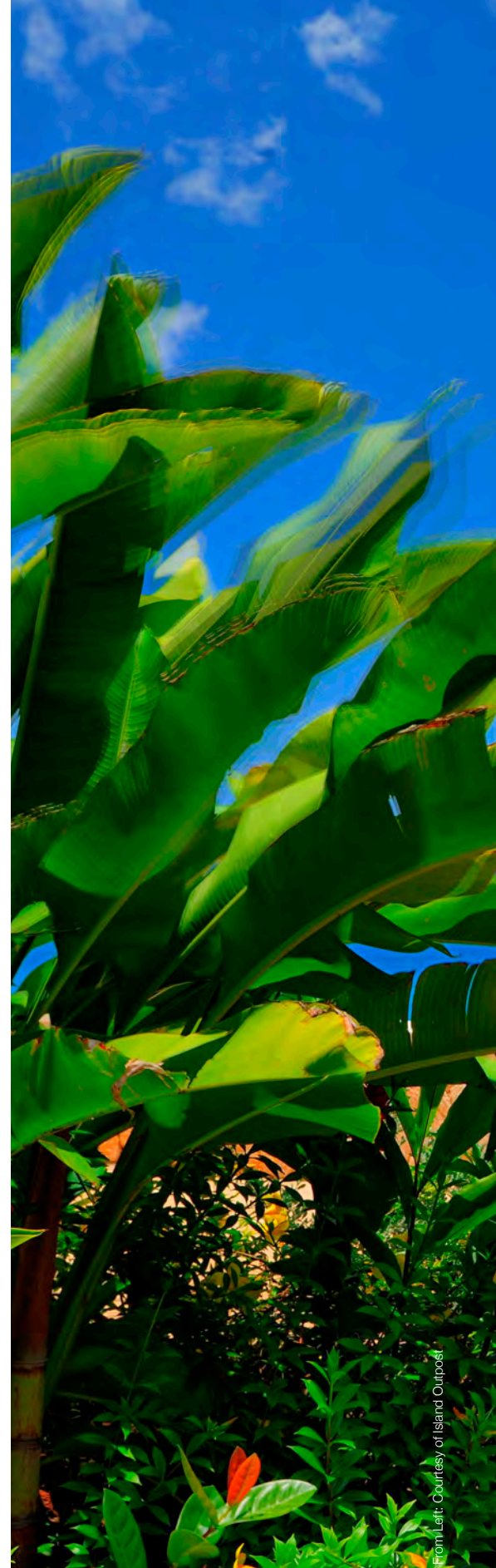
No longer the sleepy town of its hippie founders, Negril's **enchanting** essence is one of calming **bliss** and adventurous **excitement...** which one will you choose?

BY LEISHA WONG

Resting at the western tip of Jamaica is Negril, a haven with hippie roots, now transformed into a sun-drenched thriving tourism destination.

Geographically disconnected from the rest of the island by marshes, Negril's transformation occurred late in the 20th century. Prior to the development, Negril had a strong shipping community and had even served as a naval base during the Battle of New Orleans in 1814. Attracted by the simple and idyllic island lifestyle, hippies and backpackers flocked to the area in the 1960s, solidifying the ambience that would define Negril for decades.

But the town is now wide awake. Royalton Negril Resort & Spa recently opened, joining the stylish Skylark — home to the Jamaican outpost of New York-based Miss Lilly's restaurant. Island Luxe Beach is also a new addition located close to Long Bay. The beach complex features a number of dining options in a tropical rustic setting, from jerk to seafood, and even a Devon House I-Scream, as well as watersports gear rentals and a soon-to-open reggae and dancehall museum.



From Left: Courtesy of Island Outpost



CLIFF HANGER: Several standout properties line Negril's scenic rocky coast and tranquil waters, including The Caves.

↓
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In search of some deep water action? Snorkelling, scuba diving and other underwater adventures are readily available. Deep sea fishers head over to Stanley's Deep Sea Fishing, one of the best local fishing guide teams. Be on the lookout for snapper and mahi-mahi, as well as marlin in the autumn to winter months; migrating sperm whales can be spotted from autumn to March and bottlenose dolphins can be spotted all year.

If you want to experience an even closer encounter with the dolphins, Dolphin Cove in Lucea (about an hour outside Negril), offers dolphin fans the chance to learn more about these majestic creatures and even get a ride. Talking of rides, catch a ride on a camel whilst there or snorkel with stingrays.

For those who are more about dry adventures, JamWest Speedway and Island Routes are there for you. JamWest Speedway, located half an hour outside

Negril, is home to the largest speedway in the region. It also features racing zip lines (who can make it down the fastest?!), a rock climbing adventure, ATV trail, safari tour and an extreme waterslide and mineral bath.

Internationally recognised tour company Island Routes also has multiple options to get you exploring outside the confines of Negril, like bamboo river rafting. Or get off the beaten path and into the countryside to explore Mayfield Falls, the longest river walk on the island, including underwater caves, 44 mineral baths and 21 natural bubbling hot baths.

Negril is truly a multi-faceted destination with a pristine beach that stretches from Bloody Bay in the north to Long Bay in the south. This beach leads to rugged cliffs at the West End.

Seven Mile Beach offers an idyllic getaway with powder-white sand and crystal-clear water. Check out the recently opened Bunny's Beach Bar, as well as the ever-popular Margaritaville for some island vibes.

Over on the West End, the iconic Rick's Café still draws visitors who revel in the experience of watching a glorious sunset with a rum cocktail in hand, watching the cliff jumpers. And if you are tempted, there are cliff jumping options, with various heights ranging from eight feet to 40 feet.

Exploration of the West End leads to some of Negril's most unforgettable dining experiences. From rustic to chic, the options are bountiful...perhaps food just tastes better with a view! Rock House restaurant offers perhaps some of the best of both. With a mesmerising menu of new Caribbean cuisine, this light, fresh and modern approach to local flavours and spices comes second only to the breathtaking setting. Zest Restaurant at The Cliffs continues the modern approach to island cooking. Showcasing the talents of award winning chefs Cindy Hutson and Delius Shirley, Zest delivers an intriguing, rich and seasonally-inspired menu that is set within a breathtaking backdrop.



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Calendar of Events

If you're lucky enough to be in town during these events, make sure you join in on the party.

February

Blues on the Beach
driftersbar.wordpress.com

March

Stepping High Festival
steppinghighfestival.com

Jamaica Frenzy
jamaicafrenzy.com

April

Tmrw Tday Culture Fest
tmrwtday.com

May

Mocha Fest
mochafest.com

Caribbean Motor Racing Championship
jamwest.com

August

Dream Weekend
jamaicadreamweekend.com/jm

December

Reggae Marathon
reggaemarathon.com

Rastafari Roots Fest
rastafarirootzfest.com

If you are in search of something a little more rustic and authentically Negril, the options abound. LTU Pub, Ciao Jamaica and 3 Dives Jerk Restaurant are some of the standouts. LTU Pub introduces an Italian spin to their menu (make sure to try the bruschetta) that matches perfectly with the unobstructed cliff views. Ciao Jamaica continues the Italian vibe, with their well-known stone-fired, thin crust pizza featuring Jamaican flavours such as ackee and saltfish and jerk chicken. 3 Dives Jerk is a staple for great jerk and great vibes. LTU Pub and 3 Dives also offer unparalleled sunset views, which become the perfect backdrop for a great night. Back on the “flats,” or “The Strip,” by Seven Mile Beach, you will discover many great nighttime spots including Wine with Me and Kenny’s Italian, both

↓
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 #Negril

Red Stripe and take in the street corner reggae vibes.

Whether you are looking to stay in a luxurious hut on the cliffside, a stylish chic boutique with the beach at your doorstep, a deluxe all-inclusive, or a luxurious beachfront villa that houses your entire family and all your friends; Negril has it for you. Tensing Pen, Rockhouse, The Cliffs and The Caves are all unforgettable locales on the West End. On Seven Mile Beach, Skylark’s fresh, clean and modern surroundings and delicious food offerings are notable; as are the quaint treetop cabins at Sunset at the Palms. With three different locations in Negril, IdleAwhile — The Cliffs, The Beach and The Villas (situated on Seven Mile Beach) — each retreat speaks to a different, yet equally idyllic, Negril experience.

of which offer a little European touch to your Negril night. For a true Jamaican experience, head to any street corner where you see smoke wafting, grab some pan chicken and hardo bread, a cold



Negril, Jamaica



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24 HOURS IN *Negril*

WHAT A DIFFERENCE A DAY MAKES! IN A MERE 24 HOURS YOU CAN MAKE **EVERLASTING MEMORIES** IN NEGRIL.
 BY LEISHA WONG



8:00 A.M.

HEALING WATERS

Take in one of the wonders that define a visit to Negril: the sea. Simply jump on a boat out to Booby Cay where you will experience some of the island's most spectacular snorkelling, or stake a spot on the powdery-white sand of Seven Mile Beach.

1:00 P.M.

LUNCH DELIGHTS

Lunch time, and it's best had over at Miss Lily's at Skylark. The first Jamaican outpost of the Caribbean transplant out of New York, the funky setting and retro musical vibes set the tone for a flavourful afternoon before you head back to the beach and a well-deserved little siesta.



4:00 P.M.

CHILL WITH THRILLS

Catch the magical sunset at Rick's Café, cold Red Stripe in hand, and take in the diving action from the 40-foot ledge. Go early to secure your spot, and feel the groovy reggae vibes. Feeling daring? You can jump into the action yourself!



7:00 P.M.

RETREAT TO FLAVOUR

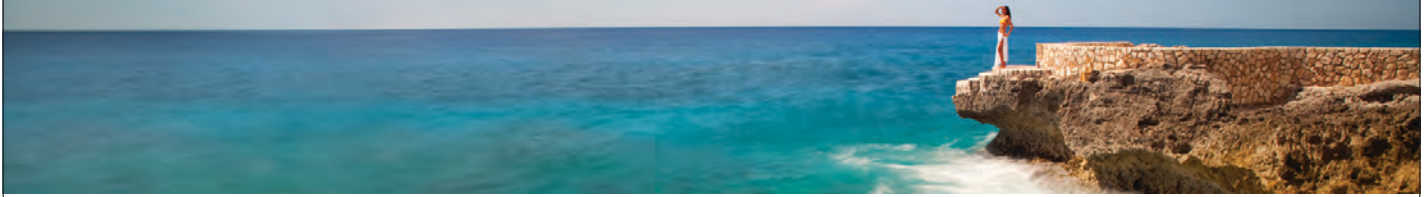
Get more than dinner by booking a cooking show at Zimbali Culinary Retreats, where you'll experience an immersion in Jamaica's gastronomic and agricultural heritage through an interactive – and delicious – presentation.

10:00 P.M.

BOOGIE NIGHTS

To experience a little of Negril night life head back over to Norman Manley Boulevard to any of the bars of clubs on the strip. Everything from corner rum bars to sophisticated wine bars awaits.


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www.zimbaliretreats.com - 876-252-3232 - 1-855-ZIMBALI



Dining Options

From fine dining to beachside huts, satisfy your appetite in Negril.

Blue Mahoe Restaurant

*The Spa Retreat,
West End Road
876-957-4329*

Fine dining with beautiful scenery, Blue Mahoe caters to those craving the new and the traditional in their dishes.

Ciao Jamaica

*Across from Samsara Cliff
Resort & Spa,
West End Road
876-957-4395*

Experience Italian-Jamaican fusion cuisine at its best, with dishes like jerk chicken Alfredo, West Indies seafood linguine and Caribbean calzones.

El Agave Restaurant

*Grand Palladium Resort, Lucea
876-619-0000*

Enjoy typical dishes prepared with all the flavour and tradition of Mexican cooking in a cantina-like setting.

The Lodge at Tensing Pen

*Tensing Pen,
West End Road
876-957-0387*

Serving breakfast, lunch and dinner, the menu at The Lodge changes with the seasons, guaranteeing the freshest ingredients and flavours.

Seastar Inn Restaurant

*Seastar Inn,
West End Road
876-957-0553*

Enjoy delicious chicken, fish, lobster, conch, pork and beef selections, and pasta dishes and homemade soups.

Xtabi Restaurant

*Lighthouse Road,
West End Cliffs
876-957-0121*

Sample wonderful lobster, fresh Jamaican fish and great prime meat, chicken and pork, and so much more whilst enjoying unique views of the cliffs and sea.

JHTA HOTEL / RESORT MEMBERS

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Norman Manley Blvd., Negril
Tel: 876-620-0100
Website: azuljamaica.com

Beaches Negril

P.O. Box 12, Negril, Westmoreland
Tel: 876-957-9270-4
Web: beaches.com

The Boardwalk Village

Norman Manley Blvd., Negril-Hanover
Tel: 876-957-4633 / 322-0869
Web: theboardwalkvillagenegril.com

Charela Inn Hotel

Norman Manley Blvd.
P.O. Box 3033, Negril
Tel: 876-957-4277 / 4648-50
Web: charela.com

The Cliff Hotel & Spa

West End Road, Negril, Westmoreland
Tel: 876-550-0899
Web: thecliffjamaica.com

CocoLaPalm Resort

Norman Manley Blvd.
P.O. Box 2576, Negril
Tel: 876-957-4227 / 3455-7
Web: cocolapalm.com

Country Country Beach Cottages

Norman Manley Blvd., Negril
Tel: 876-957-4273
Web: countryjamaica.com

Couples Negril

P.O. Box 35, Negril
Tel: 876-957-5960-9
Web: couples.com

Couples Swept Away

Norman Manley Blvd.
P.O. Box 3077, Negril
Tel: 876-957-4062-6 / 957-4061
Web: couples.com

Footprints on the Sands Hotel

Norman Manley Blvd., P.O. Box 100, Negril
Tel: 876-957-4300 / 3152
Web: footprints.net

Fun Holiday Beach Resort

Norman Manley Blvd., Negril P.O.
Tel: 876-957-3585
Web: funholidaybeachresort.com

Grand Palladium Resort

Point District, Lucea,
P.O. Box 4779, Hanover
Tel: 876-619-0000-9
Web: fiestahotelgroup.com

Grand Pineapple

Beach Resort

Norman Manley Blvd.,
P.O. Box 3058, Negril
Tel: 876-957-4408 / 4475
Web: grandpineapple.com

Hedonism II

P.O. Box 25, Negril
Tel: 876-957-5200
Web: hedonism.com

Idle Awhile Villa

Norman Manley Boulevard
P.O. Box 2588, Negril
Tel: 876-957-9000
Email: stay@idleawhile.com

Merrils Beach Resort

Norman Manley Boulevard
Box 75, Negril P.O.
Tel: 876-957-4751 / 3122
Email: merrils@cwjamaica.com
Web: merrilsbeach.com

Negril Palms Hotel

Norman Manley Blvd., Negril
Tel: 876-957-4375
Web: negrilpalmsotel.com

Negril Tree House Resort

Norman Manley Blvd.
P.O. Box 29, Negril
Tel: 876-957-4287-8
Web: negriltreehouse.com

Negril's Idle Awhile Ltd.

Norman Manley Blvd., Negril
Tel: 876-957-3302 / 3303
Web: idleawhile.com

RIU Club Negril

Norman Manley Blvd., Negril
Tel: 876-957-5700 / 5985
Web: riu.com

RIU Palace Tropical Bay

Bloody Bay, Negril
Tel: 876-957-5900
Web: riu.com

Rockhouse Hotel

Lighthouse Road, West End
P.O. Box 24, Negril
Tel: 876-957-4373 / 0621-6
Web: rockhousehotel.com

Rondel Village

Norman Manley Blvd.
P.O. Box 96, Negril
Tel: 876-957-4413 / 4651-2
Web: rondelvillage.com

Rooms On The Beach Negril

Norman Manley Blvd., Negril
Tel: 876-957-3500
Web: superclubs.com

Samsara Cliff Resort

Norman Manley Blvd., P.O. Box 23,
West End, Negril
Tel: 876-957-4395
Web: negrilhotels.com

Sandals Negril Beach Resort & Spa

Norman Manley Blvd.
P.O. Box 12, Negril
Tel: 876-957-5216-7 / 5230-1 / 5254-5
Web: sandals.com

Sandy Haven Resort

Norman Manley Blvd., Negril
Tel: 876-957-3200
Web: sandyhavenresort.com

Shields Negril Villas

Norman Manley Blvd., Negril P.O.
Tel: 876-957-3112 / 9001 / 9006
Web: shieldsnegril.net

Sunset at The Palms Resort & Spa

Norman Manley Blvd.
P.O. Box 118, Negril
Tel: 876-957-5350 / 5360
Web: thepalmsjamaica.com

Tensing Pen Hotel

West End Road
P.O. Box 3013, Negril
Tel: 876-957-0387
Web: tensingpen.com

Travellers Beach Resort

Norman Manley Blvd., Negril
Tel: 876-957-9308 / 3039
Web: travellersresorts.com

The Westender Inn Hotel

Lighthouse Road
Negril, Westmoreland
Tel: 876-957-4991

White Sands Negril

P.O. Box 60, Norman Manley Blvd., Negril
Tel: 876-957-4291 / 4445
Web: whitesandsjamaica.com

ADVERTISER SPOTLIGHT

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Website: cocolapalm.com
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Email: jackiesonthereef@yahoo.com /
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Website: jackiesonthereef.com

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Old Hope, Little London
Tel: 876-475-7588
Website: jamwest.com

Jamwest Motorsports and Adventure Park, home of the Jamwest Speedway, boasts a two-mile circuit, as well as an ATV tour, safari tour, zipline challenge, horseback riding and the largest goat farm in Jamaica.

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(Across from Azul Sensatori)
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Website: koolrunnings.com

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Website: margaritavillecaribbean.com

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The Oasis Resort

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Website: oasisnegril.com

The Oasis Resort Negril ("A Hidden Paradise") is the unique bed & breakfast getaway nestled in a tropical garden within Negril, Jamaica. Experience the cliffside of Negril and the special opportunity to enjoy the "Real Jamaica." With our organic farm on-property, we provide a farm-to-table experience with our International/Caribbean/Italian cuisines prepared from our home-grown fresh produces.

Rayon Hotel

Norman Manley Blvd., Negril
P.O. Box 3388, Westmoreland
Tel: 876-957-9166 / 957-3561 / 957-4031

Email: sales@rayonhotels.com
Website: rayonhotels.com

Rayon Hotel is across the road from Seven Mile Beach. This boutique hotel has 31 rooms with features like air conditioning, cable TV, banquet hall and conference center, restaurant and bar, free Wi-Fi, Jacuzzi, kitchenettes, villa and game room.

Sandals Negril

Norman Manley Blvd., Negril
Tel: 876-957-5216 • Website: sandals.com

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Norman Manley Blvd, P.O. Box 1168, Negril
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Website: thepalmsjamaica.com

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Caanan Mountain Westmoreland Little London, Negril
Tel: 876-485-2789

Website: zimbali retreats.com

Zimbali Retreats is a concept born by the love of a couple who joined in their belief of a simpler, more natural life – a life at one with mother nature. Offering cooking shows, cultural and culinary experiences, and accommodations, it is a holistic Jamaican immersion.

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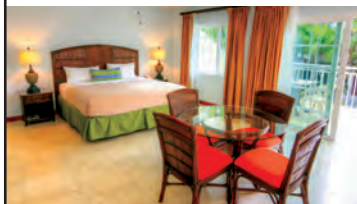
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Jamaican beauty and tranquility inspired CocoLaPalm's distinctive octagonal architecture with open courtyards and lush tropical gardens nestled right on the powdery white sand and pristine waters of Negril's seven miles beach. We proudly offer 107 rooms and suites and extraordinary cuisine prepared by our award winning chefs and culinary team.



West End Road, Negril,
Westmoreland,
Jamaica, W.I.
Tel: 876.957.4390
876.957.4152

The perfect hidden vacation paradise in Negril. This tranquil, tropical resort offers you the opportunity to escape for an exclusive getaway and experience the relaxed atmosphere of Negril.



South Coast

The South Coast tops the list of places in Jamaica to **unwind, relax** and settle an overactive frazzled mind.

BY KINISHA CORREIA

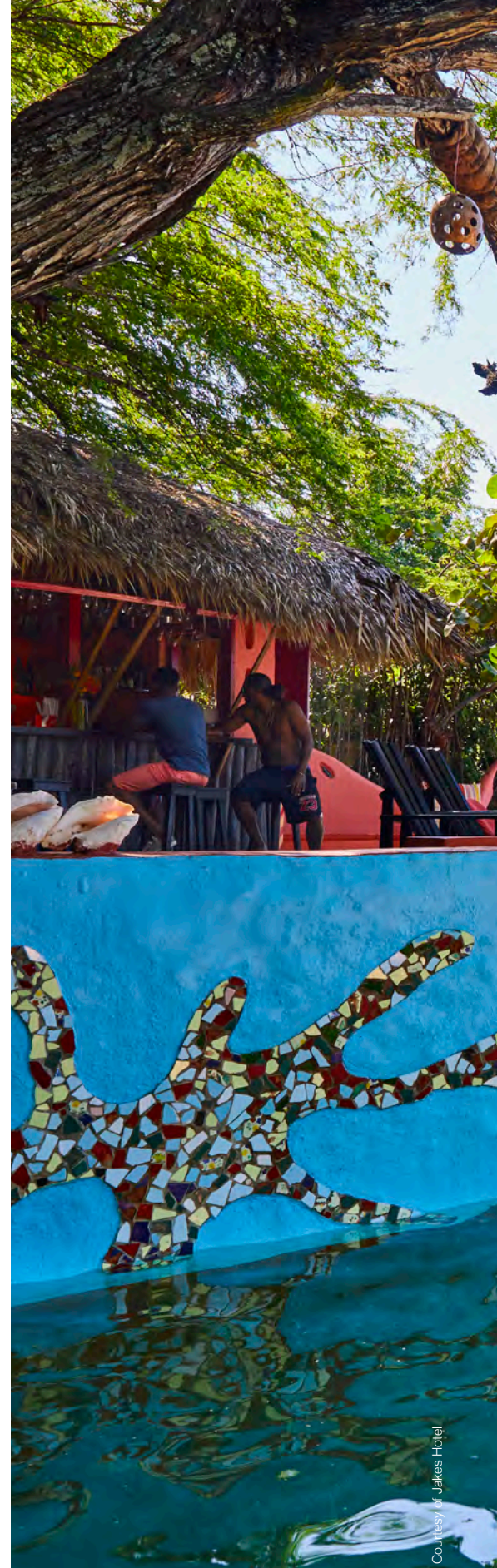
Decades ago, a trusty companion and I trudged across the island, from bustling Kingston to the South Coast. Our destination was the lazy fisherman's village of Treasure Beach, where we would stay at Jakes Hotel.

My companion, who then favored the refinement of all-inclusive vacationing, questioned our decision to get away here — to Jamaica's most unplugged, least touristy side of the island. However, in less than a day, I watched the energy of the South Coast seep into his pores. He, like so many other straight-laced travellers, had fallen in love.

The South Coast is a vision of tumbling green mountains sprinkled with quiet villages and tiny, buzzing town hubs. Here you'll find serene, untainted beaches and communities of beautiful people that are tight-knit, laid-back and especially kind. It all adds up to a soothing ambience that is a rarity in our fast-paced world.

The parishes of Manchester, St. Elizabeth and Westmoreland are all part of the South Coast, which offers earthy attractions and boutique hotels.

One such property is Jakes — the chic and brilliantly designed boutique hotel that is arguably most responsible for putting this region on the



Courtesy of Jakes Hotel



TREASURED: Tranquil and timeless, what the South Coast lacks in haste, it makes up for in tranquility.

tourist map. Jakes' bright, artsy cottages are adorned with driftwood and other outdoor elements in homage to the natural surroundings. The hotel adjoins Jack Sprat restaurant and both serve as the entertainment hub for the small community of Treasure Beach, where, just like the rest of the South Coast, the line between neighbours and family is wonderfully blurred.

Treasure Beach is home to the lauded Calabash Literary Festival, a weekend of literary abundance, flocked by both locals and foreigners.

But the South Coast is much more than the small yet impactful Treasure Beach. Whitehouse in Westmoreland is even more off-the-beaten-track. It's home to just a few getaway spots, such as the high-end yet unobtrusive Sandals Whitehouse. This pioneering branch of the ultra-successful, all-inclusive chain is set on a 500-acre nature preserve and boasts an enthralling ensemble of bungalows that rest directly atop the water.

Wildlife is held in the highest esteem throughout the area. Protected marine life can be explored at several local sanctuaries, including the Galleon Fish Sanctuary and the Fonthill Beach Park and Wildlife Sanctuary, where crocodiles, birds, sea turtles and fish can be found in their natural habitats.

Captivating waterways abound on this side of the island, as well. There are several black-sand beaches, and inland there are many untainted rivers, waterfalls and wetlands.

Visitors can take a safari tour along the Black River, which is both the name of one of the longest rivers in Jamaica and a legendary town. Meanwhile, YS Falls is a natural wonder where seven waterfalls cascade into natural swimming pools, and the water is believed to have therapeutic, healing properties.

In nearby Santa Cruz, a historic attraction called Lover's Leap celebrates romance and Jamaica's history. As the longheld story goes, Lover's Leap marks the spot where a slave couple leapt from a 1,700-foot cliff, refusing to live their lives separated by the shackles of slavery.

St. Elizabeth, the parish in which Jakes is located, has the most farms on the island, which makes fresh food a staple in homes and hotels alike. For instance, Little Ochi, also on the South Coast, is one of the island's best known fish spots where you'll find fresh, delicious seafood.

Then, there's the famous, jaw-dropping Floyd's Pelican Bar. This bar is set in the middle of the ocean, on stilts, about a mile from the nearest beach. Floyd's is yet another mesmerising and soothing South Coast experience where both locals and tourists can be found mixing and mingling in an ultra-chill setting. After all, what worries could you have at a bar in the middle of the sea.



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CIVIC LIFE: Whether cruising on a river safari tour or strolling through the busiest parts of town, the South Coast runs at its own leisurely pace.

Calendar of Events

If you're lucky enough to be in town during these events, make sure you join in on the party.

January
Accompong
Maroon Festival

April
Jakes Off-Road
Triathlon

May
Two Seasons Talking
Trees Literary Fiesta

August
South Coast
Rum Festival

October
Hook and Line Canoe
Tournament

Women with a
Purpose Symposium &
5k Run/Walk

November
St. Elizabeth
Homecoming Week

December
Jack Sprat New
Year's Eve Fireworks
Celebration

JHTA HOTEL / RESORT MEMBERS

Golf View Hotel & Conference Centre

5 1/2 Caledonia Road,
P.O. Box 189, Mandeville
Tel: 876-962-4471 / 4474
Web: thegolfviewhotel.com

Jakes Hotel

Calabash Bay PA., Treasure Beach, St. Elizabeth
Tel: 876-965-3000 / 0635 / 3185
Web: jakeshotel.com

Sandals South Coast

P.O. Box 5000, Whitehouse, Westmoreland
Tel: 876-640-3000-9
Web: sandals.com

ADVERTISER SPOTLIGHT

Sandals South Coast

P.O. Box 5000, Whitehouse P.O., Westmoreland
Tel: 876-640-3000
Bursts of colour and a sprawling array of European architecture encompass this all-beachfront resort. With a theme that is anchored to the ocean, this oasis offers a two-mile beach, beachfront dining options, and an over-the-water collection that features Latitudes Bar, a village of bungalows and the Serenity Wedding Chapel.

24 HOURS IN *South Coast*

GET SWEEPED OFF YOUR FEET BY THE SLOW EBB AND FLOW OF THIS ARRESTINGLY BEAUTIFUL AND LEISURELY CORNER OF THE ISLAND.

BY KINISHA CORREIA



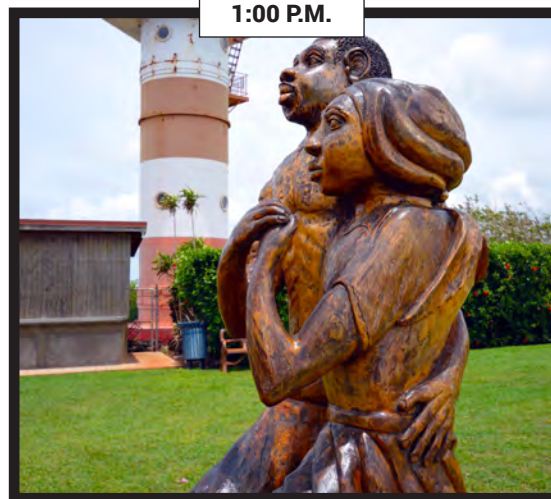
9:30 A.M.

BE A REBEL

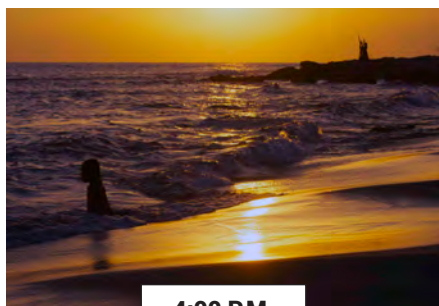
Kick off your day with pastries, fruit, appetizers... and an open bar aboard Island Routes Soul Rebel, which will take you on a scenic tour of the South Coast whilst keeping rhythm to a reggae beat. Take a quick dip in the cool blue as you make a snorkelling stop before you head to the legendary Floyd's Pelican Bar.

BACK ON LAND

Get swept away in a completely different manner at Lover's Leap. The attraction which marks the spot where two lovers preferred to jump to their deaths instead of being separated offers breathtaking views of Cutlass Bay. There's a full service restaurant and bar, where you can get a complimentary tour with the purchase of a meal. The 1,700 lighthouse nearby is also a pretty impressive stop.



1:00 P.M.



4:00 P.M.

SIT BACK AND RELAX
This is, after all, the South Coast, where everything moves at a decidedly slower pace. There's nothing better than sitting in the sand and watching the palm trees sway in the breeze.



7:00 P.M.

DINNER AND A MOVIE

Dine at Jack Sprat at Jakes Hotel, where you can get a great meal along with the opportunity to spend the evening by the moonlit seashore. If it happens to be a Thursday night, you can stay and catch a movie under the stars.

Clockwise from top left: Courtesy of Island Routes; Courtesy of Jamaica Tourist Board; J. Kevin Foliz; Courtesy of Jakes Hotel



Useful Information

As you get to know Jamaica, you'll learn the ins and outs of the culture and people who call this paradise home. But it is always good to have a **little crash course** when exploring a new destination.

Airlines

| | |
|----------------------|--------------|
| Air Canada | 876-924-8211 |
| Air Europa | 844-415-3955 |
| Air Turks and Caicos | 649-941-5730 |
| American Airlines | 800-433-7300 |
| British Airways | 800-247-9297 |
| Caribbean Airlines | 800-523-5585 |
| | 888-359-2475 |
| Cayman Airways | 800-422-9626 |
| Copa Airlines | 876-968-5330 |
| | 876-926-0326 |
| Delta Airlines | 800-221-1212 |
| Fly Jamaica | 855-933-5952 |
| JetBlue Airways | 800-JET-BLUE |
| Southwest | 800-435-9792 |
| Spirit Airlines | 877-211-1546 |
| United Airlines | 800-231-0856 |
| Virgin Atlantic | 876-971-8917 |
| WestJet Airlines | 800-538-5696 |

Airports

| | |
|--|----------------|
| Norman Manley International Airport, Kingston | 876-924-8452-6 |
| Sangster International Airport, Montego Bay | 876-952-3124 |

ATMs

Most Jamaican ATMs (called ABMs) accept international bank cards with Visa, MasterCard, Cirrus or Plus logos.

Buses

Buses are a cheap way to get around, although it will be an unfamiliar experience to most Westerners, since bus stands are rarely marked, and vehicles do not follow a strict schedule. Some resorts offer bus excursions to different tourist sites. Check with your hotel's concierge for more information.

Climate

Jamaica enjoys a tropical climate, characterised by high temperatures and humid conditions yearround. Average temperature ranges from 66 degrees Fahrenheit (19 degrees Celsius) to 99 degrees Fahrenheit (32 degrees Celsius). Though known for warmth and sunshine, the island sees two rainy seasons from May to June and September to November. Also, hurricane season runs from June to September. If it rains during your stay, don't worry. Most times, the short tropical showers provide a welcome break from the midday heat.

Credit Cards

Major credit cards such as Visa, MasterCard and American Express are accepted throughout the island.

Currency

The currency of Jamaica is the Jamaica Dollar. Licenced "cambio" (exchange) centres and commercial banks are accessible in all resort areas. Official currency exchange rates vary daily, so it's advisable to shop around for the best rate.

Customs and Duty

United States residents who have been out of the country for 48 hours or more may take home items valued up to US\$800 once every 31 days without incurring duty. Adults may include 200 cigarettes, 100 non-Cuban cigars and one litre of alcohol. A second litre of alcohol is allowed duty-free if it is produced by a Caribbean Basin country. Family members who return home together may combine their personal exemptions on a joint declaration. Visit cbp.gov/xp/cgov/travel/id_visa/kbyg/customs_duty_info.xml for more information.

Canadian residents who have been out of the country for more than 48 hours can claim up to CAN\$300 worth of goods without paying duty if they carry the goods with them. After each absence of seven days or more, they can claim up to CAN\$800 worth of goods without duty. Except for tobacco products and alcohol, they can send goods through mail but must enter Canada with tobacco and alcohol. Visit cbsa-asfc.gc.ca for more information.

United Kingdom residents 17 or older may take home duty-free two litres of table wine and one litre of spirits or liquors, or two litres of fortified or sparkling wine or other liquors; 200 cigarettes or 100 cigarillos, or 50 cigars or 250 g of tobacco; 60 cc of perfume and 250 cc of eau de toilette; plus other goods worth up to £145. Travellers cannot group their allowances. Visit hmrc.gov.uk for more information.

Departure Tax

There is a \$35 USD departure tax that must be paid upon departure. However, most airlines include this fee within the price of their airline tickets.

Driving

In Jamaica, drivers must keep to the left, although some flexibility is required to avoid collisions with

pedestrians and domestic animals. The speed limit is 30 mph (50 kmph) in urban areas and 50 mph (80 kmph) on highways. Given the mountainous terrain, rural roads are often winding, bumpy and narrow. Tourists can rent cars in most major towns and cities, and, usually, clients must be no less than 25 years old in order to rent. The driver and all passengers are required to wear safety belts, and children under 3 years old must travel in infant carriers or child safety seats. All drivers are required to carry a valid licence. Jamaica recognises valid international driver's licences, but visitors from North America may use their country's licence for up to three months per visit, and United Kingdom residents may use theirs for up to one year.

Drugs

Jamaican lawmakers have decriminalised the possession of up to two ounces of marijuana (ganja), though it is still not legal. In Jamaica, the use, sale and possession of drugs such as cocaine, crack, ecstasy, heroin and any other controlled substances is illegal. Offenders are subject to severe punishment, including arrest, fines and/or imprisonment.

Electricity

Standard electrical service is similar to that of the United States and Canada: 110 volts, 50 cycles AC. However, there is 220 volts service available at some hotels.

Language

The official language of Jamaica is English, although most locals speak Patois.

Holidays 2020

On public holidays, all government agencies, schools and most private businesses are closed, and much of the country celebrates.

| | |
|-----------------------|-------------|
| New Year's Day | January 1 |
| Ash Wednesday | February 26 |
| Good Friday | April 10 |
| Easter Monday | April 13 |
| Labour Day (Observed) | May 25 |
| Emancipation Day | August 1 |
| Independence Day | August 6 |
| National Heroes' Day | October 19 |
| Christmas Day | December 25 |
| Boxing Day | December 26 |

Safety

As with any place in the world, you should always remember to follow basic precautions to avoid a negative experience. Security is of utmost importance throughout the island. Many resorts have increased their own security measures to make sure guests feel comfortable during their stay. As with any country, more rural and remote parts of the island tend to experience less delinquent activity and as such feel quite safe. In urban centres, keep your city wits about you by keeping an eye on all luggage at all times and your personal effects close; not carrying large amounts of cash; and not wearing expensive jewellery outside of your resort.

Tipping

It is customary to leave a 10 to 15 percent gratuity at restaurants. Please make sure to check your bill, as some establishments will have already included the gratuity in your total.

Travel Insurance

Accidents and mishaps happen all the time, even when you're on vacation. Caribbean Travel Assurance Brokers Limited offers visitors valuable travel insurance for those "just in case" moments.

Water

All piped water in Jamaica is treated and purified in accordance with international standards. You may drink it, bathe in it and brush your teeth with it.

GETTING AROUND

Taxis

Taxis are the most convenient mode of transportation, but they are not always the cheapest. All registered taxis in Jamaica are required by law to have red "PPV" licence plates. You are advised not to board any taxi operating illegally. Although taxis have metres, drivers will instead negotiate a fare with you. It is best to discuss this fare before boarding the taxi. The fastest and most economical taxis are those used by locals, called "route taxis" — cars that drive a designated course and pick up/drop off passengers at will. These are shared cabs that will usually pack several people willing to go on the same route.

NOTICE: Some taxis are compensated separately by businesses in order to bring customers to

their doors. If you request a driver take you to a specific shopping plaza or restaurant, and the driver attempts to persuade you to visit another place, be insistent that they take you where you want to go.

Transportation and Tour Companies

Other reliable modes of transportation are available throughout the island. Contact the following purveyors for shuttles, buses and car rentals. Using a tour company to get around is also a great way to experience Jamaica.

| | |
|-------------------------------|----------------|
| Amstar DMC Jamaica | 876-971-9887 |
| Budget Rent-A-Car | 876-759-1793 |
| Caribic Vacations | 876-953-9895 |
| Caribbean and Latin | |
| Travel Consultant | 876-906-3140 |
| Caribbean World Enterprises | 876-952-6404 |
| Centro Latino | 876-755-0072 |
| El Sol Vida | 876-630-0664 |
| Fiesta Car Rentals | 876-926-0133 |
| Go! Jamaica Travel Company | 876-920-7051 |
| Great Dane Motorcycle | |
| Tours of JA | 876-953-3741 |
| Hola Tours & Travel | 876-971-1298 |
| Holiday Services | 876-618-1228 |
| Island Car Rentals | 876-926-8012 |
| Jamaica Cooperative | |
| Automobile Limousine Tours | 876-952-7574 |
| Jamaica Cultural Enterprises | 876-549-8570 |
| Jamaica Tours Limited | 876-953-3700 |
| Jamaica Union of | |
| Travellers Association (JUTA) | 876-952-0813 |
| Jamaica Vacations Limited | 876-929-9371 |
| Kiuki Tours & Transportation | 876-940-0521 |
| Knutsford Express | 876-971-1822 |
| Leisure for Pleasure | |
| Holiday & Tours | 876-924-7027 |
| Nexus Tours | 876-953-0509 |
| Prestige Leasing & Tours | 876-952-8495 |
| Rapsody Tours, | |
| Cruises & Charters | 876-979-0102-4 |
| Soon Come Jamaica Tours | 612-8973-7575 |
| Sunshine Adventure Jamaica | 876-953-2919 |
| Tourwise | 876-974-2344 |
| Turissimo Jamaica | 876-265-0449 |
| Tropical Tours | 876-952-1126 |



Calendar of Events

Make sure to check the calendar to see what's happening in Jamaica during your stay. Dates and venues are subject to change without notice. For more details and events, check visitjamaica.com/things-to-do/events-and-culture/festivals.

JANUARY

Accompong Maroon Festival

Accompong, St. Elizabeth; Jan. 6

This cultural event celebrates over 200 years of peace between the Maroons and the British.

Bacchanal / Jamaica Carnival

Islandwide; April 16-19

carnivalinjamaica.com

Carnival celebrations kick off in January and run through Easter weekend.

Rebel Salute

Grizzley's Plantation Cove, St. Ann

Jan. 17-18; rebelsalutejamaica.com

Celebrating Patrick "Tony Rebel" Barrett's birthday, it's the greatest reggae show on earth.

FEBRUARY

Official Reggae Month

Kingston; jariajamaicamusic.com

Celebrate Jamaican music, art and culture.

Bob Marley Celebrations

Islandwide; Feb. 1-6

This six-day event series commemorates what would have been Bob Marley's birthday.

Blues on the Beach

Drifters Bar, Negril; Feb. 2

This annual jam session extravaganza features international and Jamaican blues and soul artists from the 60s and more. Performances usually run from afternoon to early evening.

Sugar Cane Ball

Round Hill Resort, Montego Bay

Feb. 15; roundhill.com

Hanover Charities hosts an annual fundraiser.

Jamaica Fat Tyre Festival

St. Mary, Ocho Rios; Feb. 15-22

singletrackjamaica.com

This seven-day mountain biking event is designed to highlight Jamaica's vibrant culture, unique geography and great riding!

Sagicor Sigma Corporate Run

Kingston; Feb. 16

sagicorjamaica.com/sigmarun

This unique road-running event inspires fitness and camaraderie amongst the business community.

Jamaica Rum Festival

Hope Gardens, Kingston; Feb. 29-Mar. 1

jarumfestival.com

Unfolding in the lush landscape of Hope Gardens, the festival offers rum tastings and food-pairing workshops, as well as live Jamaican musical acts throughout the day on both the main and demo stages.

MARCH

Jamaica Blue Mountain Coffee Festival

Kingston; March 1

The 2nd annual Jamaica Blue Mountain Coffee festival takes place in the hills of the world renowned Blue Mountain on historic grounds in Newcastle.

Rainforest Seafood Festival

Catherine Hall Entertainment Centre, Montego Bay

March 9; rainforestseafoods.com

Celebrating the best of Jamaica's seafood and music and whilst supporting a local charity.

Kingston City Marathon/Half Marathon/10K/5K

Kingston; March 13-15

kingstoncityrun.com; jhta.org

Be part of the IAAF certified road races, running through scenic, cultural and iconic places.

Avant-Garde Fashion Face Weekend

Kingston; March 19-22; saintmodels.com

SAINT International, the Caribbean's leading model agency, searches for fashion's next star.

ISSA Boys & Girls Championships

National Stadium, Kingston

March 26-30; issasports.com

Inter-Secondary Schools Sports Association hosts one of the biggest track and field events.

Earth Hour Concert

Ranny Williams Entertainment Centre, Kingston

March 28; jamaicansmusic.com

What started out as a national event in Australia in 2007 is now an international campaign inspiring millions of people across the globe to switch off all lights for an hour for the planet.

APRIL

Bacchanal / Jamaica Carnival

Islandwide; April 16-19

carnivalinjamaica.com

Carnival celebrations kick off in January and run through Easter weekend.

MoBay Yacht Club Easter Regatta

Montego Bay; April 20-22

Annual sailing event of several races staged along the north coast over a four-day period.

Marabana

Frenchman's Cove, Portland; April 21

m7events.com

Known as Jamaica's ultimate beach club experience, this event is hosted at the breathtaking Frenchman's Cove in Port Antonio and features fire breathers, costumed dancers, puppeteers and a grand sunset production.

Jakes Treasure Beach Off-Road Triathlon

Treasure Beach, St. Elizabeth; April 26

jakeshotel.com

Ranked one of the top five off-road triathlons in the world, this race includes ocean swim, mountain bike ride and country run.

Manning's Westmoreland Curry Festival

Savanna-La-Mar, Westmoreland; April 27

curryfestival.net

Celebrate the legacy of the Indian communities within our shores.

Tmrw Tday Culture Fest

Negril; April 28-May 3

The 3rd staging of this event, travellers are invited on a week-long journey of self-discovery, personal growth and deep feelings of love and gratitude triggered by wellness, gastronomy, music and alternative therapy programs.

EXPO Jamaica

Kingston; April 30–May 3; expojamaica.com.jm
Jamaica's premier trade expo will showcase our world-class quality products and services.

MAY

Liguanea Art Festival

Kingston; May 3
liguaneaartfestival.com
Another kaleidoscope of Jamaican Art will be on show in the creative city, Kingston. The event showcases the best of Jamaican creatives in the area of fine art, jewelry, paintings, drawings, sculpture, ceramics and photography.

MoBay City Run

Montego Bay; May 3; mobaycityrun.com
This run supports underprivileged youths in attaining tertiary-level education.

Two Seasons Talking Trees Literary Fiesta

Treasure Beach, St. Elizabeth; May 27–28
Enjoy reads from writers and poets, a farmers market, and a second-hand book sale.

Jamaica Observer Food Awards

Devon House, Kingston; jamaicaobserver.com
Recognising the area's top restaurants and chefs.

JUNE

Ocho Rios Jazz Festival

Kingston & Ocho Rios; June 7–14
ochoriosjazzja.com
The oldest jazz festival in the region with events in multiple venues from Ocho Rios to Kingston, this festival offers visitors the opportunity to experience a complete jazz vacation.

RuJohn Foundation Celebrity Sports Camp

Montego Bay; June 15–21
rujohnfoundation.com
International sports stars give back to the local community.

Pasta Supreme

Kingston; June 27
Bring together family and friends for an experience with charming ambience, displays of tasty culinary diversity and great entertainment. The event highlights 10 pasta stations that complemented by numerous other stations for an all-you-can-eat culinary experience.

JULY

International Reggae Day

Kingston; July 1
ireggaeday.com
A 24-hour online media festival utilising the power of music, media and technology.

Boston Jerk Festival

Folly Oval, Portland; July 4–5
portlandjerkfestival.com
This jerk festival goes the extra mile with jerked chicken, pork, lobster and even veggies.

Little Ochie Seafood Carnival

Alligator Pond, Manchester; July 12; littleochie.com
Features a vast array of local seafood ending with a carnival-style party and live music.

Reggae Sumfest

Montego Bay; July 12–18; reggaesumfest.com
Some the most talented acts in the industry descend upon MoBay to thrill thousands of patrons.

Pali-Pro Surf Contest

Palisadoes Strip, Kingston; jamsurf.com
This surfing event brings together regional and professional surfers.

Guardsman Games

Hope Gardens, Kingston; July 26
guardsmangames.com
The Guardsman Games in Kingston provide visitors an opportunity to experience sports tourism and be part of the competition.

The Seville Emancipation Jubilee

Seville Heritage Park, St. Ann; July 31–Aug. 1
Jamaica National Heritage Trust hosts the annual Emancipation Jubilee Celebration.

AUGUST

Jamaica Festival Queen Coronations

Montego Bay/Kingston; Aug. 1; jcdc.org.jm
This event showcases the talents of Jamaicans and culminates in a float parade and gala.

Montego Bay Jerk Festival

Montego Bay; Aug. 1; montegobayjerkfestival.com
This all day family event features jerk meats and food, activities for kids and a cook-off.

SPF Weekend

St. Ann; Aug. 1–5; spfweekend.com
Jamaica's ultimate high-energy summer holiday weekend party experience for guests over age 21.

Jamaica Festival

Kingston & Montego Bay; Aug. 1–6; jcdc.org.jm
Organised by the Jamaica Cultural Development Commission (JCDC), performances include traditional folk forms, dance, music and drama.

Dream Weekend

Negril; Aug. 5–9; jamaicadreamweekend.com
A week-long music festival traditionally held around Jamaica's Independence Weekend.

SEPTEMBER

Jamaica Product Exchange (JAPEX)

Montego Bay; Sept. 7–9; japex.org
Popular travel trade expo provides an interface for local suppliers and international buyers.

Caribbean Premier League (CPL) T20

Sabina Park, Kingston; tallawahs.com
The Caribbean Premier League's annual Twenty20 cricket tournament.

Port Antonio International Marlin Tournament

Port Antonio, Portland; Sept. 27–Oct. 4
jamaicasportsfishing.com
Some 180 participants take part in this fun and competitive angling competition.

OCTOBER

Oktoberfest

Alhambra Inn, Kingston
facebook.com/jamaicangermansociety
Jamaican German Society's traditional event.

Digicel Imagine 5k Run

Ocean Boulevard, Downtown Kingston; Oct. 3
An electrifying night run that raises funds and awareness for special needs.

59th Montego Bay YC

International Marlin Tournament
Montego Bay; Oct. 5–10; mobayyachtclub.com
The annual tournament is Jamaica's oldest and most-anticipated fishing event.

Come Celebrate Jesus

Montego Bay; comecelebratejesus.com; Oct. 11
An annual world-class concert showcasing gospel acts in Montego Bay.

South Coast Hook & Line Canoe Tournament

Treasure Beach, St. Elizabeth; Oct. 17–19
For three days local fishermen try to catch the largest fish using only a traditional hook and line.

Peter Tosh Birthday Celebration

Pulse, Kingston; Oct. 18; pulsecaribbean.com
This free concert celebrates the renowned reggae musician's birthday.

Jamaica Food & Drink Festival

Kingston; Oct. 24–Nov. 1; jfoodanddrink.com
Four days of exotic flavours, exhilarating spirits and unforgettable experiences.

NOVEMBER

Restaurant Week

Kingston/Montego Bay/Ocho Rios; Nov. 13–21
go-jamaica.com/rw
Some of Jamaica's best restaurants offer special three-course, fixed-price menus.

Annie's Revenge Golf Tournament

Montego Bay; Nov. 18–22; jamaicaproam.com
Teams compete over 54 holes as they vie for the Jamaica Pro-Am Championship.

Caymanas Track Superday

St. Catherine; caymanasracetrack.com
Annual historical 2,000-metre race.

DECEMBER

Reggae Marathon

Negril; Dec. 5–6; reggaemarathon.com
Marathoners, sports enthusiasts and beginners converge for good vibes and reggae.

Jamaica Open Golf Championship

Montego Bay
An 18-hole Pro-Am and 54-hole stroke play tournament for international professionals.

Milk River Seafood & Jerk Festival

Clarendon; sdc.gov.jm
Showcasing the area's hidden gems, including aquatic, historical, economical and therapeutic.

Harbour Fest and Fireworks on the Waterfront

Kingston; Dec. 31; udcja.com
Ring in the New Year with thousands of locals.

New Year's Eve

Montego Bay; Dec. 31
Festivities and fireworks at Pier 1 and various hotels downtown.



Map of Jamaica



Ocho Rios

Port Antonio

Kingston

PORT MARIA

SPANISH TOWN

Port Royal

Morant Bay

Llandoverly

Saint Anns Bay

Oracabessa

Prospect

Higgin Town

Moneague

Linstead

Bog Walk

Chapelton

MAY PEN

Old Harbour

Lionel Town

Annotto Bay

Buff Bay

Hope Bay

Boston Bay

Long Bay

Newcastle

Half Way Tree

Golden Grove

The Jamaica Hotel & Tourist Association

As the organisation behind this publication, the Jamaica Hotel & Tourist Association (JHTA) hopes you are enjoying Jamaica's official in-room visitor's guide, designed to be your handy, travel companion.



T

his is *Our Jamaica*, the annual publication of the Jamaica Hotel & Tourist Association (JHTA). On these pages you will find helpful up-to-date information about our island and previews of the beautiful places and unique experiences you can enjoy in real time. Who are we? Our Association represents Jamaican hotels and other visitor accommodations, as well as major suppliers of goods and services for the tourism industry. We are mandated to assist in making the local business

environment conducive to the growth and development of tourism and, by extension, the country as a whole. To accomplish this, we work closely with the Jamaican government through partnerships and representation on the boards of relevant state agencies, the principal ones being the Jamaica Tourist Board, the Tourism Product Development Company and the Tourism Enhancement Fund.

We believe that only a high-quality team can produce and sustain a high-quality product that can delight our visitors, and this is what we are all about, building such a team. For this reason, we are dedicated to the ongoing professional development of our members, and we constantly strive

to equip them with the tools to help them keep abreast of best practices in the industry.

A critically important part of our activities is our marketing and promotion programme, aimed at the international travel and tourism trade. Our premier marketing event is the annual Jamaica Product Exchange (JAPEX), a three-day exposition featuring Jamaica that attracts participants from all over the world. This is where leading tour operators and travel agents come to find out what's new and exciting about our destination.

Delve into *Our Jamaica*! Feast your eyes on what's new and different about our island home, and enjoy your stay!

HOTELS / RESORTS

KINGSTON

138 Student Living Jamaica Limited

University of the West Indies, Mona Campus
Kingston 7 • Tel: 876-665-1235
Web: 138studentliving.com

AC Hotel Kingston

38-42 Lady Musgrave Rd., Kingston 10
Tel: 876-750-3000
Email: koen.hietbrink@achoteljm.com
Web: achotelkingston.com

Altamont Court Hotel

1-3 Altamont Terrace, Kingston 5
Tel: 876-929-4497-8 / 5931
Web: altamontcourt.com

The Courtleigh Hotel & Suites

85 Knutsford Blvd., Kingston 5
Tel: 876-929-9000 • Web: courtleigh.com

Courtyard by Marriott Kingston Jamaica

1 Park Close, Kingston 5
Tel: 876-618-9900 / 564-3294
Web: marriott.com/kincoy

Eden Gardens Wellness Resort & Spa

39 Lady Musgrave Road, Kingston 10
Tel: 876-946-9981 / 946-9669
Email: info@edengardenswellness.com
kymoyacase@edengardenswellness.com

Hotel Four Seasons

18 Ruthven Road, Kingston 10
Tel: 876-926-0682 / 8805
Web: hotelfourseasonsjam.com

The Jamaica Pegasus Hotel

81 Knutsford Blvd.,
P.O. Box 333, Kingston 5
Tel: 876-926-3690-9 / 3100-8
Web: jamaicapegasus.com

Kircamp Properties / The Gardens

23 Liguanea Ave., Kingston 10
Tel: 876-927-8275

Knutsford Court Hotel

16 Chelsea Ave., Kingston 10
Tel: 876-929-1000 / 3407
Web: knutsfordcourt.com

Liguanea Club

80 Knutsford Blvd., Kingston 5
Tel: 876-926-8144 / 5 or 6
Web: theliguaneaclub.com

Medallion Hall Hotel

53 Hope Road, Kingston 6
Tel: 876-927-5721 / 5866 / 6116
Web: medallionhallhoteljamaica.com

The R Hotel

2 Renfrew Rd., Kingston 10
Tel: 876-968-6222 / 929-2006
Email: sales@rhotelja.com
Web: rhotelja.com

Spanish Court Hotel

1 St. Lucia Ave., Kingston 5
Tel: 876-926-0000
Web: spanishcourthotel.com

Strawberry Hill Hotel & Spa

P.O. Box 590, Liguanea, Kingston 6
Tel: 876-944-8400 / 619-7872
Web: islandoutpost.com

MONTEGO BAY (ST. JAMES)

Altamont West Hotel

33 Gloucester Ave., Montego Bay, St. James
Tel: 876-952-9087 / 929-4497-8 / 979-9378
Web: altamontwesthotel.com

Breathless Montego Bay Resort & Spa

Sunset Drive, Montego Bay Freeport
Montego Bay
Tel: 876-953-6600 • Web: breathlessresorts.com

Decameron Cornwall Beach Resort

2 Jimmy Cliff Boulevard, Montego Bay, St. James
Tel: 876-619-1200
Email: generalmanager.cwb@decameron.com
Web: decameron.com

Déja Resort/RRED Limited

92 Gloucester Ave., Montego Bay
Tel: 876-971-4095 / 5543 / 940-4173
Web: dejaresort.com

Doctors Cave Beach Hotel

Gloucester Ave., P.O. Box 94, Montego Bay
Tel: 876-952-4355-9 • Web: doctorscave.com

El Greco Resort

11 Queens Drive, P.O. Box 1624, Montego Bay
Tel: 876-940-6116 / 940-6120
Web: elgrecojamaica.com

Excellence Group Luxury Hotels & Resorts

Montego Bay, St. James • Tel: 876-633-9100

Felicitas Limited/Ocena Coral Spring Hotel/H10

22 Canada Ave., Coral Spring, Trelawny
Tel: 876-428-2198
Email: Antonio.sanchez@oceanhotels.net
Web: oceanhotels.net

Half Moon Resort

P.O. Box 80, Montego Bay
Tel: 876-953-2211 / 2344-93
Web: halfmoon.com

Hilton Rose Hall Resort & Spa

P.O. Box 9, Rose Hall, Montego Bay
Tel: 876-953-2650 • Web: rosehalleresort.com

Holiday Inn Resort

P.O. Box 480, Montego Bay
Tel: 876-953-2485-9 / 2499
Web: caribbeanhi.com/jamaica

Hotel Grand A View

3 Ramparts Close, Montego Bay, St. James
Tel: 876-620-4012 / 979-3205
Email: hotelgrandaview@gmail.com

Hotel RIU Reggae

Ironshore, Montego Bay
St. James
Tel: 876-940-8017
Email: hotelreggae@riu.com

Hyatt Ziva Rose Hall

Rose Hall Road, Half Moon P.O. 2537,
Montego Bay, St. James • Tel: 876-953-2800
Web: rosehalla.ziva.hyatt.com

Iberostar Rose Hall Beach & Spa Resort

Rose Hall Main Road, Little River P.O.,
Montego Bay, St. James • Tel: 876-680-0000
Web: iberostarrosehall.com

Jewel Grande Montego Bay Resort & Spa

Rose Hall, Montego Bay
Tel: 876-953-8000 • Web: jewelgrande.com

Melia Jamaica Braco Village

Braco, Trelawny • Tel: 876-618-6068 / 361-4878
Web: melia.com

Palm View Guesthouse & Conference Centre

22 Delisser Drive, Montego Bay
Tel: 876-952-1738 / 8321 / 1800
Web: palmviewjamaica.com

Richmond Hill Inn

Union Street, P.O. Box 362, Montego Bay
Tel: 876-952-3859 / 5432 / 6107
Web: richmondhillinnja.com

RIU Montego Bay

Mahoe Bay, Rose Hall
Tel: 876-940-8010 / 8030 • Web: riu.com

Round Hill Hotel and Villas

John Pringle Drive, P.O. Box 64, Montego Bay 1
Tel: 876-956-7050 • Web: roundhill.com

Royal Decameron Montego Bay Beach Resort

2 Jimmy Cliff Boulevard, Montego Bay, St. James
Tel: 876-952-4340-44
Email: regionalmanager.jam@decameron.com
Web: decameron.com

Royalton White Sands

1A Mountain Spring Road, Trelawny
Tel: 876-632-7410 / 684-6200
Web: royaltonresorts.com

S Hotel Montego Bay

7 Gloucester Ave., Montego Bay, St. James
Tel: 876-979-0000

Sandals Carlyle

Kent Ave., P.O. Box 412, Montego Bay
Tel: 876-952-4140 • Web: sandals.com

Sandals Montego Bay

Kent Ave., P.O. Box 100, Montego Bay
Tel: 876-952-5510-5 • Web: sandals.com

Sandals Royal Caribbean Resort & Private Island

P.O. Box 167, Mahoe Bay, Rose Hall, Montego Bay
Tel: 876-953-2301-8 • Web: sandals.com

SeaGarden Beach Resort

8 Kent Ave., Montego Bay, St. James
Tel: 876-979-7761 / 971-3231
Web: seagardenjamaica.com

Secrets St. James Montego Bay

Montego Bay Freeport, St. James
Tel: 876-953-6600 • Website: secretsresorts.com

Secrets Wild Orchid Montego Bay

Montego Freeport, St. James
Tel: 876-953-6600 • Web: secretsresorts.com

Silent Waters Villas

White Sands Beach P.O., Montego Bay
Tel: 876-971-9119-21 • Web: jamaicavillas.net

Skyborne Great House

Kempshot, St. James
Tel: 876-979-1733 / 836-8078
Web: skybornegreathouse.com

Sunscape Resorts

P.O. Box 1168, Montego Freeport, Montego Bay
Tel: 876-979-8800
Web: sunscaperesorts.com

Toby's Resort

1 Kent Ave., P.O. Box 467, Montego Bay
Tel: 876-952-4370 • Web: tobysresorts.com

The Tryall Club

Sandy Bay Main Road, Hanover
Tel: 876-956-5660-3 • Web: tryallclub.com

The Wexford Hotel

39 Gloucester Ave.
P.O. Box 108, Montego Bay
Tel: 876-952-2854-5
Web: thewexfordhotel.com

Zoëtry Montego Bay Jamaica

Mahoe Bay, Ironshore Main Rd.
Montego Bay
Tel: 876-496-3879
Web: zoetryresorts.com

NEGRIL (WESTMORELAND)**Azul Sensori Jamaica**

Norman Manley Blvd., Negril
Tel: 876-620-0100 • Web: azuljamaica.com

Beaches Negril

P.O. Box 12, Negril, Westmoreland
Tel: 876-957-9270-4 • Web: beaches.com

The Boardwalk Village

Norman Manley Blvd., Negril-Hanover
Tel: 876-957-4633 / 322-0869
Web: theboardwalkvillagenegril.com

Charela Inn Hotel

Norman Manley Blvd., P.O. Box 3033, Negril
Tel: 876-957-4277 / 4648-50
Web: charela.com

The Cliff Hotel & Spa

West End Road, Negril, Westmoreland
Tel: 876-550-0899 • Web: thecliffjamaica.com

CocoLaPalm Resort

Norman Manley Blvd., P.O. Box 2576, Negril
Tel: 876-957-4227 / 3455-7
Web: cocolapalm.com

Country Country Beach Cottages

Norman Manley Blvd., Negril
Tel: 876-957-4273 • Web: countryjamaica.com

Couples Negril

P.O. Box 35, Negril
Tel: 876-957-5960-9 • Web: couples.com

Couples Swept Away

Norman Manley Blvd., P.O. Box 3077, Negril
Tel: 876-957-4062-6 / 957-4061
Web: couples.com

Footprints on the Sands Hotel

Norman Manley Blvd., P.O. Box 100, Negril
Tel: 876-957-4300 / 3152
Web: footprints.net

Fun Holiday Beach Resort

Norman Manley Blvd., Negril P.O.
Tel: 876-957-3585
Web: funholidaybeachresort.com

Grand Palladium Resort

Point District, Lucea,
P.O. Box 4779, Hanover
Tel: 876-619-0000-9
Web: fiestahotelgroup.com

Grand Pineapple Beach Resort

Norman Manley Blvd.,
P.O. Box 3058, Negril
Tel: 876-957-4408 / 4475
Web: grandpineapple.com

Hedonism II

P.O. Box 25, Negril
Tel: 876-957-5200
Web: hedonism.com

Idle Awhile Villa

Norman Manley Boulevard
P.O. Box 2588, Negril
Tel: 876-957-9000 • Email: stay@idleawhile.com

Merrills Beach Resort

Norman Manley Boulevard
Box 75, Negril P.O.
Tel: 876-957-4751 / 3122
Email: merrills@cwjamaica.com
Web: merrillsbeach.com

Negril Palms Hotel

Norman Manley Blvd., Negril
Tel: 876-957-4375
Web: negrilpalmshotel.com

Negril Tree House Resort

Norman Manley Blvd., P.O. Box 29, Negril
Tel: 876-957-4287-8
Web: negriltreehouse.com

Negril's Idle Awhile Ltd.

Norman Manley Blvd., Negril
Tel: 876-957-3302 / 3303
Web: idleawhile.com

RIU Club Negril

Norman Manley Blvd., Negril
Tel: 876-957-5700 / 5985 • Web: riu.com

RIU Palace Tropical Bay

Bloody Bay, Negril
Tel: 876-957-5900 • Web: riu.com

Rockhouse Hotel

Lighthouse Road, West End, P.O. Box 24, Negril
Tel: 876-957-4373 / 0621-6
Web: rockhousehotel.com

Rondel Village

Norman Manley Blvd., P.O. Box 96, Negril
Tel: 876-957-4413 / 4651-2
Web: rondelvillage.com

Rooms On The Beach Negril

Norman Manley Blvd., Negril
Tel: 876-957-3500 • Web: superclubs.com

Samsara Cliff Resort

Norman Manley Blvd., P.O. Box 23,
West End, Negril
Tel: 876-957-4395 • Web: negrilhotels.com

Sandals Negril Beach Resort & Spa

Norman Manley Blvd., P.O. Box 12, Negril
Tel: 876-957-5216-7 / 5230-1 / 5254-5
Web: sandals.com

Sandy Haven Resort

Norman Manley Blvd., Negril
Tel: 876-957-3200
Web: sandyhavenresort.com

Shields Negril Villas

Norman Manley Blvd., Negril P.O.
Tel: 876-957-3112 / 9001 / 9006
Web: shieldsnegril.net

Sunset at The Palms Resort & Spa

Norman Manley Blvd., P.O. Box 118, Negril
Tel: 876-957-5350 / 5360
Web: thepalmsjamaica.com

Tensing Pen Hotel

West End Road, P.O. Box 3013, Negril
Tel: 876-957-0387
Web: tensingpen.com

Travellers Beach Resort

Norman Manley Blvd., Negril
Tel: 876-957-9308 / 3039
Web: travellersresorts.com

The Westender Inn Hotel

Lighthouse Road, Negril, Westmoreland
Tel: 876-957-4991

White Sands Negril

P.O. Box 60, Norman Manley Blvd., Negril
Tel: 876-957-4291 / 4445
Web: whitesandsjamaica.com

OCHO RIOS (ST. ANN)**Beaches Ocho Rios**

Oracabessa, P.O. Box 63, Ocho Rios, St. Ann
Tel: 876-975-7777 / 7666 / 618-1030
Web: beaches.com

The Cardiff Hotel & Spa

P.O. Box 98, Runaway Bay, St. Ann
Tel: 876-973-6671-4 / 973-6865
Web: thecardiffhotel.com

Casa Maria Hotel

P.O. Box 10, Castle Gardens District
Port Maria, St. Mary
Tel: 876-725-1005 / 831-1107 / 618-1030
Web: casamarihotel.net

Couples Sans Souci

P.O. Box 103, Ocho Rios, St. Ann
Tel: 876-994-1206-14 • Web: couples.com

Couples Tower Isle

P.O. Box 330, Ocho Rios, St. Ann
Tel: 876-975-4271-5 • Web: couples.com

Fisherman's Point

Turtle Beach Road, P.O. Box 6201, Ocho Rios
Tel: 876-974-4147 • Web: thefishermanspoint.com

Franklyn D. Resort

P.O. Box 201, Runaway Bay, St. Ann
Tel: 876-973-4591-8 • Web: fdrholidays.com

GoldenEye

Oracabessa, St. Mary
Tel: 876-622-9007 • Web: goldeneye.com

Grand Bahia Principe Jamaica Hotel

Salt Coppers, P.O. Box 106
Runaway Bay, St. Ann
Tel: 876-973-7000 / 7655
Web: bahia-principe.com

Hermosa Cove Villa Resort & Suites

Hermosa Street, Pineapple, Ocho Rios, St. Ann
Tel: 876-974-3699 • Web: hermosacove.com

Hibiscus Lodge Hotel

83 Main Street, P.O. Box 52, Ocho Rios, St. Ann
Tel: 876-974-2676 / 2594 / 2813
Web: hibiscusjamaica.com

Jamaica Inn

P.O. Box 1, Main Street, Ocho Rios, St. Ann
Tel: 876-974-2514-8
Web: jamaicainn.com

Jewel Dunn's River Beach Resort & Spa

P.O. Box 858, Mammee Bay,
Ocho Rios, St. Ann
Tel: 876-972-7400
Web: jewelresorts.com

Jewel Paradise Cove Beach Resort & Spa

Silver Spray Road, Runaway Bay P.O.
Tel: 876-973-4520 • Web: jewelresorts.com

Jewel Runaway Bay Beach & Golf Resort

Main Street, Runaway Bay P.O., St. Ann
Tel: 876-633-4000 • Web: jewelresorts.com

Moon Palace Jamaica Grande

Main Street, Ocho Rios, St. Ann
Tel: 876-795-1694 / 974-6405 / 2200
Web: palaceresorts.com

Prospect Plantation Villas

P.O. Box 38, Ocho Rios, St. Ann
Tel: 876-994-1373 / 1452
Web: prospect-villas.com

RIU Club Ocho Rios

Mammee Bay, St. Ann
Tel: 876-972-2200 • Web: riu.com

Rooms On The Beach Ocho Rios

P.O. Box 280, Main Street, Ocho Rios, St. Ann
Tel: 876-974-2008 / 6632
Web: roomsresorts.com

Royal Decameron Club Caribbean

P.O. Box 65, Runaway Bay, St. Ann
Tel: 876-973-4675 / 6348 / 4802
Web: decameron.com

Sandals Ochi Beach Resort

P.O. Box 77, Main Street, Ocho Rios, St. Ann
Tel: 876-974-5486-9 / 5691-6 • Web: sandals.com

Sandals Royal Plantation Golf Club & Spa

P.O. Box 2, 142 Main Street, Ocho Rios, St. Ann
Tel: 876-974-5601-2 • Web: sandals.com

Shaw Park Beach Hotel & Spa

P.O. Box 17, Cutlass Bay, Ocho Rios, St. Ann
Tel: 876-974-2552-4 / 795-1300
Web: shawparkbeachhotel.com

Sunflower Beach Resort Villas / Leisure Holiday

P.O. Box 150, Runaway Bay
Tel: 876-973-6171
Web: sunflowerseavillas.com

PORT ANTONIO (PORTLAND)**Bay View Eco Resort & Spa**

Anchovy, Williamsfield, Port Antonio, Portland
Tel: 876-993-3118
Web: bayviewecoresort.com

Frenchman's Cove Resort

San San Port Antonio, P.O. Box 101
Tel: 876- 993-7270

Geejam Outpost Ltd.

San San, Port Antonio
P.O. Box 7322, Portland
Tel: 876-993-7000 / 7246
Web: geejamhotel.com

Goblin Hill Villas

P.O. Box 26, Port Antonio, Portland
Tel: 876-993-7443 / 5737 / 7549
Web: goblinhill.com

Hotel Mockingbird Hill

P.O. Box 254, Port Antonio
Tel: 846-993-7267 / 7134
Web: hotelmockingbirdhill.com

Trident Hotel

Anchovy, Port Antonio P.O., Portland
Tel: 876-633-7000 / 7100
Web: tridentportantonio.com

SOUTH COAST**Golf View Hotel & Conference Centre**

5 1/2 Caledonia Road
P.O. Box 189, Mandeville
Tel: 876-962-4471 / 4474
Web: thegolfviewhotel.com

Jakes Hotel

Calabash Bay P.A., Treasure Beach, St. Elizabeth
Tel: 876-965-3000 / 0635 / 3185
Web: jakeshotel.com

Sandals South Coast

P.O. Box 5000, Whitehouse, Westmoreland
Tel: 876-640-3000-9
Web: sandals.com

SERVICES & ALLIED**AIRLINES & AIRPORTS AUTHORITY****Airports Authority of Jamaica**

Norman Manley International Airport, Kingston
Tel: 876-924-8452-6
Web: airportsauthorityjamaica.aero

Caribbean Airlines Limited

Norman Manley International Airport
Kingston
Tel: 876-924-8318 / 945-6322
Web: caribbean-airlines.com

Delta Air Lines Inc.

Sangster International Airport
Montego Bay
Tel: 876-952-4033
Web: delta.com

Jam Air Link Express

Domestic Terminal
Sangster International Airport
Montego Bay, St. James
Tel: 876-940-0195
Email: reservation@flyjamair.com
Web: flyjamair.com

MBJ Airports Limited

Sangster International Airport, Montego Bay
Tel: 876-952-2712/3124

Timair Limited

Sangster International Airport,
Montego Bay, St. James
Tel: 876-952-2516 / 979-1114 / 5369 / 940-7766
Web: timair.net

ASSOCIATIONS**The American Chamber of Commerce of Jamaica (Affiliate)**

Room 119, The Jamaica Pegasus Hotel,
81 Knutsford Blvd., Kingston 5
Tel: 876-929-7866-7
Web: amchamjamaica.org

Culinary Federation of Jamaica

L & M Meat Complex, P.O. Box 6429,
Runaway Bay, St. Ann
Tel: 876-871-4853

Jamaica Rent-A-Car Association Ltd.

31 Hope Road, Kingston 10
Tel: 876-920-2872
Web: jamaicarentacarassociation.com

ATTRACTIONS**Appleton Estate Rum Tour**

c/o Appleton Estate, Siloah P.O., St. Elizabeth
Tel: 876-963-9215-7
Web: appletonestate.com

Bob Marley Group of Companies

56 Hope Road, Kingston 6
Tel: 876-978-2991 / 630-1588
Email: marleyfoundation@cwjamaica.com
Web: bobmarley.com

Chartered Memories Limited

Norman Manley Blvd, Negril
Tel: 876-512-9440

Chukka Caribbean Adventure Tours Ltd.

Shop #2, Freeport Shopping Centre,
Montego Bay, St. James
Tel: 876-953-6699 / 684-9934
Web: chukkacaribbean.com

Devon House Development Co. Ltd.

26 Hope Road, Kingston 10
Tel: 876-926-0815
Web: devonhousejamaica.com

Doctor's Cave Bathing Club

Gloucester Ave., White Sands Beach P.O.,
Montego Bay • Tel: 876-952-2566
Web: doctorscavebathingclub.com

Dolphin Cove

Dunn's River, P.O. Box 21, Ocho Rios
Tel: 876-795-2272
Web: dolphincoveja.com

Falmouth Jamaica Land Company

6A Holborn Road, Kingston 10
Tel: 876-954-4321 / 305-539-6071
Email: jtercek@rocl.com

Five Star Watersports Ltd.

Shop #14, Santa Maria Shoppes,
121 Main Street, Ocho Rios, St. Ann
Tel: 876-974-2446 / 4593 / 6838 / 795-3984
Web: fivestarwatersports.com

Green Grotto Caves & Attractions

St. Ann Development Company,
P.O. Box 205, Ocho Rios, St. Ann
Tel: 876-973-3217 / 2841
Web: greengrottocavesja.com

Jamwest Motorsports & Adventure Park Ltd.

Old Hope, Little London, Negril, Westmoreland
Tel: 876-842-2700 / 475-7588 / 377-6762
Web: jamwestadventurepark.com

Just One Services Ltd. (Island Lux Beach Park)

Orange Bay, Santoy District, Hanover
Tel: 876-829-9719 / 957-3093/9077

Mystic Mountain Limited

P.O. Box 259, Ocho Rios, St. Ann
Tel: 876-974-3990 / 382-6124
Web: mysticmountainjamaica.com

Negril Hills Golf Club & Resort

Negril P.O., Westmoreland
Tel: 876-957-4638 / 4240 / 3614
Web: negrilhillsgolfclub.com

Puerto Seco Beach

Discovery Bay, St. Ann
Tel: 876-913-5655
Ms. Laura Heron, General Manager
Mr. Rory Baugh, Operations Manager
Email: baughhr@puertosecojamaica.com

River Raft Limited

66 Claude Clarke Ave.
P.O. Box 1178, Montego Bay
Tel: 876-952-0889 / 940-7018
Web: jamaicarrafting.com

Rose Hall Developments Ltd.

P.O. Box 1, Rose Hall, St. James
Tel: 876-953-2341 / 3855 / 2456
Web: rosehall.com

Sandals Golf & Country Club

P.O. Box 771, Upton, Ocho Rios
Tel: 876-975-0119-21 • Web: sandals.com

VIP Attractions

2A Hillcrest Ave., Kingston 6
Tel: 876-618-3651 / 3652 / 886-4144
Web: vipattractions.com

AUDITORS**PricewaterhouseCoopers**

32 Market Street, P.O. Box 180,
Montego Bay, St. James
Tel: 876-952-5065 / 6151
Web: pwc.com/jm

KPMG

14 Fairview Office Park, Alice Eldemire Dr.
Montego Bay, St. James
Tel: 876-684-9922 • Web: kpmg.com/jm

CAR RENTALS**ATL Automotive Car Rental**

9 Queens Drive, Montego Bay, St. James
Tel: 876-906-0084
Web: enterprise.com/jm

Bookityourway Car Rentals Travel & Tours

Limited I Church Street, Linstead, St. Catherine
Tel: 876-314-9985 / 416-872-2240 / 876-501-3543
Email: bookityourway@gmail.com
Web: bookityourway.com

Budget Rent-A-Car / International Rental

53 South Camp Road, Kingston 4
Tel: 876-759-1793 • Web: budgetjamaica.com

Fiesta Car Rentals (JA) Limited

14 Waterloo Road, Kingston 10
Tel: 876-926-0133 / 929-3832
Web: fiestacarrentals.com

Island Car Rentals Ltd.

17 Antigua Ave., Kingston 10
Tel: 876-926-8861 / 5991 • Web: islandcarrentals.com

SIXTY/Sunsational Car Rental & Tours Ltd

Suite 206, Chatwick Plaza
10 Queens Drive, Montego Bay
Tel: 876-952-1212
Email: sensational@cwjamaica.com /
nspence@6.com.jm

CONFERENCE CENTRES**The Jamaica Conference Centre**

14–20 Port Royal Street, Kingston
Tel: 876-922-9160-9 • Web: jamaicaconference.com

Montego Bay Convention Centre

Rose Hall, Montego Bay, St. James
Tel: 876-622-9330
Web: mobaycentre.com

DUTY-FREE SHOPS**B.D. Dadlani Jamaica Ltd.**

DBA The Casa de Oro, Suite 7C,
The Shoppes at Rose Hall, Montego Bay 1
Tel: 876-953-3371 • Web: casadeoro.com

Swiss Stores Ltd.

107 Harbour Street,
Box 171, Kingston P.O.
Tel: 876-922-8050-4
Web: swissstoresjamaica.com

ENTERTAINMENT**Headline Entertainment**

8 Haughton Avenue, Kingston 10
Tel: 876-754-1526 • Fax: 876-906-3634
Ms. Carlette Deleon, Admin. Director
Email: carlette@headlinejamaica.com

Main Event Entertainment Group

70–72 Lady Musgrave Road, Kingston 10
Tel: 876-946-1098

FINANCIAL INSTITUTIONS**Jamaica National Building Society**

2–4 Constant Spring Road, Kingston 10
Tel: 876-926-1344-9 • Web: jnbs.com

INFORMATION TECHNOLOGY**MiFi Jamaica**

Parry Town District, Ocho Rios, St. Ann
Tel: 876-350-9556 / 816-7831
Web: mifijamaica.com

HMS Wavestec Limited

Shop 30-32, Portmore Pine Plaza, St. Catherine
Tel: 876-399-3361 • Web: wavestec.com
Ms. Nicole Campbell, Director
Email: Nicole@wavestec.com

INSURANCE BROKERAGES**Billy Craig Insurance Brokers**

28–30 Portsville Plaza, Montego Freeport,
P.O. Box 214, Montego Bay 1, St. James
Tel: 876-952-5070-1 • Web: billycraig.com

Caribbean Assurance Brokers Ltd.

94D Old Hope Road, Kingston 6
Tel: 876-927-9125 • Web: cabjm.com

Caribbean Property Managers Limited

2 Graham Street, Ocho Rios, St. Ann
Tel: 876-795-9748
Email: vivienne.reynolds@coolmarket.com /
tahanna.mcdonald@coolmarket.com

Fraser Fontaine & Kong Ltd. Insurance Brokers

28 Pawsey Place, Kingston 5
Tel: 876-926-1140-4 • Web: fffja.com

Marathon Insurance Brokers Ltd.

46 Trinidad Terrace, Kingston 5
Tel: 876-929-1468 • Web: mibja.com

MANAGEMENT COMPANIES**Echos Consulting Ltd.****Technology Innovation Centre**

237 Hope Road, Kingston 6
Tel: 876-633-2467 • Web: echosconsulting.com

Evelyn Smith & Associates

P.O. Box 3272, Negril • Tel: 876-869-8156

Jamrock Tours Limited

3 Lower Parade Street, Falmouth, Trelawny
Tel: 876-774-8867 • Web: jamrocktours.com

M7 Events

6b Cherry Drive, Kingston 8
Tel: 876-990-0675
Mr. Harvey Lynn, Director
Email: zulo.m7events@gmail.com

MNM Marketing & Management

Lagoons Apartment, Montego Bay
Freeport P.O. St. James
Tel: 876-837-4171
Email: nuno.costa@mnmgroup.com

Time Square Plaza

Norman Manley Blvd., Negril
Tel: 876-957-9263 • Web: timesquareplaza.com

MARKETING, PROMOTION & PUBLIC RELATIONS COMPANIES**Brawata Living Limited**

14A Central Ave., Kingston 10
Tel: 876-648-7777 / 9999 / 485-1800
Web: brawataliving.com

Jamaica Holdings LLC

1418 Ponce de Leon #101,
Santurce, Puerto Rico 00907
Tel: 876-383-9375

Jamaica Trade & Invest (JAMPRO) (Affiliate)

18 Trafalgar Road, P.O. Box 8658 C.S.O., Kingston
Tel: 876-978-7755 / 3337
Web: jamaicatradeandinvest.org

MEDICAL SERVICES**Hospiten Jamaica Ltd.**

Half Moon Shopping Village, P.O. Box 2025,
Half Moon, Rose Hall, Montego Bay
Tel: 876-618-0290 • Web: hospiten.com

Omega Medical Services Ltd.

Norman Manley Blvd.
Negril, Westmoreland
Tel: 876-957-9223 / 0307
Web: omegamedicalcenters.com

PURVEYORS

Advance Foam Limited

Orange Grove Industrial Estate, Tacarigua, Trinidad
Tel: 868-612-1789 / 640-6595 • Web: adfoam.com

Appliance Traders Limited

35 Half Way Tree Road, Kingston 5
Tel: 876-926-3371-5 • Web: atljamaica.com

Austrojam Ltd.

6 Marley Road, Kingston 6
Tel: 876-581-2127

Berger Paints Jamaica Limited

256 Spanish Town Rd., Kingston 11
Tel: 876-923-6226
Email: damian.turner@bergercaribbean.com
Web: bergerpaintscaribbean.com

Bogues Brothers Industries

47 ½ Old Hope Road, Kingston 5
Tel: 876-978-4310-4 • Web: boguesbrothers.com

Caribbean Producers (Jamaica) Ltd.

Unit #2, L.O.J. Freeport Centre,
1 Guinep Way, Montego Bay
Tel: 876-979-8725-8 / 8134-6
Web: caribbeanproducers.com

Coffee Traders Limited

Units 9–10 Blaise Industrial Park,
69 Constant Spring Road, Kingston 10
Tel: 876-969-2326
Web: countrytraders.com

Cool Connection Ltd.

X-Pose Services (Affiliate)

65 Red Hills Road, Kingston 20
Tel: 876-924-5828 / 3436

Corporate Interior International

Suite #23, Liguanea Post Mall,
115 Hope Road, Kingston 6
Tel: 876-630-1502 • Web: bizfurnitureja.com

Corporate Transport Services Limited

6 Balmoral Ave., Kingston 10
Tel: 876-649-9433 / 0744

DOS 2009 Limited

119-121 East St., Kingston
Tel: 876-948-5040 / 6554
Web: dosjm.com

Ecolab

6 Elgin Road, Kingston 5
Tel: 876-926-0750 / 0755
Web: ecolab.com

GraceKennedy Ltd.

73–75 1/2 Harbour Street,
P.O. Box 86, Kingston
Tel: 876-922-3440-9 / 3540-5
Web: gracekennedy.com

Ironshore Construction Company Limited

1139 Morgan Road, Ironshore, Montego Bay
Tel: 876-953-9620-2 / 953-3107
Web: thewhittervillage.com

Island Ice & Beverage Company Ltd.

257-259 Spanish Town Road, Kingston 11
Tel: 876-487-6818

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Web: jwrayandnephew.com

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Web: lifespanspringwater.com

Lumitech International Ltd.

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Web: lumitech.webstarts.com

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Email: mobaysales@ntdingredients.com



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Web: rainforestseafoods.com

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Web: wrightinstyle.com/schatzie-ltd.com

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Web: selectbrandsja.com

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Web: goddard-catering.com

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Web: grandaview.com

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Web: elsolvdatours.com

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Web: jamaicatoursltd.com

Jamaica Union of Travellers Association (JUTA) Montego Bay

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Web: knutsfordexpress.com

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Web: leisurejamaica.com

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Email: mojoatours@gmail.com
Web: mojoatours

Nexus Tours

Shop EU4, Whitter Village, Ironshore,
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Tel: 876-953-0509
Web: nexustours.com

Prestige Leasing & Tours Ltd.

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Web: prestigetoursjamaica.com

Rapsody Tours, Cruises & Charters Ltd.

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Montego Bay, St. James
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Web: dreamercatamarans.com

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White Sand Beach P.O., St. James
Tel: 876-788-2904 / 412-4298
Web: snljamaicantours.com

Soltour Jamaica Ltd.

Pear Tree Jamaica Limited
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Tel: 876-973-7000
Email: asimpson@coming2.com

Sunshine Adventure Jamaica Ltd.

Providence Drive
White Sands Beach P.O., St. James
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Web: sunshineadventureja.com

Tourwise Ltd.

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Web: tourwiseltd.com

Tropical Tours Ltd.

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