

SOUTH WEST PILATES WARRNAMBOOL

TIMETABLE

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
7am		Group Pilates	Group Pilates			Group Pilates
8am	Group Pilates		Group Pilates			Group Pilates
9am	Group Pilates		Group Pilates			Group Pilates
2pm					Group Pilates	
3pm					Group Pilates	
4pm					Group Pilates	
5:15pm			Group Pilates	Group Pilates		
6pm	Group Pilates					
6:15pm		Group Pilates	Group Pilates	Group Pilates		
7pm	Group Pilates					

Pilates fees

One-on-one - \$60 for 45 mins

Group Pilates \$25 for 45 mins

Please enquire at reception for vacancies in our classes 😊