**What is ADHD?**

Attention Deficit Hyperactivity Disorder is characterised by**pervasive** lack of attention, impulsivity, and hyperactivity across **more than one situation and setting** – at home, school, and in public – which **began before 7 years of age.** Those with **ADD** may not have symptoms of hyperactivity.

It would be helpful if you could provide information in advance that will help your GP assess you or your child for ADHD. Please use the form below to record your observations in each category (you can ask other family members for their input if this is about yourself) and send it to the surgery ahead of your appointment time.

|  |  |
| --- | --- |
| BIRTH/PREGNANCY |  |
| EARLY YEARS 0-2YRS |  |
| PRESCHOOL 3-5YRS |  |
| PRIMARY SCHOOL |  |
| HIGH SCHOOL |  |
| FURTHER EDUCATION |  |
| HOME LIFE |  |
| WORK |  |
| RELATIONSHIPS -FAMILY DYNAMICS |  |
| ADDICTIONS/HABITS/CRIMINAL HISTORY |  |
| SENSORY ISSUES inc food, clothing, environment |  |
| SLEEP/APPETITE |  |
| CURRENT IMPAIRMENT OF FUNCTION |  |
| ANY RECOGNISED COPING STRATEGIES |  |
| ANY OTHER COMMENTS |  |