

United FC Rush

Competitive Program Policies (U9–U19)

Mission Statement

United FC Rush promotes the game of soccer for all youth in St. Michael, Albertville, and surrounding communities. We emphasize education, self-esteem, diversity, and teamwork in a safe and enjoyable environment, allowing players to develop to their fullest potential — both in soccer and in life.

1. Playing Up Policy

Players may elect to “play up” during the assessment/tryout process.

Eligibility Requirements

To qualify, a player must:

- Attend all tryout sessions for their current age group.
- Rank in the top 30% of their current age group.
- If eligible, attend the next age group’s tryouts and rank in the top 30% of the top team.

Players must indicate their intent to play up during registration.

Grade-Level Exception (Stranded players)

Players born between August 1 and August 31 who would otherwise be separated from their school-grade peer group may elect to try out with their current grade-level age group.

2. Team Formation & Rosters

Team Formation

Teams are formed by the Director of Coaching and Executive Director based on:

- Current assessment/tryout results
- Coach evaluations from previous seasons
- Director of Coaching evaluations
- Prior season performance (if applicable)

Additional Notes:

- Roster spots are not guaranteed from year to year.
 - Roster spots are not reserved for coaches or club representatives.
 - Coaches are assigned by the Director of Coaching.
 - Late registrations may result in placement at the discretion of club leadership.
 - Teams are placed in appropriate competitive brackets based on ability and past performance.
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Roster Sizes

Roster limits follow MYSA and TCSL guidelines:

- **U9 & U10:** Maximum 14 players
- **U11 & U12:** Maximum 16 players
- **U13+:** Maximum 18 players

Teams may exceed roster limits by 1–2 players at the discretion of the Director of Coaching and Executive Director.

3. Assessments / Tryouts

Purpose

The goal of assessments is to place each player at the most appropriate level for development, success, and enjoyment.

General Information

- Assessments are open to all players.
- Details are posted at: www.unitedfcrush.com
- A non-refundable assessment fee may apply.
- Impartial evaluators are used.
- The Director of Coaching oversees all assessments.
- Goalkeeper-specific evaluations may be conducted.
- The assessment process may be adjusted as needed due to age group needs or environmental conditions.

Assessment Absence Policy

Accommodations may be considered for:

- Injury or illness
- Vacation
- Religious obligations

Parents must notify the Director of Coaching in writing prior to assessments.

4. Player Dress Code

The following is required at all practices and games:

- No jewelry of any kind
- Soft-wrapped casts only
- Shin guards required
- Appropriate soccer footwear
- Soccer-related apparel at practices
- Safety strap required for eyeglasses
- No plastic or metal hair accessories

Failure to comply may result in inability to participate.

5. Parent & Player Code of Conduct

All players and parents must adhere to the United FC Rush Code of Conduct.

Failure to comply may result in removal from club-sanctioned activities.

6. Grievance Resolution Policy

24-Hour Rule

Parents must wait 24 hours after a game or event before addressing concerns with a coach.

- **U13 and younger:** Parents may speak with the coach (with or without a player present).
- **U14 and older:** Players are expected to communicate directly with the coach.

Chain of Communication

Concerns must follow this order:

1. Coach
 2. Director of Coaching
 3. Executive Director
 4. Board of Directors
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7. Club-Sanctioned Activities & Fundraising

Use of Tax-Exempt Status

Teams wishing to use the club's tax-exempt status must:

- Submit a written request to the Board of Directors.
- Receive written approval prior to registration or fundraising activity.

Tournament Participation

Summer and fall teams formed under United FC Rush are considered club-sanctioned and are encouraged to participate in tournaments during their season.

8. Uniform Policy

- Official United FC Rush uniforms must be worn at all club-sanctioned events.
- Uniforms are for club use only.

Game Uniform Guidelines

- **Dark jerseys:** Home games
- **Light jerseys:** Away games
- Players must bring both jerseys to every game in case of color conflict.

9. Open Training Policy

Players may request to train with another United FC Rush team provided:

- It does not conflict with their assigned team's schedule.
- Permission is granted by:
 - The Director of Coaching
 - The player's current team coach

10. Standard of Conduct (Volunteers & Contractors)

All volunteers and contractors agree to abide by:

- United FC Rush By-Laws and Policies
- USSF regulations
- TCSL rules
- MYSA guidelines

Individuals represent United FC Rush at all times and may be removed for:

- Policy violations
- Misconduct
- Behavior that brings discredit to the club