

Clinical Services

	Breastfeeding	One-on-one with Registered Nurse to assess and support feeding
	CHF/COPD Integrated Care Pathway	Personalized care plan addressing all aspects of chronic disease management (diagnosis, investigations, consults to specialists, lifestyle modifications, medication optimization, education, support and guidance) for: <ul style="list-style-type: none">Known COPD or CHFSuspected COPD or CHF (or other cardiac/respiratory illnesses)Unexplained shortness of breath or breathlessness (undiagnosed)
	Chiropody*	<ul style="list-style-type: none">Foot ulcers/open woundsIngrown toenailsPlantar wartsFoot painFoot deformities and misalignments
	Diabetes Management	<ul style="list-style-type: none">Preconception counsellingPrediabetesType 2 diabetesInterdisciplinary support with no medical management
	Health Promotion Groups	<ul style="list-style-type: none">Type 2 Diabetes Management - Diabetes & Prediabetes groups offered through Diabetes Management PathwayAdvanced Care PlanningBone Health ProgramPelvic Floor Group
	Memory Clinic	<ul style="list-style-type: none">Support to maintain independent living and quality of lifeRecommendations for memory function, available treatments and driving safety
MENTAL HEALTH		
	Mental Health Counselling & Social Services* <i>Individual & Group</i>	<ul style="list-style-type: none">System navigation, coordination, and advocacy for a variety of services to address the comprehensive needs of the patientShort-term individual counselling to resolve or mitigate challenging thoughts, emotions, or behaviours, and to improve relationships and overall functioning
	Psychiatry	Short-term consultations for: <ul style="list-style-type: none">Adults (19-64)Geriatrics (65+)
	Ontario Structured Psychotherapy Program (OSP)	Short-term cognitive behaviour therapy and related services for adults (18+) experiencing: <ul style="list-style-type: none">Depression & low moodGeneralized anxietyPosttraumatic stressSocial anxietyHealth anxietyPanic attacks & agoraphobic fearsObsessive compulsive concernsStress and coping <p>Visit www.ospcarepointhealth.ca for referral options</p>

	Nutritional Counselling* <i>Individual & Group</i>	<ul style="list-style-type: none"> Assessments, behaviour modification, motivational interviewing Disease prevention Chronic disease management – diabetes, cardiovascular, gastrointestinal disorders, weight management, etc. Health education and management strategies 				
	Physiotherapy*	<ul style="list-style-type: none"> Treatment for MSK/Orthopaedic conditions Individualized active-based rehabilitation program Patient education for lifestyle and pain management Specialized services: vestibular rehab, and non-internal pelvic floor rehab 				
	Primary Care Nursing Services <ul style="list-style-type: none"> Nurse Practitioner Registered Nurse Registered Practical Nurse 	<p>Chronic Disease Management</p> <ul style="list-style-type: none"> Complex case support specializing in the elderly population <p>Nurse Practitioner Home Visits</p> <ul style="list-style-type: none"> One-time visit to support functionally homebound individuals with episodic care needs <p>Preventative Health</p> <ul style="list-style-type: none"> Well baby and child visits Prenatal/postnatal Vaccination/immunization Health screening and vaccination for newcomers <p>Same-Day Access Clinic</p> <ul style="list-style-type: none"> Episodic care <p>Women's Health (culturally sensitive)</p> <ul style="list-style-type: none"> Contraception counselling IUDs Cancer screening Menopause management 				
	Primary Care Pharmacist Services	<ul style="list-style-type: none"> Medication reconciliation or review, recommendations to optimize therapy/resolve drug therapy problems (including discharge medication reconciliation) Assistance with medication access and compliance Education or instruction on use of medications or devices including OTC, supplements and natural health products 				
	Smoking Cessation	<ul style="list-style-type: none"> Full smoking assessment, education and support COPD screening and education Review of treatment options: <ul style="list-style-type: none"> free nicotine replacement therapy (NRT) prescribing for cessation agents to coincide with a 'quit plan', follow-up support for one year, re-engagement for relapse cases 				
	Supportive Care Program	<p>Ongoing support and care coordination for progressive and life-limiting illnesses:</p> <table border="0"> <tr> <td>• Advanced lung disease</td> <td>• Advanced chronic kidney disease</td> </tr> <tr> <td>• Advanced cardiac disease</td> <td>• Cancer</td> </tr> </table>	• Advanced lung disease	• Advanced chronic kidney disease	• Advanced cardiac disease	• Cancer
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* These services are not available for patients with WSIB, MVA coverage or ODSP

**PROGRAMS & SERVICES ARE UPDATED REGULARLY
PLEASE CHECK OCEAN CONNECTION FORM
FOR THE MOST UP TO DATE SERVICE OFFERINGS**

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