

COACH BIO

CELEBRATING OUTSTANDING LEADERSHIP!

WHAT IS ONE LIFE LESSON YOU HOPE YOUR PLAYERS TAKE AWAY FROM THE SEASON? As long as they try and work their hardest, they can't fail at anything they do.

DO YOU HAVE ANY GAME-DAY SUPERSTITIONS? Nope

WHO WAS THE COACH THAT INFLUENCED YOU AND WHY? Ted Lasso

TELL US ABOUT YOURSELF & YOUR FAMILY. I grew up in New Ulm, playing soccer through the rec and competitive programs until I graduated. After high school, I went to college in Arizona where I met my husband, Alvaro. We've been married for almost 11 years and have two daughters, Reina and Solana.

HOW DID YOU GET INTO COACHING? My first season coaching was actually after my freshmen year of college. When I came back for the summer, I coached the U17 Girls competitive team. Then I took a break until my oldest daughter started soccer. I've been coaching every year for the past 6 years. I coached 2 years in the Los Angeles AYSO program. Then we moved to New Ulm where I coached 2 years in the New Ulm United rec program and this is my second year coaching the competitive team.

WHAT IS YOUR FAVORITE DRILL? Long and short one-touch shot

CASSIE
REED
U10 GIRLS

