

Allergen Tracking

Updated: 28/04/2026

Approved by: Mark Bellamy (Head Chef)

What to do

List all menu items record against each any allergen.

Menu item	Cereals Containing Gluten	Peanuts	Nuts	Milk	Soya	Mustard	Lupin	Eggs	Fish	Crustaceans	Molluscs	Sesame seeds	Celery	Sulphur Dioxide	Notes
KIDS – MAY TO OCTOBER 2026															
STARTERS															
Tomato Soup (VE)	R														R – Toast Soldiers
Garlic Bread (V)															
ADD Cheese (V)															
MAINS															
Beef Burger	R			M	M			M							R – Gluten Free Bun
ADD Cheese (V)															
ADD Bacon															
Vegan Smash Burger (VE)	R			M	M			M							R – Gluten Free Bun
Fish and Chips															
Margherita Pizza (V)															
Tomato Penne Pasta (VE)					M	M									
ADD Cheese (V)															
ADD Garlic Bread (V)															
Grilled Chicken and Chips (NOT SERVED SUNDAY)															
CHOICE OF SIDES															
Peas (VE)															
Baked Beans (V)															

Our catering team do their best to reduce the risk of cross-contamination in our restaurant, we CANNOT guarantee that any of our dishes are free from allergens including NUTS and therefore cannot accept any liability in this respect. Guests with severe allergies are advised to assess their own level of risk and consume dishes at their own risk.

Menu item	Cereals Containing Gluten	Peanuts	Nuts	Milk	Soya	Mustard	Lupin	Eggs	Fish	Crustaceans	Molluscs	Sesame seeds	Celery	Sulphur Dioxide	Notes
KIDS – MAY TO OCTOBER 2026															
ROASTS – SERVED SUNDAYS ONLY															
Roast Beef	R			R				R					R	R	R – Yorkie (G, M, E) R – Gravy (C, SD)
Roast Pork Belly	R			R				R					R	R	
Guest Roast – Lamb	R			R				R					R	R	
Guest Roast – Chicken	R			R				R					R	R	
Guest Roast – Honey & Mustard Gammon	R			R				R					R	R	
Nut Roast (V)	R			R				R					R		R – Yorkie (G, M, E) – THIS WILL MAKE IT VEGAN R – Vegan Gravy (C)
DESSERTS															
Chocolate Brownie (V)															
Candy Floss Ice Cream Sundae (V)	R														R – Wafer Straw
Sorbets (VE), berries															
Vegan Vanilla Ice Cream (VE)		M	M	M				M							
Chocolate Ice Cream (V)															
Vanilla Ice Cream (V)															
Strawberry Ice Cream (V)															

Our catering team do their best to reduce the risk of cross-contamination in our restaurant, we CANNOT guarantee that any of our dishes are free from allergens including NUTS and therefore cannot accept any liability in this respect. Guests with severe allergies are advised to assess their own level of risk and consume dishes at their own risk.