



# Whaioro Trust



## 2021 Annual Report

Mā te whaioro, ka ora te tangata  
Sharing the journey to wellness

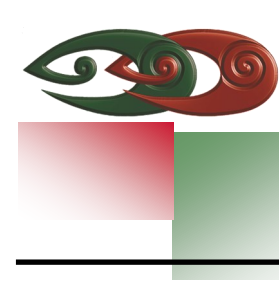




## Whaioro Trust

6 Linton Street  
Palmerston North  
4410

PO Box 178  
Palmerston North Central  
4440



# Table of Contents

	Page
Whaioro Trust Directory .....	4
Organisational Structure .....	5
Vision / Mission.....	6
Whaioro Trust Board Members.....	7
Chairperson's Report .....	8
CEO's Report .....	11



# Directory

30th June 2021

## Nature of Business

Whaioro Trust is a Mental Health and Addictions organisation providing supported employment services to whanau whaiora (people experiencing mental health issues), counselling services to rangatahi (youth) who are affected by alcohol and other drugs, Health Coaching, and an Alternative Education programme

## Registered Office

6 Linton Street  
PO Box 178  
Palmerston North

## Telephone

(06) 354 0670

## Trustees

T Robinson (Chairperson)  
H Arapere  
D Barrett  
D Emery  
S Mason  
N Simpson  
R Taplin  
M Knight  
A Winiata-Kenny  
C Lynch (Consumer Representative)

## Chief Executive Officer

K Bevan

## Auditors

Cotton Kelly  
Palmerston North

## Accountants

O'Fee Next Level Accounting  
Palmerston North

## Bankers

ANZ Banking Group (New Zealand)  
Palmerston North

## Solicitor

Fitzherbert Rowe Lawyers  
Palmerston North





# Chief Executive Officers Report

kapa haka along side the core numeracy and literacy subjects. As many of the students identify goals of finding work Te Ata Kura built a partnership with Higgins and some of our students have successfully transitioned in to training with Higgins in preparation for employment with them. With thanks to Waiopahu we have received a donation of computers, and wellbeing funding from the Ministry of Education has allowed Te Ata Kura to provide gym membership and boxing lessons for all the students.

### Covid 19 Vaccination Navigator

“The Covid 19 Vaccination Navigators role is to provide information and wrap-around support services for Maori, hapū, iwi and communities.

During my time in this role, I have faced challenges and celebrated many small victories. Working alongside local sports club, we managed to get over 90% of the club and their whanau double vaccinated. To celebrate this achievement, I was able to present them with complete Touch kits, which Sports Distribution donated after I reached out to them for incentive support.

I was also lucky enough to be given the chance to chat about my role on More FM on air to promote my role and Whaioro Trust which was aired during their morning radio show. Through networking, I was able to complete an information clinic alongside a nurse practitioner, at a local Hair and Beauty Academy, which then resulted in getting 11 rangatahi the support to get their 1<sup>st</sup> and 2<sup>nd</sup> vaccine shots. Weekly, I go to Levin to build rapport with the local rangatahi in Alt Education and to inform them around the vaccination process and eliminate misinformation. And have organised to set up an information space at the local skatepark to connect with rangatahi and their whanau, this is alongside other Youth community services. This starts today Wed 17/11/2021. I have enjoyed going out into the community and making connections. Whaioro was fortunate to obtain funding from the Ministry of Health to provide this support to communities around increased awareness about COVID vaccination.

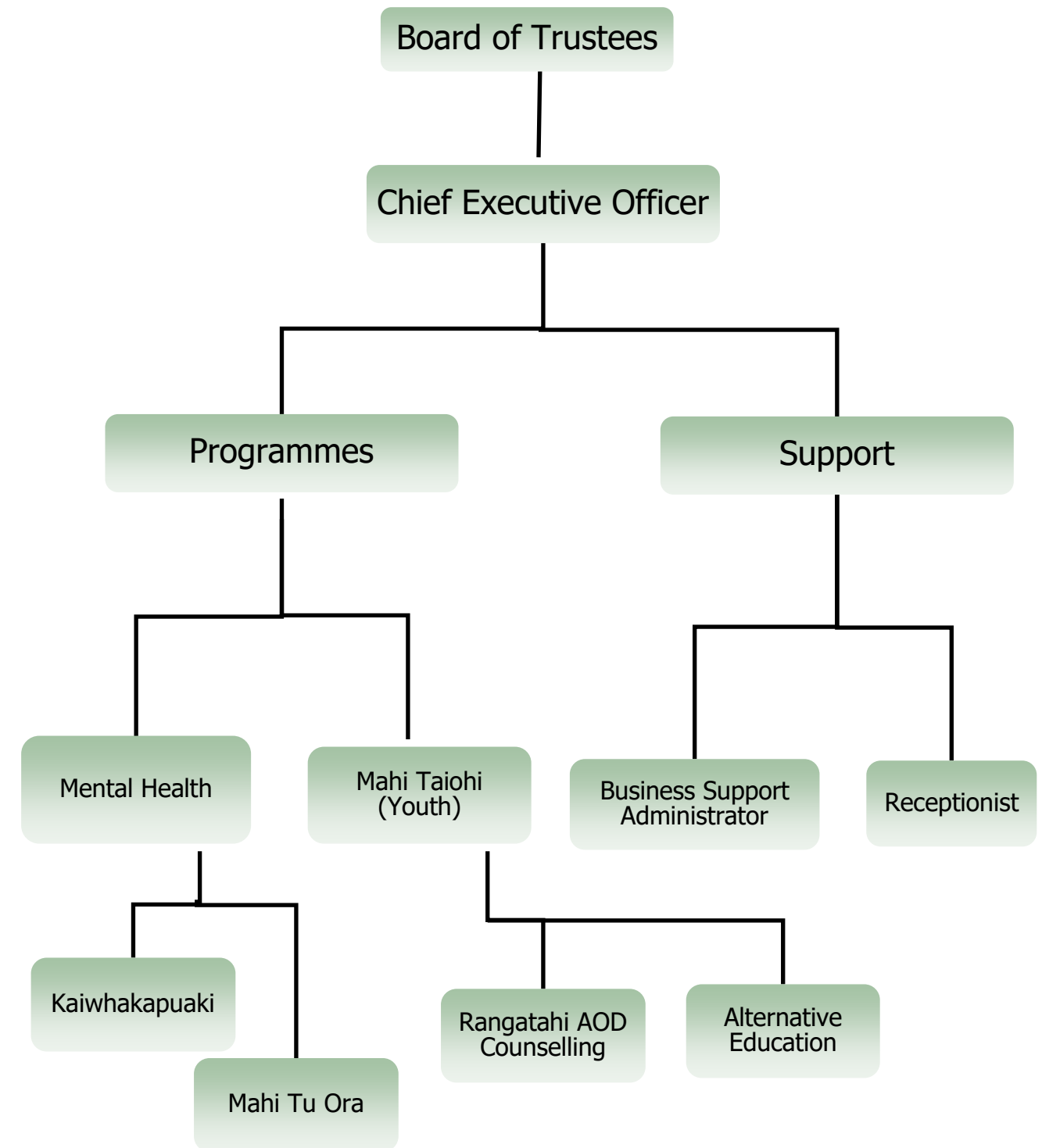
The Whaioro team also send our love and best wishes to Skip Arapere and his whanau at this time.

Kelly Bevan  
Chief Executive Officer



# Organisational Structure

30th June 2021





## Vision / Mission

### Moemoea / Vision

**Ma te Whaioro, ka ora te tangata**  
*Sharing the journey to wellbeing*

Our moemoea was derived from the name of the organisation “Whaioro”. Conceptually, it means “to journey together for mutual benefit”. Its origins are representative of a shared journey by the organisation and Tangata Whaiora.

### Kaupapa / Mission

**Ma te matapaki, me te matapono kia urua te Ao Turoa**  
*Providing opportunities, changing lives*

We see “providing opportunities, changing lives” as people making choices about their future, with the support of Whaioro Trust.



## Chief Executive Officers Report

core contracts allows us to extend the AoD rangatahi counselling role to Palmerston North.

### Kai Whakapuaki Waiora – Health Coaches – located in Otaki and Feilding

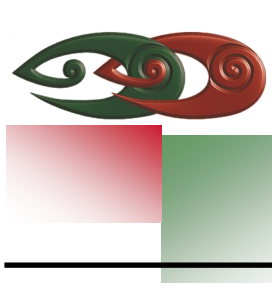
These two Whanau Ora focused positions have for the past year worked alongside medical centers and clinicians to support people with complex health conditions to move their lives forward. The number of referrals for these roles is high but with a fast turnaround of those referrals. It is a model that works very well and appears to arrest situations that could easily become escalated mental health or physical health emergencies. I want to commend the work that has been done over the past year to develop this service and establish it in their respective communities.

### Alternative Education – Te Ata Kura – 6 Keepa Street, Levin

For the best part of this year, Te Ata Kura has experienced many changes. This year the Alternative Education contract has swapped hands from Manawatu College to Waiopahu college. Since the change, we have found that Waiopahu college have supported us to ensure all students attending Te Ata Kura have the resources to maintain a good education. This year has come with challenges with further covid restrictions and the uncertainty for the students and whanau of what the next steps will be in terms of their education. The other challenge has been finding staff members that are skilled at managing the behavioral dynamics required from the roles at Te Ata Kura and who are able to build positive relationships with students. During this year, we have gradually built up a team with the right combination of skills to carry on the great work that has been delivered in the past. Jane Masoe (Team Lead) has returned to Whaioro Trust. Jane brings much needed experience to this role and delivers on promoting education and well being to Te Ata Kura students. Tala Namulauulu comes to us with over 2 years’ experience working with rangatahi in Palmerston North. Tala delivered organised and facilitated youth programmes in the youth space centre in Palmerston North.

Recently, we have also taken on a student placement from UCOL Palmerston North (Vasega Talai), who now holds a part time position until the end of the term. Currently, we are sifting through CV’s to find another permanent staff member for Te Ata Kura to replace those that have recently left. We hope to have these interviews completed before the end of the year. The curriculum delivered to the students is Kaupapa Maori based and this year has consisted of “Raukawatanga”, mau rakau,





# Chief Executive Officers Report

“Preparing them to be successful in all the small achievements they make and being proud of the growth”.

## “SUCCESS STORY \_ HOROWHENUA

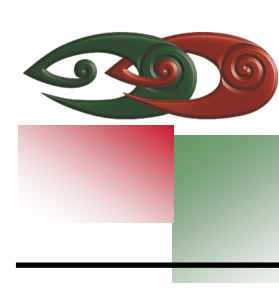
A single mum who had not worked in long time due to her mental health which had taken control of her life while raising her young family as a stay-at-home mum. After working with kaimahi she was able to gain her confidence back and is now a Truancy Officer in Levin.”

“I can proudly say that the most rewarding part of this mahi is not always necessarily the outcome but the journey. I have had the privilege to witness the resilience and determination of a woman who lives with asperges syndrome and therefore can sometimes find it difficult to express herself in social situations which can be challenging during job interviews. Supporting her by highlighting her strengths, skills and natural talents through one-on-one strength-based sessions, incorporating the manaakitia te mauri model of practice to promote independence, respect and manaakitanga. There were a lot of work interviews that were unsuccessful, regardless, she persisted with grace and eventually attained some hours working as a cashier at Countdown. This has given her the opportunity to exercise her social interaction skills, raise her self-esteem, challenge herself and educate others about asperges syndrome.”

## Alcohol and Other Drug Counselling –Queen Street, Levin

Whaioro Trust has been challenged this year with further covid restrictions and the uncertainty of when or if life would return to what we once knew. In this, the AOD team were able to keep clear lines of communication with rangatahi, schools, colleges and whanau. This was an effort that dared us to look outside the square to develop new strategies to keep the working cogs moving freely.

The AOD team also saw increased group work with local intermediates, delivering ‘Whakaoho Te Mauri’ which offers insight into the effects of drugs, social media, bulling and mental health for rangatahi. In addition to this, re-starting the Manakitia Te Mauri programme: supporting rangatahi gain a learner license as well as offering the option of



# Whaioro Trust Board Members

30th June 2021



Tracey Robinson  
Chairperson



Dennis Emery



Sheena Mason  
Treasurer



Hare Arapere



Reina Taplin



Nikki Simpson



Michelle Knight



Cushla Lynch  
Consumer Representative



Alma Winiata-Kenny



# Chairperson's Report



Tracey Robinson  
**Chairperson**

*Tēnā tātou katoa i runga i te aroha o Whaioro Trust*  
*Koutou ra ko ngā mate o te wā, haere ra koutou,*  
*Nō reira, e rere ngā mihi me ngā manaakitanga nui ki a*  
*koutou katoa.*

## Rangatiratanga

This report starts with rangatiratanga to acknowledge the leadership of our CEO and staff of Whaioro Trust.

Again part way through the year we faced COVID-19 more so the delta variant which has had adverse affects to date on whānau, hapū, iwi and communities.

Relationships are critical; this is further exemplified by the drive and passion of the CEO and team around her. This year alone, we have carried a number of vacancies. It further highlights the specialist skill, knowledge and experience required by our staff in order to respond to the needs of our whānau, hapū, iwi and communities.

The Board extends our gratitude and appreciation to the CEO, staff, tangata whaiora, rangatahi and their whānau who seek support from our service.

Mā te whaioro, ka ora te tangata achieved through:

- upholding te reo me ōna tikanga
- supporting people experiencing Mental Health issues into employment and/or training
- assisting rangatahi to overcome Alcohol and drug issues
- assisting rangatahi with Alternative Education from Manawatū, Horowhenua and Waiopahu College
- promotion and raising awareness around mental health and its impact on whānau, hapū, iwi and communities



# Chief Executive Officers Report



Kelly Bevan  
**CEO**  
**Whaioro Trust**

Tena koutou katoa ngā kai tautoko o tēnei kaupapa o Whaioro Trust, ka nui te mihi kia koutou katoa.

A big mihi to the staff, board and our partners for continuing to support the work of Whaioro Trust. As we sit alongside 11 Iwi and Maori providers within the DHB region we are part of an approach that places us at the forefront of the COVID 19 vaccination drive as we have been deployed to work alongside our whanau, hapū and iwi networks to lift the numbers of Maori becoming vaccinated.

The “kotahitanga” approach has worked very well for all involved as we are negotiating with funders alongside Raukawa Whanau Ora and Muaupoko Tribal Authority in Levin and Rangitane providers here in Palmerston North. These kinds of alliances have resulted in growth for Whaioro and it looks like it will continue.

COVID 19 has created opportunities for people in the employment space and some of our staff have chosen different career pathways this year but in turn we have benefited by being able to employ individuals who have chosen Mental Health and Addictions as their preferred career pathway.

The purchase of two buildings over the last few years has opened up opportunities with leasing and we welcomed three new tenants to our Linton Street building with a fourth existing in Palmerston and one in Levin.

## Evidence Based Supported Employment - (Mahi Tu Ora)

The support offered by this team is about more than creating a CV, they help build the confidence, motivation, and self-esteem of whanau whaiora to prepare them to enter the workforce or sometimes return to it. The support provided by the team involves listening, supporting and working alongside whanau to set achievable goals based on their aspirations by.







## Chairperson's Report - continued....

and Board.

Additionally, Board undertakes annual self-assessment to critically review commitment, capability and areas for improvement. This in turn identifies training needs or a particular skill set that is required.

The findings of this year's Board assessment was encouraging in terms of commitment, understanding of the governance role and the proactive nature of Board members to advance the dreams and aspirations of Whaioro Trust.

### **Wairuatanga**

The Board ensures and encourages the expression of wairuatanga.

All our interactions with our Tangata Whaiora, staff, governance and external providers is underpinned by aroha.

### **Whanaungatanga**

*Ehara taku toa i te toa takitahi, engari taku toa i te takimano e!*

The Board leads by example by responding and serving our whānau, hapū, iwi and communities.

Te Rūnanga o Raukawa and MASH Trust are in the upper most part of our hearts and minds; always acknowledging our unique relationship and whakapapa to one another.

### **Kaitiakitanga**

Financially, we continue grow from strength to strength which is attributed to due diligence and financial expertise of Sheena Mason, Ngaroma Whiting and Kelly Bevan.

Recently, we farewelled Ngaroma. She has taken up a position within an accounting firm. We send her on her journey with our support and aroha.

*Ki te kotahi te kākaho, ka whati;  
ki te kapuia, e kore e whati  
(When we stand alone we are vulnerable, but  
together we are unbreakable)*

Hei konā me aku mihi,

*Tracey*



## Chairperson's Report - continued....

- leading by example
- always demonstrating aroha in action.

### **Manaakitanga**

Manaakitanga is a reciprocal process, we are immensely proud to have been part of a movement that never lost sight of our kaumātua, tamariki and mokopuna and we are indebted to our whānau, hapū, and iwi for their ongoing support of Whaioro Trust.

We are very appreciative of our Funders and their continued support of our services and new opportunities.

### **Te Tiriti o Waitangi**

Whaioro Trust maintains its mana and authority within the vision and mission of the organisation.

Principles and practice of partnership, participation and protection are reflected throughout the organisation ensuring mana motuhake for our tangata whaiora, rangatahi, our staff and whānau from a range of hapū, iwi and communities

### **Mātauranga**

Contributors towards te reo me ōna tikanga, whakapapa, financial acumen, ability to engage with rangatahi are some of the areas of responsibility held by members from within the Board, staff and whānau.

The wellbeing of people is influenced by the contribution of mātauranga from people with diverse skills, qualities and experiences.

We welcome new Board members Michelle Knight and Alma Winiata-Kenny.

### **Kōtahitanga**

As mentioned in previous reports, the Board consistently commits to develop, pursue and maintain a unity of purpose and direction. Supporting Tangata Whaiora from a governance perspective to share and lead their journey to well being is an important focus for our staff

