

GRINHEADS

MONDAY

5:00 PM-7:00 PM USA
5:00 PM-6:00 PM POD 1 6:00 PM-7:00 PM POD 2
7:00 PM-8:00 PM 10 AND OVER REC/MAKEUP

TUESDAY

5:00 PM-7:00 PM USA
5:00 PM-6:00 PM POD 1 6:00 PM-7:00 PM POD 2
7:00 PM-8:00 PM 10 AND OVER REC/MAKEUP

WEDNESDAY

OFF

THURSDAY

5:00 PM-7:00 PM USA
5:00 PM-6:00 PM POD 1 6:00 PM-7:00 PM POD 2
7:00 PM-8:00 PM 10 AND OVER REC/MAKEUP

FRIDAY

5:00 PM-7:00 PM USA
5:00 PM-6:00 PM POD 1 6:00 PM-7:00 PM POD 2
7:00 PM-8:00 PM 10 AND OVER REC/MAKEUP

SATURDAY

09:00 AM-10:00 AM POD AND REC
10:00AM-12:00PM USA

SUNDAY

09:00 AM-10:00 AM POD AND REC
10:00AM-12:00PM USA

FALL/WINTER 2026/2027