

**It may seem dark  
sun will shine again for**



**and cloudy now, but the  
you.**

## **You've Lost your Life Partner...What now?**

We want to help you find the resources you need to continue living a satisfying and fulfilling life.

### **Monthly Meetings      Second Tuesday of the Month      1 pm - 3 pm**

- Tuesday, Jul 14**      **Keeping our Brain Healthy; Warning Signs of Cognitive Decline, Robin, AgeSmart Wolfersberger Funeral Home**
- Tuesday, Aug 4**      **1130 Creekside Bar and Grill, 800 West McAllister St. Lebanon, IL 62254  
RSVP by Friday, Jul 31.**
- Tuesday, Aug 11**      **Living Life with Purpose Through the Pain, Ann Martin, Director of Client Engagement, WFH Wolfersberger Funeral Home**
- Tuesday, Sep 8**      **Using Art as part of the grief journey with Cory Hollerbach, Co-Owner of Art Geck Studio and Gallery  
LOCATION of Meeting: 218 East State Street (across from Vine Street Station).**

**Wednesday, Oct 7**      **1130 Royal Palm Mediterranean Cuisine, 130 Ludwig Fairview Heights.  
RSVP by Friday, Sept 27.618-213-6355**

**Tuesday, Oct 13**      **Balance, Flexibility, Strength; Who needs it? Liz Ashley, Health & Wellness Program Manager, O'Fallon, YMCA  
Wolfersberger Funeral Home**

**Tuesday, Nov 10**      **Liana Ables, Yoga on Main, LLC: Chair Yoga  
Wolfersberger Funeral Home**



**Tuesday, Dec 8**      **1130 Christmas lunch: Fletchers Kitchen and Tap, 1524 Clinton Hills Parkway, Swansea, IL  
RSVP by Tuesday, December 1**

**Coffee Chats**      **Every 4<sup>th</sup> Thursday of the month 7:30 am - 8:30 am**  
July 23, Aug 27, Sept 24, Oct 22, skip Nov, skip Dec



**Handy Andy**      **Home Repair and Odd Jobs for Sunshine Squad members 618-691-9755**

Check our Facebook page: <https://www.facebook.com/WolfersbergerFuneralHome>

Website [www.wfh-ofallon.com](http://www.wfh-ofallon.com) or call 618.632.3681

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FUNERAL HOME