

THE STRENGTHS STUDIO

Illuminate Potential. Expand Possibility.

THE STRENGTHS TRADING CARD

This tool is a fun way to bring strengths to life *after* the workshop. It is designed to build awareness and continue the conversation by keeping it both meaningful and fun.

Instructions: Each individual picks one of their Top 5 themes and designs a trading card that highlights the following:

- The Theme Name
- The Theme Superpower (the core contribution as it shows up for them)
- The Theme Kryptonite (the watch point or vulnerability that shows up when unmanaged)
- The Theme Fuel (what they need for the theme to thrive)
- The Best Partners (the complementary theme pairs for maximum collaboration)

Design: Give individuals the freedom to design their own trading card using their own skills or via leveraging AI-design resources. The cards can be virtual or print, depending on your team's preferences.

Example AI Design Prompt: Open your favorite LLM (e.g. Gemini). Customize and paste the prompt below along with the example card to generate your trading card. You can customize the look and feel of the card to fit your preferences or desired theme design.

Help me design a premium trading card. Here is what I would like you to do act as an expert strengths performance coach and look up Gallup's CliftonStrengths® theme [Insert Your Top Theme Here]. Then design a premium, 'Strengths Trading Card' profile for this theme. An example is attached. Please include the following sections: 1) Superpower (the core contribution), 2) Kryptonite (an unmanaged watch point), 3) Fuel (a key need to thrive), and 4) Best Partners (the complementary themes it pairs with best for maximum collaboration). Keep the text short, punchy, and highly actionable for a professional environment.



Share: Be sure to set aside a few minutes to share as a team. Take the approach that works best for your team, but have some fun and learn about one another through the lens of strengths.