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The [National Sports Medicine Institute \(NSMI\)](https://www.nationalsportsmed.com) is excited to continue as the Loudoun Soccer medical supervisors for 2025 Fall season! We are a local and privately-owned orthopaedic clinic who have been providing surgical services and nonsurgical sports medicine care to our community since 2007. Our services include orthopaedic surgery, nonsurgical sports medicine intervention, radiology services, biologic therapy, physical therapy, nutritional counseling, sports science resources and sports performance training.

In order to provide the best care during the season, NSMI will offer medical screenings for each Loudoun Soccer MLS NEXT and GA athlete prior to the beginning of the season. At this appointment, we will perform a Functional Movement Screening, complete a DXA body composition scan and review your personal and family medical history with our providers to identify any unique needs as they pertain to sports participation. Please note that we are not clearing or disqualifying you from participation; rather, the purpose of the medical screening is simply to ensure that there are no red flags for injury risk that you should be aware of as well as measure physiological markers to optimize performance.

We have reserved several afternoons (1:00pm-3:30pm) specifically for Loudoun Soccer athletes on the following dates this summer. However, our providers are also available on during their normally scheduled clinic hours Monday-Friday until December 2024. Please see dates below for our exclusive NVA athlete appointment dates:

- Thursday, July 10
- Friday, July 11
- Tuesday July 15
- Thursday, July 17
- Friday, July 18
- Tuesday, July 29
- Thursday, August 14
- Friday, August 15

To schedule your appointment at our Lansdowne location, please click on the following link https://www.nationalsportsmed.com/loudoun_soccer_2025/, fill out the corresponding information to request an appointment, and our patient care coordinators will contact you shortly. Your appointment will take about 45 minutes and you will have the opportunity to meet NSMI's physicians, physical therapists, sports performance and sports science staff to discuss any medical, health, or fitness questions/concerns you may have. Please bring your insurance and identification cards to your appointment. You will be charged the amount of a typical co-pay for a specialist appointment and a bill will be sent to your insurance company to process. Families with non-participating insurance should call the office to discuss out-of-pocket payment rates. Loudoun Soccer and NSMI can provide support for qualified families who require financial assistance.

NSMI also offers injury and conditioning recovery services such as compression therapy, assisted stretching, cupping massage, percussion massage, hot/cold therapy and electrical stimulation our locations in Aldie and Lansdowne, VA. During the season, you can call (703) 729-5010 ext 212 or 302 to book your appointment.

For more information about our practice, providers and the services we offer, please visit us on [our website](#). If you have any questions or concerns, please call our office or send us an email. NSMI looks forward to providing exceptional care to the Loudoun Soccer community and wishes your athletes a healthy and successful season!

Sincerely,

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