

July 2025



Meet The Team

BROOKE
PROPERTY MANAGER

BETH
ASSISTANT PROPERTY MANAGER

MONTIANA
LEASING SPECIALIST

DEMIK
SENIOR MAINTENANCE SUPERVISOR

MIKE, TOREY, & RODNEY
MAINTENANCE TECHS

CLAY
EVENT COORDINATOR

Celebrating July



7/1 - Canada Day

7/3 - Dog Days of Summer Begin

7/4 - Independence Day

7/10 - National Kitten Day

7/11 - National Slurpee Day

7/13 - National French Fry Day

7/14 - Bastille Day

7/14 - Mac and Cheese Day

7/17 - World Emoji Day

7/27 - Parent's Day

7/30 - International Day of Friendship

7/31 - National Mixed Breed Dog Day

Resident Event

You'll Flip Over Our
Wine & Design Class
With Clay Ray

Wednesday, July 16
5-6:30 p.m.
Meet inside the
Leasing Office

Join us for a
Fun Wreath-Making Class
Craft a vibrant flip-flop wreath just
in time for summer!

*Wine and Desserts
Served*

Sip, snack, and
create in style!

limit 1 per residence
while supplies last



**In observance of Independence Day,
the Leasing Office will be CLOSED Friday, July 4th**

A reminder to all residents that fireworks, sparklers, bottle rockets, and any other explosives are **NOT** allowed anywhere on the property and may not be discarded in any trash can or trash compactor.

Office Hours:

Monday - Friday 8:00am-5:00pm

Saturday 10:00am-5:00pm



Leasing Office: (757) 498-1581
Emergency Maintenance: (757) 671-3100
summerstation@pembrokerealty.com
summerstationapartments.com

STAY CONNECTED!

Don't forget to follow us

@summerstationvb



Monthly Recipe



Buffalo Shrimp Lettuce Wrap (*serves 4*)

Ingredients

4 Tbsp. butter	Freshly ground black pepper
2 garlic cloves, minced	1 head romaine, leaves separated
1/4 cup hot sauce, such as Frank's	1/4 red onion, finely chopped
1 Tbsp. extra-virgin olive oil	1 rib celery, sliced thin
1 lb. shrimp, peeled and deveined	1/2 cup blue cheese, crumbled
Kosher salt	

Want your favorite dish featured?

Submit your recipe to
marketing@pembrokerealty.com

Directions

Make buffalo sauce: In a small saucepan over medium heat, melt butter. When melted completely, add garlic and cook until fragrant, 1 minute. Add hot sauce and stir to combine. Turn heat to low while you cook the shrimp.

Make shrimp: In a large skillet over medium heat, heat oil. Add shrimp and season with salt and pepper. Cook, flipping halfway, until pink and opaque on both sides, about 2 minutes per side. Turn off heat and add the buffalo sauce, tossing to coat.

Assemble wraps: Add a small scoop of shrimp to the center of a romaine leaf, then top with red onion, celery, and blue cheese.

Pet of the Month

Wheatley is a Poodle who loves to take walks. He tilts his head when you ask him a question. He's an avid beef, chicken, and sweet potato eater and a notorious bed hogger.



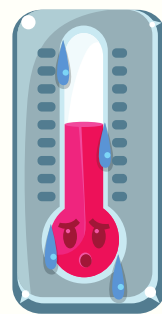
Hampton Roads Happenings

7/3 - Celebrate Freedom - Chesapeake City Park
7/4 - Stars and Stripes Celebration - VB Oceanfront
7/4 - Great American Picnic & Fireworks - Town Point Park
7/10 - Dierks Bentley - Veterans United Home Loans Amphitheater
7/12 - Virginia Zoo Adult Night
7/19 - Norfolk Latino Music Festival - Town Point Park
7/20 - Suffolk Pickle Palooza - Suffolk Visitor Center Pavilion
7/22 - Chicago - The Dome
7/25 - Nelly with Ja Rule - Veterans United Home Loans Amphitheater
7/29 - Outlaw Music Festival - Veterans United Home Loans Amphitheater

Don't Sweat Your Energy Bill

Summer's high heat can lead to even higher energy bills. Follow these tips to save energy, and money, during the hot months:

- Raise the thermostat 2-3 degrees during peak hours (2-9 p.m.) and rely on fans to keep your home cool
- Use thermal drapes or blackout curtains to keep heat outside your home
- Run appliances such as dishwashers, washing machines, and clothes driers at night only; use cold water settings when possible
- Unplug electronics when not in use



Feeling Crafty?



Visit the
Leasing Office
and pick up the
**Craft of the
Month!**

while supplies last

Here's the Scoop

July is National Ice Cream Month

Celebrate with a scoop or two at these local spots:

Gilly's Creamery

3640 Dam Neck Rd

Get Lost

510 Virginia Beach Blvd

Blue Cow Ice Cream

2817 Shore Dr Ste 111

The Sweet Spot

1718 Atlantic Ave

Lolly's Creamery

4000 Virginia Beach Blvd

Be Free Craft Ice Cream

2336 Elson Green Ave Ste 107

SPLISH SPLASH WE HAD A BLAST

