



Zentik Project

ZULA SPA MENÚ



Massages

Therapeutic Massage

Combination of different techniques such as deep tissue, acupressure point massage, lomi-lomi, hot stone application, lymphatic drainage and reflexology. It has a sedative and relaxing effect that helps eliminate insomnia. For one person.

MEDIUM TO STRONG PRESSURE



80 min \$1,649 MXN

Deep Tissue Massage

Like a relaxing massage but with deeper pressure. This profound massage is beneficial to release chronic muscular tension, focused on muscle elasticity and connectiveness tissue. Ideal for people who have muscle pain and joint stiffness. For one person.

MEDIUM TO STRONG PRESSURE



50 min \$1,500 MXN

Hot Stone Massage and Energetic Harmonization with Quartz Stones

Geothermal therapy that combines traditional massage with hot stones and a selection of quartz stones, each of which will help to correct the flow of vital energy. Reduces muscular pain and calms the entire nervous system. For one person.

MEDIUM PRESSURE



80 min \$1,417 MXN

Relaxation Massage

The main objective is to relief physical and mental tiredness, resulting in a deep relaxation state. For one person.

SOFT PRESSURE



50 min \$1,095 MXN

Mixed Massage

This treatment combines two therapeutic techniques to provide the perfect balance between muscle relief and deep relaxation. Deep tissue is applied on the back, to release tension, contractures, and pain points. The rest of the body receives a relaxing massage with firm pressure and fluid movements that promote circulation and help reduce stress, leaving a sense of overall well-being. For one person.

MEDIUM TO STRONG PRESSURE



50 min \$1,400 MXN

SPECIAL OFFER

Couple Relaxation Massage - Create a romantic bond with your couple. A unique moment to enjoy disconnection from the outside world...

SOFT PRESSURE



50 min \$2,095 MXN

Couples Mixed Massage - Gift yourselves a moment just for you... The perfect balance between muscle relief and deep relaxation.

MEDIUM TO STRONG PRESSURE



50 min \$2,400 MXN





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Special Treatments

Honey Treatment

We start with exfoliation to remove dead skin cells and prepare the skin. Next, we apply a honey body wrap using osmotic plastic to enhance its natural properties and promote deep hydration. We finish the treatment by applying a moisturizing cream with a relaxing massage to seal in and prolong its benefits. This treatment nourishes the skin deeply, improves its texture and leaves it feeling soft, radiant and revitalized. For one person.

MEDIUM PRESSURE



80 min \$1,740 MXN

Moisturizing Body Exfoliation with Organic Coffee and Cacao

This experience starts with a complete body exfoliation based on organic coffee to remove dead cells, followed by a revitalizing shower. It ends with a relaxing massage with nourishing cacao cream. Your skin will be soft and smooth. For one person.

SOFT TO MEDIUM PRESSURE



80 min \$1,740 MXN

Revitalizing Therapy for Tired Legs and Feet

Ideal for those people who experience heaviness, swelling, fluid retention or pain caused by long walks or many hours of traveling. It begins with an exfoliation, followed by a mask and lymphatic drainage. For one person.

SOFT TO MEDIUM PRESSURE



50 min \$1,015 MXN

After Tan

The body treatment of white clay and organic cocoa is designed to combat the dehydration of the skin caused by the sun and the environment, thanks to the regenerative, moisturizing, soothing and antioxidant properties of mud and cocoa. For one person.

SOFT PRESSURE



50 min \$1,015 MXN

Relaxing Facial

This facial treatment is perfect for keeping your skin healthy and radiant—especially in warm climates, where it dehydrates easily. When combined with a neck, shoulder, and hand massage, it offers additional benefits such as relieving muscle tension, reducing stress, and easing pain. For one person.

50 min \$1,095 MXN

Aquatic Therapy “Zentik Sensations”

Phosphoric light therapy! A unique experience that relaxes the body deeply and awakens the mind. We start with phosphoric light stimulation to enhance memory, concentration and creativity. Next, we enter the cave, where your body floats in warm water while gentle and deep immersions that release tension and guide you into a state of calm. We finish with an inner reconnection that renews your energy and restores balance and well-being. For one person.

60 min \$870 MXN

