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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| 8/25 | 8/26 | 8/27 | 8/28 | 8/29 |
| Chicken Patty SandwichTurkey Ham & Cheese SandwichVegetarian Baked Beans | Grilled Cheese & Tomato SoupTurkey Ham & Cheese SandwichSteamed Broccoli | Smokehouse Chili & Corn MuffinTurkey Ham & Cheese SandwichSeasoned Green Beans | Cheddar Chicken Bowl w/RollTurkey Ham & Cheese SandwichMashed Potatoes | Cheese Pizza or Pepperoni PizzaTurkey Ham & Cheese SandwichSteamed Carrots |
| 9/1 | 9/2 | 9/3 | 9/4 | 9/5 |
| **NO****SCHOOL**  | Cheeseburger on a BunTurkey & Cheese Sweet Potato Fries | Classic Beef NachosTurkey & Cheese Black Bean Salad | Breakfast for Lunch Turkey & Cheese Tater Tots | Cheese or Pepperoni PizzaTurkey & Cheese Steamed Broccoli |
| 9/8 | 9/9 | 9/10 | 9/11 | 9/12 |
| Chicken Nuggets w/ Dinner RollTurkey Ham & Cheese French Fries | **NO****SCHOOL**  | Mac & CheeseTurkey Ham & Cheese Steamed Broccoli | Pollo Guisado w/ Cilantro Lime RiceTurkey Ham & Cheese Stewed Black Beans  | Cheese Pizza or Pepperoni PizzaTurkey Ham & Cheese Roasted Local Veg |
| 9/15 | 9/16 | 9/17 | 9/18 | 9/19 |
| Cheesy Bread w/Pizza SauceTurkey & Cheese CNC Baked Beans | Taco Salad TuesdayTurkey & Cheese Black Bean Salad | Spaghetti & MeatballsTurkey & Cheese Steamed Broccoli | Chicken & WafflesTurkey & Cheese Mashed Sweet Potato | Cheese or Pepperoni PizzaTurkey & Cheese Sweet Potato Fries |
| 9/22 | 9/23 | 9/24 | 9/25 | 9/26 |
| Chicken Patty SandwichTurkey Ham & Cheese SandwichVegetarian Baked Beans | Plant-based Bolognese w/Spaghetti Turkey Ham & Cheese SandwichSteamed Broccoli | Smokehouse Chili & Corn MuffinTurkey Ham & Cheese SandwichSeasoned Green Beans | Cheddar Chicken Bowl w/RollTurkey Ham & Cheese SandwichMashed Potatoes | Cheese Pizza or Pepperoni PizzaTurkey Ham & Cheese SandwichSteamed Carrots |
| 9/29 | 9/30 | 10/1 | 10/2 | 10/3 |
| Cheeseburger on a BunTurkey & Cheese SandwichSweet Potato Fries | Classic Beef NachosTurkey & Cheese SandwichBlack Bean Salad | Breakfast for Lunch Turkey & Cheese SandwichTater Tots | Sazon Turkey w/ RiceTurkey & Cheese SandwichStewed Black Beans | Cheese or Pepperoni PizzaTurkey & Cheese SandwichSteamed Broccoli |
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| Available Daily:Cheese SandwichAssorted Fresh Fruit1% White or Fat Free White Milk |
| **PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES** | **Menu items are subject to change** |

Due to the risk of **choking**, certain foods are excluded from the Pre-K menu. These include:• Hot Dogs, sausages, sausage links or similar processed food items (Sausage patties are not restricted)• Fish or meat with bones • Grapes, cherries, melon balls, cherry and grape tomatoes, kiwi berries, raspberries, blackberries and goji berries • Peanuts, nuts, seeds (for example, sunflower or pumpkin seeds) and Peanut butter and nut/seed butters • Dried fruit such as raisins or cranberries • Shelf stable, dried, and semi-dried meat, poultry, seafood snacks (such as beef jerky) • Popcorn |

##### SPRINGFIELD PUBLIC SCHOOLS

**PRE-K LUNCH**

**SEPTEMBER 2025**