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| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| 8/25 | 8/26 | 8/27 | 8/28 | 8/29 |
| Chicken Patty Sandwich  Turkey Ham & Cheese Sandwich  Vegetarian Baked Beans | Grilled Cheese & Tomato Soup  Turkey Ham & Cheese Sandwich  Steamed Broccoli | Smokehouse Chili & Corn Muffin  Turkey Ham & Cheese Sandwich  Seasoned Green Beans | Cheddar Chicken Bowl w/Roll  Turkey Ham & Cheese Sandwich  Mashed Potatoes | Cheese Pizza or Pepperoni Pizza  Turkey Ham & Cheese Sandwich  Steamed Carrots |
| 9/1 | 9/2 | 9/3 | 9/4 | 9/5 |
| **NO**  **SCHOOL** | Cheeseburger on a Bun  Turkey & Cheese  Sweet Potato Fries | Classic Beef Nachos  Turkey & Cheese  Black Bean Salad | Breakfast for Lunch  Turkey & Cheese  Tater Tots | Cheese or Pepperoni Pizza  Turkey & Cheese  Steamed Broccoli |
| 9/8 | 9/9 | 9/10 | 9/11 | 9/12 |
| Chicken Nuggets w/ Dinner Roll  Turkey Ham & Cheese  French Fries | **NO**  **SCHOOL** | Mac & Cheese  Turkey Ham & Cheese  Steamed Broccoli | Pollo Guisado w/  Cilantro Lime Rice  Turkey Ham & Cheese  Stewed Black Beans | Cheese Pizza or Pepperoni Pizza  Turkey Ham & Cheese  Roasted Local Veg |
| 9/15 | 9/16 | 9/17 | 9/18 | 9/19 |
| Cheesy Bread w/Pizza Sauce  Turkey & Cheese  CNC Baked Beans | Taco Salad Tuesday  Turkey & Cheese  Black Bean Salad | Spaghetti & Meatballs  Turkey & Cheese  Steamed Broccoli | Chicken & Waffles  Turkey & Cheese  Mashed Sweet Potato | Cheese or Pepperoni Pizza  Turkey & Cheese  Sweet Potato Fries |
| 9/22 | 9/23 | 9/24 | 9/25 | 9/26 |
| Chicken Patty Sandwich  Turkey Ham & Cheese Sandwich  Vegetarian Baked Beans | Plant-based Bolognese w/Spaghetti  Turkey Ham & Cheese Sandwich  Steamed Broccoli | Smokehouse Chili & Corn Muffin  Turkey Ham & Cheese Sandwich  Seasoned Green Beans | Cheddar Chicken Bowl w/Roll  Turkey Ham & Cheese Sandwich  Mashed Potatoes | Cheese Pizza or Pepperoni Pizza  Turkey Ham & Cheese Sandwich  Steamed Carrots |
| 9/29 | 9/30 | 10/1 | 10/2 | 10/3 |
| Cheeseburger on a Bun  Turkey & Cheese Sandwich  Sweet Potato Fries | Classic Beef Nachos  Turkey & Cheese Sandwich  Black Bean Salad | Breakfast for Lunch  Turkey & Cheese Sandwich  Tater Tots | Sazon Turkey w/ Rice  Turkey & Cheese Sandwich  Stewed Black Beans | Cheese or Pepperoni Pizza  Turkey & Cheese Sandwich  Steamed Broccoli |
| |  |  | | --- | --- | | Available Daily:  Cheese Sandwich  Assorted Fresh Fruit  1% White or Fat Free White Milk | | | **PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES** | **Menu items are subject to change** |   Due to the risk of **choking**, certain foods are excluded from the Pre-K menu. These include:  • Hot Dogs, sausages, sausage links or similar processed food items (Sausage patties are not restricted)  • Fish or meat with bones  • Grapes, cherries, melon balls, cherry and grape tomatoes, kiwi berries, raspberries, blackberries and goji berries  • Peanuts, nuts, seeds (for example, sunflower or pumpkin seeds) and Peanut butter and nut/seed butters  • Dried fruit such as raisins or cranberries  • Shelf stable, dried, and semi-dried meat, poultry, seafood snacks (such as beef jerky)  • Popcorn | | | | |

##### SPRINGFIELD PUBLIC SCHOOLS

**PRE-K LUNCH**

**SEPTEMBER 2025**