### Springfield Middle Schools

### August 25-29

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **STATION NAMES** | Monday | Tuesday | Wednesday | | Thursday | Friday |
| **ENTRÉE** | Buffalo Chicken Calzone w/Ranch Dressing | Tomato Soup & Grilled Cheese | Fritto Bowl w/  Corn Muffin | | Cheddar Chicken Bowl w/Oven Fried Drumstick | Stuffed Cheesy Bread w/Pizza Sauce |
| **GRILL** | Corn Dog | Hot Dog | Spicy Chicken  Patty | Cheeseburger | | Chicken Patty |
|  | | Sides – Sliced Tomato, Green Leaf Lettuce, Sliced Onion | | | |
| **FAST TAKES** | Garden Salad with Roll  Chicken Caesar Salad with Roll  Turkey Ham & Cheese on Kaiser  Sunbutter & Jelly Sandwich | | | | | |
| **SIDES**  **COLD LINE ALTERNATE** | Vegetarian Baked Beans  Celery Sticks | Steamed Broccoli  Grape Tomatoes | Seasoned Green Beans  Carrot Sticks | | CNC Mashed Potatoes  Chilled Corn | Side Caesar Salad  Carrot Sticks |
| Black Bean Salad | Broccoli Florets | Celery Sticks | | Chilled Corn | Broccoli Florets |
|  | **Available Daily:**  **Assorted Fresh Fruit**  **Chilled Fruit**  **Fat Free Chocolate, 1% White or Fat Free White Milk** | | | | | |

### Springfield Middle Schools

### September 1-5

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **STATION NAMES** | Monday | Tuesday | Wednesday | Thursday | Friday |
| **ENTRÉE** | **NO SCHOOL** | Steak & Cheese Calzone w/Cheese Sauce | Chicken Tenders w/ CNC BBQ Sauce, Roll, Fries | Breakfast for  Lunch w/CNC Sausage | Creamy Penne Alfredo |
| **PIZZA** | Daily Options:  OMM Cheese Pizza  OMM Pepperoni Pizza  OMM Buffalo Chicken Pizza | | | | |
| **FAST TAKES** | Garden Salad and a Roll  Buffalo Chicken Salad  Buffalo Chicken Wrap  Turkey & Cheese on Kaiser  Sunbutter & Jelly Sandwich | | | | |
| **SIDES**  **COLD LINE ALTERNATE** |  | Sweet Potato Fries  Grape Tomatoes | Steamed Corn  Black Bean Salad | Tater Tots  Celery Sticks | Roasted Broccoli  Carrot Sticks |
|  | Grape Tomatoes | Chilled Corn | Chilled Corn | Broccoli Florets |
|  | **Available Daily:**  **Assorted Fresh Fruit**  **Chilled Fruit**  **Fat Free Chocolate, 1% White or Fat Free White Milk** | | | | |

This institution is an equal opportunity provider.

### Springfield Middle School

### September 8-12

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **STATION NAMES** | Monday | Tuesday | Wednesday | Thursday | Friday |
| **ENTRÉE** | Pepperoni Calzone w/Pizza Sauce | **NO SCHOOL** | Mac n Cheese | Pollo Guisado w/Cilantro  Lime Rice | Bahn Mi Sandwich w/Sriracha  Mayo & Slaw |
| **GRILL** | Spicy Chicken Patty |  | Chicken Patty | Hot Dog | Cheeseburger |
| Sides – Sliced Tomato, Green Leaf Lettuce, Sliced Onion | | | | |
| **FAST TAKES** | Hummus Bento Box with OMM Toast Points  Garden Salad with Roll  Mediterranean Hummus Veggie Wrap  Turkey Ham & Cheese on Kaiser  Sunbutter & Jelly Sandwich | | | | |
| **SIDES**  **COLD LINE ALTERNATE** | French Fries  Celery Sticks |  | Roasted Broccoli  Grape Tomatoes | Stewed Black Beans  Carrot Sticks | Roasted Local Veg  Celery Sticks |
| Chilled Corn |  | Broccoli Florets | Black Bean Salad | Carrot Sticks |
|  | **Available Daily:**  **Assorted Fresh Fruit**  **Chilled Fruit**  **Fat Free Chocolate, 1% White or Fat Free White Milk** | | | | |

### Springfield Middle Schools

### September 15-19

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **STATION NAMES** | Monday | Tuesday | Wednesday | Thursday | Friday |
| **ENTRÉE** | Ham & Cheese Calzone w/Honey Mustard | Taco Salad  Tuesday w/  Seasoned Rice  and Pico | Spaghetti & Meatballs,  Marinara Sauce,  & Dinner Roll | Chicken &  Waffles | Loaded Baked Potato with Beef, Cheese Sauce & Dinner Roll |
| **PIZZA** | Daily Options:  OMM Cheese Pizza  OMM Pepperoni Pizza  OMM BBQ Chicken Pizza | | | | |
| **FAST TAKES** | Hummus Bento Box with OMM Toast Points  Kale & Apple Salad with Roll  BBQ Chicken Wrap  Turkey & Cheese on Kaiser  Sunbutter & Jelly Sandwich | | | | |
| **SIDES**  **COLD LINE ALTERNATE** | CNC Baked Beans  Celery Sticks | Black Bean Salad  Cucumber Salad | Steamed Broccoli  Carrot Sticks | CNC Mashed  Sweet Potato  Chilled Corn | Sweet Potato Fries  Cucumber Salad |
| Black Bean Salad | Black Bean Salad | Broccoli Florets | Carrot Sticks | Carrot Sticks |
|  | **Available Daily:**  **Assorted Fresh Fruit**  **Chilled Fruit**  **Fat Free Chocolate, 1% White or Fat Free White Milk** | | | | |

### Springfield Middle Schools

### September 22-26

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **STATION NAMES** | Monday | Tuesday | Wednesday | | Thursday | Friday |
| **ENTRÉE** | Buffalo Chicken Calzone w/Ranch Dressing | Plant-based Bolognese w/Spaghetti | Fritto Bowl w/  Corn Muffin | | Cheddar Chicken Bowl w/Oven Fried Drumstick | Stuffed Cheesy Bread w/Pizza Sauce |
| **GRILL** | Corn Dog | Hot Dog | Spicy Chicken  Patty | Cheeseburger | | Chicken Patty |
| Sides – Sliced Tomato, Green Leaf Lettuce, Sliced Onion | | | | | |
| **FAST TAKES** | Garden Salad with Roll  Chicken Caesar Salad with Roll  Chicken Caesar Salad Wrap  Turkey Ham & Cheese on Kaiser  Sunbutter & Jelly Sandwich | | | | | |
| **SIDES**  **COLD LINE ALTERNATE** | Vegetarian Baked Beans  Celery Sticks | Steamed Broccoli  Grape Tomatoes | Seasoned Green Beans  Carrot Sticks | | CNC Mashed Potatoes  Chilled Corn | Side Caesar Salad  Carrot Sticks |
| Black Bean Salad | Broccoli Florets | Celery Sticks | | Chilled Corn | Broccoli Florets |
|  | **Available Daily:**  **Assorted Fresh Fruit**  **Chilled Fruit**  **Fat Free Chocolate, 1% White or Fat Free White Milk** | | | | | |

### Springfield Middle Schools

### September 29- October 3

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| --- | --- | --- | --- | --- | --- |
| **STATION NAMES** | Monday | Tuesday | Wednesday | Thursday | Friday |
| **ENTRÉE** | Steak & Cheese Calzone w/Cheese Sauce | Chicken Tenders  with CNC  BBQ Sauce,  French Fries | Breakfast for Lunch w/CNC Sausage | Sazon Roasted Turkey w/  Seasoned Rice | Creamy Penne Alfredo |
| **PIZZA** | Daily Options:  OMM Cheese Pizza  OMM Pepperoni Pizza  OMM Buffalo Chicken Pizza | | | | |
| **FAST TAKES** | Garden Salad and a Roll  Buffalo Chicken Salad  Buffalo Chicken Wrap  Turkey & Cheese on Kaiser  Sunbutter & Jelly Sandwich | | | | |
| **SIDES**  **COLD LINE ALTERNATE** | Sweet Potato Fries  Grape Tomatoes | CNC Mashed Butternut  Chilled Corn | Tater Tots  Celery Sticks | Stewed Black Beans  Chilled Corn | Roasted Broccoli  Carrot Sticks |
| Grape Tomatoes | Carrot Sticks | Chilled Corn | Black Bean Salad | Broccoli Florets |
|  | **Available Daily:**  **Assorted Fresh Fruit**  **Chilled Fruit**  **Fat Free Chocolate, 1% White or Fat Free White Milk** | | | | |