### Springfield Middle Schools

### August 25-29

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **STATION NAMES** | Monday | Tuesday | Wednesday | Thursday | Friday |
| **ENTRÉE** | Buffalo Chicken Calzone w/Ranch Dressing | Tomato Soup & Grilled Cheese | Fritto Bowl w/ Corn Muffin | Cheddar Chicken Bowl w/Oven Fried Drumstick | Stuffed Cheesy Bread w/Pizza Sauce |
| **GRILL** | Corn Dog  | Hot Dog | Spicy Chicken Patty | Cheeseburger | Chicken Patty |
|   |  Sides – Sliced Tomato, Green Leaf Lettuce, Sliced Onion |
| **FAST TAKES** | Garden Salad with RollChicken Caesar Salad with RollTurkey Ham & Cheese on KaiserSunbutter & Jelly Sandwich |
| **SIDES****COLD LINE ALTERNATE** | Vegetarian Baked BeansCelery Sticks | Steamed BroccoliGrape Tomatoes | Seasoned Green BeansCarrot Sticks | CNC Mashed PotatoesChilled Corn | Side Caesar SaladCarrot Sticks  |
| Black Bean Salad | Broccoli Florets | Celery Sticks | Chilled Corn | Broccoli Florets |
|  | **Available Daily:** **Assorted Fresh Fruit** **Chilled Fruit****Fat Free Chocolate, 1% White or Fat Free White Milk** |

### Springfield Middle Schools

### September 1-5

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **STATION NAMES** | Monday | Tuesday | Wednesday | Thursday | Friday |
| **ENTRÉE** | **NO SCHOOL** | Steak & Cheese Calzone w/Cheese Sauce  | Chicken Tenders w/ CNC BBQ Sauce, Roll, Fries | Breakfast for Lunch w/CNC Sausage | Creamy Penne Alfredo |
| **PIZZA** | Daily Options:OMM Cheese PizzaOMM Pepperoni Pizza OMM Buffalo Chicken Pizza |
| **FAST TAKES** | Garden Salad and a Roll Buffalo Chicken Salad Buffalo Chicken Wrap Turkey & Cheese on KaiserSunbutter & Jelly Sandwich |
| **SIDES****COLD LINE ALTERNATE** |  | Sweet Potato FriesGrape Tomatoes | Steamed Corn Black Bean Salad | Tater TotsCelery Sticks | Roasted BroccoliCarrot Sticks |
|  | Grape Tomatoes | Chilled Corn | Chilled Corn  | Broccoli Florets  |
|  | **Available Daily:** **Assorted Fresh Fruit** **Chilled Fruit****Fat Free Chocolate, 1% White or Fat Free White Milk** |

This institution is an equal opportunity provider.

### Springfield Middle School

### September 8-12

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **STATION NAMES** | Monday | Tuesday | Wednesday | Thursday | Friday |
| **ENTRÉE** | Pepperoni Calzone w/Pizza Sauce | **NO SCHOOL** | Mac n Cheese | Pollo Guisado w/Cilantro Lime Rice | Bahn Mi Sandwich w/Sriracha Mayo & Slaw |
| **GRILL** | Spicy Chicken Patty  |  | Chicken Patty | Hot Dog  | Cheeseburger |
|  Sides – Sliced Tomato, Green Leaf Lettuce, Sliced Onion |
| **FAST TAKES** | Hummus Bento Box with OMM Toast PointsGarden Salad with RollMediterranean Hummus Veggie WrapTurkey Ham & Cheese on KaiserSunbutter & Jelly Sandwich |
| **SIDES****COLD LINE ALTERNATE** | French FriesCelery Sticks |  | Roasted BroccoliGrape Tomatoes | Stewed Black BeansCarrot Sticks  | Roasted Local VegCelery Sticks |
| Chilled Corn |  | Broccoli Florets | Black Bean Salad | Carrot Sticks |
|  | **Available Daily:** **Assorted Fresh Fruit** **Chilled Fruit****Fat Free Chocolate, 1% White or Fat Free White Milk** |

### Springfield Middle Schools

### September 15-19

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **STATION NAMES** | Monday | Tuesday | Wednesday | Thursday | Friday |
| **ENTRÉE** | Ham & Cheese Calzone w/Honey Mustard | Taco Salad Tuesday w/Seasoned Rice and Pico | Spaghetti & Meatballs, Marinara Sauce, & Dinner Roll | Chicken & Waffles | Loaded Baked Potato with Beef, Cheese Sauce & Dinner Roll |
| **PIZZA** | Daily Options:OMM Cheese PizzaOMM Pepperoni Pizza OMM BBQ Chicken Pizza |
| **FAST TAKES** | Hummus Bento Box with OMM Toast PointsKale & Apple Salad with RollBBQ Chicken WrapTurkey & Cheese on KaiserSunbutter & Jelly Sandwich |
| **SIDES****COLD LINE ALTERNATE** | CNC Baked BeansCelery Sticks | Black Bean SaladCucumber Salad | Steamed Broccoli Carrot Sticks | CNC Mashed Sweet PotatoChilled Corn | Sweet Potato FriesCucumber Salad |
| Black Bean Salad | Black Bean Salad | Broccoli Florets | Carrot Sticks  | Carrot Sticks |
|  | **Available Daily:** **Assorted Fresh Fruit** **Chilled Fruit****Fat Free Chocolate, 1% White or Fat Free White Milk** |

### Springfield Middle Schools

### September 22-26

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **STATION NAMES** | Monday | Tuesday | Wednesday | Thursday | Friday |
| **ENTRÉE** | Buffalo Chicken Calzone w/Ranch Dressing | Plant-based Bolognese w/Spaghetti  | Fritto Bowl w/ Corn Muffin | Cheddar Chicken Bowl w/Oven Fried Drumstick | Stuffed Cheesy Bread w/Pizza Sauce |
| **GRILL** | Corn Dog  | Hot Dog | Spicy Chicken Patty | Cheeseburger | Chicken Patty |
|  Sides – Sliced Tomato, Green Leaf Lettuce, Sliced Onion |
| **FAST TAKES** | Garden Salad with RollChicken Caesar Salad with RollChicken Caesar Salad WrapTurkey Ham & Cheese on KaiserSunbutter & Jelly Sandwich |
| **SIDES****COLD LINE ALTERNATE** | Vegetarian Baked BeansCelery Sticks | Steamed BroccoliGrape Tomatoes | Seasoned Green BeansCarrot Sticks | CNC Mashed PotatoesChilled Corn | Side Caesar SaladCarrot Sticks  |
| Black Bean Salad | Broccoli Florets | Celery Sticks | Chilled Corn | Broccoli Florets |
|  | **Available Daily:** **Assorted Fresh Fruit** **Chilled Fruit****Fat Free Chocolate, 1% White or Fat Free White Milk** |

### Springfield Middle Schools

### September 29- October 3

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **STATION NAMES** | Monday | Tuesday | Wednesday | Thursday | Friday |
| **ENTRÉE** | Steak & Cheese Calzone w/Cheese Sauce  | Chicken Tenders with CNC BBQ Sauce, French Fries | Breakfast for Lunch w/CNC Sausage | Sazon Roasted Turkey w/Seasoned Rice | Creamy Penne Alfredo |
| **PIZZA** | Daily Options:OMM Cheese PizzaOMM Pepperoni Pizza OMM Buffalo Chicken Pizza |
| **FAST TAKES** | Garden Salad and a Roll Buffalo Chicken Salad Buffalo Chicken Wrap Turkey & Cheese on KaiserSunbutter & Jelly Sandwich |
| **SIDES****COLD LINE ALTERNATE** | Sweet Potato FriesGrape Tomatoes | CNC Mashed ButternutChilled Corn | Tater TotsCelery Sticks | Stewed Black BeansChilled Corn  | Roasted BroccoliCarrot Sticks |
| Grape Tomatoes | Carrot Sticks | Chilled Corn  | Black Bean Salad | Broccoli Florets  |
|  | **Available Daily:** **Assorted Fresh Fruit** **Chilled Fruit****Fat Free Chocolate, 1% White or Fat Free White Milk** |