### Springfield High Schools

### August 25-29

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **STATION NAMES** | Monday | Tuesday | Wednesday | Thursday | Friday |
| **ENTRÉE** | **Buffalo Chicken Calzone w/Ranch Dressing** | **Tomato Soup & Grilled Cheese** | **Fritto Bowl w/** **Corn Muffin** | **Cheddar Chicken Bowl w/Oven Fried Drumstick** | **Stuffed Cheesy Bread w/Pizza Sauce** |
| **PIZZA** | **Daily Options:****Cheese Pizza****Pepperoni Pizza** |
| **GRILL**  | **Corn Dog** | **Hot Dog**  | **Spicy Chicken Patty**  | **Cheeseburger**  | **Chicken Patty** |
|  **Sides – Sliced Tomato, Green Leaf Lettuce, Sliced Onion, Pickles, Fries** **Vegetarian: Falafel with OMM Pita and Cucumber Sauce Offered Daily** |
| **FAST TAKES** | **Garden Salad with Roll****Chicken Caesar Salad with Roll****Turkey Ham & Cheese on Kaiser****Sunbutter & Jelly Sandwich** |
| **SIDES****COLD LINE ALTERNATE** | **Vegetarian Baked Beans****Celery Sticks** | **Steamed Broccoli****Grape Tomatoes** | **Seasoned Green Beans****Carrot Sticks** | **CNC Mashed Potatoes****Chilled Corn** | **Side Caesar Salad****Carrot Sticks**  |
| **Black Bean Salad** | **Broccoli Florets** | **Celery Sticks** | **Chilled Corn** | **Broccoli Florets** |
|  | **Available Daily:** **Assorted Fresh Fruit** **Chilled Fruit****Fat Free Chocolate, 1% White or Fat Free White Milk** |

### Springfield High School

### September 1-5

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **STATION NAMES** | Monday | Tuesday | Wednesday | Thursday | Friday |
| **ENTRÉE** | **NO SCHOOL** | **Steak & Cheese Calzone w/Cheese Sauce**  | **Chicken Tenders with CNC BBQ Sauce, Roll, Fries** | **Breakfast for** **Lunch w/CNC Sausage** | **Creamy Penne Alfredo** |
| **NACHO BAR** | **Nacho Bar****Choice Of: Buffalo Chicken or Refried Beans****Served with Nacho Sauce, Sour Cream, Salsa & Tortilla Chips** |
| **PIZZA** | **Daily Options:****Cheese Pizza****Pepperoni Pizza** **Buffalo Chicken Pizza** |
| **GRILL**  |  | **Spicy Chicken** **Patty**  | **Hot Dog**  | **Chicken Patty**  | **Cheeseburger** |
|  **Sides – Sliced Tomato, Green Leaf Lettuce, Sliced Onion, Pickles, Burger Sauce, Fries****Vegetarian: Black Bean Burger w/Fresh Veggies and Burger Sauce Offered Daily** |
| **FAST TAKES** | **Garden Salad and a Roll****Buffalo Chicken Salad****Buffalo Chicken Wrap****Turkey & Cheese on Kaiser****Sunbutter & Jelly Sandwich** |
| **SIDES****COLD LINE ALTERNATE** |  | **Sweet Potato Fries****Grape Tomatoes** | **Steamed Corn** **Black Bean Salad** | **Tater Tots****Celery Sticks** | **Roasted Broccoli****Carrot Sticks** |
|  | **Grape Tomatoes** | **Chilled Corn** | **Chilled Corn**  | **Broccoli Florets**  |
|  | **Available Daily:** **Assorted Fresh Fruit** **Chilled Fruit****Fat Free Chocolate, 1% White or Fat Free White Milk** |

### Springfield High School

### September 8-12

###

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **STATION NAMES** | Monday | Tuesday | Wednesday | Thursday | Friday |
| **ENTRÉE** | **Pepperoni Calzone w/Pizza Sauce** | **NO SCHOOL** | **Mac n Cheese** | **Pollo Guisado w/Cilantro** **Lime Rice** | **Bahn Mi Sandwich w/Sriracha** **Mayo & Slaw** |
| **NACHO BAR** | **Panini Bar****Steak & Cheese Panini****Tomato Mozzarella Pesto Panini** |
| **PIZZA** | **Daily Options:****Cheese Pizza****Pepperoni Pizza** **Veggie Pizza** |
| **GRILL**  | **Spicy Chicken Patty**  |  | **Chicken Patty** | **Hot Dog**  | **Cheeseburger** |
|  **Sides – Sliced Tomato, Green Leaf Lettuce, Sliced Onion, Pickles, Burger Sauce, Fries****Vegetarian: Falafel with OMM Pita and Cucumber Sauce Offered Daily** |
| **FAST TAKES** | **Hummus Bento Box with OMM Toast Points****Garden Salad with Roll****Mediterranean Hummus Veggie Wrap****Turkey Ham & Cheese on Kaiser****Sunbutter & Jelly Sandwich** |
| **SIDES****COLD LINE ALTERNATE** | **French Fries****Celery Sticks** |  | **Roasted Broccoli****Grape Tomatoes** | **Stewed Black Beans****Carrot Sticks**  | **Roasted Local Veg****Celery Sticks** |
| **Chilled Corn** |  | **Broccoli Florets** | **Black Bean Salad** | **Carrot Sticks** |
|  | **Available Daily:** **Assorted Fresh Fruit** **Chilled Fruit****Fat Free Chocolate, 1% White or Fat Free White Milk** |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **STATION NAMES** | Monday | Tuesday | Wednesday | Thursday | Friday |
| **ENTRÉE** | **Ham & Cheese Calzone w/Honey Mustard** | **Taco Salad** **Tuesday w/Seasoned Rice and Pico** | **Spaghetti & Meatballs,** **Marinara Sauce,** **& Dinner Roll** | **Chicken &** **Waffles** | **Loaded Baked Potato with Beef, Cheese Sauce & Dinner Roll** |
| **BAR** | **Nacho Bar****Choice Of: Classic Beef or Refried Beans** **Served with Nacho Sauce, Sour Cream, Salsa & Tortilla Chips** |
| **PIZZA** | **Daily Options:****Cheese Pizza****Pepperoni Pizza** **BBQ Chicken Pizza**  |
| **GRILL**  | **Cheeseburger**  | **Spicy Chicken Patty**  | **Chicken Patty**  | **Hot Dog** | **Corn Dog**  |
|  **Sides – Sliced Tomato, Green Leaf Lettuce, Sliced Onion, Pickles, Burger Sauce, Fries Vegetarian: Black Bean Burger w/Fresh Veggies and Burger Sauce Offered Daily** |
| **FAST TAKES** | **Hummus Bento Box with OMM Toast Points****Kale & Apple Salad with Roll****BBQ Chicken Wrap****Turkey & Cheese on Kaiser****Sunbutter & Jelly Sandwich** |
| **SIDES****COLD LINE ALTERNATE** | **CNC Baked Beans****Celery Sticks** | **Black Bean Salad****Cucumber Salad** | **Steamed Broccoli** **Carrot Sticks** | **CNC Mashed** **Sweet Potato****Chilled Corn** | **Sweet Potato Fries****Cucumber Salad** |
| **Black Bean Salad** | **Black Bean Salad** | **Broccoli Florets** | **Carrot Sticks**  | **Carrot Sticks** |
|  | **Available Daily:** **Assorted Fresh Fruit** **Chilled Fruit****Fat Free Chocolate, 1% White or Fat Free White Milk** |

### Springfield High School

### September 15-19

This institution is an equal opportunity provider.

### Springfield High Schools

### September 22-26

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **STATION NAMES** | Monday | Tuesday | Wednesday | Thursday | Friday |
| **ENTRÉE** | **Buffalo Chicken Calzone w/Ranch Dressing** | **Plant-based Bolognese w/Spaghetti**  | **Fritto Bowl w/** **Corn Muffin** | **Cheddar Chicken Bowl w/Oven Fried Drumstick & Roll** | **Stuffed Cheesy Bread w/Pizza Sauce** |
| **BAR** | **Panini Bar****Steak & Cheese Panini****Tomato Mozzarella Pesto Panini** |
| **PIZZA** | **Daily Options:****Cheese Pizza****Pepperoni Pizza****Chicken & Broccoli Pizza** |
| **GRILL**  | **Corn Dog** | **Hot Dog**  | **Spicy Chicken Patty**  | **Cheeseburger**  | **Chicken Patty** |
|  **Sides – Sliced Tomato, Green Leaf Lettuce, Sliced Onion, Pickles, Burger Sauce, Fries****Vegetarian: Falafel with OMM Pita and Cucumber Sauce Offered Daily** |
| **FAST TAKES** | **Garden Salad with Roll****Chicken Caesar Salad with Roll****Chicken Caesar Salad Wrap****Turkey Ham & Cheese on Kaiser****Sunbutter & Jelly Sandwich** |
| **SIDES****COLD LINE ALTERNATE** | **Vegetarian Baked Beans****Celery Sticks** | **Steamed Broccoli****Grape Tomatoes** | **Seasoned Green Beans****Carrot Sticks** | **Mashed Potatoes****Chilled Corn** | **Side Caesar Salad****Carrot Sticks**  |
| **Black Bean Salad** | **Broccoli Florets** | **Celery Sticks** | **Chilled Corn** | **Broccoli Florets** |
|  | **Available Daily:** **Assorted Fresh Fruit** **Chilled Fruit****Fat Free Chocolate, 1% White or Fat Free White Milk** |

### Springfield High School

### September 29- October 3

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **STATION NAMES** | Monday | Tuesday | Wednesday | Thursday | Friday |
| **ENTRÉE** | **Steak & Cheese Calzone w/Cheese Sauce**  | **Chicken Tenders with CNC** **BBQ Sauce,** **French Fries** | **Breakfast for Lunch w/CNC Sausage** | **Sazon Roasted Turkey w/Seasoned Rice** | **Creamy Penne Alfredo** |
| **BAR** | **Nacho Bar****Choice Of: Buffalo Chicken or Refried Beans****Served with Nacho Sauce, Sour Cream, Salsa & Tortilla Chips** |
| **PIZZA** | **Daily Options:****Cheese Pizza****Pepperoni Pizza** **Buffalo Chicken Pizza** |
| **GRILL**  | **Spicy Chicken** **Patty**  | **Hot Dog**  | **Chicken Patty**  | **Corn Dog** | **Cheeseburger**  |
|  **Sides – Sliced Tomato, Green Leaf Lettuce, Sliced Onion, Pickles, Burger Sauce, Fries****Vegetarian: Black Bean Burger w/Fresh Veggies and Burger Sauce Offered Daily** |
| **FAST TAKES** | **Garden Salad and a Roll****Buffalo Chicken Salad****Buffalo Chicken Wrap****Turkey & Cheese on Kaiser****Sunbutter & Jelly Sandwich** |
| **SIDES****COLD LINE ALTERNATE** | **Sweet Potato Fries****Grape Tomatoes** | **CNC Mashed Butternut****Chilled Corn** | **Tater Tots****Celery Sticks** | **Stewed Black Beans****Chilled Corn**  | **Roasted Broccoli****Carrot Sticks** |
| **Grape Tomatoes** | **Carrot Sticks** | **Chilled Corn**  | **Black Bean Salad** | **Broccoli Florets**  |
|  | **Available Daily:** **Assorted Fresh Fruit** **Chilled Fruit****Fat Free Chocolate, 1% White or Fat Free White Milk** |