### Springfield High Schools

### August 25-29

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| **STATION NAMES** | Monday | Tuesday | Wednesday | Thursday | Friday |
| **ENTRÉE** | **Buffalo Chicken Calzone w/Ranch Dressing** | **Tomato Soup & Grilled Cheese** | **Fritto Bowl w/**  **Corn Muffin** | **Cheddar Chicken Bowl w/Oven Fried Drumstick** | **Stuffed Cheesy Bread w/Pizza Sauce** |
| **PIZZA** | **Daily Options:**  **Cheese Pizza**  **Pepperoni Pizza** | | | | |
| **GRILL** | **Corn Dog** | **Hot Dog** | **Spicy Chicken Patty** | **Cheeseburger** | **Chicken Patty** |
| **Sides – Sliced Tomato, Green Leaf Lettuce, Sliced Onion, Pickles, Fries**  **Vegetarian: Falafel with OMM Pita and Cucumber Sauce Offered Daily** | | | | |
| **FAST TAKES** | **Garden Salad with Roll**  **Chicken Caesar Salad with Roll**  **Turkey Ham & Cheese on Kaiser**  **Sunbutter & Jelly Sandwich** | | | | |
| **SIDES**  **COLD LINE ALTERNATE** | **Vegetarian Baked Beans**  **Celery Sticks** | **Steamed Broccoli**  **Grape Tomatoes** | **Seasoned Green Beans**  **Carrot Sticks** | **CNC Mashed Potatoes**  **Chilled Corn** | **Side Caesar Salad**  **Carrot Sticks** |
| **Black Bean Salad** | **Broccoli Florets** | **Celery Sticks** | **Chilled Corn** | **Broccoli Florets** |
|  | **Available Daily:**  **Assorted Fresh Fruit**  **Chilled Fruit**  **Fat Free Chocolate, 1% White or Fat Free White Milk** | | | | |

### Springfield High School

### September 1-5

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| **STATION NAMES** | Monday | Tuesday | Wednesday | Thursday | Friday |
| **ENTRÉE** | **NO SCHOOL** | **Steak & Cheese Calzone w/Cheese Sauce** | **Chicken Tenders with CNC BBQ Sauce, Roll, Fries** | **Breakfast for**  **Lunch w/CNC Sausage** | **Creamy Penne Alfredo** |
| **NACHO BAR** | **Nacho Bar**  **Choice Of: Buffalo Chicken or Refried Beans**  **Served with Nacho Sauce, Sour Cream, Salsa & Tortilla Chips** | | | | |
| **PIZZA** | **Daily Options:**  **Cheese Pizza**  **Pepperoni Pizza**  **Buffalo Chicken Pizza** | | | | |
| **GRILL** |  | **Spicy Chicken**  **Patty** | **Hot Dog** | **Chicken Patty** | **Cheeseburger** |
| **Sides – Sliced Tomato, Green Leaf Lettuce, Sliced Onion, Pickles, Burger Sauce, Fries**  **Vegetarian: Black Bean Burger w/Fresh Veggies and Burger Sauce Offered Daily** | | | | |
| **FAST TAKES** | **Garden Salad and a Roll**  **Buffalo Chicken Salad**  **Buffalo Chicken Wrap**  **Turkey & Cheese on Kaiser**  **Sunbutter & Jelly Sandwich** | | | | |
| **SIDES**  **COLD LINE ALTERNATE** |  | **Sweet Potato Fries**  **Grape Tomatoes** | **Steamed Corn**  **Black Bean Salad** | **Tater Tots**  **Celery Sticks** | **Roasted Broccoli**  **Carrot Sticks** |
|  | **Grape Tomatoes** | **Chilled Corn** | **Chilled Corn** | **Broccoli Florets** |
|  | **Available Daily:**  **Assorted Fresh Fruit**  **Chilled Fruit**  **Fat Free Chocolate, 1% White or Fat Free White Milk** | | | | |

### Springfield High School

### September 8-12

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| **STATION NAMES** | Monday | Tuesday | Wednesday | Thursday | Friday |
| **ENTRÉE** | **Pepperoni Calzone w/Pizza Sauce** | **NO SCHOOL** | **Mac n Cheese** | **Pollo Guisado w/Cilantro**  **Lime Rice** | **Bahn Mi Sandwich w/Sriracha**  **Mayo & Slaw** |
| **NACHO BAR** | **Panini Bar**  **Steak & Cheese Panini**  **Tomato Mozzarella Pesto Panini** | | | | |
| **PIZZA** | **Daily Options:**  **Cheese Pizza**  **Pepperoni Pizza**  **Veggie Pizza** | | | | |
| **GRILL** | **Spicy Chicken Patty** |  | **Chicken Patty** | **Hot Dog** | **Cheeseburger** |
| **Sides – Sliced Tomato, Green Leaf Lettuce, Sliced Onion, Pickles, Burger Sauce, Fries**  **Vegetarian: Falafel with OMM Pita and Cucumber Sauce Offered Daily** | | | | |
| **FAST TAKES** | **Hummus Bento Box with OMM Toast Points**  **Garden Salad with Roll**  **Mediterranean Hummus Veggie Wrap**  **Turkey Ham & Cheese on Kaiser**  **Sunbutter & Jelly Sandwich** | | | | |
| **SIDES**  **COLD LINE ALTERNATE** | **French Fries**  **Celery Sticks** |  | **Roasted Broccoli**  **Grape Tomatoes** | **Stewed Black Beans**  **Carrot Sticks** | **Roasted Local Veg**  **Celery Sticks** |
| **Chilled Corn** |  | **Broccoli Florets** | **Black Bean Salad** | **Carrot Sticks** |
|  | **Available Daily:**  **Assorted Fresh Fruit**  **Chilled Fruit**  **Fat Free Chocolate, 1% White or Fat Free White Milk** | | | | |

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| **STATION NAMES** | Monday | Tuesday | Wednesday | Thursday | Friday |
| **ENTRÉE** | **Ham & Cheese Calzone w/Honey Mustard** | **Taco Salad**  **Tuesday w/Seasoned Rice and Pico** | **Spaghetti & Meatballs,**  **Marinara Sauce,**  **& Dinner Roll** | **Chicken &**  **Waffles** | **Loaded Baked Potato with Beef, Cheese Sauce & Dinner Roll** |
| **BAR** | **Nacho Bar**  **Choice Of: Classic Beef or Refried Beans**  **Served with Nacho Sauce, Sour Cream, Salsa & Tortilla Chips** | | | | |
| **PIZZA** | **Daily Options:**  **Cheese Pizza**  **Pepperoni Pizza**  **BBQ Chicken Pizza** | | | | |
| **GRILL** | **Cheeseburger** | **Spicy Chicken Patty** | **Chicken Patty** | **Hot Dog** | **Corn Dog** |
| **Sides – Sliced Tomato, Green Leaf Lettuce, Sliced Onion, Pickles, Burger Sauce, Fries Vegetarian: Black Bean Burger w/Fresh Veggies and Burger Sauce Offered Daily** | | | | |
| **FAST TAKES** | **Hummus Bento Box with OMM Toast Points**  **Kale & Apple Salad with Roll**  **BBQ Chicken Wrap**  **Turkey & Cheese on Kaiser**  **Sunbutter & Jelly Sandwich** | | | | |
| **SIDES**  **COLD LINE ALTERNATE** | **CNC Baked Beans**  **Celery Sticks** | **Black Bean Salad**  **Cucumber Salad** | **Steamed Broccoli**  **Carrot Sticks** | **CNC Mashed**  **Sweet Potato**  **Chilled Corn** | **Sweet Potato Fries**  **Cucumber Salad** |
| **Black Bean Salad** | **Black Bean Salad** | **Broccoli Florets** | **Carrot Sticks** | **Carrot Sticks** |
|  | **Available Daily:**  **Assorted Fresh Fruit**  **Chilled Fruit**  **Fat Free Chocolate, 1% White or Fat Free White Milk** | | | | |

### Springfield High School

### September 15-19

This institution is an equal opportunity provider.

### Springfield High Schools

### September 22-26

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| **STATION NAMES** | Monday | Tuesday | Wednesday | Thursday | Friday |
| **ENTRÉE** | **Buffalo Chicken Calzone w/Ranch Dressing** | **Plant-based Bolognese w/Spaghetti** | **Fritto Bowl w/**  **Corn Muffin** | **Cheddar Chicken Bowl w/Oven Fried Drumstick & Roll** | **Stuffed Cheesy Bread w/Pizza Sauce** |
| **BAR** | **Panini Bar**  **Steak & Cheese Panini**  **Tomato Mozzarella Pesto Panini** | | | | |
| **PIZZA** | **Daily Options:**  **Cheese Pizza**  **Pepperoni Pizza**  **Chicken & Broccoli Pizza** | | | | |
| **GRILL** | **Corn Dog** | **Hot Dog** | **Spicy Chicken Patty** | **Cheeseburger** | **Chicken Patty** |
| **Sides – Sliced Tomato, Green Leaf Lettuce, Sliced Onion, Pickles, Burger Sauce, Fries**  **Vegetarian: Falafel with OMM Pita and Cucumber Sauce Offered Daily** | | | | |
| **FAST TAKES** | **Garden Salad with Roll**  **Chicken Caesar Salad with Roll**  **Chicken Caesar Salad Wrap**  **Turkey Ham & Cheese on Kaiser**  **Sunbutter & Jelly Sandwich** | | | | |
| **SIDES**  **COLD LINE ALTERNATE** | **Vegetarian Baked Beans**  **Celery Sticks** | **Steamed Broccoli**  **Grape Tomatoes** | **Seasoned Green Beans**  **Carrot Sticks** | **Mashed Potatoes**  **Chilled Corn** | **Side Caesar Salad**  **Carrot Sticks** |
| **Black Bean Salad** | **Broccoli Florets** | **Celery Sticks** | **Chilled Corn** | **Broccoli Florets** |
|  | **Available Daily:**  **Assorted Fresh Fruit**  **Chilled Fruit**  **Fat Free Chocolate, 1% White or Fat Free White Milk** | | | | |

### Springfield High School

### September 29- October 3

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| **STATION NAMES** | Monday | Tuesday | Wednesday | Thursday | Friday |
| **ENTRÉE** | **Steak & Cheese Calzone w/Cheese Sauce** | **Chicken Tenders with CNC**  **BBQ Sauce,**  **French Fries** | **Breakfast for Lunch w/CNC Sausage** | **Sazon Roasted Turkey w/Seasoned Rice** | **Creamy Penne Alfredo** |
| **BAR** | **Nacho Bar**  **Choice Of: Buffalo Chicken or Refried Beans**  **Served with Nacho Sauce, Sour Cream, Salsa & Tortilla Chips** | | | | |
| **PIZZA** | **Daily Options:**  **Cheese Pizza**  **Pepperoni Pizza**  **Buffalo Chicken Pizza** | | | | |
| **GRILL** | **Spicy Chicken**  **Patty** | **Hot Dog** | **Chicken Patty** | **Corn Dog** | **Cheeseburger** |
| **Sides – Sliced Tomato, Green Leaf Lettuce, Sliced Onion, Pickles, Burger Sauce, Fries**  **Vegetarian: Black Bean Burger w/Fresh Veggies and Burger Sauce Offered Daily** | | | | |
| **FAST TAKES** | **Garden Salad and a Roll**  **Buffalo Chicken Salad**  **Buffalo Chicken Wrap**  **Turkey & Cheese on Kaiser**  **Sunbutter & Jelly Sandwich** | | | | |
| **SIDES**  **COLD LINE ALTERNATE** | **Sweet Potato Fries**  **Grape Tomatoes** | **CNC Mashed Butternut**  **Chilled Corn** | **Tater Tots**  **Celery Sticks** | **Stewed Black Beans**  **Chilled Corn** | **Roasted Broccoli**  **Carrot Sticks** |
| **Grape Tomatoes** | **Carrot Sticks** | **Chilled Corn** | **Black Bean Salad** | **Broccoli Florets** |
|  | **Available Daily:**  **Assorted Fresh Fruit**  **Chilled Fruit**  **Fat Free Chocolate, 1% White or Fat Free White Milk** | | | | |