

EGG-FREE BREAKFAST

August-September 2026



MONDAY

Spiced Apple Muffin 8/24
OR
Assorted Cereal with
Giant Goldfish Cracker
Fresh Whole Fruit
100% Juice
1% or Fat Free Milk

Pumpkin Streusel Muffin 8/31
OR
Assorted Cereal with
Giant Goldfish Cracker
Fresh Whole Fruit
100% Juice
1% or Fat Free Milk

No School 9/7

Wild Blueberry Muffin 9/14 (Pre-K Starts)
OR
Assorted Cereal with
Giant Goldfish Cracker
Fresh Whole Fruit
100% Juice
1% or Fat Free Milk

Spiced Apple Muffin 9/21
OR
Assorted Cereal with
Giant Goldfish Cracker
Fresh Whole Fruit
100% Juice
1% or Fat Free Milk

TUESDAY

French Toast Sticks with Syrup 8/25
OR
Assorted Cereal
Fresh Whole Fruit
100% Juice
1% or Fat Free Milk

No School 9/1

Bagel w/Spread 9/8
OR
Assorted Cereal
Fresh Whole Fruit
100% Juice
1% or Fat Free Milk

Bacon, Egg, Potato & Cheese Pocket 9/15
OR
Assorted Cereal
Fresh Whole Fruit
100% Juice
1% or Fat Free Milk

French Toast Sticks with Syrup 9/22
OR
Assorted Cereal
Fresh Whole Fruit
100% Juice
1% or Fat Free Milk

WEDNESDAY

Yogurt & Granola 8/26
OR
Assorted Cereal with
Cheese Stick
Fresh Whole Fruit
100% Juice
1% or Fat Free Milk

9/2 (Kindergarten Starts)
Mini Cinnamon Rolls
OR
Assorted Cereal with
Cheese Stick
Fresh Whole Fruit
100% Juice
1% or Fat Free Milk

Wild Blueberry Pocket 9/9
OR
Assorted Cereal with
Local Granola
Fresh Whole Fruit
100% Juice
1% or Fat Free Milk

Biscuit w/Creamy Sausage Gravy 9/16
OR
Assorted Cereal
Fresh Whole Fruit
100% Juice
1% or Fat Free Milk

Yogurt & Granola 9/23
OR
Assorted Cereal with
Cheese Stick
Fresh Whole Fruit
100% Juice
1% or Fat Free Milk

THURSDAY

Spiced Apple Pocket 8/27
OR
Assorted Cereal
Fresh Whole Fruit
100% Juice
1% or Fat Free

Chorizo, Potato & Cheese Pocket 9/3
OR
Assorted Cereal
Fresh Whole Fruit
100% Juice
1% or Fat Free Milk

OATrageous Mango Overnight Oats 9/10
OR
Assorted Cereal
Fresh Whole Fruit
100% Juice
1% or Fat Free Milk

Raspberry Roll 9/17
OR
Assorted Cereal with
Cheese Stick
Fresh Whole Fruit
100% Juice
1% or Fat Free Milk

Spiced Apple Pocket 9/24
OR
Assorted Cereal
Fresh Whole Fruit
100% Juice
1% or Fat Free

FRIDAY

Egg & Cheese English Muffin 8/28
OR
Assorted Cereal
Fresh Whole Fruit
100% Juice
1% or Fat Free Milk

CNC Chicken Sausage & Cheese Maple Flatbread 9/4
OR
Assorted Cereal
Fresh Whole Fruit
100% Juice
1% or Fat Free Milk

Egg & Cheese English Muffin 9/11
OR
Assorted Cereal
Fresh Whole Fruit
100% Juice
1% or Fat Free Milk

CNC Chicken Sausage & Cheese English Muffin 9/18
OR
Assorted Cereal
Fresh Whole Fruit
100% Juice
1% or Fat Free Milk

Egg & Cheese English Muffin 9/25
OR
Assorted Cereal
Fresh Whole Fruit
100% Juice
1% or Fat Free Milk

EGG-FREE BREAKFAST

September-October 2026



MONDAY

Pumpkin Streusel Muffin 9/28
OR
Assorted Cereal with
Giant Goldfish Cracker
Fresh Whole Fruit
100% Juice
1% or Fat Free Milk

TUESDAY

Pancakes with Syrup 9/29
OR
Assorted Cereal
Fresh Whole Fruit
100% Juice
1% or Fat Free Milk

WEDNESDAY

Mini Cinnamon Rolls 9/30
OR
Assorted Cereal with
Cheese Stick
Fresh Whole Fruit
100% Juice
1% or Fat Free Milk

THURSDAY

Chorizo, Potato & Cheese Pocket 10/1
OR
Assorted Cereal
Fresh Whole Fruit
100% Juice
1% or Fat Free Milk

FRIDAY

CNC Chicken Sausage & Cheese Maple Flatbread 10/2
OR
Assorted Cereal
Fresh Whole Fruit
100% Juice
1% or Fat Free Milk