|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| 8/25 | 8/26 | 8/27 | 8/28 | 8/29 |
| Assorted Cereal with Giant Goldfish Cracker  Fresh Whole Fruit  100% Juice  1% or Fat Free Milk | Raspberry Roll  OR  Assorted Cereal  Fresh Whole Fruit  100% Juice  1% or Fat Free Milk | Maple Muffin  OR  Assorted Cereal with  Local Granola  Fresh Whole Fruit  100% Juice  1% or Fat Free Milk | Yogurt & Granola  OR  Assorted Cereal  Fresh Whole Fruit  100% Juice  1% or Fat Free Milk | Egg & Cheese English Muffin  OR  Assorted Cereal  Fresh Whole Fruit  100% Juice  1% or Fat Free Milk |
| 9/1 | 9/2 | 9/3 | 9/4 | 9/5 |
| **NO SCHOOL** | Spiced Apple Pocket  OR  Assorted Cereal  Fresh Whole Fruit  100% Juice  1% or Fat Free Milk | French Toast w/Syrup  OR  Assorted Cereal with Local Granola  Fresh Whole Fruit  100% Juice  1% or Fat Free Milk | Spiced Apple Muffin  OR  Assorted Cereal with Giant Goldfish Cracker  Fresh Whole Fruit  100% Juice  1% or Fat Free Milk | Turkey Ham & Cheese Croissant  OR  Assorted Cereal  Fresh Whole Fruit  100% Juice  1% or Fat Free Milk |
| 9/8 | 9/9 | 9/10 | 9/11 | 9/12 |
| Pumpkin Muffin  OR  Assorted Cereal with Giant Goldfish Cracker  Fresh Whole Fruit  100% Juice  1% or Fat Free Milk | **NO SCHOOL** | Yogurt & Granola  OR  Assorted Cereal with  Local Granola  Fresh Whole Fruit  100% Juice  1% or Fat Free Milk | Chorizo, Potato & Cheese Pocket  OR  Assorted Cereal  Fresh Whole Fruit  100% Juice  1% or Fat Free Milk | Egg & Cheese English Muffin  OR  Assorted Cereal  Fresh Whole Fruit  100% Juice  1% or Fat Free Milk |
| 9/15 | 9/16 | 9/17 | 9/18 | 9/19 |
| Doughnut Muffin  OR  Assorted Cereal with Giant Goldfish Cracker  Fresh Whole Fruit  100% Juice  1% or Fat Free Milk | Cinnamon Raisin Bagel w/ Cream Cheese or Jelly  OR  Assorted Cereal  Fresh Whole Fruit  100% Juice  1% or Fat Free Milk | Pancakes with CNC Spiced Caramel Apples  OR  Assorted Cereal with Local Granola  Fresh Whole Fruit  100% Juice  1% or Fat Free Milk | Blueberry Muffin  OR  Assorted Cereal  Fresh Whole Fruit  100% Juice  1% or Fat Free Milk | Maple Flatbread Breakfast Sandwich  OR  Assorted Cereal  Fresh Whole Fruit  100% Juice  1% or Fat Free Milk |
| **PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES** | | | **Menu items are subject to change** | |

##### SPRINGFIELD PUBLIC SCHOOLS

##### ELEMENTARY BIC

##### SEPTEMBER 2025

**EGG FREE**

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| SPRINGFIELD PUBLIC SCHOOLSELEMENTARY BICSEPTEMBER 2025 **EGG FREE** | | | | | |
| 9/22 | 9/23 | 9/24 | | 9/25 | 9/26 |
| Spiced Apple Muffin  OR  Assorted Cereal with Giant Goldfish Cracker  Fresh Whole Fruit  100% Juice  1% or Fat Free Milk | Raspberry Roll  OR  Assorted Cereal  Fresh Whole Fruit  100% Juice  1% or Fat Free Milk | Maple Muffin  OR  Assorted Cereal with  Local Granola  Fresh Whole Fruit  100% Juice  1% or Fat Free Milk | | Yogurt & Granola  OR  Assorted Cereal  Fresh Whole Fruit  100% Juice  1% or Fat Free Milk | Egg & Cheese English Muffin  OR  Assorted Cereal  Fresh Whole Fruit  100% Juice  1% or Fat Free Milk |
| 9/29 | 9/30 | 10/1 | | 10/2 | 10/3 |
| Blueberry Muffin  OR  Assorted Cereal with Giant Goldfish Cracker  Fresh Whole Fruit  100% Juice  1% or Fat Free Milk | Spiced Apple Pocket  OR  Assorted Cereal  Fresh Whole Fruit  100% Juice  1% or Fat Free Milk | French Toast w/Syrup  OR  Assorted Cereal with Local Granola  Fresh Whole Fruit  100% Juice  1% or Fat Free Milk | | Chocolate Muffin  OR  Assorted Cereal  Fresh Whole Fruit  100% Juice  1% or Fat Free Milk | Turkey Ham & Cheese Croissant  OR  Assorted Cereal  Fresh Whole Fruit  100% Juice  1% or Fat Free Milk |
| **PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES** | | | **Menu items are subject to change** | | |

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