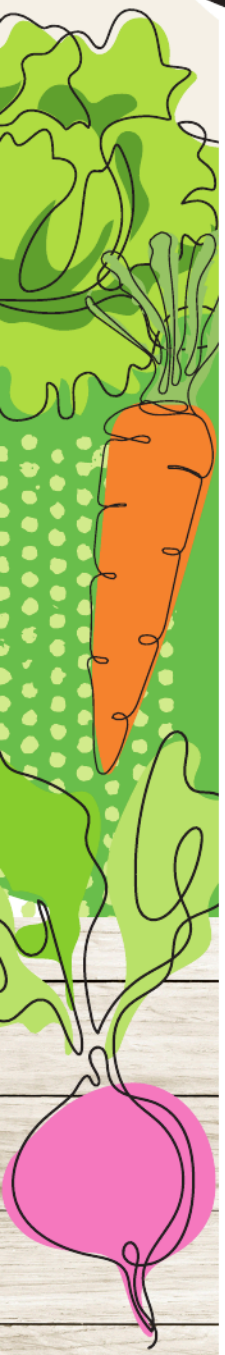
Home Grown
SPRINGFIELD

WEEKLY LUNCH

ALLERGY FREE LUNCH

Week of October 5-9, 2026



MONDAY 10/5	**Chicken Salad Sandwich on AF Bread** **Steamed Carrots** | Celery Sticks
TUESDAY 10/6	**Plant-based Nachos** **Chilled Corn** | Celery Sticks
WEDNESDAY 10/7	**Turkey Roll-Up on GF Tortilla** **Steamed Corn** | **Carrot Sticks**
THURSDAY 10/8	**BBQ Chicken with Rice** Steamed Carrots | **Celery Sticks**
FRIDAY 10/9	**GF Pasta & Meat Sauce** Steamed Broccoli | Grape Tomatoes

1% AND FAT FREE FLAVORED MILK, SOY MILK | RICE MILK OFFERED DAILY | FRESH FRUIT OFFERED DAILY | These meals are free from Milk, Egg, Soy, Wheat, Sesame, Fish, Shellfish, Peanuts & Tree Nuts | PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES | Menu items are subject to change | Bold vegetables replace the vegetable of the day for allergy-free requirements.

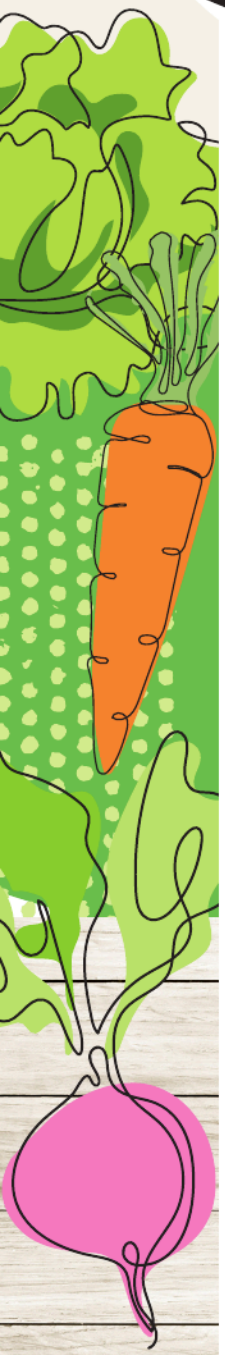
This institution is an equal opportunity provider.

Home Grown
SPRINGFIELD

WEEKLY LUNCH

ALLERGY FREE LUNCH

Week of October 12-16, 2026



MONDAY 10/12	**NO SCHOOL**
TUESDAY 10/13	**BBQ Chicken with Rice** **Seasoned Green Beans** | Chilled Corn
WEDNESDAY 10/14	**GF Pasta & Meat Sauce** Roasted Broccoli | Carrot Sticks
THURSDAY 10/15	**Plant-based Nachos** Seasoned Green Beans | Black Bean Salad
FRIDAY 10/16	**Turkey Roll-Up on GF Tortilla** Local Root Veg | Grape Tomatoes

1% AND FAT FREE FLAVORED MILK, SOY MILK | RICE MILK OFFERED DAILY | FRESH FRUIT OFFERED DAILY | These meals are free from Milk, Egg, Soy, Wheat, Sesame, Fish, Shellfish, Peanuts & Tree Nuts | PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES | Menu items are subject to change | Bold vegetables replace the vegetable of the day for allergy-free requirements.

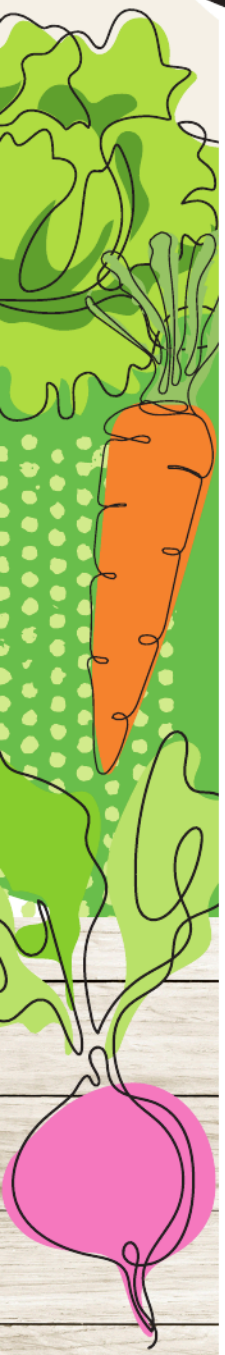
This institution is an equal opportunity provider.

Home Grown
SPRINGFIELD

WEEKLY LUNCH

ALLERGY FREE LUNCH

Week of October 19-23, 2026



MONDAY 10/19	**Chicken Salad Sandwich on AF Bread** **Steamed Corn** | Black Bean Salad
TUESDAY 10/20	**BBQ Chicken with Rice** **Steamed Carrots** | Chilled Corn
WEDNESDAY 10/21	**GF Pasta & Meat Sauce** Roasted Broccoli | Grape Tomatoes
THURSDAY 10/22	**Salsa Chicken with Rice** Steamed Carrots | Celery Sticks
FRIDAY 10/23	**Plant-based Nachos** **Steamed Broccoli | Celery Sticks**

1% AND FAT FREE FLAVORED MILK, SOY MILK | RICE MILK OFFERED DAILY | FRESH FRUIT OFFERED DAILY | These meals are free from Milk, Egg, Soy, Wheat, Sesame, Fish, Shellfish, Peanuts & Tree Nuts | PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES | Menu items are subject to change | Bold vegetables replace the vegetable of the day for allergy-free requirements.

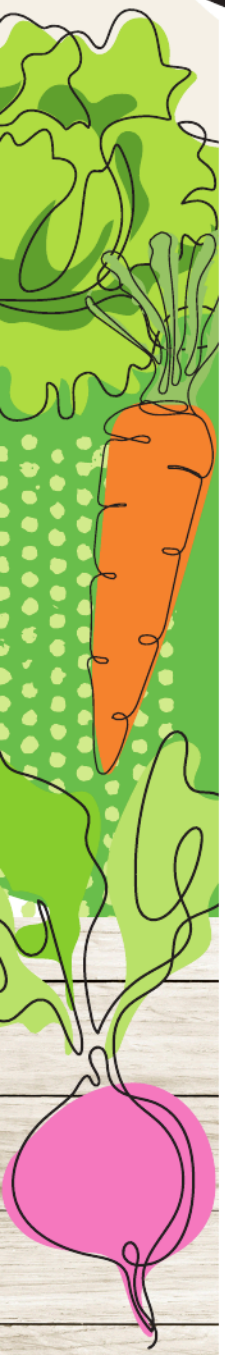
This institution is an equal opportunity provider.

Home Grown
SPRINGFIELD

WEEKLY LUNCH

ALLERGY FREE LUNCH

Week of October 26-30, 2026



MONDAY 10/26	**Turkey Roll-Up on GF Tortilla** Steamed Carrots | Grape Tomatoes
TUESDAY 10/27	**GF Pasta & Meat Sauce** Steamed Corn | Black Bean Salad
WEDNESDAY 10/28	**Plant-based Nachos** Roasted Broccoli | Carrot Sticks
THURSDAY 10/29	**Chicken Salad Sandwich on AF Bread** **Steamed Corn | Grape Tomatoes**
FRIDAY 10/30	**BBQ Chicken with Rice** Seasoned Green Beans | **Celery Sticks**

1% AND FAT FREE FLAVORED MILK, SOY MILK | RICE MILK OFFERED DAILY | FRESH FRUIT OFFERED DAILY | These meals are free from Milk, Egg, Soy, Wheat, Sesame, Fish, Shellfish, Peanuts & Tree Nuts | PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES | Menu items are subject to change | Bold vegetables replace the vegetable of the day for allergy-free requirements.

This institution is an equal opportunity provider.