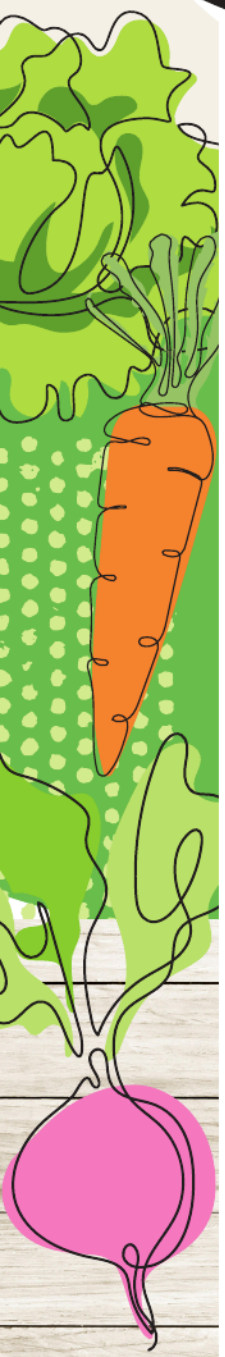
Home Grown SPRINGFIELD

WEEKLY LUNCH

ALLERGY FREE LUNCH

Week of November 2-6, 2026



MONDAY 11/2	**Plant-based Nachos** **Steamed Carrots** | Chilled Corn
TUESDAY 11/3	**NO SCHOOL**
WEDNESDAY 11/4	**Turkey Roll-Up on GF Tortilla** **Steamed Corn** | Celery Sticks
THURSDAY 11/5	**BBQ Chicken with Rice** **Black Bean Salad** | Grape Tomatoes
FRIDAY 11/6	**AF Pasta w/Chicken** Steamed Broccoli | Carrot Sticks

1% AND FAT FREE FLAVORED MILK, SOY MILK OR RICE MILK OFFERED DAILY | FRESH FRUIT OFFERED DAILY | These meals are free from Milk/Dairy, Egg, Soy, Wheat, Sesame, Fish, Shellfish, Peanuts & Tree Nuts | Vegetables in bold are made in place of the vegetable of the day to meet Allergy-Free requirements | PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES | Menu items are subject to change

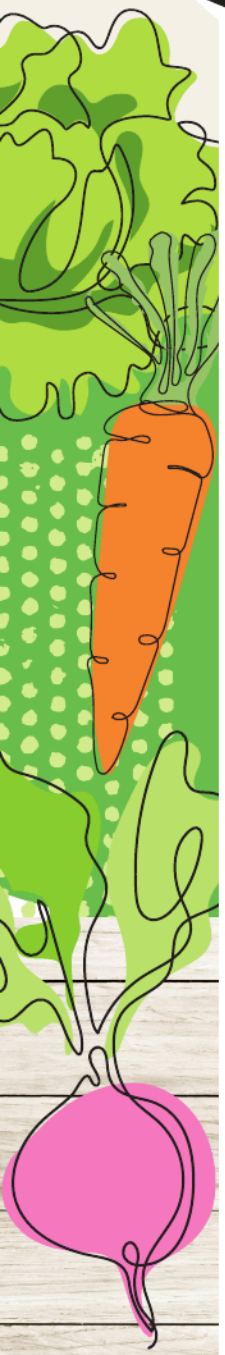
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WEEKLY LUNCH

ALLERGY FREE LUNCH

Week of November 9-13, 2026



MONDAY 11/9	**Chicken Salad Sandwich on AF Bread** **Steamed Carrots** | Black Bean Salad
TUESDAY 11/10	**AF Pasta w/Chicken** Roasted Broccoli | Carrot Sticks
WEDNESDAY 11/11	**NO SCHOOL**
THURSDAY 11/12	**Plant-based Nachos** **Steamed Corn** | Celery Sticks
FRIDAY 11/13	**Salsa Chicken with Rice** Local Root Veg | Grape Tomatoes

1% AND FAT FREE FLAVORED MILK, SOY MILK OR RICE MILK OFFERED DAILY | FRESH FRUIT OFFERED DAILY | These meals are free from Milk/Dairy, Egg, Soy, Wheat, Sesame, Fish, Shellfish, Peanuts & Tree Nuts | Vegetables in bold are made in place of the vegetable of the day to meet Allergy-Free requirements | PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES | Menu items are subject to change

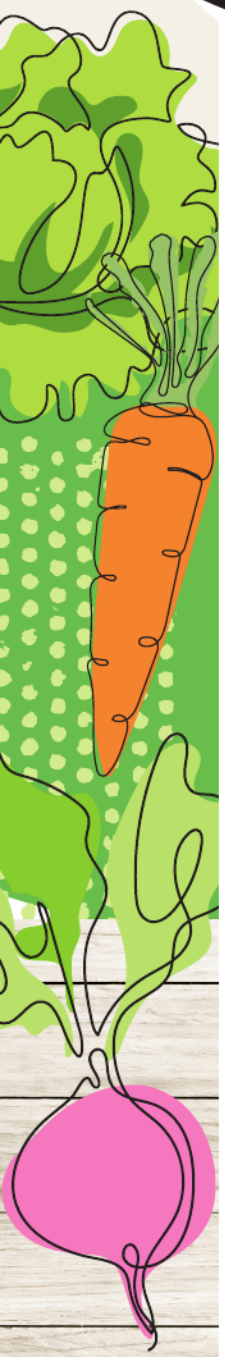
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SPRINGFIELD

WEEKLY LUNCH

ALLERGY FREE LUNCH

Week of November 16-20, 2026



MONDAY **11/16**	**Turkey Roll-Up on GF Tortilla** **Steamed Corn** | Black Bean Salad
TUESDAY **11/17**	**Chicken Salad Sandwich on AF Bread** Roasted Broccoli | Grape Tomatoes
WEDNESDAY **11/18**	**AF Pasta w/Chicken** **Steamed Corn** | **Carrot Sticks**
THURSDAY **11/19**	**Salsa Chicken with Rice** Seasoned Green Beans | Celery Sticks
FRIDAY **11/20**	**Plant-based Nachos** **Steamed Broccoli** | Carrot Sticks

1% AND FAT FREE FLAVORED MILK, SOY MILK OR RICE MILK OFFERED DAILY | FRESH FRUIT OFFERED DAILY | These meals are free from Milk/Dairy, Egg, Soy, Wheat, Sesame, Fish, Shellfish, Peanuts & Tree Nuts | Vegetables in bold are made in place of the vegetable of the day to meet Allergy-Free requirements | PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES | Menu items are subject to change

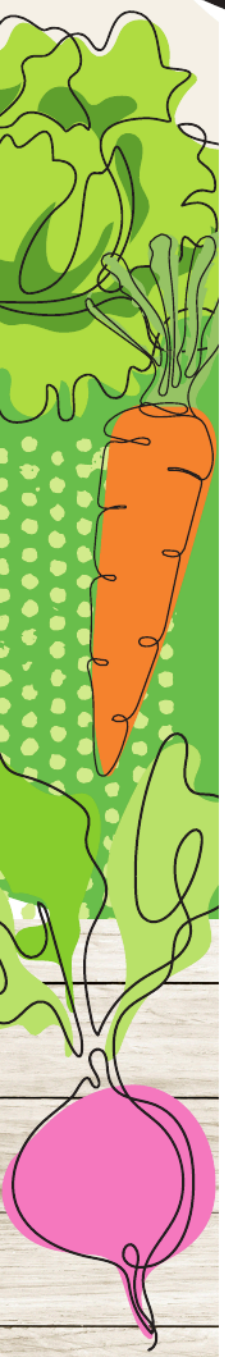
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WEEKLY LUNCH

ALLERGY FREE LUNCH

Week of November 23-27, 2026



MONDAY **11/23**	**Turkey Roll-Up on GF Tortilla** Steamed Corn | Black Bean Salad
TUESDAY **11/24**	**Plant-based Nachos** Steamed Broccoli | Celery Sticks
WEDNESDAY **11/25**	**NO SCHOOL**
THURSDAY **11/26**	**NO SCHOOL**
FRIDAY **11/27**	**NO SCHOOL**

1% AND FAT FREE FLAVORED MILK, SOY MILK OR RICE MILK OFFERED DAILY | FRESH FRUIT OFFERED DAILY | These meals are free from Milk/Dairy, Egg, Soy, Wheat, Sesame, Fish, Shellfish, Peanuts & Tree Nuts | Vegetables in bold are made in place of the vegetable of the day to meet Allergy-Free requirements | PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES | Menu items are subject to change

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