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| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| 8/25 | 8/26 | 8/27 | 8/28 | 8/29 |
| Chicken Salad Sandwich on AF Bread  Veg Baked Beans  Celery Sticks | Turkey Roll-Up on  GF Tortilla  Steamed Broccoli  Grape Tomatoes | GF Pasta & Meat Sauce  Seasoned Green Beans  Carrot Sticks | Salsa Chicken  with Rice  **Steamed Corn**  **Celery Sticks** | Ground Beef Nachos  **Steamed Broccoli**  Carrot Sticks |
| 9/1 | 9/2 | 9/3 | 9/4 | 9/5 |
| **NO SCHOOL** | Turkey Roll-Up on  GF Tortilla  **Steamed Carrots**  Grape Tomatoes | Ground Beef Nachos  Black Bean Salad  Chilled Corn | BBQ Chicken  with Rice  **Steamed Corn**  Celery Sticks | GF Pasta & Meat Sauce  **Steamed Broccoli**  Carrot Sticks |
| 9/8 | 9/9 | 9/10 | 9/11 | 9/12 |
| Chicken Salad Sandwich on AF Bread  **Steamed Corn**  Celery Sticks | **NO SCHOOL** | Ground Beef Nachos  Steamed Broccoli  Grape Tomatoes | Salsa Chicken  with Rice  Black Bean Salad  Carrot Sticks | GF Pasta & Meat Sauce  Local Root Veg  Celery Sticks |
| 9/15 | 9/16 | 9/17 | 9/18 | 9/19 |
| Turkey Roll-Up on  GF Tortilla  CNC Baked Beans  Celery Sticks | Ground Beef Nachos  Black Bean Salad  **Celery Sticks** | GF Pasta & Meat Sauce  Steamed Broccoli  Carrot Sticks | BBQ Chicken  with Rice  **Steamed Corn**  **Carrot Sticks** | Chicken Salad Sandwich on AF Bread  **Steamed Carrots**  **Celery Sticks** |
| 9/22 | 9/23 | 9/24 | 9/25 | 9/26 |
| Chicken Salad Sandwich on AF Bread  Veg Baked Beans  Celery Sticks | Turkey Roll-Up on  GF Tortilla  Steamed Broccoli  Grape Tomatoes | GF Pasta & Meat Sauce  Seasoned Green Beans  Carrot Sticks | Salsa Chicken  with Rice  **Steamed Corn**  **Celery Sticks** | Ground Beef Nachos  **Steamed Broccoli**  Carrot Sticks |
| 9/29 | 9/30 | 10/1 | 10/2 | 10/3 |
| Turkey Roll-Up on  GF Tortilla  **Steamed Carrots**  Grape Tomatoes | Ground Beef Nachos  Black Bean Salad  Chilled Corn | BBQ Chicken  with Rice  **Steamed Corn**  Celery Sticks | Salsa Chicken  with Rice  Black Bean Salad  Chilled Corn | GF Pasta & Meat Sauce  **Steamed Carrots**  Broccoli Florets |
| 1% AND FAT FREE FLAVORED MILK, SOY MILK OR RICE MILK OFFERED DAILY  FRESH FRUIT OFFERED DAILY  **These meals are free from Milk, Egg, Soy, Wheat, Sesame, Fish, Shellfish, Peanuts & Tree Nuts** | | | | |
| **PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES** | | | **Menu items are subject to change** | |

##### SPRINGFIELD PUBLIC SCHOOLS

##### ALLERGY FREE LUNCH

**SEPTEMBER 2025**

Vegetables in **BOLD** are to be made in place of the vegetable of the day to accommodate Allergy-Free requirements