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| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| 8/25 | 8/26 | 8/27 | 8/28 | 8/29 |
| Chicken Salad Sandwich on AF BreadVeg Baked BeansCelery Sticks | Turkey Roll-Up on GF TortillaSteamed Broccoli Grape Tomatoes | GF Pasta & Meat SauceSeasoned Green BeansCarrot Sticks | Salsa Chicken with Rice**Steamed Corn****Celery Sticks** | Ground Beef Nachos**Steamed Broccoli**Carrot Sticks |
| 9/1 | 9/2 | 9/3 | 9/4 | 9/5 |
| **NO SCHOOL** | Turkey Roll-Up on GF Tortilla**Steamed Carrots**Grape Tomatoes | Ground Beef NachosBlack Bean SaladChilled Corn | BBQ Chicken with Rice**Steamed Corn**Celery Sticks | GF Pasta & Meat Sauce**Steamed Broccoli**Carrot Sticks |
| 9/8 | 9/9 | 9/10 | 9/11 | 9/12 |
| Chicken Salad Sandwich on AF Bread**Steamed Corn**Celery Sticks | **NO SCHOOL** | Ground Beef NachosSteamed BroccoliGrape Tomatoes | Salsa Chicken with RiceBlack Bean SaladCarrot Sticks | GF Pasta & Meat SauceLocal Root VegCelery Sticks |
| 9/15 | 9/16 | 9/17 | 9/18 | 9/19 |
| Turkey Roll-Up on GF TortillaCNC Baked BeansCelery Sticks | Ground Beef NachosBlack Bean Salad**Celery Sticks** | GF Pasta & Meat SauceSteamed BroccoliCarrot Sticks | BBQ Chicken with Rice**Steamed Corn****Carrot Sticks** | Chicken Salad Sandwich on AF Bread**Steamed Carrots****Celery Sticks** |
| 9/22 | 9/23 | 9/24 | 9/25 | 9/26 |
| Chicken Salad Sandwich on AF BreadVeg Baked BeansCelery Sticks | Turkey Roll-Up on GF TortillaSteamed Broccoli Grape Tomatoes | GF Pasta & Meat SauceSeasoned Green BeansCarrot Sticks | Salsa Chicken with Rice**Steamed Corn****Celery Sticks** | Ground Beef Nachos**Steamed Broccoli**Carrot Sticks |
| 9/29 | 9/30 | 10/1 | 10/2 | 10/3 |
| Turkey Roll-Up on GF Tortilla**Steamed Carrots**Grape Tomatoes | Ground Beef NachosBlack Bean SaladChilled Corn | BBQ Chicken with Rice**Steamed Corn**Celery Sticks | Salsa Chicken with RiceBlack Bean SaladChilled Corn | GF Pasta & Meat Sauce**Steamed Carrots**Broccoli Florets |
| 1% AND FAT FREE FLAVORED MILK, SOY MILK OR RICE MILK OFFERED DAILYFRESH FRUIT OFFERED DAILY**These meals are free from Milk, Egg, Soy, Wheat, Sesame, Fish, Shellfish, Peanuts & Tree Nuts** |
| **PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES** | **Menu items are subject to change** |

##### SPRINGFIELD PUBLIC SCHOOLS

##### ALLERGY FREE LUNCH

**SEPTEMBER 2025**

Vegetables in **BOLD** are to be made in place of the vegetable of the day to accommodate Allergy-Free requirements