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| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| 8/25 | 8/26 | 8/27 | 8/28 | 8/29 |
|  Assorted Cereal with Rice Cakes and Jelly or SunbutterFresh Fruit100% Juice | Assorted Cereal with Rice Cakes and Jelly or SunbutterFresh Fruit100% Juice |  Assorted Cereal with Rice Cakes and Jelly or SunbutterFresh Fruit100% Juice |  GF English Muffin with Jelly or SunbutterFresh Fruit100% Juice |  Assorted Cereal with Rice Cakes and Jelly or SunbutterFresh Fruit100% Juice |
| 9/1 | 9/2 | 9/3 | 9/4 | 9/5 |
| **NO****SCHOOL** |  Assorted Cereal with Rice Cakes and Jelly or SunbutterFresh Fruit100% Juice | Assorted Cereal with Rice Cakes and Jelly or SunbutterFresh Fruit100% Juice |  Assorted Cereal with Rice Cakes and Jelly or SunbutterFresh Fruit100% Juice |  GF English Muffin with Jelly or SunbutterFresh Fruit100% Juice |
| 9/8 | 9/9 | 9/10 | 9/11 | 9/12 |
|  GF English Muffin with Jelly or SunbutterFresh Fruit100% Juice | **NO****SCHOOL** |  Assorted Cereal with Rice Cakes and Jelly or SunbutterFresh Fruit100% Juice |  Assorted Cereal with Rice Cakes and Jelly or SunbutterFresh Fruit100% Juice | Assorted Cereal with Rice Cakes and Jelly or SunbutterFresh Fruit100% Juice |
| 9/15 | 9/16 | 9/17 | 9/18 | 9/19 |
|  Assorted Cereal with Rice Cakes and Jelly or SunbutterFresh Fruit100% Juice |  GF English Muffin with Jelly or SunbutterFresh Fruit100% Juice |  Assorted Cereal with Rice Cakes and Jelly or SunbutterFresh Fruit100% Juice |  Assorted Cereal with Rice Cakes and Jelly or SunbutterFresh Fruit100% Juice | Assorted Cereal with Rice Cakes and Jelly or SunbutterFresh Fruit100% Juice |
| 9/22 | 9/23 | 9/24 | 9/25 | 9/26 |
|  Assorted Cereal with Rice Cakes and Jelly or SunbutterFresh Fruit100% Juice |  Assorted Cereal with Rice Cakes and Jelly or SunbutterFresh Fruit100% Juice |  Assorted Cereal with Rice Cakes and Jelly or SunbutterFresh Fruit100% Juice |  GF English Muffin with Jelly or SunbutterFresh Fruit100% Juice |  Assorted Cereal with Rice Cakes and Jelly or SunbutterFresh Fruit100% Juice |
| 9/29 | 9/30 | 10/1 | 10/2 | 10/3 |
|  Assorted Cereal with Rice Cakes and Jelly or SunbutterFresh Fruit100% Juice |  Assorted Cereal with Rice Cakes and Jelly or SunbutterFresh Fruit100% Juice |  Assorted Cereal with Rice Cakes and Jelly or SunbutterFresh Fruit100% Juice |  Assorted Cereal with Rice Cakes and Jelly or SunbutterFresh Fruit100% Juice |  GF English Muffin with Jelly or SunbutterFresh Fruit100% Juice |
| 1% AND FAT FREE FLAVORED MILK, SOY MILK OR RICE MILK OFFERED DAILY**These meals are free from Milk/Dairy, Egg, Soy, Wheat, Sesame, Fish, Shellfish, Peanuts & Tree Nuts** |
| **PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES** | **Menu items are subject to change** |

##### SPRINGFIELD PUBLIC SCHOOLS

##### ALLERGY FREE BREAKFAST

**SEPTEMBER 2025**