##### SPRINGFIELD PUBLIC SCHOOLS

##### AFTER THE BELL HIGH SCHOOL MENU

**SEPTEMBER 2025**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | | **Thursday** | **Friday** |
| 8/25 | 8/26 | 8/27 | | 8/28 | 8/29 |
| Chipotle Black Bean  Tortilla Chips  Celery Sticks  Ranch Dressing  100% Fruit Juice  1% or Fat Free Milk | Ham & Cheese  Croissant  Hummus Plate w/Tortilla and Tzatziki  1% or Fat Free Milk | Cold Asian Noodle Salad with Chicken  Cold Asian Noodle Salad with Beans  1% or Fat Free Milk | | Pesto Chicken Pasta Salad  Pesto Pasta Salad  100% Fruit Juice  1% or Fat Free Milk | Turkey & Cheese  Hummus Plate w/Tortilla and Tzatziki  100% Fruit Juice  1% or Fat Free Milk |
| 9/1 | 9/2 | 9/3 | | 9/4 | 9/5 |
| **NO SCHOOL** | Classic Hummus Plate  Tortilla Chips  Carrot Sticks  Ranch Dressing  100% Fruit Juice  1% or Fat Free Milk | Pretzels  Sunbutter  Celery Sticks  Apple Slices  Jelly Cup  1% or Fat Free Milk | | Turkey & Cheese  Hummus Plate w/Tortilla and Tzatziki  100% Fruit Juice  1% or Fat Free Milk | Ham & Cheese  Croissant  Hummus Plate w/Tortilla and Tzatziki  1% or Fat Free Milk |
| 9/8 | 9/9 | 9/10 | | 9/11 | 9/12 |
| Chipotle Black Bean  Tortilla Chips  Celery Sticks  Ranch Dressing  100% Fruit Juice  1% or Fat Free Milk | **NO SCHOOL** | Cold Asian Noodle Salad with Chicken  Cold Asian Noodle Salad with Beans  1% or Fat Free Milk | | Pretzels  Sunbutter  Celery Sticks  Apple Slices  Jelly Cup  1% or Fat Free Milk | Turkey & Cheese  Hummus Plate w/Tortilla and Tzatziki  100% Fruit Juice  1% or Fat Free Milk |
| 9/15 | 9/16 | 9/17 | | 9/18 | 9/19 |
| Classic Hummus Plate  Tortilla Chips  Carrot Sticks  Ranch Dressing  100% Fruit Juice  1% or Fat Free Milk | Pretzels  Sunbutter  Celery Sticks  Apple Slices  Jelly Cup  1% or Fat Free Milk | Pesto Chicken Pasta Salad  Pesto Pasta Salad  100% Fruit Juice  1% or Fat Free Milk | | Cold Asian Noodle Salad with Chicken  Cold Asian Noodle Salad with Beans  1% or Fat Free Milk | Chicken Bacon Ranch Sandwich  Hummus Plate  100% Fruit Juice  1% or Fat Free Milk |
| 9/22 | 9/23 | 9/24 | | 9/25 | 9/26 |
| Chipotle Black Bean  Tortilla Chips  Celery Sticks  Ranch Dressing  100% Fruit Juice  1% or Fat Free Milk | Ham & Cheese  Croissant  Hummus Plate w/Tortilla and Tzatziki  1% or Fat Free Milk | Cold Asian Noodle Salad with Chicken  Cold Asian Noodle Salad with Beans  1% or Fat Free Milk | | Pesto Chicken Pasta Salad  Pesto Pasta Salad  100% Fruit Juice  1% or Fat Free Milk | Turkey & Cheese  Hummus Plate w/Tortilla and Tzatziki  100% Fruit Juice  1% or Fat Free Milk |
| 9/29 | 9/30 | 10/1 | | 10/2 | 10/3 |
| Classic Hummus Plate  Tortilla Chips  Carrot Sticks  Ranch Dressing  100% Fruit Juice  1% or Fat Free Milk | Pesto Chicken Pasta Salad  Pesto Pasta Salad  100% Fruit Juice  1% or Fat Free Milk | Pretzels  Sunbutter  Celery Sticks  Apple Slices  Jelly Cup  1% or Fat Free Milk | | Turkey & Cheese  Hummus Plate w/Tortilla and Tzatziki  100% Fruit Juice  1% or Fat Free Milk | Ham & Cheese  Croissant  Hummus Plate w/Tortilla and Tzatziki  1% or Fat Free Milk |
| **Students must take ALL items. All grains are Whole Grain.** | | | | | |
| **PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES** | | | **MENU IS SUBJECT TO CHANGE** | | |