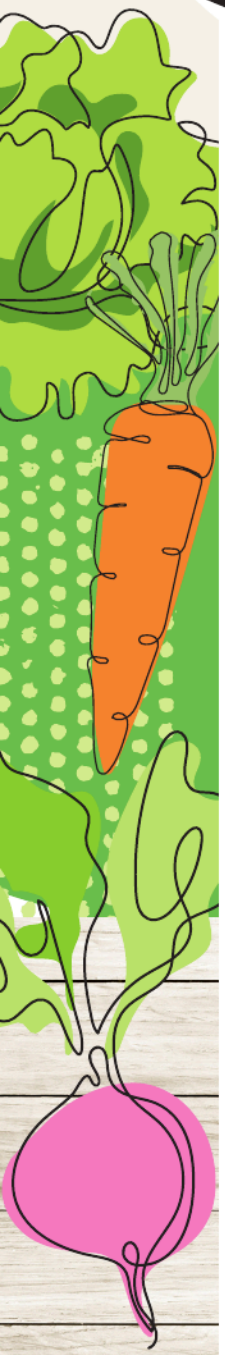
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SPRINGFIELD

WEEKLY LUNCH

PRE-PLATE VEGETARIAN LUNCH

Week of October 5-9, 2026



MONDAY 10/5	**Black Bean Burger with Carrots & Corn** Hummus Bento Box | with Roll
TUESDAY 10/6	**Creamy Penne Alfredo, Broccoli, Carrots** Hummus Bento Box | with Roll
WEDNESDAY 10/7	**Pancakes, Sunbutter, Tater Tots, Baby Carrots & Syrup** Hummus Bento Box | with Roll
THURSDAY 10/8	**Seasoned Rice, Local Stewed Beans w/ Green Beans & Corn** Hummus Bento Box | with Roll
FRIDAY 10/9	**Cheese Pizza with Steamed Carrots and Broccoli** Hummus Bento Box with Roll

Sunbutter & Jelly Sandwich | Cheese Sandwich | Assorted Fresh Fruit | 1% White, Fat Free Flavored | Fat Free White Milk | PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES | Menu items are subject to change

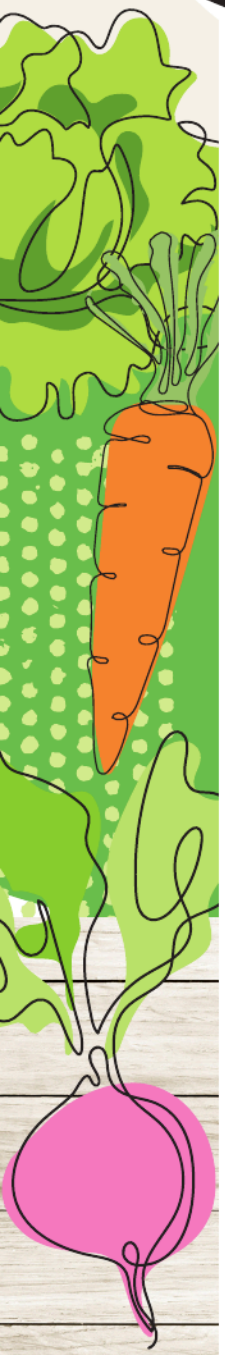
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WEEKLY LUNCH

PRE-PLATE VEGETARIAN LUNCH

Week of October 12-16, 2026



MONDAY 10/12	**NO SCHOOL**
TUESDAY 10/13	**Loaded Baked Potato, Cheese sauce, Broccoli and a Roll** Garden Salad with Corn, Celery & Dinner Roll
WEDNESDAY 10/14	**Plant-based Lazy Lasagna, Broccoli, Carrots** Garden Salad with Broccoli, Carrots & Dinner Roll
THURSDAY 10/15	**Cheese Nachos w/Fiesta Corn & Black Beans, Baby Carrots** Garden Salad with Corn, Celery & Dinner Roll
FRIDAY 10/16	**Cheese Pizza with Steamed Carrots & Green Beans** Garden Salad with Broccoli, Carrots & Dinner Roll

Sunbutter & Jelly Sandwich | Cheese Sandwich | Assorted Fresh Fruit | 1% White, Fat Free Flavored | Fat Free White Milk | PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES | Menu items are subject to change

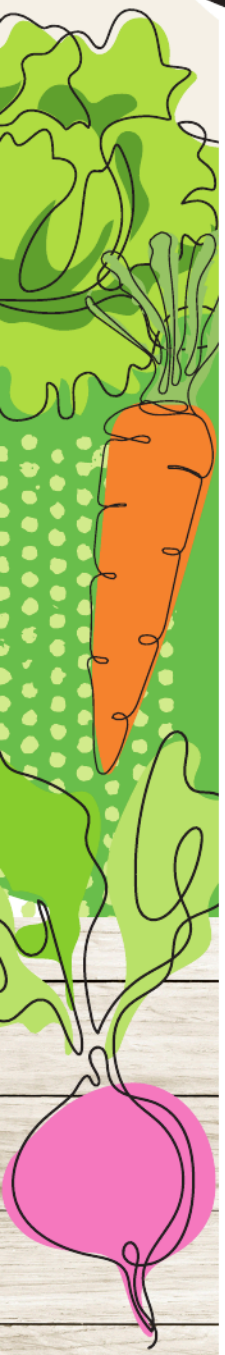
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WEEKLY LUNCH

PRE-PLATE VEGETARIAN LUNCH

Week of October 19-23, 2026

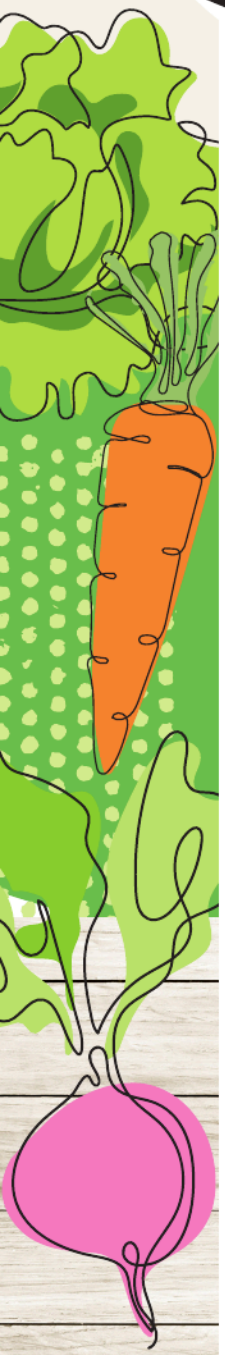


MONDAY 10/19	**Black Bean Burger with Carrots & Corn** Hummus Bento Box with Roll
TUESDAY 10/20	**Cheese Calzone with Pizza Dipping Sauce and Baked Beans & Celery** Hummus Bento Box with Roll
WEDNESDAY 10/21	**Mac & Cheese, Green Beans, Carrots** Hummus Bento Box | with Roll
THURSDAY 10/22	**Seasoned Rice, Local Stewed Beans w/Green Beans & Corn** Hummus Bento Box | with Roll
FRIDAY 10/23	**Cheese Pizza with Steamed Carrots and Broccoli** Hummus Bento Box with Roll

Sunbutter & Jelly Sandwich | Cheese Sandwich | Assorted Fresh Fruit | 1% White, Fat Free Flavored | Fat Free White Milk | PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES | Menu items are subject to change

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WEEKLY LUNCH

PRE-PLATE VEGETARIAN LUNCH

Week of October 26-30, 2026

MONDAY 10/26	**Cheese Nachos w/Fiesta Corn & Black Beans, Baby Carrots** Garden Salad with Corn, Celery & Dinner Roll
TUESDAY 10/27	**Loaded Baked Potato, Cheese sauce, Broccoli and a Roll** Garden Salad with Broccoli, Carrots & Dinner Roll
WEDNESDAY 10/28	**Plant-based Lazy Lasagna, Broccoli, Carrots** Garden Salad with Corn, Celery & Dinner Roll
THURSDAY 10/29	**Seasoned Rice, Local Stewed Beans w/Green Beans & Corn** Garden Salad with Broccoli, Carrots & Dinner Roll
FRIDAY 10/30	**Cheese Pizza with Steamed Carrots & Green Beans** Garden Salad with Corn, Celery & Dinner Roll

Sunbutter & Jelly Sandwich | Cheese Sandwich | Assorted Fresh Fruit | 1% White, Fat Free Flavored | Fat Free White Milk | PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES | Menu items are subject to change

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