

Rottweiler Puppy Training Schedule

A Practical Timeline for Raising a Well-Behaved Rottweiler

Drawing on years of experience and proven results, Spartan Rottweilers has developed this training schedule **specifically for the Rottweiler breed**.

Every step is designed to meet the developmental needs of growing puppies, **foster mental sharpness**, and build **respectful behavior** from an early age.

This schedule reflects our commitment to producing balanced, confident Rottweilers — and offers a clear path for new owners to continue that success at home. It's not uncommon for **first-time Rottweiler owners (or even experienced ones!)** to underestimate how early certain training habits need to start.

Puppies, especially large breed working dogs, need structure right from the beginning. Basic skills like leash walking, sitting on command, polite manners, and respecting the **family "pack order"** are things we start working on right away, even when they're still very small.

Drawing on years of hands-on experience and proven results, **Spartan Rottweilers** has developed this training schedule specifically for the unique needs of the Rottweiler breed.

8–10 Weeks Old: Foundation Building

- Name Recognition: Practice calling their name with rewards.
- Potty Training: Take outside every 2 hours, after meals, naps, and play.
- Crate Training: Introduce crate as a safe, positive space.
- Gentle Handling: Touch paws, ears, and mouth.
- Socialization: Meet new people, surfaces, sights, and sounds.
- Basic Commands: Begin teaching 'Sit', 'Come', and 'Down'.
- Leash Introduction: Comfortable wearing collar and light leash.
- Gentle Play: Redirect biting to toys, but prepared to follow-up with discipline if it continues after the first few days home. No tug (dominance) play at this time.

Training Time: 5–10 minutes, 3–5 times daily.

10–12 Weeks Old: Early Manners

- Continue Leash : Walking on a leash in and outside of the house
- 'Leave It' and 'Drop It': Prevent resource guarding.
- **Firm Discipline of no biting**, if it is still occurring.
- Continue to reinforce basic commands
- House Rules: Enforce boundaries.
- Continue Socialization: Exposure to children, car rides, and public places.

Training Time: 10 minutes, 3–4 times daily.

3–4 Months Old: Beginner Obedience

- Walking on Leash: Introduce structured walks.
- 'Stay' and 'Wait': Short stays and patience-building.
- Continue to reinforce basic commands
- Impulse Control Games: 'Wait for food' game.
- Add the Place Command to the basics: Teach 'go to mat' behavior.
- Meeting Calm Dogs: Encourage calm greetings.

Training Time: 10–15 minutes, 3 times daily.

4–5 Months Old: Strengthening Obedience and Manners

- Extended Stay and Recall ('Come') with distractions.
- Continue to reinforce basic commands
- Loose Leash Walking in Public.
- Mild Obedience Challenges: 'Stay' while stepping a few feet away and 'Come' with mild distractions nearby etc.

Training Time: 15 minutes, 2–3 times daily.

5–6 Months Old: Pre-Teen Challenge Phase

- Solidify ALL basic commands.
- Mild Off-Leash Work in safe areas.
- Heeling Practice.
- Manners with Strangers and Other Dogs.
- Handling New Experiences Calmly.

Training Time: 15–20 minutes, 2–3 times daily.

Daily Routine Example (8–16 Weeks Old)

Time	Activity
6:00 AM	Potty Break + Short Training Session (Sit, Come) Treats work well at this time, because they are hungry!
7:00 AM	Breakfast
8:30 AM	Crate/Nap
10:00 AM	Potty Break + Play Session + "Leave It" Game
1:30 PM	Basic Obedience Practice + Gentle Play
4:00 PM	Dinner
5:30 PM	Potty Break + Walk (Leash Introduction)
7:00 PM	Basic Obedience Practice + Gentle Play
8:00 PM	Final Potty Break + Bedtime

Important Notes for Rottweilers

- Mental exercise is just as important as physical exercise.
- It is 10 times harder to fix a bad habit than it is to teach the good one in the first place
- Gentle firmness: Be consistent , calm and FIRM
- Ongoing Socialization: Prevent fear and reactivity.
- Positive Reinforcement: Build trust.
- Puppy Classes: Great for obedience and socialization.

Final thought

You've probably heard the saying that **one year for a dog equals seven years for a human.**

If we break that down even further, a **six-month-old puppy** is already the equivalent of a **3½-year-old child.**

Think about how much a young child learns in those early years — how they trust, explore, and build the foundation for the rest of their life.

Puppies are exactly the same.

In those first few months, every experience, every touch, every lesson shapes who they will become.

This is why early training, handling, and socialization aren't optional — they are essential.

At Spartan Rottweilers, we don't wait.

From the moment they're ready, we begin **building trust, reducing stress, and introducing positive experiences** — so your puppy starts life with confidence and curiosity, not fear.

By the time your puppy comes home to you at eight weeks old, their learning journey is already well underway — and you're stepping into a story that's already been written with care and intention.