

Spartan Rottweilers - Leash Training Guide

Step-by-Step Training for Large Breed Puppies

What You'll Need:

- 🐕 A properly fitted flat collar, martingale, or other appropriate training collar
- 🦴 A strong 6-foot leash
- 🍎 High-value treats or a favorite toy
- 🧘 Calm energy and patience

Step 1: Start Indoors (No Distractions)

Clip on the leash indoors and let your puppy drag it around under supervision. Practice walking short distances and reward them when they stay near you. This builds early leash awareness.

Step 2: Teach the “Follow” Position

Choose one side (typically the left). Use treats to guide your pup into walking beside you. Use a cue like 'Let's go' and reward frequently at first. If they pull, stop and wait until they return to your side.

Step 3: Introduce 'Stop and Reset'

Whenever your puppy pulls, stop walking. Wait for them to release tension on the leash, then praise and continue. Repeat consistently to teach that pulling ends the walk.

Step 4: Add Mild Distractions

Once your pup walks well indoors, move to quiet outdoor spaces like your driveway or sidewalk. Gradually build up to more distractions.

Step 5: Use Direction Changes

To teach attention and prevent pulling, frequently change direction without warning. Reward them for following and paying attention.

Step 6: Practice in New Places

Dogs don't generalize well — practice in different environments like parks or stores. Keep sessions short and positive.

Step 7: Phase Out Treats Gradually

Once your dog walks reliably on a loose leash, reduce treat frequency and rely more on praise. Use treats only for high-distraction moments.

For more resources, visit www.SpartanRottweilers.com