

Spartan Rottweilers - Basic Commands & Everyday Manners

Helping Your Puppy Learn Good Habits Without Losing Your Mind (or Your Shoes)

What You'll Need:

- A quiet spot to train (your living room works great!)
- Small, tasty treats — the stinkier, the better
- A cheerful voice and your best fake cheerleader energy
- Just 5–10 minutes, a couple times a day

Teaching your puppy basic commands is kind of like giving them a starter pack for life: it helps them understand what's expected, builds their confidence, and makes your home a whole lot calmer. Bonus? You'll feel like a dog-training rockstar when your pup nails a command with that proud little tail wag.

Let's Teach the Basics:

1. Sit

This one's the classic. Hold a treat near your pup's nose, then slowly raise it upward like you're luring a tiny doggy rocket ship. As their head follows, their butt will (usually) plop down. The second it does, say "Sit!" and hand over that treat like they just won a gold medal.

2. Down

Start with your pup sitting. Now take a treat and lower it straight to the floor like you're drawing a path to a doggy nap zone. As they follow it down with their chest, say "Down" and reward when they hit the floor.

3. Come

Back up a few feet, open your arms, and call your puppy like you're the most exciting thing on earth (because to them, you are!). Say "Come!" and reward when they run over. If they get distracted, make a silly noise or clap to reel them back in.

4. Leave It

Hold a treat in your hand and say “Leave it.” If your puppy tries to grab it, close your hand. As soon as they back off or look away, reward with something even better. It’s a great way to teach impulse control.

5. Watch Me

Hold a treat near your face and say “Watch me.” Reward the moment your pup makes eye contact. It’s a powerful skill for focus, especially around distractions.

Manners Matter Too:

- Wait at doors: Teach your pup to sit and wait before going outside.
- Calm before meals: Reward quiet behavior instead of whining or jumping.
- No jumping: Only reward greetings with all four paws on the floor.
- Drop it: Teach trades — toy for treat. It builds trust and saves your socks.
- Gentle mouth: If your puppy bites too hard, pause play and redirect to a toy.

Puppies learn best through calm, consistent practice. Keep it short, fun, and always end on a win. In no time, your Rottweiler will be showing off their good manners with confidence and charm!

[For more helpful resources, visit \[www.SpartanRottweilers.com\]\(http://www.SpartanRottweilers.com\)](http://www.SpartanRottweilers.com)