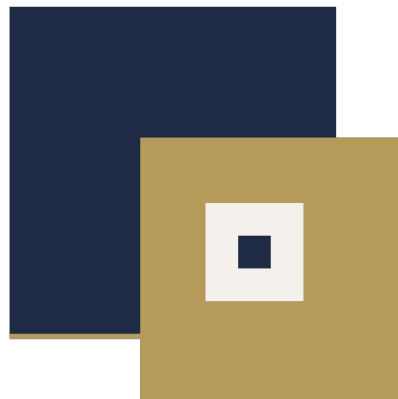


TLBRANNON SOLUTIONS

A LEADERSHIP REFLECTION

Fruit of the Spirit

Character Under Responsibility



INTRODUCTION

Leadership forms us whether we intend it to or not.

As responsibility increases, something is always being shaped beneath the surface — our posture, our instincts, our patience, our restraint, our care for others. This reflection is not an evaluation, and it is not a performance tool. Rooted in Galatians 5:22-23, this is an invitation to notice what is being formed in you as you carry responsibility.

There is no score here. No comparison. No urgency. Only attention.

HOW TO USE THIS REFLECTION

Choose a quiet space.

Read one fruit at a time.

Journal what surfaces without editing.

Resist the urge to fix.

Take note of patterns.

PART ONE

The Fruit of Leadership

Nine quiet attendances. Sit with each one slowly. The order does not matter. The attention does.





LOVE

How I Regard People

Love in leadership is revealed in how people are treated when outcomes matter.

REFLECTION PROMPTS

1. How do I speak about people when they are not present?
2. Who is easiest for me to extend grace toward? Who is hardest?
3. How do I respond when someone's needs interrupt my plans?

INTENTIONAL PRACTICE

Where might love be asking me to slow down rather than push through?



JOY

What Sustains Me

Joy is not enthusiasm; it is steadiness rooted deeper than circumstances.

REFLECTION PROMPTS

1. What currently drains me most in leadership?
2. What quietly sustains me — even when leadership feels heavy?
3. Where have I confused urgency with importance?

INTENTIONAL PRACTICE

What restores my sense of purpose rather than my sense of control?



PEACE

How I Hold Tension

Peace in leadership regulates response.

REFLECTION PROMPTS

1. How do I respond when uncertainty increases?
2. What happens in my body when conflict emerges?
3. Where do I rush decisions to relieve discomfort?

INTENTIONAL PRACTICE

What would it look like to choose steadiness over speed?



PATIENCE

How I Relate to Time

Patience reveals how leaders relate to growth they cannot control.

REFLECTION PROMPTS

1. Where do I feel pressure to accelerate outcomes?
2. How do I respond when progress is slower than expected?
3. What am I tempted to force rather than form?

INTENTIONAL PRACTICE

What might patience be protecting me from?



KINDNESS

How I Use Power Relationally

Kindness is authority exercised without harm.

REFLECTION PROMPTS

1. How do others experience me when they are vulnerable?
2. Where might efficiency be crowding out care?
3. How do I correct without diminishing?

INTENTIONAL PRACTICE

Where could kindness deepen my leadership?



GOODNESS

What Governs My Decisions

Goodness reflects the values that subtly anchor leadership choices.

REFLECTION PROMPTS

1. What values do I return to when decisions are complex?
2. Where have I justified choices that felt misaligned?
3. What am I unwilling to compromise, even under pressure?

INTENTIONAL PRACTICE

What does alignment require of me right now?



FAITHFULNESS

How Consistent I Am

Faithfulness shows up when leadership is unseen and uncelebrated.

REFLECTION PROMPTS

1. How consistent am I across visibility and obscurity?
2. Where am I tempted to disengage quietly?
3. What commitments need renewed attention?

INTENTIONAL PRACTICE

What does staying present ask of me in this season?



GENTLENESS

How I Carry Authority

Gentleness is strength that does not need to dominate.

REFLECTION PROMPTS

1. How do I respond when my authority is challenged?
2. What tone do I default to under stress?
3. Where might restraint be a form of wisdom?

INTENTIONAL PRACTICE

How can I hold authority without hardening?



SELF-CONTROL

How I Govern Myself

Self-control is leadership turned inward.

REFLECTION PROMPTS

1. What impulses most challenge my discipline?
2. Where do I overextend myself unnecessarily?
3. What boundaries need reinforcement?

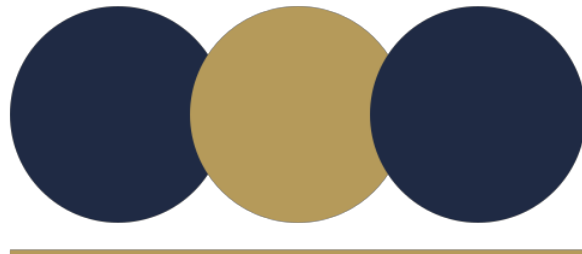
INTENTIONAL PRACTICE

What does governing myself well make possible for others?

PART TWO

Integration

Collecting the gems.



Collecting the Gems

Pause and reflect on what surfaced. Across the nine areas, what are you carrying forward? The gems are the insights, convictions, and patterns that emerged. The things you now know about your leadership that you perhaps, did not know before this reflection.

GEMS I AM CARRYING FORWARD

What insights, patterns, or convictions surfaced that you do not want to lose?

ONE GENTLE INTENTION FOR THE COMING SEASON

Formation is not something to complete

Leadership will continue to form you.

This reflection invites you to participate intentionally in that formation — with honesty, humility, and care. Return here when responsibility grows heavier, decisions feel harder, or alignment feels thin.

Formation is something to tend.



ABOUT THIS WORK

Where this reflection came from

I am Tameka Brannon, founder of TLBrannon Solutions — a leadership formation practice for pastors, ministry leaders, and the institutions shaping Christian leadership for this generation.

The conviction that animates the practice is simple: leadership is a trust. Responsibility has been placed in a leader's care, and the work is to carry it well. Leaders are formed before they are scaled. Formation precedes performance.

This reflection is one of the freely offered artifacts of the practice. It is not an assessment to complete or a tool to optimize. It is an invitation to notice what is being formed in you as you carry responsibility.

HOW THIS REFLECTION FITS

Fruit and Pillars

The Fruit of the Spirit Leadership Reflection attends to the inner work of formation. Alongside it, the TLBrannon Solutions Five-Pillar Formation Arc — Stewardship, Discernment, Integrity, Authority, Presence — attends to the outer work of leadership responsibility.

The reflection points you to who you are becoming as you lead. The pillars attend to how you carry responsibility, authority, and influence.

Together, they form a complete leadership ecosystem that honors both character and capacity without collapsing one into the other.

IF YOU WOULD LIKE TO ENGAGE FURTHER

If something in this reflection resonated with you, and a season in your leadership calls for a partner, I would be honored to walk alongside you.

TLBrannon Solutions offers the work in three additional forms beyond this reflection:

FORMATION ADDRESS

Leadership Is a Trust — a formation address for ministry gatherings, denominational conferences, and Christian leadership programs. Sixty to seventy-five minutes that reframe leadership as stewardship and formation.

WORKSHOPS

Contained formation experiences for ministry teams, church staffs, and leadership cohorts. The signature workshop traces two pillars of the Five-Pillar Formation Arc together over a half-day.

COACHING

Sustained partnership for individual leaders, grounded in The GEMS Practice — a four-lens structure for collecting the insights, disciplines, and practices that shape mature leadership over time. Available as a single conversation, or sustained formation over four to six months.

TO BEGIN THE CONVERSATION

There is no obligation that comes from inquiring.

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WRITING: Essays on leadership formation: tlbrannon.substack.com

*Leadership is a trust. The leader
carries the solution.*

T L B R A N N O N S O L U T I O N S TM

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