

Carlisle/Kilbride Pastoral Charge
Kilbride United Church
Sunday, August 2, 10 am

Worship Leader: Glenda DeVries
Music Leader: Dr. Heather Olaveson
Office Administrator: Andrea Osterroth McRae
Office: 905-689-8630

I have told you these things so that in me you may have peace.
In this world you will have trouble, but take heart,
I have overcome the world.
John 16:33

take heart (Greek: *tharseo*) be courageous, be of good cheer,
be brave and be hopeful by trusting in Jesus and what He has done

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Welcome | Announcements

Introduction to Morning Theme: "Do Not Let Your Hearts Be Troubled"

Opening Prayer: *(together)*

God and Father of our Lord Jesus Christ, we praise You. You have blessed us in the heavenly realms with every spiritual blessing in Christ. Thank you for this time to gather together and draw near to you. We open our hearts and set aside every care and distraction. We focus our attention on you. Give us the grace we need to be still and know that you are God. You are our refuge and strength. You are an ever-present help in trouble. Thank you for the gift of your presence with us today. Thank you for your Word and Holy Spirit. Help us to hear your voice so we can know you more deeply and learn your ways. In Jesus' name. Amen.

Gathering Song: MV 77 "Be Still and Know"

This hymn by Iona Community composer John Bell is performed as a choral Call to Worship by the Sanctuary Choir at Second Presbyterian Church in Indianapolis, Indiana.

Be Still and Know That I Am God, John L. Bell - (b. 1949)

Be still and know that I am God.
Be still and know that I am God.

Old Testament Scripture:

Psalm 46 (NIV)

- ¹ God is our refuge and strength,
an ever-present help in trouble.
- ² Therefore we will not fear, though the earth give way
and the mountains fall into the heart of the sea,
- ³ though its waters roar and foam
and the mountains quake with their surging.
- ⁴ There is a river whose streams make glad the city of God,
the holy place where the Most High dwells.
- ⁵ God is within her, she will not fall;
God will help her at break of day.
- ⁶ Nations are in uproar, kingdoms fall;
he lifts his voice, the earth melts.
- ⁷ The LORD Almighty is with us;
the God of Jacob is our fortress.
- ⁸ Come and see what the LORD has done,
the desolations he has brought on the earth.
- ⁹ He makes wars cease
to the ends of the earth.
He breaks the bow and shatters the spear;
he burns the shields with fire.
- ¹⁰ He says, "Be still, and know that I am God;
I will be exalted among the nations,
I will be exalted in the earth."
- ¹¹ The LORD Almighty is with us;
the God of Jacob is our fortress.

2 Chronicles 20:2-4, 12-15

² Some people came and told Jehoshaphat, "A vast army is coming against you from Edom, from the other side of the Dead Sea. It is already in Hazazon Tamar" (that is, En Gedi). ³ Alarmed, Jehoshaphat resolved to inquire of the LORD, and he proclaimed a fast for all Judah. ⁴ The people of Judah came together to seek help from the LORD; indeed, they came from every town in Judah to seek him.

¹² [Jehoshaphat said,] "Our God, will you not judge them? For we have no power to face this vast army that is attacking us. We do not know what to do, but our eyes are on you."

¹³ All the men of Judah, with their wives and children and little ones, stood there before the LORD.

¹⁴ Then the Spirit of the LORD came on Jahaziel son of Zechariah, the son of Benaiah, the son of Jeiel, the son of Mattaniah, a Levite and descendant of Asaph, as he stood in the assembly.

¹⁵ He said: "Listen, King Jehoshaphat and all who live in Judah and Jerusalem! This is what the LORD says to you: 'Do not be afraid or discouraged because of this vast army. For the battle is not yours, but God's.'"

Hymn: VU 660 "How Firm a Foundation"

While *Voices United* pairs this hymn text with the Welsh tune ST DENIO, hymnary.org suggests it is much more frequently sung to ADESTE FIDELES or to the anonymous American tune FOUNDATION (used in both the following recordings). It is performed by the folk acoustic trio Ordinary Time, comprised of Ben Keyes (guitar, piano, mandolin), Peter La Grand (guitar, banjo, dobro), and Jill McFadden (guitar, violin). The second link is a track from the 1990 album *Sing Lustily and with Good Courage* by English rock and folk singer Maddy Prior and the Carnival Band, an English folk group that performs early music. If you are a period drama buff you might recognize this second recording from the soundtrack of the 2020 Austen adaptation *Emma*.

[Ordinary Time How Firm a Foundation - YouTube](#)

[How Firm a Foundation \(Richard Keen\)](#)

- 1 How firm a foundation, you servants of God,
 is laid for your faith in God's excellent word!
 What more can be said than to you has been said,
 to you who for refuge to Jesus have fled?
- 2 "Fear not, I am with you; O be not dismayed!
 For I am your God and will still give you aid;
 I'll strengthen and help you, and cause you to stand,
 upheld by my righteous omnipotent hand.
- 3 "When through the deep waters I call you to go,
 the rivers of sorrow shall not overflow;
 for I will be with you, your troubles to bless,
 and sanctify to you your deepest distress.
- 4 "When through fiery trials your pathway shall lie,
 my grace, all-sufficient, shall be your supply:
 the flame shall not hurt you; I only design
 your dross to consume, and your gold to refine.
- 5 "The soul that on Jesus has leaned for repose
 I will not – I will not desert to his foes;
 that soul, though all hell should endeavour to shake,
 I'll never – no, never – no, never forsake!"

New Testament Scripture:

Matthew 11: 28-30 (NIV)

²⁸ "Come to me, all you who are weary and burdened, and I will give you rest. ²⁹ Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. ³⁰ For my yoke is easy and my burden is light."

Philippians 4:6-7

⁶ Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. ⁷ And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

John 14:27

²⁷ "Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid."

John 16:33

³³ "I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

Hymn: VU 619 "Healer of Our Every Ill" (vv. 1-3)

Marty Haugen's 1987 hymn is sung in four-part harmony by the Sunday 7pm Choir at St Francis de Sales Parish in Ajax, Ontario. This YouTube posting offers some interesting context for the creation of the hymn: "The composer wrote this song after the space shuttle Challenger crashed shortly after takeoff in 1986 as an expression for the community to grieve together."

[Healer of Our Every Ill | Christian Healing Song | Marty Haugen | SATB Choir & Organ w/Lyrics](#)

Healer of our every ill,
light of each tomorrow,
give us peace beyond our fear,
and hope beyond our sorrow.

- 1 You who know our fears and sadness,
 grace us with your peace and gladness.
 Spirit of all comfort, fill our hearts. R
- 2 In the pain and joy beholding,
 how your grace is still unfolding.
 Give us all your vision, God of love. R
- 3 Give us strength to love each other,
 every sister, every brother.
 Spirit of all kindness, be our guide. R

Message: "Do Not Let Your Hearts Be Troubled"

Sung Response: MV 90 "Don't Be Afraid"

John Bell's 1995 hymn of assurance is sung a cappella by the trio Shenashas, recorded at a church in Männedorf, Switzerland.

Don't be afraid (John L. Bell) - Shenashas

Closing Prayer:

Benediction: God has not given us a spirit of fear, but of power, love, and a sound mind.

In Christ we have peace. In this world we will have trouble but take heart, He has overcome the world!

Online Postlude: Love Surrounds You

This heartfelt blessing song celebrating connection is performed as a cover version by singer-songwriter Saja, a solo artist and a member of the trio Shenashas. She shares that the song was originally composed by Miranda Rondeau when Miranda's mother was in hospital. Miranda wanted to express that she was always with her mom; she sang it at every hospital visit and as her mother passed away. Saja is certainly right to call it a "lichtbringende Lied" or light-bringing song!

Love surrounds you (Miranda Rondeau Cover) - Saja