

EL NIDO TRANSITIONAL HOUSING

For 29 years, the El Nido Transitional Housing Program has served homeless women and children who are fleeing domestic violence. El Nido (Spanish for “The Nest”) provides a nurturing, safe environment and supportive services to help survivors reach new heights.

At El Nido, domestic violence (DV) survivors recover from trauma in a confidential location. Participants spend up to one year working on ending unhealthy family patterns while learning to become self-sufficient. They are supported in this effort by case management, mental/behavioral therapy, job readiness assistance, housing navigation, and childcare. El Nido offers the onsite Enrichment Center, which houses a computer lab, children’s art and music classes, a reading club, and space for resident support groups and volunteer meetings.

In the past year, El Nido served 12 households comprised of 12 mothers and 29 children. Of these 5 households completed the program, and 7 remained in the program. This year’s graduates:

- 100% increased their income and attended financial literacy sessions
- 100% attended individual or group therapy.
- 100% achieved the goals they set with their El Nido Case Manager

To date, El Nido has served over 301 families.



EL NIDO TESTIMONY

“The El Nido program provided a safe place for my family and I to be able to achieve my goals, feel safe and learn to love each other without fear of violence. My daughter participated in art class and music class and was able to feel part of a safe community. I attended case management and felt that I could count on the staff for any issues or just to share my happy moments. I felt very safe at El Nido and thankful for all of the programs and activities throughout our stay. We will miss living at El Nido but I’m confident that we have the skills to remain safe and happy as a family in our new journey.”

–Yasel, 2026 El Nido Graduate, Pictured Above

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INTERFAITH SHELTER NETWORK

SUMMARY OF SERVICES 2025 - 2026

Funded in part by the County of San Diego Health and Human Services Agency, with Emergency Solutions Grant (ESG) and Community Development Block Grant (CDBG) Program funds provided by the U.S. Department of Housing and Urban Development (HUD) through the Cities of Chula Vista and El Cajon and by private contributions.



COUNTY OF SAN DIEGO
HEALTH AND HUMAN SERVICES AGENCY

INTERFAITH SHELTER NETWORK SUMMARY OF SERVICES – 40TH ROTATIONAL SHELTER SEASON

ROTATIONAL SHELTER

The Interfaith Shelter Network of San Diego relies on the collaborative efforts of diverse faith communities from all across the county. These generous congregations open their doors and share their resources with the unhoused in their neighborhood. Thanks to this amazing network of more than 60 congregations, **79** guests received shelter and meals this winter. Guests also received case management and supportive services from our partners, Family Health Centers of San Diego and Lifeline Community Services.

TOTAL BED NIGHTS: 2,995

In addition to a hospitable community and a cozy bed at night, guests were provided breakfast, a sack lunch, and a hot dinner by volunteers.

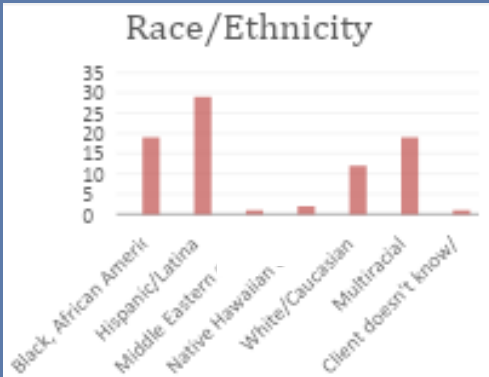
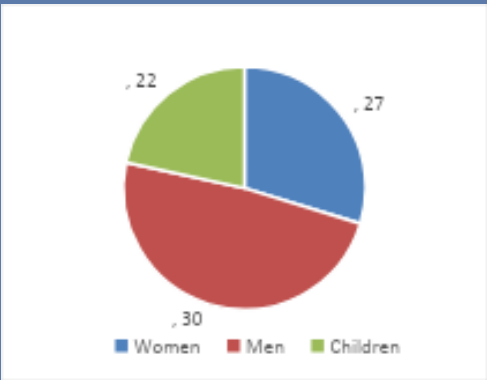
TOTAL MEALS PROVIDED: 8,985

Faith communities are organized into geographic regions so that guests can remain close to work, school, and support systems. The regional branches of the Rotational Shelter included:

- Clairemont
- North County
- San Diego Beaches
- San Diego Inland & East County
- South Bay

DEMOGRAPHICS

The Rotational Shelter follows ISN’s anti-discrimination policy and welcomes people of all backgrounds, traditions, and ages. The program is designed to serve low to low-to-moderate income individuals and families experiencing situational homelessness. Of the **79** guests: 30 were adult men, 27 were adult women, and 22 were children.



WORKSHOPS

The goal of the Rotational Shelter is to help guests move towards self-sufficiency. One way the program achieves this is through offering workshops. During the 40th season, ISN partnered with the National Conflict Resolution Center (NCRC) to provide guests with quality workshops on job development, resume building, interviewing, communication and interpersonal skills, and budgeting.

TOTAL WORKSHOPS: 12

In addition to workshops, volunteers offer support for shelter guests. Below, a member of “Fresh Start,” a UCSD student group, offers a haircut to a guest.



OUTCOMES

- 47 guests exited the shelter to stable housing
- 9 guests secured employment

“The Rotational Shelter Program was more than I could have asked for, hopefully they have help like this in every city.” -2026 Rotational Shelter Guest