

SHELTER

The Interfaith Shelter Network (ISN) relies on the cooperative efforts of faith congregations collaborating in different regions of San Diego County. This collaboration created shelter for **89** guests.

Total bed-nights filled 3,032

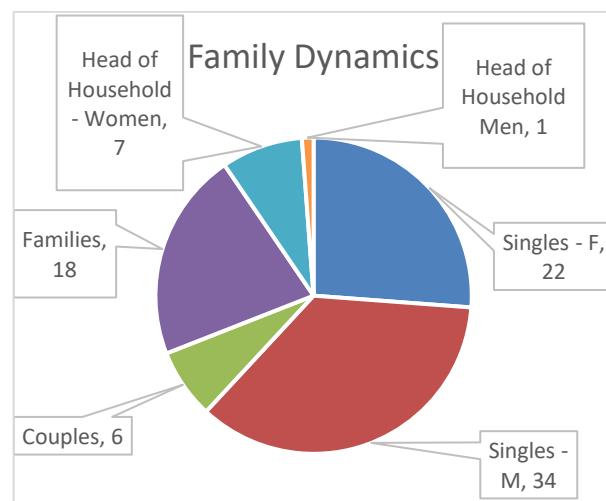
MEALS

In addition to a bed at night, guests were provided breakfast, lunch, and hot dinners by volunteers.

Total Meals: 8,800

GUESTS

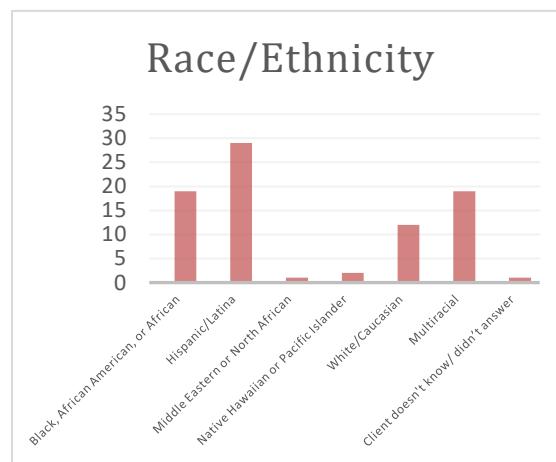
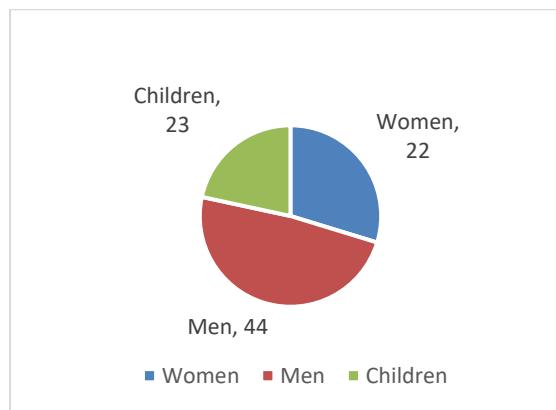
The network of Host and Support Congregations served a total of 89 homeless people during its 39th season.



Total Number of Guests: 89

Families consisted of 7 single mothers, 1 single father and 3 couples. We helped 56 single person households.

DEMOGRAPHICS



PROCESS

The Rotational Shelter serves the situationally homeless without discrimination. Shelter guests receive case management from one of three local social service agencies. Case managers provide guidance and resources while volunteers lead life skills workshops and provide meals. The guests' motivation to end their homelessness plays a significant role in achieving the goals of more stable housing and income.

OUTCOMES

- ISN congregations provided 3,032 bed nights during the winter season.
- 61 guests left the shelter for more permanent housing.
- 42 adults obtained and retained employment while in the shelter and left the program with income to which they were entitled.

WORKSHOPS

Volunteer led workshops are a key component of ISN's Rotational Shelter Program. These are designed to address basic needs such as budgeting, job development, housing, and general life skills. This year, ISN partnered with United Way's SparkPoint program and various financial institutions to provide our guests with workshops on financial literacy. Topics covered included budgeting, paying down debt, building credit, and how to avoid scams. ISN thanks our partners from Cal Coast Credit Union, Mission Federal Credit Union, and U.S. Bank for presenting these vital workshops.

This season, there were 10 financial educational workshops offered to shelter guests.

Branches of the Interfaith Shelter Network's Rotational Shelter Program 2024-25 are:

- Clairemont*
- North County*
- San Diego Beaches*
- East County and San Diego Inland*
- South Bay*

OUR OVERALL SUCCESS

In 39 years of operation over 11,180 people have been sheltered for more than 313,000 nights thanks to great volunteers and partners!

EL NIDO TRANSITIONAL HOUSING

El Nido Transitional Housing Program is in its 28th year of operation. El Nido (Spanish: "The Nest") serves homeless women and women with minor children who are fleeing domestic violence (*also known as intimate partner violence*). To date, El Nido has served over **300** families.

Survivors and their children recover from trauma in a safe, furnished apartment in a confidential location. Participants spend up to one year working on ending unhealthy family patterns while learning to become self-sufficient. They are supported in this effort by case management, individual therapy and group support, job readiness assistance, permanent housing assistance, and childcare.

The program also offers an Enrichment Program consisting of an on-site computer lab, children's art classes and children's reading & book club.

The building complex that houses El Nido completed the unit renovations in 2025 and looks forward to serving the community at full capacity in 2026.

In the past year, El Nido served 9 on-site households comprised of 9 mothers and 21 children. Two households completed the program, and seven households remained in the program.

Of this year's program graduates:

- 100% increased their income, opened a savings account and attended financial literacy sessions
- 100% attended individual counseling or group therapy sessions
- 100% achieved the goals they set with their El Nido Case Manager
- 100% of participants who completed the program transitioned into permanent housing

Overall, since the beginning of the El Nido program, over 95% of women who enter the program have graduated having achieved their personal goals and moved into permanent housing in their name.

PROGRAM PARTICIPANT QUOTES

"Could not have survived my situation otherwise...I have found a place and have been greatly assisted in finding a place to go...Liz (Case Manager) is the best!"
– Andrew, Rotational Shelter Guest 2025

"This place has been helpful because I have had a place to live and sleep and be safe. It has prevented me from sleeping on the streets. Case Manager has helped with housing resources and other financial support. I am grateful." – M.G., Rotational Shelter Guest 2025

"I moved in February of 2024 and stayed at motels in Carlsbad. We were stable and safe. My children were attending school and we felt like we were going to be okay, unfortunately, my son's father found out what city we were living at and fearing for our safety, I reached out to an organization that worked closely with law enforcement and they helped locate a domestic violence shelter in San Diego.

While at the DV shelter, my case manager referred me to apply for El Nido, and she spoke very highly of the program.

I started at El Nido [and] I'm slowly but surely getting back on my feet. I'm working part-time as an administrative assistant with the possibility to extend my hours to full-time, but in the meantime, I'm gaining job experience so I can continue to be employable. I'm helping my son prepare to graduate from high school, and I'm continuing on my healing journey so that my kids can see a healthy, happy mom...I am sincerely grateful for the opportunity to share my story and would like to express my appreciation for the space and support to do so. Thank you for your support of El Nido." – Yasel, El Nido Graduate Testimony at the 2025 Celestial Nights Gala



SUMMARY OF SERVICES PROVIDED

2024 – 2025

(619) 702-5399

www.interfaithshelter.org

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COUNTY OF SAN DIEGO
HEALTH AND HUMAN SERVICES AGENCY

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