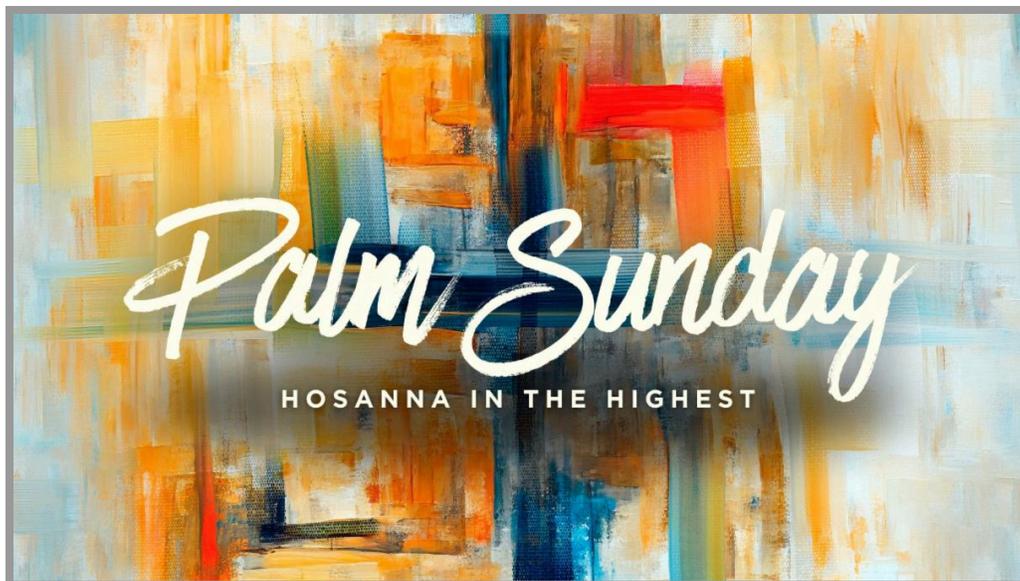




Greetings!

Here's what's happening @ StB's!

WORSHIP @ StB's



Palm Sunday

March 29, 2026

8:00 am - Holy Eucharist Rite I
Starts at the front door of the church

10:00 am - Holy Eucharist Rite II
Starts at the All Saints Chapel Garden

11:00 am - Social Hour in the Parish House

Faithful Reflections

I invite you to a spiritually rich and solemn Holy Week, as we blend prayer, song and reflection amid the rollercoaster of Jesus' entry into Jerusalem, trial, death and resurrection to redeem this fragile world. Join us in community and pray in solitude during the coming days.

Palm Sunday, March 29

- 8:00 AM -- We gather outside near the main door for palm distribution and the procession into the church. We hear the extended Passion Week gospel.
- 10:00 AM -- We gather outside near the chapel for palm distribution and the procession led by bagpiper into the church. We hear the extended Passion Week gospel. Afterward, social hour gathers in the parish house.

Tuesday, March 31

- 4:00 PM -- we gather in the chapel for contemplative prayer.

Thursday, April 2

- 7:00 PM -- We gather in the church for worship with choir and organ, footwashing, Eucharist, and stripping the altar, followed by silent procession to the chapel for final prayers, song and meditation. The chapel will remain open for personal meditation until 9:00 PM.

Friday, April 3

- 12:00 noon and 7:00 PM -- Identical services: we gather in the chapel for contemplative worship, a homily and familiar Good Friday hymns. We end in silence.

Saturday, April 4

- 7:00 PM -- Easter Vigil. Candlelight procession into the chapel to recall the story of salvation with Scripture and music, led by cantor, choir and piano. Then we move in procession to a dramatic entrance into the church full of light, flowers and joyous organ music. Bring a hand bell to create a joyful noise as we celebrate the first Eucharist of Easter.

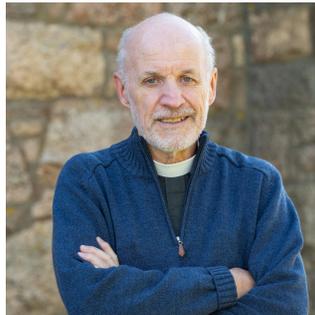
Sunday, April 5 - Easter Day

- 8:00 AM -- Rite I Holy Eucharist with hymns and organ music.
- 10:00 AM -- Festival Choral Eucharist with Brass, choir and organ. Children's Easter egg hunt follows worship on the front lawn, and social hour gathers in the parish house.

Please note that we have no Sunday Forum on Palm Sunday or Easter Sunday. Our Wednesday study will meet at 10:00 during Holy Week. Our office will be closed on Easter Monday but will otherwise be open for Easter week.

Join us for a week of solemn prayer, followed by 50 days of joyful celebration.

--David



IN OUR PARISH

"The Parish of St. Barnabas: The Beebes' Gift to Falmouth."



An extended collaboration between our archives' team volunteers and Highfield Hall selected iconic church items to tell an inspiring story of one family's foundational generosity to our parish and town. Enjoy the exhibit which will end May 5th at Highfield Hall.



Because of a conflict due to Easter, the Prayer Shawl meeting will now be held on April 13th instead of the 6th.

Register for Upcoming Lay Eucharistic Visitor Trainings

Lay leaders are invited to attend one the upcoming Lay Eucharistic Visitor Trainings, offered this spring at St. Mary's, Barnstable. The training is designed for those preparing to serve in this ministry and offer an opportunity to gather, learn, and prepare alongside others from across the diocese.

St. Mary's, Barnstable
Saturday, March 21st
9:00 a.m.–12:00 p.m.

[Register Here](#)



Happy Birthday!



Happy Anniversary!

EVENTS @ STB'S

[Click here to Visit our Calendar](#)



A LOT HAPPENS IN 7 DAYS

March 29 - Palm Sunday @ 8am & 10am

8am starts outside the front door of the church

10am starts in the All Saints Chapel Garden
and proceeds to the church

April 2 - Maundy Thursday @ 7pm

The service begins in the Church and concludes with a
procession to All Saints Chapel

April 3 - Good Friday @ 12 noon & 7pm

Both services are in the All Saints Chapel

April 4 - Easter Vigil @ 7pm

The service begins in the All Saints Chapel
and proceeds to the Church

April 5 - Easter Sunday @ 8am & 10am

Both services are in the church

Egg Hunt for Children @ 11am

SUNFLOWER ACADEMY

EASTER EGG HUNT

EASTER SUNDAY

APRIL 5, 2026

**FOLLOWING THE 10 AM SERVICE
ON THE GREAT LAWN**

EVERYONE IS WELCOME

SAINT BARNABAS'S EPISCOPAL CHURCH
91 MAIN STREET - FALMOUTH
ACROSS FROM THE VILLAGE GREEN
WWW.STBFALMOUTH.ORG

LENTEN SEASON

CONTEMPLATIVE PRAYER

TUESDAYS DURING LENT

AT 4:00 PM

ALL SAINT'S CHAPEL

ALL ARE WELCOME

www.stbfalmouth.org

"You shall not oppress the stranger"

—Exodus 23:9



 The Episcopal Diocese of
Massachusetts and St. Barnabas
Episcopal Church affirm the inherent
dignity and rights of all **immigrants
and asylum seekers.**

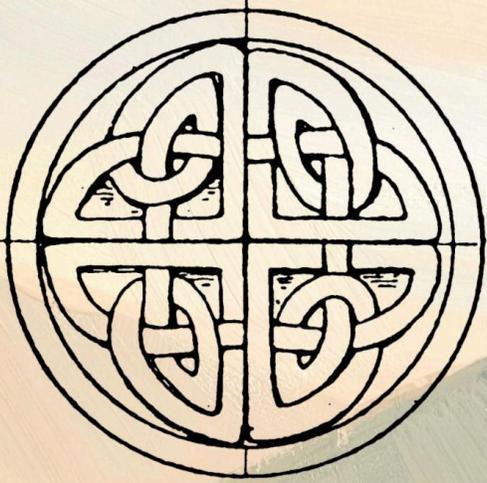
**National No Kings Day,
Saturday, March 28, Falmouth Village Green**

At the 240th Convention of the Episcopal Diocese of Massachusetts, our diocese urged all Episcopalians, parishes, and ministries to advocate for immigration policies and local practices that uphold the rule of law, protect family unity, and reflect the biblical imperative to welcome the stranger. We can do this on March 28 in Falmouth, during the No Kings Day protest. Millions are expected to gather in towns and cities across the country to protest the authoritarian policies of our current administration. Please join this effort.

SAINT BARNABAS'S CHURCH

Celtic Vespers

May 17, 2026 @ 5pm



Music featuring:
Nancy Hurrell, Celtic harp
Deborah Gemma, organ and piano
Saint Barnabas's Church Choir

91 Main Street ~ Falmouth
508-548-3863
www.stbfalmouth.org

COMMUNITY NEWS & EVENTS

Welcome the Stranger



***A Panel of experts and advocates
discussing the challenges facing
immigrants on Cape Cod***

**Tuesday, April 7, 7 pm at
Falmouth Jewish Congregation**

Hear from:

Donna Buckley, Barnstable County Sheriff
Dr. Sandra Faiman-Silva, Falmouth Immigrant Rights
Coalition
Michael Mecnas, Brazilian Resource Center
Henry St. Julien, Director DEI&B, Falmouth Schools
Jeff Lourie, Falmouth Police Chief
Lieutenant Ryan Hergt, Falmouth Civil Rights Officer

Dessert will be provided.

Registration required at fjcoffice@comcast.net



Falmouth Jewish
CONGREGATION

SMARTyou WORKSHOPS

Contact for more information

FlourishbyJean@gmail.com

Stress Management and Resiliency Training (SMART) WORKSHOPS that Deliver the Tools Individuals Need to Flourish

WORKSHOPS offer participants the proven opportunity to change their lives, improve their health, and begin to flourish.

WORKSHOP GOALS

Enhanced resilience and the ability to adapt to stress.

Participants in SMARTyou WORKSHOPS

- * Identify the root of their personal stress and health challenges
- * Acquire tools for change and growth in physical activities
- * Gain understanding of the importance of diet
- * Improve sleep
- * Create a practice of adaptive thinking
- * Develop understanding of the importance of social behavior
- * Adopt an appreciation for humor and creativity

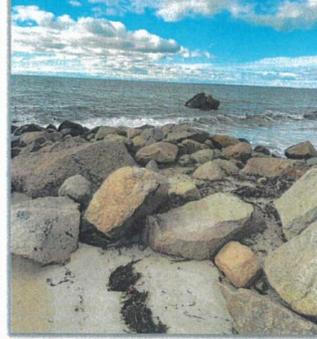
SMARTyou WORKSHOPS

Consist of eight 90-minute group meetings held on consecutive Thursdays and hosted by the WORKSHOP co-sponsor, Church of the Messiah, at 16 Church Street in Woods Hole.

Participants are guided by the SMART training handbook created by the Benson-Henry Institute for Mind Body Medicine at Massachusetts General Hospital.

The SMART program has proven effective in bringing about personal change in health and performance through years of research at Harvard Medical School and application by Massachusetts General Hospital practitioners.

Jean Sutherland, a Certified SMART Healthcare Practitioner, trained at the Benson-Henry institute for Mind Body Medicine and Harvard Medical School Teaching Hospital leads SMARTyou WORKSHOPS.



Next WORKSHOP

Thursdays

April 16 to June 4
10:30am to 12:00pm

16 Church Street
Woods Hole

SMARTyou WORKSHOPS are for People:

- Who want to be their **BEST** self
- Who want to **THRIVE**
- Who are **DEDICATED** to Growing
- Who prioritize **SELFCARE**

*"What Do All Successful People
Have in Common? Their Health"*

**Program Cost: \$210 Gift to Your Choice of
Church of the Messiah or Saint Barnabas's Church**

The Falmouth Climate Action Network Presents:

“CLIMATE VOICES”

A RIGHTS OF NATURE
DOCUMENTARY FILM &
TALK WITH IESLIE JONAS

Indigenous Land and Water Conservationist,
Member of the Elder Eel Clan of the Mashpee
Wampanoag Tribe, and Founding Board Member
of The Native Land Conservancy.

IN CELEBRATION OF EARTH DAY
APRIL 22, 2026, AT 6:00 P.M.

WAQUOIT CONGREGATIONAL CHURCH

15 PARSONS LANE, RT. 28 EAST FALMOUTH

RSVP TO:
FALMOUTHCLAN@GMAIL.COM



Climate Voices

a documentary produced and directed by Leslie Jonas

Sponsored by:



FalCAN's Mission:

To initiate and collaborate in activities that our community can take in response to the climate emergency—through education, sharing of best practices, and advocacy of impactful policies.



Donations gratefully accepted at the
Falmouth Service Center:

Monday - Friday, 10 - 1 pm
(Come around back and ring warehouse doorbell)

611 Gifford Street, Falmouth

Please contact us at 508-548-2794 with questions.

Parish Office Hours

Tuesday - Friday, 10am - 3pm

Church Phone: 508-548-3863

Website: www.stbfalmouth.org

Elaine Bruno, Finance Administrator (elaine@stbfalmouth.org)

Doug Fantarella, Sexton/Property Manager (doug@stbfalmouth.org)

Deborah Gemma, Director of Music/Organist (music@stbfalmouth.org)

David Hinds, Assistant Sexton

The Rev. Everett (Perry) Perine, Associate Priest (perry@stbfalmouth.org)

The Rev. David M. Rider, Interim Priest (david@stbfalmouth.org)

Becky Vaus, Parish Administrator (becky@stbfalmouth.org)

Location: 91 Main Street, Falmouth, MA 02540

Mailing: PO Box 203, Falmouth, MA 02541

To continue your financial support,
please mail your pledge contributions and offerings to:

Saint Barnabas's Episcopal Church
P. O. Box 203
Falmouth, MA 02541

To make an online contribution, please click on [DONATE NOW](#).

[Donate Now](#)

The clergy are available for routine and emergency pastoral care. Rev. David may be contacted via e-mail at; David@stbfalmouth.org through the Church Office (508-548-3863) or on his personal mobile phone 917-288-0187. Hospitals and other care facilities do not notify us. So, we rely on your family or you to let us know when you are in need of pastoral care.

Please contact [Becky Vaus](#) in the Parish Office, 508-548-3863 to request care for yourself or another. She can also place your name on the list of people who receive prayers during our worship services and/or give your name to a group of people who will pray for you confidentially.

Saint Barnabas's Episcopal Church | 91 Main Street | Falmouth, MA 02540 US

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