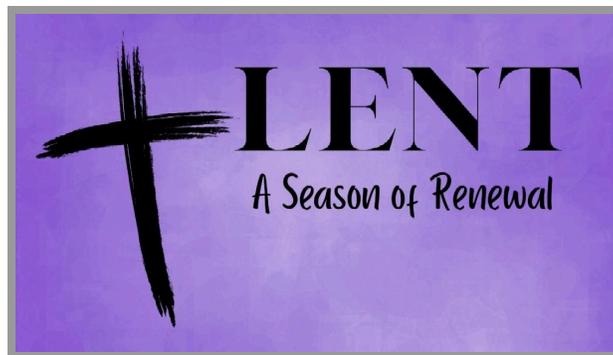




Greetings!

Here's what's happening @ StB's!

WORSHIP @ StB's



The Fourth Sunday in Lent

Sunday, March 15, 2026

- 8:00 am - Holy Eucharist Rite I
- 9:00 am - Sunday Forum in the Parish House
- 10:00 am - Holy Eucharist Rite II
- 11:00 am - Social Hour in the Parish House

The Rev. David M. Rider, Preacher

Faithful Reflections

This week's Sunday Forum explores **Family Conversations at Life's End**. Every family has unfinished emotional business, ranging from unresolved conflicts to precious memories. Especially when death is foreseeable, creative conversations can bring healthy closure, peace to the dying, and less grief for surviving loved ones. How do we start those conversations, and what

about times when the dying person is in a final coma? How do you broach the subject and priorities for a pending funeral? What about deathbed blessings so that we both begin and end life with a clean slate?

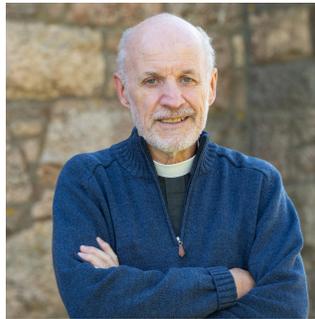
Parishioners have begun asking about our summer worship plan. After consulting our vestry and staff, here is what we will do. For the months of July, August and Labor Day weekend, we will move to a single 9:00 AM Eucharist service held inside the church. Afterward, we will enjoy lemonade under the tent.

Next Wednesday, March 18, a 7:00 PM Zoom meeting kicks off our Summer@StB's planning work for our Strawberry Festival and four-week Lobster on the Lawn series. We still need Chairpersons for both events. Please join this planning meeting to stay informed, share your insights, and fill leadership vacancies.

Finally, I invite you to join our contemplative prayer group on Tuesdays at 4:00 PM in the chapel. As we observe Lent and navigate a turbulent world, this group offers a quiet space for community and solitude with God.

--David

[Click here for the Zoom link for Summer @ StB's Meeting](#)



IN OUR PARISH

"You shall not oppress the stranger"

—*Exodus 23:9*



 The Episcopal Diocese of
Massachusetts and St. Barnabas
Episcopal Church affirm the inherent
dignity and rights of all **immigrants
and asylum seekers.**

Easter FLOWERS

Order Easter Flowers to
honor a loved one

Orders are due by March 30

Use the flower envelope in
the pews or contact the
church office.

\$40 per flower



Summer @ StB's

Wednesday, March 18 @ 7:00pm via Zoom

Plan to join us for the kick-off meeting of Summer @ StB's! With the Strawberry Festival less than 3 months away, we need to confirm our leader roles and start the planning.

Sponsorships: Acquire sponsorships to help cover expenses for the tent, yard, artists

Logistics: trash, parking setup, and cleanup at each event

Publicity: - posters in town, press releases, website updates

Volunteers: Recruit volunteers for all events, engage the community for recruitment, and staff the non-profit row

Beverages: Track beverage supply, order ice, and fill coolers with ice and beverages

Purchasing: - placing orders with various vendors for food and equipment such as potties and refrigeration

Kids: Plan activities to engage them

Holy Hullers: Oversee the strawberry hulling process

Lobster Rollers: - oversee the lobster rolling process

Artists & Vendors: Research, invite, and recruit vendors; gather payments; and assist with setup.

The following jobs have been filled:

Entertainment - Becky has booked all entertainment for 2026

Finance - Steve Perry & Elaine Bruno

Shortcakes & Cream - Sherry Bonner, Sandie Good

Burgs & Dogs - John Schmidt

Bake Sale & Strawberries - Lynn Morse

Strawberry Jam - Ann Bento

Lobster Mixers - Sherry Bonner

[Click here for the Zoom link](#)

RESPECT
RESPECT EVERYTHING SO PEOPLE
ENJOY COMMUNITY TOGETHER

Respect Yourself, Respect Others,
Respect the Property, Respect the Ministry

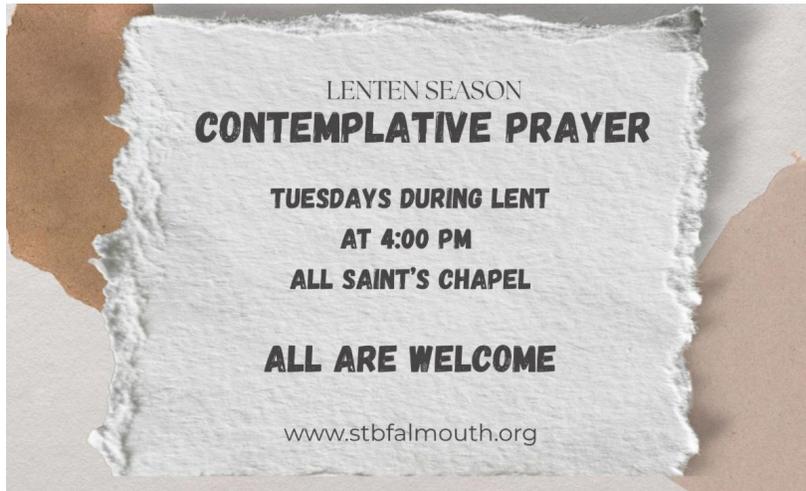
Saint Barnabas's Church
www.stbfalmouth.org

Vestry February Meeting Notes



EVENTS @ STB'S

[Click here to Visit our Calendar](#)



SUNDAY FORUM FOR MARCH HUMAN AGENCY AT THE END OF LIFE

1	<p>American Funerals Sixty Years after Jessica Mitford</p> <p>This Forum addresses the increasing diversity of funeral options, especially those driven by cremation. With choice comes complexity. Pre-planned end-of-life and funeral directives can bring clarity to a stressful time.</p>
8	<p>Human Agency at the End of Life</p> <p>How intractable pain and exhausting treatment now call for <u>medical assistance in dying (MAID)</u> works? How do we share our decisions with family, and how do we listen as they share their decisions with us? Beyond tough medical decisions, what family conversations need to happen before the end?</p>
15	<p>Family Conversations at Life's End</p> <p>How do we start those conversations, and what about times when the dying person is in a final coma? How do you broach the subject and priorities for a pending funeral? What about deadbed blessings so that we both begin and end life with a clean slate?</p>
22	<p>Funeral Planning: Who Calls the Shots?</p> <p>Did the dying person leave written instructions or offer hints along the way? What happens when conflicted families cannot agree on much? Funeral services can take place at mortuaries, churches, local event spaces or Nobska Beach — who calls the shots?</p>

Join us Sunday mornings at 9:00 am
in the Parish House

SAINT BARNABAS'S EPISCOPAL CHURCH

WEDNESDAY STUDY GROUP

THE CATHOLIC AND PROTESTANT ROOTS OF ANGLICANISM

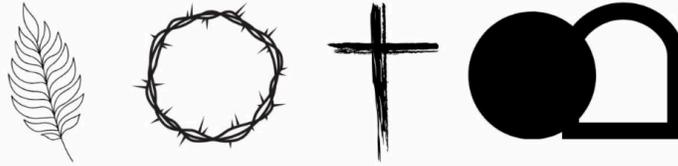
WEDNESDAYS, JANUARY 7 - MARCH 25

10AM - PARISH HOUSE

The 16th-century Protestant Reformation unleashed creative and destructive forces that changed the character of Europe and indelibly shaped the DNA of American identity. Human and divine agency, conformity and rebellion, the balance of sacraments and scripture in worship, and the role of church in society all were up for grabs. Amid this spiritual cauldron, Anglicanism took shape as a middle way amid warring factions with a positive embrace of human reason and conscience. We will explore the impact of the Reformation on our families of origin, Saint Barnabas's Church, and modern American culture.



WWW.STBFALMOUTH.ORG



A LOT HAPPENS IN 7 DAYS

March 29 - Palm Sunday @ 8am & 10am

8am starts outside the front door of the church

10am starts in the All Saint's Chapel Garden
and proceeds to the church

April 2 - Maundy Thursday @ 7pm

The service begins in the Church and concludes with a
procession to All Saints Chapel

April 3 - Good Friday @ 12 noon & 7pm

Both services are in the All Saints Chapel

April 4 - Easter Vigil @ 7pm

The service begins in the All Saints Chapel
and proceeds to the Church

April 5 - Easter Sunday @ 8am & 10am

Both services are in the church

Egg Hunt for Children @ 9am

www.stbfalmouth.org

COMMUNITY NEWS & EVENTS

Qi Gong
at St. Barnabas Church
with Margie Mitchell

Tuesdays at 3:30 pm - 4:30 pm

March 10 - April 28

8 week session \$80

Drop-in rate is \$12

NEW!!! ZOOM class
Mondays 9:30 am - 10:00 am

February 23 - March 30

\$7 per class or

6 week session \$28

must register by February 21

Register and direct questions to
mmitchellswimming@gmail.com

More information at
www.capechigong.com.

QI GONG is an ancient Chinese movement practice enhancing the spirit, mind, body connection with gentle movements. Each class consists of breathwork, meditation, stretching, balances, hand meditation, the water element/kidney movements and learning to "go with the flow."



GOLDEN LANE

*with special guest performances
from members of the Maureen
Haley School of Irish Dance*

Sunday, March 15th | 4 pm

Golden Lane is a group of musicians from Southeastern New England who specialize in performing Irish music like jigs and reels in a traditional style. They also perform songs in English and Gaelic. Come to Highfield Hall and enjoy this family-friendly performance!

\$20 MEMBERS / \$30 NON-MEMBERS

Learn more & register at
highfieldhallandgardens.org/calendar

56 Highfield Drive
Falmouth, MA 02540

 **HIGHFIELD HALL**
— & Gardens —

(508) 495-1878
info@highfieldhall.org



Donations gratefully accepted at the
Falmouth Service Center:

Monday - Friday, 10 - 1 pm
(Come around back and ring warehouse doorbell)

611 Gifford Street, Falmouth

Please contact us at 508-548-2794 with questions.

Parish Office Hours

Tuesday - Friday, 10am - 3pm

Church Phone: 508-548-3863

Website: www.stbfalmouth.org

Elaine Bruno, Finance Administrator (elaine@stbfalmouth.org)

Doug Fantarella, Sexton/Property Manager (doug@stbfalmouth.org)

Deborah Gemma, Director of Music/Organist (music@stbfalmouth.org)

David Hinds, Assistant Sexton

The Rev. Everett (Perry) Perine, Associate Priest (perry@stbfalmouth.org)

The Rev. David M. Rider, Interim Priest (david@stbfalmouth.org)

Becky Vaus, Parish Administrator (becky@stbfalmouth.org)

Location: 91 Main Street, Falmouth, MA 02540

Mailing: PO Box 203, Falmouth, MA 02541

To continue your financial support,
please mail your pledge contributions and offerings to:

Saint Barnabas's Episcopal Church
P. O. Box 203
Falmouth, MA 02541

To make an online contribution, please click on [DONATE NOW](#).

[Donate Now](#)

The clergy are available for routine and emergency pastoral care. Rev. David may be contacted via e-mail at; David@stbfalmouth.org through the Church Office (508-548-3863) or on his personal mobile phone 917-288-0187. Hospitals and other care facilities do not notify us. So, we rely on your family or you to let us know when you are in need of pastoral care.

Please contact [Becky Vaus](#) in the Parish Office, 508-548-3863 to request care for yourself or another. She can also place your name on the list of people who receive prayers during our worship services and/or give your name to a group of people who will pray for you confidentially.

Saint Barnabas's Episcopal Church | 91 Main Street | Falmouth, MA 02540 US

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