



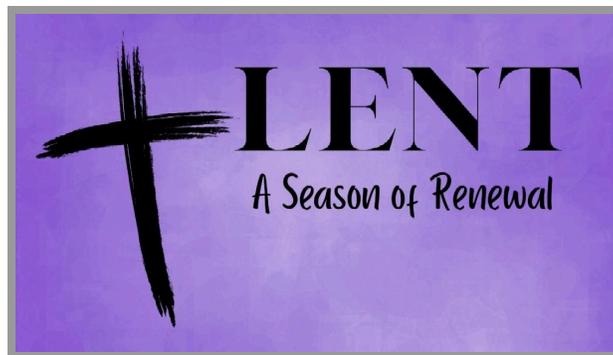
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Greetings!

Here's what's happening @ StB's!

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**WORSHIP @ StB's**



**The First Sunday in Lent**

Sunday, February 22, 2026

8:00 am - Holy Eucharist Rite I

9:00 am - Sunday Forum in the Parish House

10:00 am - Holy Eucharist Rite II

11:00 am - Social Hour in the Parish House

*The Rev. Libby Catania, Presider, Preacher*

The Rev. Dr. Libby Catania was ordained to the priesthood after careers in academia and hospice. She has served congregations in the Dioceses of Virginia and Massachusetts since 2008. Currently, Libby's vocation is as retreat leader, spiritual director, and trained interim. She spends half of her time in Belfast, Maine where she and her husband Bill Catania are co-owners of Limina Renewal Center.



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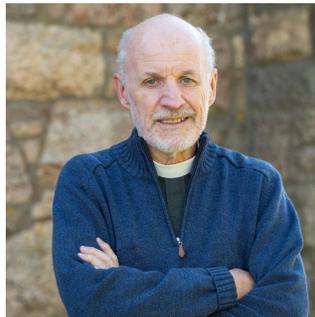
## Faithful Reflections

The season of Lent calls us to reclaim our humanity as conduits of God's grace in a turbulent world. I hope you can join this Sunday's 9:00 Forum in the parish house where George Liles and Irene Ledwith will update us on the work of our Social Justice Committee. This year, we ask the big question, "Who is my neighbor?" in a multicultural society where the second greatest commandment after loving God is that "You shall love your neighbor as yourself."

At our Ash Wednesday services, Rev Perry and I made the sign of the cross on parishioner foreheads with these stark words: "Remember that you are dust, and to dust you shall return." In this spirit on March 1, 8 and 15, our Sunday Forum will explore pastoral issues relating to end-of-life care, final family conversations, and funeral options. Specific topics will be outlined in next week's e-news.

I bid you to live into this holy Lent not as spiritual masochism but as a time for reflection, amendment of life and spiritual renewal. Even as external cultural forces weigh us down, Lent calls us to renewal of body, mind and spirit. As a parish family, let's be gentle with one another as we pray, study and give witness to God's love at work in the world.

--David



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## IN OUR PARISH

**The Banner**

Calling All Journalists or Writers!

The Banner continues its journey of reinvention - and we'd love to have more writers involved! The Banner now includes both contributions of personal expression as well as interviews about happenings, ministries and people in our parish. Would you like to try your hand

at either of these? Guidance on topics will be provided! Please reach out to Becky if you have interest in joining the Banner writing team? Or ... if you're an artist or photographer and would like to submit an image for the April Banner - we'd love to showcase your talent!

Thanks for helping to make The Banner a publication that we all can create together!

Thanks to you,

Beth Bullock-McGrail  
The Banner Editor

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2/22 - Gary Morse  
2/23 - Sandie Good  
2/23 - Kathleen Rowe  
2/28 - Jayne Iafrate  
22/28 - Ray Williams



2/22 - Larry & Stephanie Irvin

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## EVENTS @ STB'S

[Click here to Visit our Calendar](#)

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LENTEN  
CONTEMPLATIVE  
PRAYER

Tuesdays during Lent  
starting  
February 24  
at 4:00 PM  
All Saint's Chapel

Hosted by  
Rev. Perry Perine

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Saint Barnabas's Church

# SUNDAY FORUM

*February 2026*

**FEB  
8**

**Lent 2026 Preview**

9:00 AM  
Parish House

**FEB  
15**

**All Saints Chapel Open House**

9:00 AM  
All Saints Chapel

**FEB  
22**

**Social Justice & Immigration Update**

9:00 AM  
Parish House



For more details and updates about these events, please visit our website [www.stbfalmouth.org](http://www.stbfalmouth.org)

SAINT BARNABAS'S EPISCOPAL CHURCH  
WEDNESDAY STUDY GROUP

## THE CATHOLIC AND PROTESTANT ROOTS OF ANGLICANISM

WEDNESDAYS, JANUARY 7 - MARCH 25  
10AM - PARISH HOUSE

**The 16th-century Protestant Reformation unleashed creative and destructive forces that changed the character of Europe and indelibly shaped the DNA of American identity. Human and divine agency, conformity and rebellion, the balance of sacraments and scripture in worship, and the role of church in society all were up for grabs. Amid this spiritual cauldron, Anglicanism took shape as a middle way amid warring factions with a positive embrace of human reason and conscience. We will explore the impact of the Reformation on our families of origin, Saint Barnabas's Church, and modern American culture.**



[WWW.STBFALMOUTH.ORG](http://WWW.STBFALMOUTH.ORG)

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## A LOT HAPPENS IN 7 DAYS

### March 29 - Palm Sunday @ 8am & 10am

8am starts outside the front door of the church  
10am starts in the All Saint's Chapel Garden  
and proceeds to the church

### April 2 - Maundy Thursday @ 7pm

The service begins in the Church and concludes with a  
procession to All Saints Chapel

### April 3 - Good Friday @ 12 noon & 7pm

Both services are in the All Saints Chapel

### April 4 - Easter Vigil @ 7pm

The service begins in the All Saints Chapel  
and proceeds to the Church

### April 5 - Easter Sunday @ 8am & 10am

Both services are in the church

[www.stbfalmouth.org](http://www.stbfalmouth.org)

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**COMMUNITY NEWS & EVENTS**

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Falmouth's SWAC and St. Barnabas's Church

**SATURDAY**

**21**

**FEBRUARY**



FROM  
**10 AM TO 1PM**



Great Hall  
St. Barnabas's  
Church

# WINTER

FIX IT CLINIC

Reserve a  
**SPACE** at:



OR Click  
[FixItClinic](#)  
And  
Tell us **What**  
you want to  
Fix

Sewing machines, small furniture and electrical appliances,  
lamps, some jewelry, repair clothing and sharpen knives

## **RESCHEDULED SOUP-ER BOWL**

### **A Soup & Bread Lunch to Benefit the Falmouth Service Center**



*Enjoy hot soups and  
bread, and an auction of  
beautiful bowls by local  
artisans.*

**NEW DATE: SUN., FEB. 22, 12:00–1:30PM**

**AT FALMOUTH JEWISH CONGREGATION, 7 HATCHVILLE RD., E. FALMOUTH**

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**ADVANCE RESERVATION REQUIRED  
BY E-MAILING [FJCOFFICE@COMCAST.NET](mailto:FJCOFFICE@COMCAST.NET)**

**Suggested donation:  
\$10 adults, \$5 children 12 & under  
(cash or check, payable at the door)**

**SPONSORED BY:**



**Falmouth Jewish  
CONGREGATION**



**Waquoit Congregational  
Church**

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## **Chasse Art Gallery presents "Artists for All Seasons"**

**Collections Room Falmouth Public Library**

**Main Library 300 Main Street, Falmouth, MA, 0254,**

"Artists for All Seasons" features the late Denis Chasse's plein air oil paintings and a few selected photographs of Katheryn Chasse. These pieces reflect the heart and soul of places and their landscapes that resonated innate joy and a spirit that crossed years and decades! Please join us and enjoy their journey throughout the seasons of Cape Cod, the mountains of Vermont, New Hampshire and beyond!

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Join us for our 1st Annual  
1.5 mile Walk and Event Reception  
**Walking Towards Home**

Saturday, February 28, 2026  
11am

**SIGN UP TODAY!**  
**\$30**



Scan to Register  
or for more information  
on how to Sponsor  
a participant.



The event will begin and end at  
The First Congregational Church of Falmouth  
68 Main Street, Falmouth



Belonging to Each Other supports our Falmouth neighbors experiencing homelessness in their transition to stable housing by providing temporary cold-weather housing and year-round compassionate, supportive services. All proceeds will be retained by BTEO as a donation in support of our local mission.

[bteofalmouth.org](http://bteofalmouth.org) | 508-444-6360

## Church World Service's

# World Day of Prayer

**Fri. March 6th – 10am Worship Service**  
Followed by light refreshments

Hosted by the Women's Union of the  
First Congregational Church



**All are Invited to this**  
**Upper Cape gathering of Churches**

First Congregational Church  
68 Main Street, Falmouth MA 02540



Qi Gong  
at St. Barnabas Church  
with Margie Mitchell

Tuesdays at 3:30 pm - 4:30 pm  
March 10 - April 28  
8 week session \$80  
Drop-in rate is \$12

**NEW!!! ZOOM class**  
Mondays 9:30 am - 10:00 am  
February 23 - March 30  
\$7 per class or  
6 week session \$28

**must register by February 21**

Register and direct questions to  
[mmitchellswimming@gmail.com](mailto:mmitchellswimming@gmail.com)

More information at  
[www.capechigong.com](http://www.capechigong.com).

QI GONG is an ancient Chinese movement practice enhancing the spirit, mind, body connection with gentle movements. Each class consists of breathwork, meditation, stretching, balances, hand meditation, the water element/kidney movements and learning to "go with the flow."

**MINDFULNESS  
MARCH**  
Saturdays @ 10

West  
Falmouth  
UMC  
636 W Falmouth  
Hwy

March 14  
Intro &  
Foundations

March 21  
Explore  
Practices

March 28  
Be Present  
& Make a  
"gift"



[spiritualityinpractice.org](http://spiritualityinpractice.org)



**GOLDEN LANE**

*with special guest performances  
from members of the Maureen  
Haley School of Irish Dance*

**Sunday, March 15th | 4 pm**

**Golden Lane** is a group of musicians from Southeastern New England who specialize in performing Irish music like jigs and reels in a traditional style. They also perform songs in English and Gaelic. Come to Highfield Hall and enjoy this family-friendly performance!

**\$20 MEMBERS / \$30 NON-MEMBERS**

Learn more & register at  
[highfieldhallandgardens.org/calendar](http://highfieldhallandgardens.org/calendar)

56 Highfield Drive  
Falmouth, MA 02540

**HIGHFIELD HALL**  
— & Gardens —

(508) 495-1878  
[info@highfieldhall.org](mailto:info@highfieldhall.org)

## Parish Office Hours

Tuesday - Friday, 10am - 3pm

Church Phone: 508-548-3863

Website: [www.stbfalmouth.org](http://www.stbfalmouth.org)

**Elaine Bruno**, Finance Administrator ([elaine@stbfalmouth.org](mailto:elaine@stbfalmouth.org))

**Doug Fantarella**, Sexton/Property Manager ([doug@stbfalmouth.org](mailto:doug@stbfalmouth.org))

**Deborah Gemma**, Director of Music/Organist ([music@stbfalmouth.org](mailto:music@stbfalmouth.org))

**David Hinds**, Assistant Sexton

**The Rev. Everett (Perry) Perine**, Associate Priest ([perry@stbfalmouth.org](mailto:perry@stbfalmouth.org))

**The Rev. David M. Rider**, Interim Priest ([david@stbfalmouth.org](mailto:david@stbfalmouth.org))

**Becky Vaus**, Parish Administrator ([becky@stbfalmouth.org](mailto:becky@stbfalmouth.org))

Location: 91 Main Street, Falmouth, MA 02540

Mailing: PO Box 203, Falmouth, MA 02541

To continue your financial support,  
please mail your pledge contributions and offerings to:

Saint Barnabas's Episcopal Church

P. O. Box 203

Falmouth, MA 02541

To make an online contribution, please click on [DONATE NOW](#).

[Donate Now](#)

The clergy are available for routine and emergency pastoral care. Rev. David may be contacted via e-mail at; [David@stbfalmouth.org](mailto:David@stbfalmouth.org) through the Church Office (508-548-3863) or on his personal mobile phone 917-288-0187. Hospitals and other care facilities do not notify us. So, we rely on your family or you to let us know when you are in need of pastoral care.

Please contact [Becky Vaus](#) in the Parish Office, 508-548-3863 to request care for yourself or another. She can also place your name on the list of people who receive prayers during our worship services and/or give your name to a group of people who will pray for you confidentially.

Saint Barnabas's Episcopal Church | 91 Main Street | Falmouth, MA 02540 US

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