

THE FIFTH SUNDAY AFTER THE EPIPHANY



Sunday, February 8, 2026
8 & 10 o'clock in the morning

SAINT BARNABAS'S EPISCOPAL CHURCH
91 Main Street • Falmouth, Massachusetts
www.stbfalmouth.org

THE HOLY EUCHARIST – RITE I

8 o'clock in the morning

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10 O'CLOCK IN THE MORNING

Sigfrid Karg-Elert

Hymnal #381

Standing as able.

People: **And blessed be God's kingdom, now and forever. Amen.**

All: *Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Savior. Amen.*

LEVAS #243

Glo - ry,

Glo-ry, hal - le - lu - jah, Lord we praise your Ho - ly name, Glo-ry,

Glo - ry hal - le - lu - jah, Lord we praise your Ho - ly name.

1. Glo - ry to God in the high - est, and peace to His peo - ple on earth.

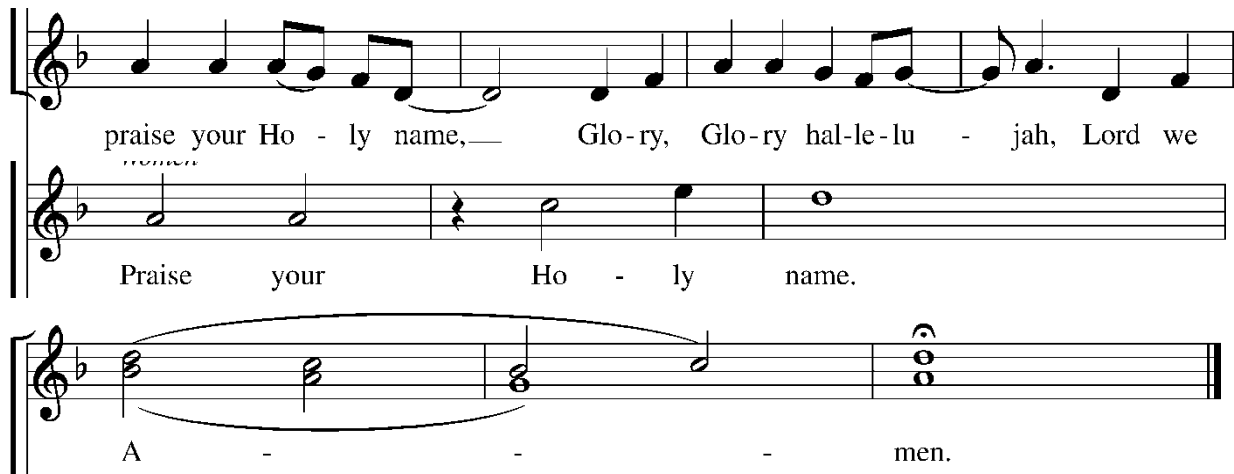
2. Lord God, heav-en - ly King, al - might - y God and Fa - ther, we
wor-ship you, - we give you thanks, - we praise you for - your glo-ry.

Unison

3. Lord Je-sus Christ, on-ly son of the Fa - ther, Lord God, Lamb of God, Glo-ry,
Glo-ry, hal-le-lu - jah, Lord we praise your Ho - ly name, - Glo-ry,
Glo-ry hal-le-lu - jah, Lord we praise your Ho - ly name. 4. You
take a - way the sin of the world: have mer - cy on us, 5. You are
seat-ed at the right hand of the Fa - ther: re - ceive - our - prayer. 6. For
you a - lone - are the Ho - ly One, You a - lone are - the Lord,

Unison

7. You a - lone - are the Most High, Je-sus Christ, with the Ho - ly Spir-it, in the
glo-ry of the Fa - ther. Glo-ry, Glo-ry, hal - le - lu - jah, Lord we



Section: Service Music: Canticles. Title: Glory to God [Gloria in excelsis] Canticle 20. Music: Carl Haywood (b. 1949), from Mass for Grace. Copyright: © 1992 Carl Haywood. Used by permission. Reprinted under OneLicense A-715981

The Collect for the Day

Presider: God be with you.

People: **And also with you.**

Presider: We pray with one voice and one heart.

All: Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

THE LITURGY OF THE WORD

The Readings

Please be seated.

A reading from the Prophet [Isaiah 58:1-9a, \[9b-12\]](#)

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgments, they delight to draw near to God. "Why do we fast, but you do not see? Why humble ourselves, but you do not notice?" Look, you serve your own interest on your fast day, and oppress all your workers. Look, you fast only to

quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord? Is not this the fast that I choose to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rear guard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am. If you remove the yoke from among you, the pointing of the finger, the speaking of evil, if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday. The Lord will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in.

Reader: Hear what the Spirit is saying to God's people.

People: **Thanks be to God.**

A period of silence for reflection follows.

Psalm 112

Please join in singing.

Jerome Webster Meachen
(b. 1930)



© 1956, Jerome Webster Meachen.

- 1 Alleluia! Happy are they who fear /God, *
and have great delight in the com-/mandments!
- 2 Their descendants will be mighty in the /land; *
the generation of the upright will be /blest.
- 3 Wealth and riches will be in their /house, *
and their righteousness will last for /ever.
- 4 Light shines in the darkness for the /upright; *
the righteous are merciful and full of com-/passion.
- 5 It is good for them to be generous in /lending *
and to manage their affairs with /justice.
- 6 For they will never be /shaken; *
the righteous will be kept in everlasting re-/membrance.
- 7 They will not be afraid of any evil /rumors; *
their heart is right; they put their trust in /God.
- 8 Their heart is established and will not /shrink, *
until they see their desire upon their /enemies.
- 9 They have given freely to the /poor, *
and their righteousness stands fast for ever;
they will hold up their head with /honor.
- 10 The wicked will see it and be angry;
they will gnash their teeth and pine a-/way; *
the desires of the wicked will /perish.

A reading from the First Letter to the Corinthians 2:1-12, [13-16]

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written,

"What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him"—these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also, no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God. And we speak of these things in words not taught by human wisdom but taught by the Spirit, interpreting spiritual things to those who are spiritual.

Those who are unspiritual do not receive the gifts of God's Spirit, for they are foolishness to them, and they are unable to understand them because they are spiritually discerned. Those who are spiritual discern all things, and they are themselves subject to no one else's scrutiny.

"For who has known the mind of the Lord so as to instruct him?" But we have the mind of Christ.

Reader: Hear what the Spirit is saying to God's people.

People: **Thanks be to God.**

A period of silence for reflection follows.

The Gospel Hymn

The people who in darkness walked

Hymnal #126

The Gospel

Deacon: The Holy Gospel of our Savior Jesus Christ according to Matthew 5:13-20
All: **Glory to you, O Christ.**

Jesus said, "You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything but is thrown out and trampled underfoot.

"You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

"Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven."

Deacon: The Gospel of our Savior.
People: **Praise to you, O Christ.**

The Sermon

The Rev. David Rider

The Nicene Creed

All: ***We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the Virgin Mary and became truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he***

ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Silence may be kept.

Prayers of the People

Form IV

Leader: Let us pray for the Church and for the world.
Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

Silence

People: Lord, in your mercy
Hear our prayer.

Leader: Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

Silence

People: Lord, in your mercy
Hear our prayer.

Leader: Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Silence

People: Lord, in your mercy
Hear our prayer.

Leader: Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

Silence

People: Lord, in your mercy
Hear our prayer.

Leader: Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

Silence

People: Lord, in your mercy
Hear our prayer.

Leader: We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

People: Lord, in your mercy
Hear our prayer.

Silence

Leader: We pray to you also for the forgiveness of our sins.

Silence

All: ***Have mercy upon us, most merciful God;
in your compassion forgive us our sins,
known and unknown, things done and left undone;
and so uphold us by your Spirit that we may live and serve you in newness
of life, to the honor and glory of your Name;
through Jesus Christ our Savior. Amen.***

The Absolution

Presider: Almighty God have mercy on you, forgive you all your sins through the grace of our Savior Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

Presider: May the peace and love of Christ be always with you.
People: **And also with you.**

Welcome, Announcements

Blessing of Birthdays & Anniversaries

All: *O God, our times are in your hand: Look with favor, we pray, on your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their life; through Jesus Christ our Savior. Amen.*

THE HOLY COMMUNION

The Offertory Sentence

The Offertory Anthem

Sung by the choir

Share With the Hungry Your Bread

Words: Annemarie Kidder Music: Carol Muehling

Share with the hungry your bread, take to the lonely your heart,
Strengthen the weak as in weakness you give, daily allow for fresh starts.
Live in the moment as moments do come, live out the calling begun.

Tenderly touch your mistakes, softly embrace where you failed,
Treasure the measures of longing and love, open to change from above.
Live with the question as questions do come, live out the answer begun.

Gently admit to your pain, frequently visit the strain,
Look to what tension, what terror you yield, kneel on the earth of their field.
Sit in discomfort for patience to come, live out the healing begun.

Lovingly honor your grief, patiently pray for relief;
Dig up your weakness and pain and mistake, hold it to see it abate.
Human and tender we willingly come, living what Christ has begun.

The Presentation Hymn

How bright appears the Morning Star

Hymnal #497

The Great Thanksgiving

Standing as able.

Eucharistic Prayer B

Presider: God be with you.
People: **And also with you.**

Presider: Lift up your hearts.
People: **We lift them to the Lord.**

Presider: Let us give thanks to the Lord our God.
People: **It is right to give our thanks and praise.**

Presider: It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord.

Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name.

Holy, holy

S-130

Ho - ly, ho - ly, ho - ly Lord, God of power and

might, Ho - ly, ho - ly, ho - ly Lord,

God of power and might, hea - ven and earth are

full, full of your glo - ry. Ho -

san - na in the high - est. Ho - san - na

in the high - est. Bless - ed is he who comes

in the name of the Lord. Ho - san - na

in the high - est. Ho - san - na in the high - est.

Presider: We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in Jesus Christ, the Word made flesh. For in these last days you sent Jesus to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In Christ, you have delivered us from evil, and made us worthy to stand before you. In Christ, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Savior Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

People: **We remember Christ's death,
We proclaim Christ's resurrection,
We await Christ's coming in glory;**

Presider: And we offer our sacrifice of praise and thanksgiving to you, O Savior of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us in the sacrifice of Jesus Christ, through whom we are acceptable to you, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Saint Barnabas all your saints, we may enter the everlasting heritage of your children; through Jesus Christ our Savior, the firstborn of all creation, the head of the Church, and the author of our salvation. By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and forever.
Amen.

Presider: And now, as our Savior Christ has taught us, we are bold to say,

The Lord's Prayer

All: *Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.*

The Breaking of the Bread

The Fraction Anthem

S-164

Je - sus, Lamb of God: have mer - cy on us.

Je - sus, bear - er of our sins: have mer - cy on us.

Je - sus, re - deem - er, re - deem - er of the world:



Music: From *Deutsche Messe*; Franz Peter Schubert (1797-1828); arr. Richard Proulx (b. 1937). Adaptation: Copyright © 1985 GIA Publications, Inc.

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The Invitation and Communion

Presider: The Gifts of God for the People of God.

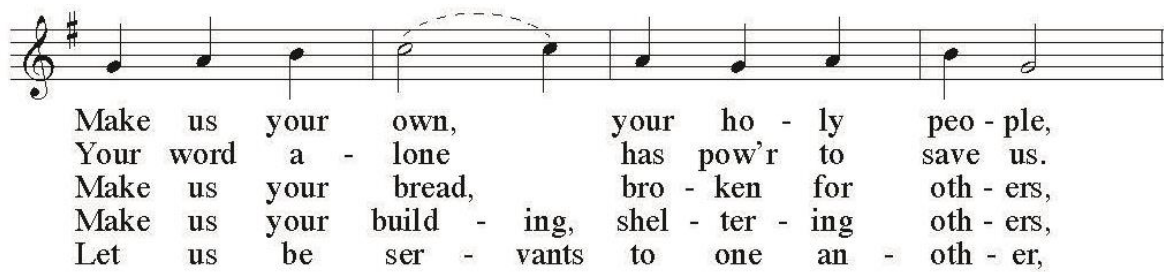
You will be invited to come forward for Communion or a blessing. Please alert an usher if you would like to receive at your seat. All are welcome to receive. You may decline either the consecrated bread or wine by placing a hand over your heart. Receive the bread (a wafer) in the palm of your hand. Intinction is not permitted. Gluten-free wafers are available upon request at the Altar.

Communion Music

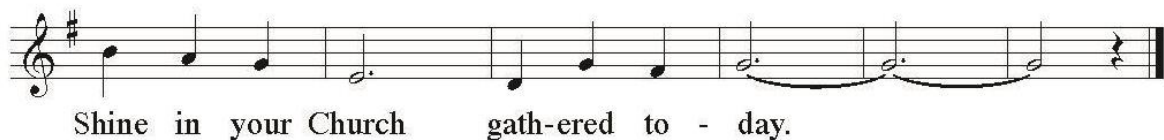
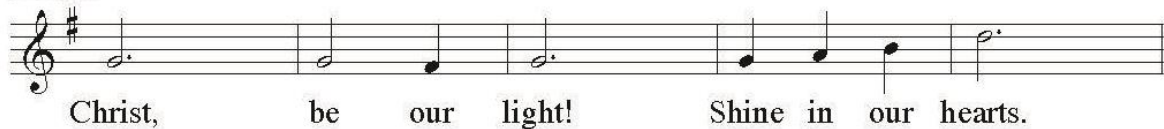
Longing for the light

1. Long - ing for light, we wait in dark - ness.
 2. Long - ing for peace, our world is trou - bled.
 3. Long - ing for food, man - y are hun - gry.
 4. Long - ing for shel - ter, man - y are home - less.
 5. Man - y the gifts, man - y the peo - ple,

Long - ing for truth, we turn to you.
 Long - ing for hope, man - y de - spair.
 Long - ing for wa - ter, man - y still thirst.
 Long - ing for warmth, man - y are cold.
 man - y the hearts that yearn to be - long.



Refrain



Text: Bernadette Farrell, b.1957
Tune: Bernadette Farrell, b.1957
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O day of God, draw nigh

Hymnal #601

Post Communion Prayer

Presider: Let us pray.

All: **God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue forever in the risen life of Christ our Savior. Amen.**

The Blessing

The Closing Hymn

We are marching in the light of God
Siyahamba

WLP #787

We are marching in the light of God
We are marching in the light of God,
We are marching in the light of God,
We are marching in the light of God,
We are marching in the light of, the light of God.
We are marching, marching, we are marching, Oo!
We are marching in the light of, the light of God.
We are marching, marching we are marching, Oo!
We are marching in the light of God.

We are praying in the light of God....

We are singing in the light of God...

The Dismissal

Deacon: Go forth in the Name of the One who is Love.

People: **Thanks be to God.**

The Postlude

The worship has ended – our service begins!

The Eucharistic Prayer (A) is an expanded language version authorized for use by General Convention 2018. The Bible texts of the Old Testament, Epistle and Gospel lessons are from the New Revised Standard Version Bible, copyright 1989 by the Division of Christian Education of the National Council of the Church of Christ in the USA, and used by permission. The Collects, Psalms and Canticles are from the Book of Common Prayer, 1979, The Saint Helena Psalter, 2004. Music is reprinted and livestreamed under OneLicense A-715981.

PRAYER LIST

Names appear on the published Prayer List for up to six weeks. Confidential prayer requests or for extended periods will be forwarded to the Prayer Chain. Contact the office or use the website to request a name be added.

PARISHIONERS:

Linn Wilson, Dorothy Shepard

FRIENDS OF OUR PARISH:

Nate Walters

THOSE GRIEVING:

The friends and family of Robert Mulligan

SERVING IN THE ARMED FORCES:

Christopher Chicoine, Andrew Leitao, Tyler Jeck, James Vaus, Jonathan Vaus

SAINT BARNABAS'S MINISTRIES:

Vestry, Wardens, Treasurer, Clerk

DIOCESAN & LOCAL CYCLE OF PRAYER:

In the Diocese: *Churches of the Boston Harbor Deanery*; St. John's Church, Jamaica Plain (Boston); Northeastern University; Lutheran Episcopal Campus Ministry; St. Cyprian's Church, Roxbury (Boston); Building Bridges Ministries

In Falmouth: Falmouth Service Center; Habitat for Humanity; Waquoit Congregational Church

The clergy are available for routine and emergency pastoral care. Rev. David Rider may be contacted via e-mail at david@stbfalmouth.org or through the Church Office (508) 548-3863 or on his personal mobile phone (917) 288-0187. Hospitals and other care facilities do not notify us. We rely on your family or you to let us know when you are in need of Pastoral Care.

Please contact [Becky Vaus](#) in the Parish Office, 508-548-3863 to request care for yourself or another. She can also place your name on the list of people who receive prayers during our worship services and/or give your name to a group of people who will pray for you confidentially.

THANK YOU TO TODAY'S SERVERS

Presider/Preacher: The Rev. David M. Rider;

Music Director/Organist: Deborah Gemma;

8AM Service:

Altar Guild: Merrily Crowley; **Lay Eucharistic Minister:** Maurice Rowe; **Lector; Usher:** Jane Hinckley;

10AM Service:

Acolyte: Noah Schmidt; **Altar Guild:** Anita Sadek-Lappen, Noah Schmidt; **Lay Eucharistic Minister:** Kate Kristenson, Ken McGrail; **Lector:** Susan Schmidt; **Social Hour:** Lynn Morse; **Ushers:** Phoebe Office; **Virtual Worship:** Malcolm Swope

LENTEN
CONTEMPLATIVE
PRAYER

Tuesdays during Lent
starting
February 24
at 4:00 PM
All Saint's Chapel

Hosted by
Rev. Perry Perine

Clarifying our
Vocational Identity

Group Discussions

Thursday, Feb 5, at 7:00 PM
via Zoom

Saturday, Feb 7, at 10:00 AM
in the Great Hall

Monday, Feb 9, at 7:00 PM
via Zoom

Wednesday, Feb 11, at 1:00 PM
in the Great Hall

Participants may attend more than one discussion
There will not be any hybrid discussions available

Saint Barnabas's Church

SUNDAY FORUM

February 2026

FEB
8

Lent 2026 Preview

9:00 AM
Parish House

FEB
15

All Saints Chapel Open House

9:00 AM
All Saints Chapel

FEB
22

TBD

9:00 AM
Parish House



For more details and updates about
these events, please visit our website
www.stbfalmouth.org

OUR DIOCESE AND PARISH

The Rt. Rev. Julia E. Whitworth, *Bishop Diocesan*
The Rev. David M. Rider, *Interim Priest*
The Rev. Everett (Perry) Perine, *Associate Priest*
Elaine Bruno, *Finance Administrator*
Doug Fantarella, *Sexton*
Deborah Gemma, *Director of Music/Organist*
David Hinds, *Assistant Sexton*
Becky Vaus, *Parish Administrator*

Kate Kristenson, *Warden*
George Liles, *Warden*
Lucy Young, *Acting Clerk*
Richard Whitmyre, *Treasurer*

Vestry Members:

Neill Bogan
Ted Gale
Stephen Handy
Richard Jackmauh
Karl Loos
Kirstin Meyer-Kaiser
Phoebe Office
Louise Prussack
Lucy Young

Deanery Delegates:

Beth Bullock-McGrail, Irene Ledwith

Diocesan Delegates:

Claudine Kos, Anne Wood

