

# THE FOURTH SUNDAY AFTER THE EPIPHANY



Saturday, January 31, 2026  
4 o'clock in the afternoon  
Rite II Holy Eucharist

SAINT BARNABAS'S EPISCOPAL CHURCH  
91 Main Street • Falmouth, Massachusetts  
[www.stbfalmouth.org](http://www.stbfalmouth.org)

# THE HOLY EUCHARIST RITE II

## 4 O'CLOCK IN THE AFTERNOON

### Prelude

Variations on "Simple Gifts"

Wilbur Held

### Opening Hymn

We are called

ELW#720



1. Come! Live in the light! Shine with the  
2. Come! O - pen your heart! Show your  
3. Sing! Sing a new song! Sing of that  
joy and the love of the Lord! We are called  
mer - cy to all those in fear! We are called  
great day when all will be one! God will reign,  
to be light for the king - dom, to be hope for the hope - less  
and we'll walk with each oth - er as  
live in the free - dom of the cit - y of God!  
ha - tred and blind-ness will be no more!  
sis -ters and broth-ers u - nit - ed in love!  
We are called to act with jus-tice, we are called to  
love ten - der - ly, we are called to serve one an-oth-er,  
to walk hum - bly with God!

Text: Micah 6:8; David Haas, b.1957  
Tune: David Haas, b.1957  
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## The Opening Acclamation

Standing as able.

Presider: Blessed be God: Father, Son, and Holy Spirit.

People: **And blessed be God's kingdom, now and forever. Amen.**

## The Collect for Purity

All: **Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Savior. Amen.**

Gloria

LEVAS #243



Glo - ry,

Glo-ry, hal - le - lu - jah, Lord we praise your Ho - ly name, Glo-ry,

Glo - ry hal - le - lu - jah, Lord we praise your Ho - ly name.

1. Glo-ry to God in the high-est, and peace to His peo - ple on earth.

2. Lord God, heav-en - ly King, al - might - y God and Fa - ther, we

wor-ship you, we give you thanks, we praise you for your glo - ry.

*Unison*

3. Lord Je-sus Christ, on-ly son of the Fa - ther, Lord God, Lamb of God, Glo-ry,  
 Glo-ry, hal-le-lu - jah, Lord we praise your Ho - ly name, Glo-ry,  
 Glo-ry hal-le-lu - jah, Lord we praise your Ho - ly name. 4. You

take a - way the sin of the world: have mer - cy on us, 5. You are  
 seat-ed at the right hand of the Fa - ther: re - ceive our prayer. 6. For

you a - lone are the Ho-ly One, You a - lone are the Lord,  
*Unison*

7. You a - lone are the Most High, Je-sus Christ, with the Ho - ly Spir-it, in the  
 glo-ry of the Fa - ther. Glo-ry, Glo-ry, hal - le - lu - jah, Lord we  
 praise your Ho - ly name, Glo-ry, Glo-ry hal-le-lu - jah, Lord we  
 Praise your Ho - ly name.

A - - - - - men.

Section: Service Music: Canticles. Title: Glory to God [Gloria in excelsis] Canticle 20. Music: Carl Haywood (b. 1949), from Mass for Grace. Copyright: © 1992 Carl Haywood. Used by permission. Reprinted under OneLicense A-715981

## The Collect for the Day

Presider: God be with you.  
People: **And also with you.**  
Presider: We pray with one voice and one heart.  
All: **Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.**

## THE LITURGY OF THE WORD

### The Readings

Please be seated.

A reading from the Prophet Micah 6:1-8

Hear what the Lord says: Rise, plead your case before the mountains, and let the hills hear your voice. Hear, you mountains, the controversy of the Lord, and you enduring foundations of the earth; for the Lord has a controversy with his people, and he will contend with Israel. “O my people, what have I done to you? In what have I wearied you? Answer me! For I brought you up from the land of Egypt and redeemed you from the house of slavery; and I sent before you Moses, Aaron, and Miriam. O my people, remember now what King Balak of Moab devised, what Balaam son of Beor answered him, and what happened from Shittim to Gilgal, that you may know the saving acts of the Lord.”

“With what shall I come before the Lord, and bow myself before God on high? Shall I come before him with burnt offerings, with calves a year old? Will the Lord be pleased with thousands of rams, with tens of thousands of rivers of oil? Shall I give my firstborn for my transgression, the fruit of my body for the sin of my soul?” He has told you, O mortal, what is good; and what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?

Reader: Hear what the Spirit is saying to God's people.  
People: **Thanks be to God.**

A period of silence for reflection follows.

## Psalm 15

Please join in singing.

Jerome Webster Meachen  
(b. 1930)



© 1956, Jerome Webster Meachen.

- 1 O God, who may dwell in your /tabernacle; \*  
who may abide upon your holy /hill?
- 2 Those who lead blameless lives and do what is /right, \*  
who speak truthfully from the /heart.
- 3 There is no guile upon their tongues;  
they do no evil to their /friends; \*  
they do not heap contempt upon their /neighbors;
- 4 In their sight the wicked are re-/jected, \*  
but they honor those who fear /God.
- 5 They have sworn to do no /wrong \*  
and do not take back their /word.
- 6 They do not give their money in hope of /gain, \*  
nor do they take a bribe against the /innocent.
- 7 Whoever does these /things \*  
shall never be over-/thrown.

A reading from the First Letter to the Corinthians 1:18-31

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, "I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart."

Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks

desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, "Let the one who boasts, boast in the Lord."

Reader: Hear what the Spirit is saying to God's people.

People: **Thanks be to God.**

A period of silence for reflection follows.

**The Gospel Hymn**      *Holy Spirit, ever living*

Hymnal #511

## The Gospel

Deacon: The Holy Gospel of our Savior Jesus Christ according to Matthew 5:1-12

All: **Glory to you, O Christ.**

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying:

"Blessed are the poor in spirit, for theirs is the kingdom of heaven.

"Blessed are those who mourn, for they will be comforted.

"Blessed are the meek, for they will inherit the earth.

"Blessed are those who hunger and thirst for righteousness, for they will be filled.

"Blessed are the merciful, for they will receive mercy.

"Blessed are the pure in heart, for they will see God.

"Blessed are the peacemakers, for they will be called children of God.

"Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.

"Blessed are you when people revile you and persecute you and utter all kinds

of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you."

Deacon: The Gospel of our Savior.

People: **Praise to you, O Christ.**

## The Sermon

*The Rev. David Rider*

## The Nicene Creed

All: We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the Virgin Mary and became truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

*Silence may be kept.*

## Prayers of the People

## Form IV

Leader: Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

## Silence

Lord, in your mercy

People: **Hear our prayer.**

Leader: Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

*Silence*

Lord, in your mercy

People: **Hear our prayer.**

Leader: Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

*Silence*

Lord, in your mercy

People: **Hear our prayer.**

Leader: Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

*Silence*

Lord, in your mercy

People: **Hear our prayer.**

Leader: Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

*Silence*

Lord, in your mercy

People: **Hear our prayer.**

Leader: We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

*Silence*

Lord, in your mercy

People: **Hear our prayer.**

*Silence*

Leader: We pray to you also for the forgiveness of our sins.

*Silence*

All: *Have mercy upon us, most merciful God;  
in your compassion forgive us our sins,  
known and unknown, things done and left undone;  
and so uphold us by your Spirit that we may live and serve you in newness  
of life, to the honor and glory of your Name;  
through Jesus Christ our Savior. Amen.*

## **The Absolution**

Presider: Almighty God have mercy on you, forgive you all your sins through the grace of our Savior Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## **The Peace**

Presider: May the peace and love of Christ be always with you.  
People: **And also with you.**

## **Welcome, Announcements**

## **Blessing of Birthdays & Anniversaries**

All: *O God, our times are in your hand: Look with favor, we pray, on your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their life; through Jesus Christ our Savior. Amen.*

# THE HOLY COMMUNION

## The Offertory Sentence

### The Offertory Hymn

Sung by the choir

Hey, My love

Tune: LADY MAISRY, Scots traditional

Words and Arrangement: John L. Bell & Graham Maule

Blessed are the ones I call the poor, hey my love and ho my joy;

Blessed are the ones I call the poor, who dearly love me;

Blessed are the ones I call the poor: the kingdom is their own for sure:

REFRAIN: God's kingdom is of heaven, of earth, of fire, of love.

Blessed are the ones who deeply mourn...God's comfort in their heart is known...

Blessed are the ones who gently care...they'll have the whole wide world to share...

Blessed are the ones who thirst for right...their journey's end is filled with light.

Blessed are the ones who pardon all...they'll be forgiven when they call.

Blessed are the ones whose pure hearts shine...they'll see their Lord and with him dine...

Blessed are the ones who work for peace...as God's own children they'll increase.

Blessed are the ones the world puts down...they'll have the Kingdom for their own...

### The Presentation Hymn

When a Prophet Sings of Justice

TUTS #279

1 When a proph - et sings of jus - tice like broad riv - ers  
2 When a gos - pel speaks of hun - ger for the Word and  
3 When an old song can re - mind us of how sim - ple  
4 As you grant us bet - ter in - sight with the vi - sion

flow - ing free, let me clear - ly see the vi - sion  
for the bread, let me hear how with each feed - ing  
gifts can be, God, you let us come to - geth - er,  
your grace gives, help us make the wis - er choic - es,

of an earth that might yet be: God's in - ten - tion,  
of the hun - gry, Christ is fed: how as we at -  
from our self - ish selves set free, freed from pomp and  
simp - lest of al - ter - na - tives: stripped of emp - ty

hu - man dreams, right - eous - ness like might - y streams,  
 tend their cry loaves and fish - es mul - ti - ply  
 cir - cum - stance, free to join in Christ's own dance,  
 act and talk we may take a hum - bler walk,

wa - ters teem - ing with sal - va - tion  
 in a eu - cha - rist of shar - - ing,  
 turned round right, and in the turn - - ing,  
 jus - tice, kind - ness no ab - strac - - tions,

to wash clean - the whole cre - a - tion.  
 in a sa - cred meal of car - - ing.  
 your own will for us dis - cern - - ing.  
 but made real in words and ac - - tions.

Text: John Core, 1996. © 1998 Selah Publishing Co., Inc.  
 Music: FREU DICH SEHR, *Trente quatre psaumes de David*, Geneva, 1551.

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## The Great Thanksgiving

Standing as able.

Eucharistic Prayer B

Presider: God be with you.

People: **And also with you.**

Presider: Lift up your hearts.

People: **We lift them to the Lord.**

Presider: Let us give thanks to the Lord our God.

People: **It is right to give our thanks and praise.**

Presider: It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord.

Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name.

Holy, holy

S-130

Ho - ly, ho - ly, ho - ly Lord, God of power and might, Ho - ly, ho - ly, ho - ly Lord, God of power and might, hea - ven and earth are full, full of your glo - ry. Ho - san - na in the high - est. Ho - san - na

in the high - est. Bless - ed is he who comes

in the name of the Lord. Ho - san - na

in the high - est. Ho - san - na in the high - est.

Music: From Deutsche Messe, Franz Peter Schubert (1797-1828); arr. Richard Proulx (b. 1937) Copyright: Copyright © 1985 GIA Publications, Inc. All rights reserved. Reprinted under OneLicense.net A-715981

Presider: We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in Jesus Christ, the Word made flesh. For in these last days you sent Jesus to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In Christ, you have delivered us from evil, and made us worthy to stand before you. In Christ, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Savior Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

People: **We remember Christ's death,  
We proclaim Christ's resurrection,  
We await Christ's coming in glory;**

Presider: And we offer our sacrifice of praise and thanksgiving to you, O Savior of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us in the sacrifice of Jesus Christ, through whom we are acceptable to you, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Saint Barnabas all your saints, we may enter the everlasting heritage of your children; through Jesus Christ our Savior, the firstborn of all creation, the head of the Church, and the author of our salvation. By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and forever.  
**Amen.**

Presider: And now, as our Savior Christ has taught us, we are bold to say,

### **The Lord's Prayer**

All: ***Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.***

### **The Breaking of the Bread**

## The Fraction Anthem

S-164

Je - sus, Lamb of God: have mer - cy on us.

Je - sus, bear - er of our sins: have mer - cy on us.

Je - sus, re - deem - er, re - deem - er of the world:

give us your peace, give us your peace.

Music: From *Deutsche Messe*; Franz Peter Schubert (1797-1828); arr. Richard Proulx (b. 1937). Adaptation: Copyright © 1985 GIA Publications, Inc.

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## The Invitation and Communion

Presider: The Gifts of God for the People of God.

You will be invited to come forward for Communion or a blessing. Please alert an usher if you would like to receive at your seat. All are welcome to receive. You may decline either the consecrated bread or wine by placing a hand over your heart. Receive the bread (a wafer) in the palm of your hand. Intinction is not permitted. Gluten-free wafers are available upon request at the Altar.

### Communion Music

*These three are the treasures*

WLP #803

The musical score consists of three staves of music in 3/4 time, with a key signature of three flats. The top staff is in treble clef, the middle staff is in bass clef, and the bottom staff is in bass clef. The lyrics are integrated into the music, appearing below the notes. The lyrics are as follows:

1. These three are the treas - ures to strive for and prize: be  
2. If mer - cy's a - ban - doned by those who'd be brave, e -  
3. Be gen - tle and you can af - ford to be bold, be  
4. Through gen - tle - ness those who at - tack win the fight, and

gen - tle, live sim - ply and have the hum - il - it - y to shy from the  
con - o - my squan-dered by those who'd be gen - er - ous, hu - mil - i - ty  
fru - gal and so have e - nough to be lib - er - al, be hum - ble and  
those who de - fend have their safe - ty in gen - tle - ness; this gen - tle - ness

strugg - le to put one - self first, these are the pearls.  
slight - ed by those who would lead, this is sure death.  
thus be a lead - er of all, this is the way.  
rests in the chil - dren of God, this is their sign.

Words: Colin Hodgetts. Music: *Song of Lau Tsu*, Colin Hodgetts. Copyright © 1983 Stainer and Bell Ltd. All rights reserved.  
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## Post Communion Prayer

Presider: Let us pray.

All: **God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue forever in the risen life of Christ our Savior. Amen.**

## The Blessing

### The Closing Hymn

We all are one in mission

WLP #778

1. We all are one in mis-sion, we all are one in call,  
 2. We all are called for ser-vice to wit-ness in God's name.  
 3. We all be - hold one vi-sion, a stark re-al-i-ty;  
 4. Now let us be u - nit-ed and let our song be heard.

our var-ied gifts u - nit-ed by Christ, the Lord of all.  
 Our min-is-tries are dif-f'rent, our pur-pose is the same:  
 the stew-ard of sal - va-tion was nailed up - on a tree.  
 Now let us be a ves-sel for God's re-deem-ing Word.

A sin-gle, great com - mis-sion com-pels us from a - bove  
 to touch the lives of oth-ers by God's sur-pris-ing grace,  
 Yet res - ur - rect - ed Jus - tice gives rise that we may share  
 We all are one in mis-sion, we all are one in call,

to plan and work to - geth-er that all may know Christ's love.  
 so peo-ple of all na-tions may feel God's warm em - brace.  
 free re - con - cil - i - a - tion and hope a - mid de - spair.  
 our var-ied gifts u - nit-ed by Christ, the Lord of all.

Words: Rusty Edwards (b. 1955). Music: *Nyland*, Finnish folk melody; adapt. and harm. David Evans (1874-1948).

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## The Dismissal

Deacon: Go forth in the Name of the One who is Love.  
People: **Thanks be to God.**

## The Postlude

Organ Sonata No. 2, "Allegro maestoso e vivace"  
Felix Mendelssohn

The worship has ended – our service begins!

### PRAYER LIST

Names appear on the published Prayer List for up to six weeks. Confidential prayer requests or for extended periods will be forwarded to the Prayer Chain. Contact the office or use the website to request a name be added.

#### PARISHIONERS:

Linn Wilson, Dorothy Shepard

#### FRIENDS OF OUR PARISH:

#### THOSE GRIEVING:

The friends and family of Robert Mulligan

#### SERVING IN THE ARMED FORCES:

Christopher Chicoine, Andrew Leitao, Tyler Jeck, James Vaus, Jonathan Vaus

#### SAINT BARNABAS'S MINISTRIES:

Vestry, Wardens, Treasurer, Clerk

#### DIOCESAN & LOCAL CYCLE OF PRAYER:

In the Diocese: Churches of the Boston Harbor Deanery; St. Mark's Church, Dorchester (Boston); St. Mary's Church, Dorchester (Boston); Epiphany School, Dorchester; The Diocesan Council

In Falmouth: Falmouth Gun Safety Coalition; Falmouth Human Services; The Church of the Nazarene

The clergy are available for routine and emergency pastoral care. Rev. David Rider may be contacted via e-mail at [david@stbfalmouth.org](mailto:david@stbfalmouth.org) or through the Church Office (508) 548-3863 or on his personal mobile phone (917) 288-0187. Hospitals and other care facilities do not notify us. We rely on your family or you to let us know when you are in need of Pastoral Care.

**Please contact Becky Vaus** in the Parish Office, 508-548-3863 to request care for yourself or another. She can also place your name on the list of people who receive prayers during our worship services and/or give your name to a group of people who will pray for you confidentially.

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## OUR DIOCESE AND PARISH

The Rt. Rev. Julia E. Whitworth, *Bishop Diocesan*

The Rev. David M. Rider, *Interim Priest*

The Rev. Everett (Perry) Perine, *Associate Priest*

Elaine Bruno, *Finance Administrator*

Doug Fantarella, *Sexton*

Deborah Gemma, *Director of Music/Organist*

David Hinds, *Assistant Sexton*

Becky Vaus, *Parish Administrator*

Kate Kristenson, *Warden*

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Phoebe Office

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