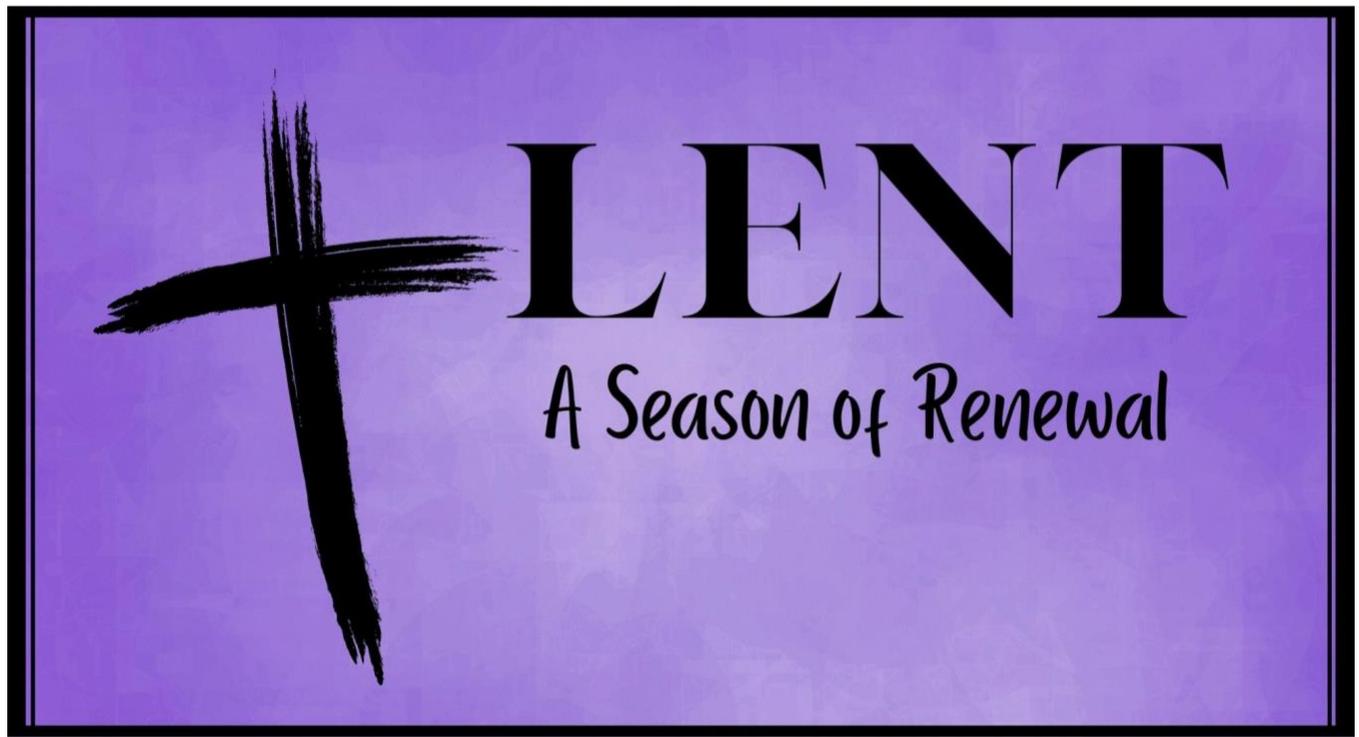


THE SECOND SUNDAY OF LENT



March 1, 2026
8 & 10 o'clock in the morning

SAINT BARNABAS'S EPISCOPAL CHURCH
91 Main Street • Falmouth, Massachusetts
www.stbfalmouth.org

THE HOLY EUCHARIST – RITE I

8 o'clock in the morning

The Entrance Rite

The Acclamation BCP323

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The Readings

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The Sermon *The Rev. David M. Rider*

The Nicene Creed BCP 326

The Prayers of the People BCP 328

The Confession of Sin BCP 331

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The Peace *Welcome & Announcements* Page 9

Blessing of Birthdays and Anniversaries Page 9

THE HOLY COMMUNION

The Offertory

The Great Thanksgiving

Eucharistic Prayer II BCP 340

Proper Preface BCP 345

The Lord's Prayer BCP 336

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The Invitation and Communion BCP 338

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THE HOLY EUCHARIST RITE II

10 O'CLOCK IN THE MORNING

Silence is requested as we prayerfully prepare for worship.

The Prelude *Trio Sonata No. 1, "Adagio"* J.S. Bach

The Opening Hymn *The God of Abraham praise* Hymnal #401

The Penitential Order

Presider: Bless the Lord who forgives all our sins.

People: God's mercy endures for ever.

Presider: Jesus said, "The first commandment is this: Hear, O Israel: The Lord your God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no commandment greater than these." *Mark 12:29-3*

Let us confess our sins against God and our neighbor.

Silence may be kept.

All: ***Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.***

Presider: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Ky - ri - e e - lei - son.

Chris - te e - lei - son. Ky - ri - e e - lei - son.

Music: Kevin R. Hackett (b. 1956), from *Hymn Tunes Mass*; based on *Herzliebster Jesu*, Johan Cruger (1598-1662), alt. Copyright: © 1991 Celebration, Aliquippa, PA 15001. All rights reserved. International copyright secured. Used by permission. Reprinted under OneLicense A-715981.

The Collect of the Day

Presider: God is with you.

People: **And also with you.**

Presider: We pray with one voice and one heart.

All: ***O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. Amen.***

THE LITURGY OF THE WORD

The Readings

Please be seated.

A reading from the Book of Genesis 12:1-4a

The Lord said to Abram, "Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed." So Abram went, as the Lord had told him; and Lot went with him.

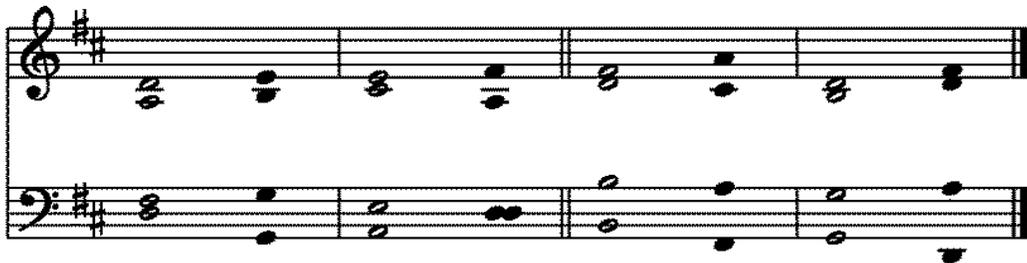
Reader: Hear what the Spirit is saying to God's people.

People: **Thanks be to God.**

A period of silence for reflection follows.

Psalm 121

Jerome Webster Meachen
(b. 1930)



© 1956, Jerome Webster Meachen.

- 1 I lift up my eyes to the /hills; *
from where is my help to /come?
- 2 My help comes from /God, *
the maker of heaven and /earth.
- 3 God will not let your foot be /moved; *
the One who watches over you will not fall a-/sleep.
- 4 Behold, the One who keeps watch over /Israel *
shall neither slumber nor /sleep;
- 5 The Holy One watches /over you *
and is your shade at your /right hand,
- 6 So that the sun shall not strike you by /day, *
nor the moon by /night.

- 7 God shall preserve you from all /evil *
and is the One who shall keep you /safe.
- 8 God shall watch over your going out and your coming /in, *
from this time forth for ever-/more.

A reading from the Letter to the Romans Romans 4:1-5, 13-17

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? "Abraham believed God, and it was reckoned to him as righteousness." Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness.

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham, for he is the father of all of us, as it is written, "I have made you the father of many nations" —in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

Reader: Hear what the Spirit is saying to God's people.

People: **Thanks be to God.**

A period of silence for reflection follows.

The Gospel Hymn *In your mercy, Lord* Hymnal #706

The Gospel

Deacon: The Holy Gospel of our Savior Jesus Christ according to John 3:1-17

All: **Glory to you, O Christ**

Deacon: There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things?"

"Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

"For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

"Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him."

Deacon: The Gospel of our Savior.

People: **Praise to you, O Christ.**

The Sermon

The Rev. David M. Rider

The Nicene Creed

Standing as able.

All: **We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the Virgin Mary and became truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

The Prayers of the People

Form IV

Leader: Let us pray for the Church and for the world.
Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

Silence

People: Lord, in your mercy
Hear our prayer.

Leader: Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

Silence

People: Lord, in your mercy
Hear our prayer.

Leader: Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Silence

People: Lord, in your mercy
Hear our prayer.

Leader: Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

Silence

People: Lord, in your mercy
Hear our prayer.

Leader: Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

Silence

People: Lord, in your mercy
Hear our prayer.

Leader: We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

People: Lord, in your mercy
Hear our prayer.

Silence may be kept.

The Peace

Presider: May the peace and love of Christ be always with you.

People: **And also with you.**

Welcome, Announcements

Blessing of Birthdays & Anniversaries

All: ***O God, our times are in your hand: Look with favor, we pray, on your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their life; through Jesus Christ our Savior. Amen.***

THE HOLY COMMUNION

The Offertory Sentence

The Offertory Hymn

Sung by the Choir

Keep Me Faithfully in Thy Paths

G.F. Handel/ed. R. Proulx

*Keep me faithfully in thy paths, O Lord, and cleanse me from my sin.
In thy goodness, Lord, be thou merciful.*

The Presentation Hymn

Hope of the world

Hymnal #472

The Great Thanksgiving

Eucharistic Prayer A

Presider: God be with you.

People: **And also with you.**

Presider: Lift up your hearts.

People: **We lift them to God.**

Presider: Let us give thanks to our God.

People: **It is right to give God thanks and praise.**

Presider: It is right, and a good and joyful thing, always and everywhere to give thanks to you, O God, Creator of heaven and earth.

Through Jesus Christ our Savior; who was tempted in every way as we are, yet did not sin. By God's grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Holy, holy

S-124

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and
earth are full of your glo - ry. Ho - san - na in the high - est.
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

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Presider: Holy and gracious God: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God of all. He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Savior Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore we proclaim the mystery of our faith:

All: ***Christ has died.***
Christ is risen.
Christ will come again.

Presider: We celebrate the memorial of our redemption, O God, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament,

and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever. **AMEN.**

As our Savior Christ has taught us, we now pray,

The Lord's Prayer

All: ***Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.***

The Breaking of the Bread

Fraction Anthem

S-161

Lamb of God, you take a - way the sins of the world:
have mer - cy on us. Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God,
you take a - way the sins of the world: grant us peace.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

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The Invitation and Communion

Presider: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

You will be invited to come forward for Communion or a blessing. Please alert an usher if you would like to receive at your seat. All are welcome to receive. You may decline either the consecrated bread or wine by placing a hand over your heart. Receive the bread (a wafer) in the palm of your hand. Intinction is not permitted. Gluten-free wafers are available upon request at the Altar.

Communion Music

And now, O Father

Hymnal #337

Bless the Lord, my soul

WLP #825

The image shows a musical score for two systems of music. Each system consists of a vocal line (treble clef) and a piano accompaniment line (bass clef). The time signature is 4/4. The key signature has one flat (B-flat). The lyrics are: "Bless the Lord my soul and bless God's ho - ly name." and "Bless the Lord my soul, Who leads me in - to life." The score includes various musical notations such as chords, single notes, rests, and a fermata over the final note of the second system.

Words: Psalm 103. Music: Jacques Berthier (1923-1994).

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Post Communion Prayer

Presider: Let us pray.

All: ***Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.***

The Prayer over the People

Presider: Bow down before God.

Silence is kept.

Keep this your family, Lord, with your never-failing mercy, that relying solely on the help of your heavenly grace, they may be upheld by your divine protection; through Christ our Lord. **Amen.**

The Closing Hymn *The glory of these forty days* Hymnal #143

The Dismissal

Deacon: Go in peace to love and serve the Lord.

People: **Thanks be to God.**

The Postlude *Prelude and Fugue in E Minor, "Cathedral"* J.S. Bach

The worship has ended – our service begins!

THANK YOU TO TODAY'S SERVERS

Presider/Preacher: The Rev. David M. Rider;

Music Director/Organist: Deborah Gemma;

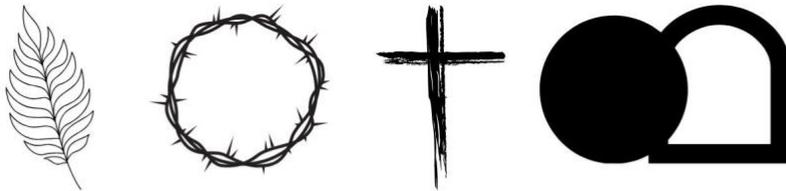
8AM Service:

Altar Guild: Merrily Crowley; **Lay Eucharistic Minister:** Maurice Rowe; **Lector:** Maurice Rowe;

Usher: Ron Landry

10AM Service:

Acolyte: Noah Schmidt; **Altar Guild:** Kate Kristenson, Kathy Mulligan; **Lay Eucharistic Minister:** Kate Kristenson; **Lector:** Linda Jeffries-Summers, Linn Wilson; **Social Hour:** Helen Malina, Lynn Hassouna; **Ushers:** Lucy Young, Stephen Handy; **Vestry Person of the Day:** Louise Prussack; **Virtual Worship:** Karl Loos



A LOT HAPPENS IN 7 DAYS

March 29 - **Palm Sunday** @ 8am & 10am

April 2 - **Maundy Thursday** @ 7pm

April 3 - **Good Friday** @ 12 noon & 7pm

April 4 - **Easter Vigil** @ 7pm

April 5 - **Easter Sunday**

8am - Rite I Holy Eucharist

10am - Festival Choral Eucharist

LENTEN SEASON

**CONTEMPLATIVE
PRAYER**

TUESDAYS DURING LENT

AT 4:00 PM

ALL SAINTS CHAPEL

ALL ARE WELCOME

www.stbfalmouth.org

SUNDAY FORUM FOR MARCH DEATH & DYING DISCUSSION

1

American Funerals Sixty Years after Jessica Mitford

This Forum addresses the increasing diversity of funeral options, especially those driven by cremation. With choice comes complexity. Pre-planned end-of-life and funeral directives can bring clarity to a stressful time.

8

Human Agency at the End of Life

How intractable pain and exhausting treatment now call for medical assistance in dying (MAID) works? How do we share our decisions with family, and how do we listen as they share their decisions with us? Beyond tough medical decisions, what family conversations need to happen before the end?

15

Family Conversations at Life's End

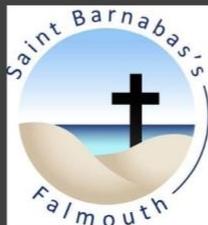
How do we start those conversations, and what about times when the dying person is in a final coma? How do you broach the subject and priorities for a pending funeral? What about deadbed blessings so that we both begin and end life with a clean slate?

22

Funeral Planning: Who Calls the Shots?

Did the dying person leave written instructions or offer hints along the way? What happens when conflicted families cannot agree on much? Funeral services can take place at mortuaries, churches, local event spaces or Nobska Beach – who calls the shots?

Join us Sunday mornings at 9:00 am
in the Parish House



Saint Barnabas's Church
91 Main Street, Falmouth
www.stbfalmouth.org

PRAYER LIST

Names appear on the published Prayer List for up to six weeks. Confidential prayer requests or for extended periods will be forwarded to the Prayer Chain. Contact the office or use the website to request a name be added.

PARISHIONERS:

FRIENDS OF OUR PARISH:

Jim Perry, Dan Quinn, Nate Walters

THOSE GRIEVING:

The friends and family of Ann Marie Murray

SERVING IN THE ARMED FORCES:

Christopher Chicoine, Andrew Leitao, Tyler Jeck, James Vaus, Jonathan Vaus

SAINT BARNABAS'S MINISTRIES:

Vestry, Wardens, Treasurer, Clerk

DIOCESAN & LOCAL CYCLE OF PRAYER:

In the Diocese: Churches of the Cape & Islands Deanery; St. Andrew's Chapel, Hyannis Port; Christ Church, Plymouth; St. David's Church, South Yarmouth; Diocesan Congregational Consultants

In Falmouth: Falmouth Garden Club; 300 Committee; Cape Cod Church

The clergy are available for routine and emergency pastoral care. Rev. David Rider may be contacted via e-mail at david@stbfalmouth.org or through the Church Office (508) 548-3863 or on his personal mobile phone (917) 288-0187. Hospitals and other care facilities do not notify us. We rely on your family or you to let us know when you are in need of Pastoral Care.

Please contact [Becky Vaus](#) in the Parish Office, 508-548-3863 to request care for yourself or another. She can also place your name on the list of people who receive prayers during our worship services and/or give your name to a group of people who will pray for you confidentially.

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OUR DIOCESE AND PARISH

The Rt. Rev. Julia E. Whitworth, *Bishop Diocesan*
The Rev. David M. Rider, *Interim Priest*
The Rev. Everett (Perry) Perine, *Associate Priest*
Elaine Bruno, *Finance Administrator*
Doug Fantarella, *Sexton*
Deborah Gemma, *Director of Music/Organist*
David Hinds, *Assistant Sexton*
Becky Vaus, *Parish Administrator*

Kate Kristenson, *Warden*
George Liles, *Warden*
Lucy Young, *Clerk*
Richard Whitmyre, *Treasurer*

Vestry Members:

Neill Bogan
Ted Gale
Stephen Handy
Richard Jackmauh
Karl Loos
Kirstin Meyer-Kaiser
Phoebe Office
Louise Prussack
Lucy Young

Deanery Delegates:

Beth Bullock-McGrail, Irene Ledwith

Diocesan Delegates:

Claudine Kos, Anne Wood

