

THE FIRST SUNDAY OF LENT



February 22, 2026
8 & 10 o'clock in the morning

SAINT BARNABAS'S EPISCOPAL CHURCH
91 Main Street • Falmouth, Massachusetts
www.stbfalmouth.org

THE HOLY EUCHARIST – RITE I

8 o'clock in the morning

The Entrance Rite

| | |
|------------------------|--------|
| The Great Litany | Page 3 |
| The Collect of the Day | Page 6 |

The Readings

| | |
|--------------------|--------|
| The First Reading | Page 5 |
| The Psalm | Page 8 |
| The Second Reading | Page 9 |
| The Gospel | Page 9 |

The Sermon *The Rev. Libby Catania*

The Nicene Creed BCP 326

The Prayers of the People BCP 328

The Peace *Welcome & Announcements* Page 11
 Blessing of Birthdays and Anniversaries Page 11

THE HOLY COMMUNION

The Offertory

The Great Thanksgiving

| | |
|-----------------------|---------|
| Eucharistic Prayer II | BCP 340 |
| Proper Preface | BCP 345 |
| The Lord's Prayer | BCP 336 |

The Breaking of the Bread

The Invitation and Communion BCP 338

The Post Communion Prayer BCP 339

The Blessing and Dismissal Page 17

THE HOLY EUCHARIST RITE II

10 O'CLOCK IN THE MORNING

Silence is requested as we prayerfully prepare for worship.

The Great Litany

The presider sings and the congregation responds while kneeling or standing as able.

Presider: Holy God, Creator of heaven and earth,

People: **Have mercy on us.**

Presider: Holy and Mighty, Redeemer of the world,

People: **Have mercy on us.**

Presider: Holy Immortal One, Sanctifier of the faithful,

People: **Have mercy on us.**

Presider: Holy, blessed and glorious Trinity, One God,

People: **Have mercy on us.**

Presider: From all evil and mischief; from pride, vanity, and hypocrisy; from envy, hatred, and malice; and from all evil intent,

People: **Savior deliver us.**

Presider: From sloth, worldliness, and love of money; from hardness of heart and contempt for your word and your laws,

People: **Savior deliver us.**

Presider: From sins of body and mind; from deceits of the world, flesh and the devil,

People: **Savior deliver us.**

Presider: From famine and disaster; from violence, murder, and dying unprepared,

People: **Savior deliver us.**

Presider: In all times of sorrow; in all times of joy; in the hour of our death and at the day of judgment,

People: **Savior deliver us.**

Presider: By the mystery of your holy incarnation; by your birth, childhood and obedience; by your baptism, fasting and temptation,

People: **Savior deliver us.**

Presider: By your ministry in word and work; by your mighty acts of power; by the preaching of your reign,

People: **Savior deliver us.**

Presider: By your agony and trial; by your cross and passion; by your precious death and burial,

People: **Savior deliver us.**

Presider: By your mighty resurrection; by your glorious ascension; and by your sending of the Holy Spirit,

People: **Savior deliver us.**

Presider: Hear our prayers, O Christ our God.

People: **Hear us, O Christ.**

Presider: Govern and direct your holy Church; fill it with love and truth; and grant it that unity which is your will.

People: **Hear us, O Christ.**

Presider: Give us boldness to preach the gospel in all the world, and to make disciples of all the nations.

People: **Hear us, O Christ.**

Presider: Enlighten your bishops, priests and deacons with knowledge and understanding, that by their teaching and their lives they may proclaim your word.

People: **Hear us, O Christ.**

Presider: Give your people grace to witness to your word and bring forth the fruit of your Spirit.

People: **Hear us, O Christ.**

Presider: Bring into the way of truth all who have erred and are deceived.

People: **Hear us, O Christ.**

Presider: Strengthen those who stand; comfort and help the fainthearted; raise up the fallen; and finally beat down Satan under our feet.

People: **Hear us, O Christ.**

Presider: Guide the leaders of the nations into the ways of peace and justice.

People: **Hear us, O Christ.**

Presider: Give your wisdom and strength to the President of the United States, and the Governor of this Commonwealth, that in all things they may do your will, for your glory and the common good.

People: **Hear us, O Christ.**

Presider: Give to the Congress of the United States, the members of the President's Cabinet, those who serve in our state legislature, and all others in authority the grace to walk always in the ways of truth.

People: **Hear us, O Christ.**

Presider: Bless the justices of the Supreme Court and all those who administer the law, that they may act with integrity and do justice for all your people.

People: **Hear us, O Christ.**

Presider: Give us the will to use the resources of the earth to your glory and for the good of all.

People: **Hear us, O Christ.**

Presider: Bless and keep all your people,

People: **Hear us, O Christ.**

Presider: Comfort and liberate the lonely, the bereaved and the oppressed.

People: **Hear us, O Christ.**

Presider: Keep in safety those who travel and all who are in peril.

People: **Hear us, O Christ.**

Presider: Heal the sick in body, mind, or spirit, and provide for the unhoused, the hungry, and the destitute.

People: **Hear us, O Christ.**

Presider: Guard and protect all children who are in danger.
People: **Hear us, O Christ.**

Presider: Shower your compassion on prisoners, hostages, and refugees, and all who are in trouble.
People: **Hear us, O Christ.**

Presider: Forgive our enemies, persecutors, and slanderers, and turn their hearts.
People: **Hear us, O Christ.**

Presider: Hear us as we remember those who have died and grant us with them a share in your eternal glory.
People: **Hear us, O Christ.**

Presider: Give us true repentance; forgive us our sins of negligence and ignorance and our deliberate sins; and grant us the grace of your Holy Spirit to amend our lives according to your word.
People: **Holy God, Holy and Mighty, Holy Immortal One, Have mercy on us.**

The Collect of the Day

Presider: God is with you.
People: **And also with you.**

Presider: We pray with one voice and one heart.
All: **Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.**

THE LITURGY OF THE WORD

The Readings

Please be seated.

A reading from the Book of Genesis 2:15-17; 3:1-7

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die."

Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden'?" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'"¹ But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

Reader: Hear what the Spirit is saying to God's people.
People: **Thanks be to God.**

A period of silence for reflection follows.

Psalm 32

Robert Knox Kennedy
(b. 1945)



© 1979, Robert Knox Kennedy.

- 1 Happy are they whose transgressions are for-/given *
and whose sin is put a-/way!
- 2 Happy are they to whom God imputes no /guilt *
and in whose spirit there is no /guile!
- 3 While I held my tongue, my bones withered a-/way, *
because of my groaning all day /long.
- 4 For your hand was heavy upon me day and /night; *
my moisture was dried up as in the heat of /summer.
- 5 Then I acknowledged my /sin to you *
and did not conceal my /guilt.
- 6 I said, "I will confess my transgressions to /God." *
Then you forgave me the guilt of my /sin.
- 7 Therefore all the faithful will make their prayers to you in time of /trouble; *
when the great waters overflow, they shall not /reach them.
- 8 You are my hiding-place; you preserve me from /trouble; *
you surround me with shouts of de-/liverance.
- 9 "I will instruct you and teach you in the way that you should /go; *
I will guide you with my /eye.
- 10 Do not be like horse or mule, which have no under-/standing, *
who must be fitted with bit and bridle, or else they will not stay /near you."
- 11 Great are the tribulations of the /wicked, *
but mercy embraces those who trust in the /Most High.
- 12 Be glad, you righteous, and rejoice in /God; *
shout for joy, all who are true of /heart.

A reading from the Letter to the Romans 5:12-19

As sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned-- sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

Reader: Hear what the Spirit is saying to God's people.

People: **Thanks be to God.**

A period of silence for reflection follows.

The Gospel Hymn *Forty days and forty nights*

Hymnal #150

The Gospel

Deacon: The Holy Gospel of our Savior Jesus Christ according to Matthew 4:1-11

All: **Glory to you, O Christ**

Deacon: Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'"

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'"

Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'"

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him.'"

Then the devil left him, and suddenly angels came and waited on him.

Deacon: The Gospel of our Savior.

People: **Praise to you, O Christ.**

The Sermon

The Rev. Libby Catania

The Nicene Creed

Standing as able.

All: **We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the Virgin Mary and became truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

The Peace

Presider: May the peace and love of Christ be always with you.
People: **And also with you.**

Welcome, Announcements

Blessing of Birthdays & Anniversaries

All: *O God, our times are in your hand: Look with favor, we pray, on your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their life; through Jesus Christ our Savior. Amen.*

THE HOLY COMMUNION

The Offertory Sentence

The Offertory Hymn

Sung by the Choir

Lord, For Thy Tender Mercy's Sake

Farrant/Hilton

Lord, for thy tender mercy's sake, lay not our sins to our charge, but forgive that is past, and give us grace to amend our sinful lives: to decline from sin and incline to virtue, that we may walk in a perfect heart before thee now and ever more. Amen.

The Presentation Hymn

Bless now, O Lord, the journey

ELW #326

1 Bless now, O God, the jour - ney that all your peo - ple make,
2 Bless so - journ - ers and pil - grims who share this wind - ing way;
3 Di - vine e - ter - nal lov - er, you meet us on the road.

the path through noise and si - lence, the way of give and take.
your hope burns through the ter - rors, your love sus-tains the day.
We wait for lands of prom - ise where milk and hon - ey flow,

The trail is found in des - ert and winds the moun - tain round,
We yearn for ho - ly free - dom while of - ten we are bound;
but wait-ing not for plac - es, you meet us all a - round.

then leads be - side still wa - ters, the road where faith is found.
to - geth - er we are seek - ing the road where faith is found.
Our cov - e - nant is writ - ten on roads, as faith is found.

Text: Sylvia G. Dunstan, 1955-1993

Music: Welsh tune, 19th cent.

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The Great Thanksgiving

Eucharistic Prayer A

Presider: God be with you.

People: **And also with you.**

Presider: Lift up your hearts.

People: **We lift them to God.**

Presider: Let us give thanks to our God.

People: **It is right to give God thanks and praise.**

Presider: It is right, and a good and joyful thing, always and everywhere to give thanks to you, O God, Creator of heaven and earth.

Through Jesus Christ our Savior; who was tempted in every way as we are, yet did not sin. By God's grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Holy, holy

S-124

Ho - ly, ho - ly, ho - ly Lord, God of pow-er and might, hea-ven and
earth are full of your glo - ry. Ho - san - na in the high - est.
Bless-ed is he who comes in the name of the Lord. Ho-san-na in the high - est.

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Presider: Holy and gracious God: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God of all. He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Savior Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore we proclaim the mystery of our faith:

All: ***Christ has died.***
Christ is risen.
Christ will come again.

Presider: We celebrate the memorial of our redemption, O God, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever. **AMEN.**

As our Savior Christ has taught us, we now pray,

The Lord's Prayer

All: *Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.*

The Breaking of the Bread

Presider: Christ our Passover is sacrificed for us;

People: **Therefore, let us keep the feast.**

Fraction Anthem

S-161

Lamb of God, you take a - way the sins of the world:
have mer - cy on us. Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God,
you take a - way the sins of the world: grant us peace.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

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The Invitation and Communion

Presider: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

You will be invited to come forward for Communion or a blessing. Please alert an usher if you would like to receive at your seat. All are welcome to receive. You may decline either the consecrated bread or wine by placing a hand over your heart. Receive the bread (a wafer) in the palm of your hand. Intinction is not permitted. Gluten-free wafers are available upon request at the Altar.

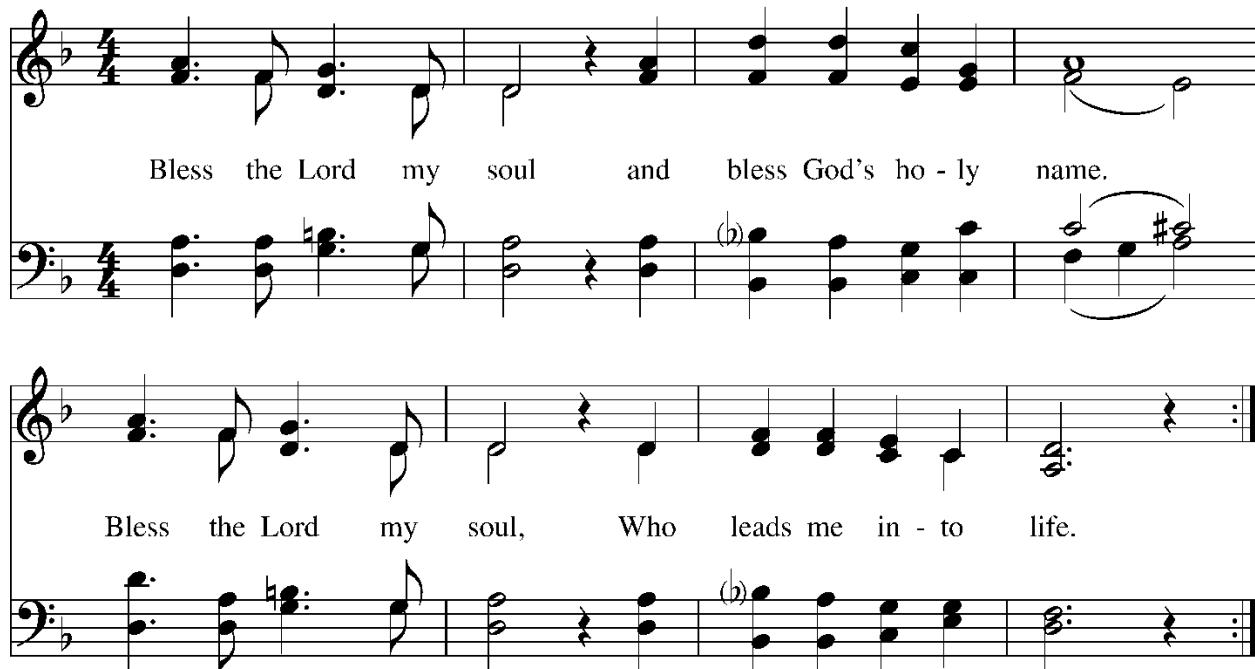
Communion Music

Beneath the cross of Jesus

Hymnal #498

Bless the Lord, my soul

WLP #825



The musical score consists of two staves of music. The top staff is in treble clef and 4/4 time, with lyrics: "Bless the Lord my soul and bless God's ho - ly name." The bottom staff is in bass clef and 4/4 time, with lyrics: "Bless the Lord my soul, Who leads me in - to life." The music includes various chords and rests, with some notes tied across measures.

Words: Psalm 103. Music: Jacques Berthier (1923-1994).

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Post Communion Prayer

Presider: Let us pray.

All: **Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

The Prayer over the People

Presider: Bow down before God.

Silence is kept.

Grant, most merciful God, to your faithful people pardon and peace, that they may be cleansed from all their sins, and serve you with a quiet mind; through Christ our Savior. **Amen.**

The Closing Hymn

Now let us all with one accord

Hymnal #147

The Dismissal

Deacon: Go in peace to love and serve the Lord.

People: **Thanks be to God.**

The Postlude

Voluntary VIII, "Allegro"

John Stanley

The worship has ended – our service begins!

THANK YOU TO TODAY'S SERVERS

Presider/Preacher: The Rev. Libby Catania;

Music Director/Organist: Deborah Gemma;

8AM Service:

Altar Guild: Merrily Crowley; **Lay Eucharistic Minister:** Maurice Rowe; **Lector:** Maurice Rowe;

Usher: Don Johnson

10AM Service:

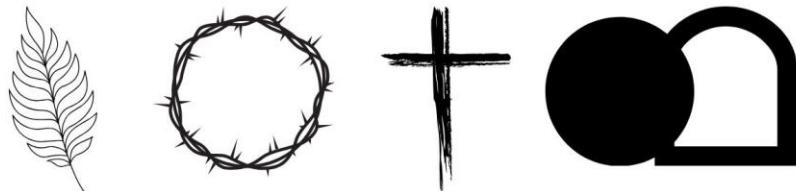
Acolyte: Noah Schmidt; **Altar Guild:** Cynthia Pina; **Lay Eucharistic Minister:** Kate Kristenson, Ken McGrail; **Lector:** Anne Wood, Richard Jackmauh; **Social Hour; Ushers;** Kathy Mulligan, John Schmidt; **Virtual Worship:** Dalton Webb

LENTEN SEASON

CONTEMPLATIVE PRAYER

**TUESDAYS DURING LENT
AT 4:00 PM
ALL SAINTS CHAPEL**

ALL ARE WELCOME



A LOT HAPPENS IN 7 DAYS

March 29 - **Palm Sunday** @ 8am & 10am

April 2 - **Maundy Thursday** @ 7pm

April 3 - **Good Friday** @ 12 noon & 7pm

April 4 - **Easter Vigil** @ 7pm

April 5 - **Easter Sunday**

8am - Rite I Holy Eucharist

10am - Festival Choral Eucharist

PRAYER LIST

Names appear on the published Prayer List for up to six weeks. Confidential prayer requests or for extended periods will be forwarded to the Prayer Chain. Contact the office or use the website to request a name be added.

PARISHIONERS:

Cathy Sullivan, Linn Wilson, Dorothy Shepard

FRIENDS OF OUR PARISH:

Jim Perry, Dan Quinn, Nate Walters

THOSE GRIEVING:

The friends and family of Len Buckman, Robert Mulligan

SERVING IN THE ARMED FORCES:

Christopher Chicoine, Andrew Leitao, Tyler Jeck, James Vaus, Jonathan Vaus

SAINT BARNABAS'S MINISTRIES:

Vestry, Wardens, Treasurer, Clerk

DIOCESAN & LOCAL CYCLE OF PRAYER:

In the Diocese: Churches of the Cape & Islands Deanery; St. Mary's Church, Barnstable; St. Peter's-on-the-Canal, Buzzards Bay; St. Paul's Church, Nantucket; Congregations: Wardens, Treasurers & Clerks

In Falmouth Friends of Falmouth Dogs; People for Cats; Falmouth Baptist Church

The clergy are available for routine and emergency pastoral care. Rev. David Rider may be contacted via e-mail at david@stbfalmouth.org or through the Church Office (508) 548-3863 or on his personal mobile phone (917) 288-0187. Hospitals and other care facilities do not notify us. We rely on your family or you to let us know when you are in need of Pastoral Care.

Please contact [**Becky Vaus**](#) in the Parish Office, 508-548-3863 to request care for yourself or another. She can also place your name on the list of people who receive prayers during our worship services and/or give your name to a group of people who will pray for you confidentially.

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OUR DIOCESE AND PARISH

The Rt. Rev. Julia E. Whitworth, *Bishop Diocesan*
The Rev. David M. Rider, *Interim Priest*
The Rev. Everett (Perry) Perine, *Associate Priest*
Elaine Bruno, *Finance Administrator*
Doug Fantarella, *Sexton*
Deborah Gemma, *Director of Music/Organist*
David Hinds, *Assistant Sexton*
Becky Vaus, *Parish Administrator*

Kate Kristenson, *Warden*
George Liles, *Warden*
Lucy Young, *Clerk*
Richard Whitmyre, *Treasurer*

Vestry Members:

Neill Bogan
Ted Gale
Stephen Handy
Richard Jackmauh
Karl Loos
Kirstin Meyer-Kaiser
Phoebe Office
Louise Prussack
Lucy Young

Deanery Delegates:

Beth Bullock-McGrail, Irene Ledwith

Diocesan Delegates:

Claudine Kos, Anne Wood

