

Little Bears Daycare – Sun Protection Policy (6.7)



Little Bears Daycare is committed to ensuring that all children are fully protected from the dangers of too much sun. Severe sunburn in childhood can lead to the development of malignant melanoma – skin cancer, in later life. Young skin is delicate and very easily damaged by the sun, therefore it is important that all children in our care are protected.

Children have sensitive skin that can be easily damaged by the sun's dangerous UV rays. At this young age they are unable to take responsibility for their own sun protection. We have a responsibility to ensure that children are protected from the harmful effects of the sun.

Protection

Little Bears Day Care will provide an environment that enables children and staff to stay safe in the sun.

Shade

- Shade is provided in some parts of the garden areas.
- Older children will be encouraged to spend time in the shaded areas.
- Children who are immobile will be placed with activities in the shaded area. (Canopy for babies)

Timetabling

- Young children will not play in the garden during the hottest periods of the day (between 12-3)
- Water is available for children at all times, as always, but during the hotter weather children are encouraged/reminded to drink more often.

Clothing

- Children will wear suitable hats when playing in the garden. We request that these are brought in from home (please name these); however there will be a supply of spare hats for use.

Little Bears Daycare – Sun Protection Policy

(6.7)

- Children are allowed to wear UV protective sunglasses, whilst engaged in outdoor activities, please check the protection levels which are advised to be UV400/100% UV protection.
- We advise parents to dress their children in clothing that covers their shoulders or provide cardigans and t-shirts to put on when playing outside.

Sunscreen

- Parents/guardians will supply sunscreen that is no less than SPF 30 for their child's use, preferably water resistant. This will be clearly labelled with the child's name and the date which it was opened. If parents do not provide suncream then we will have 'Tesco's Soleil Kids Sun Protection Spray' which we will apply as long as permission is given prior via Famly.
- We recommend you use a water resistant sunscreen due to water activities in the garden.
- Children who do not have sunscreen to wear will be encouraged to play in the shaded area.
- Parents are encouraged to apply suncream to their child before they attend for the day, however staff will apply regularly throughout the day if needed. This is recorded on the Famly Application.

Parents/guardians will need to give permission via Famly app for staff to apply suncream.

There will be a chart in use to document sunscreen application times to ensure children are always protected.

During hot weather free flow may be restricted to a shorter length of time to protect children from over exposure to the sun/heat. Alternatively children will be brought inside as and when necessary for each individuals wellbeing and safety.

This Policy Was Adopted By	Little Bears Daycare
Last Updated	22 July 2026
Signed on Behalf of Provider	Signed by:  22 July 2026
Name of Signatory	Laura Leath
Role of Signatory	Chairperson of Little Bears Daycare