

Get Help

With You We Can is a network informed by lived experience.

We are not qualified counsellors.

NATIONAL HELPLINES

1800 FULL STOP

24/7 national sexual violence counselling with access to 4 other specific helplines.

1800 RESPECT

24/7 national sexual violence counselling.

Lifeline (13 11 14)

Get in contact with a crisis service in your state, 24/7.

Australian Childhood Foundation (1800 176 452)

Counselling for children and young people affected by abuse.

Contact Us

WEBSITE

www.withyouwecan.org

EMAIL

info@withyouwecan.org

INSTAGRAM

[@withyouwecan_](https://www.instagram.com/withyouwecan_)

WITH US YOU CAN SHARE YOUR STORY
WITH YOU WE CAN CHANGE THE NARRATIVE



With You We Can

EMPOWERING VICTIMS OF
SEXUAL ASSAULT



Have You Been Assaulted?

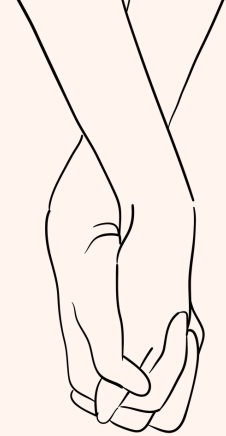
Many victims do not realise that they have been sexually or indecently assaulted, or feel that what happened to them is not 'bad' enough to report.

- Unwanted touching
- Being made to touch someone else's genitals
- Any sexual contact that you do not want, even if you said yes beforehand
- Sexual acts of any kind without ongoing consent

THESE ARE ALL CRIMES.

Reporting your sexual assault may feel isolating and scary, but we can help you.

With us you don't have to do it alone. **With You We Can** normalise holding perpetrators accountable.



What next?

Are you considering reporting your assault?

Have you already reported, and are awaiting trial?

Maybe you've finished your journey and want to help others, or just need to vent?

Our community is here for you.

Our online forum is a safe space for you to ask questions, express concerns and feel heard by people who understand you.

What We Do:

We provide fact-checked and experience-informed resources to **educate** and **prepare** victims on reporting sexual assault and the legal process.



KNOWLEDGE

We host an **online forum** for our community.



CONNECTION

We advocate for education, funding and policy reform, and fight to **shift shame away from victims.**



ADVOCACY

