Girls First Volunteer Description: Program Year 2025-2026

Girls First is seeking volunteers to support our 2025-2026 Program Year! The mission of Girls First is to build character, instill a positive sense of self, and provide tangible life skills through a creative curriculum of arts exploration, academic reinforcement, and emotional learning. Our program has a profound impact on the girls we serve, providing a safe, supportive, and stable environment where they practice respect for themselves and others, exercise appropriate interactions with peers and adults, discover new skills and talents, and develop tools that will allow them to achieve greater success in school and beyond. Your role as a volunteer is pivotal in this journey.

Girls First serves up to 30 girls in grades 1 through 4, and meets

Monday through Thursday from 3:00 p.m. to 6:00 p.m. Each programming
day includes snack/meal time and conversation (Chew and Chat), gentle
stretching and high-energy exercises and gentle breathing, 45-minute
small-group arts-based activities, and student-led play and
homework/academic enrichment time.

Volunteer responsibilities include, but are not limited to, sitting with a group during snack/meal time and facilitating conversations, encouraging engagement during movement & stretching, providing support to teaching artists during activities, helping with homework or leading learning games, and above all, providing positive mentorship, building nurturing relationships with students, and possessing the ability to be youthful and have fun.

Volunteers may choose one or more days of the week to volunteer, but we ask that all volunteers commit to their selected day(s).

We offer 3 tiers of involvement, which are the following:

Tier 1-Weekly participation for the program year.

Tier 2-Frequent as possible participation for the program year.

<u>Tier 3</u>-Acting as a substitute for the program year.

The goal is to allow you to choose the volunteer method or commitment that works best for you (and ultimately provide our girls with consistency, which is our top priority).

Our 2025-2026 program year officially kicks off on Monday, October 7, 2024, and concludes on Thursday, May 22, 2025. Girls First follows the NASD school district calendar; there is no programming when school is out for professional development, holidays, etc. Additionally, any Girls First-related closures will be communicated accordingly.

All volunteers must provide a recent PA Background Check, Child Abuse Clearance, and FBI Fingerprinting (only required for those who have not lived in PA for 10 consecutive years or longer). Additionally, volunteers are required to attend a mandatory volunteer training, which may be conducted either in person or virtually, before starting as a Volunteer. We are committed to providing you with the necessary support and training to ensure you feel prepared and confident in your role.

If you are interested in becoming a volunteer, please complete a volunteer interest form by clicking <u>HERE</u>. Once your completed interest form is received, the Program Director, Raeanna Ellis, will contact you about the next steps. Thank you!