



2026 McIntosh Co. Middle Cross Country Schedule



<u>DAY</u>	<u>DATE</u>	<u>TIME</u>	<u>MEET</u>	<u>LOCATION</u>
THURSDAY	9-3	5:00pm	MEET # 1	CCGA COURSE
THURSDAY	9-10	5:00pm	MEET # 2	CCGA COURSE
THURSDAY	9-17	5:00pm	MEET # 3	CCGA COURSE
THURSDAY	9-24	4:30pm	MEET # 4	CCGA COURSE
THURSDAY	10-1	5:00pm	CHAMPIONSHIP MEET	CCGA COURSE
SATURDAY	10-10	TBA	Middle School STATE CHAMPIONSHIP	COCHRAN, GA

**** Meet Director is Rogelio Quintanar - email:coachq@qrunningco.com**

Principal: Scott Brooker

Athletic Director: Bradley Warren

Head Coach: Tyler Powell