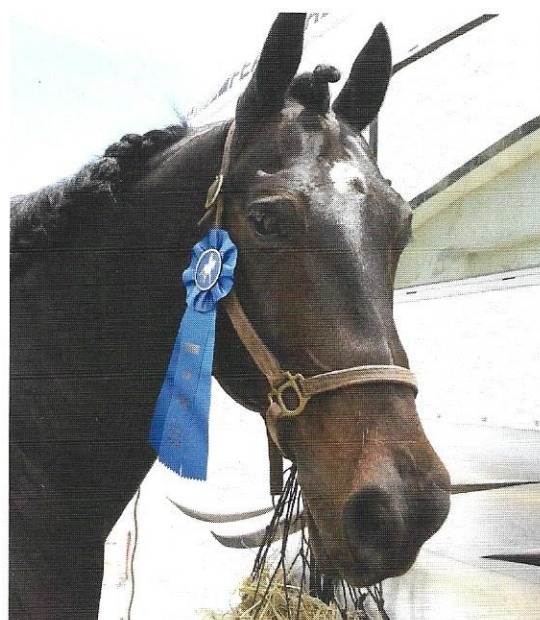
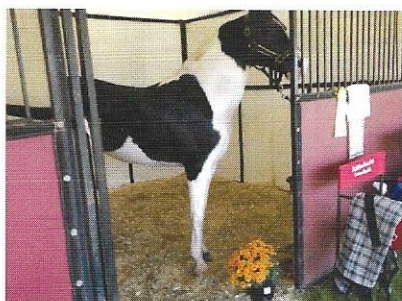


Equine Club

South of Lincoln in the relaxing countryside
Enjoy a great community inclusion activity with horses, dogs,
fresh air and peace!



Lynn Beideck MA, LIMHP, LADC
Owner and instructor/therapist
lbeideck@neb.rr.com
(402) 560-9558

Learn about horses and ponies:
Grooming, handling, gain confidence
Wonderful dogs to interact with too!
(Must sign Nebraska Equine Release)

(402) 560-9558

Call to schedule your group or individual session.

More Information

Located in the quiet countryside not far from Pioneers Park, Equine Club offers a great Community Inclusion activity, experience with horses, ponies and dogs and a great way to get back in touch with nature and perhaps a part of yourself you never knew existed. Learn how horses and ponies live, work and play. Gain self-confidence and peace from equine therapy.

Group sessions: \$200

Individual session: \$50

All participants are required to sign a Nebraska Equine Law release.

About Us

Lynn Beideck is an independently licensed mental health practitioner with over 35 years of experience in health and human services. Lynn has raised and shown horses for over 45 years. The joy and peace being around these wonderful animals is a must-have! Participants in past Equine Clubs have gone on to ride, drive, show and own ponies of their own. Individuals experiencing PTSD, major mental illnesses, poor self-esteem and low confidence are clinically proven to experience relief through equine therapy.

Call for a consult, to book a group or individual session or to ask questions.



Lynn Beideck MA, LIMHP, LADC

Owner and instructor/therapist

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Learn about horses and ponies

(Must sign Nebraska Equine Release)

There is something
wonderful about the outside
of a horse for the inside of a
person!