

Return to Amy Porter:  
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or  
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## PATIENT REFERRAL FORM TO DIETITIANS OF ALASKA

Today's Date: \_\_\_\_\_

Patient's Name: \_\_\_\_\_  
Last First MI

DOB: \_\_\_\_\_ Phone: \_\_\_\_\_

Insurance Plan: \_\_\_\_\_

### Referring Provider Information

Provider's Name: \_\_\_\_\_

Practice/Clinic Name: \_\_\_\_\_

Provider's Phone: \_\_\_\_\_ Provider's Fax: \_\_\_\_\_

Provider's Address: \_\_\_\_\_

Provider's NPI Number: \_\_\_\_\_

**At this time, we kindly request that the following patients not be referred to Dietitians of Alaska:**

- Dialysis (hemodialysis and peritoneal dialysis)
- Tube feeds (NG, NJ, PEG) or TPN
- Eating disorders (anorexia nervosa, bulimia nervosa, binge eating disorder, ARFED)
- Adult or pediatric malnutrition or failure to thrive

***\*\* A cash pay option is available for those without coverage for Medical Nutrition Therapy. Please be aware that Medicaid will not cover MNT and Medicare only covers if the referral is for the management of diabetes or chronic kidney disease \*\****

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**Primary Reason for Referral (ICD-10) \*\*\*At least one Primary diagnosis is required \*\*\***

- ☐ Celiac Disease (K90.0)
- ☐ Constipation (K59)
- ☐ Crohn's Disease, unspecified (K50.9)
- ☐ Diverticulosis (K57.3)
- ☐ Essential Hypertension (I10.0)
- ☐ Fatty liver disease, nonalcoholic (76.0)
- ☐ Gastroesophageal reflux disease with esophagitis (K21.0)
- ☐ Gastroesophageal reflux disease without esophagitis (K21.9)
- ☐ Hypercholesterolemia (E78.0)
- ☐ Hyperlipidemia, unspecified (E78.5)
- ☐ Hypothyroidism, unspecified - E03.9
- ☐ Iron Deficiency Anemia (d/t inadequate iron intake) (D50.8)
- ☐ Iron Deficiency Anemia, unspecified (D50.9)
- ☐ Irritable bowel syndrome (K58)
- ☐ Morbid (severe) Obesity due to excess calories (E66.01)
- ☐ Obesity, unspecified (E66.9)
- ☐ Polycystic Ovarian Syndrome (E28.2)
- ☐ Postural Orthostatic Tachycardia Syndrome (POTS) (G90.A)
- ☐ Pre-diabetes (R73.03)
- ☐ Type 1 diabetes mellitus without complications (E10.9)
- ☐ Type 2 diabetes mellitus without complications (E11.9)
- ☐ Ulcerative colitis (K51)
- ☐ Unspecified Heart Disease (I51.9)
  
- ☐ Other:

**Secondary Diagnoses (Helpful for Insurance Coverage)**

- ☒ Dietary counseling and surveillance (Z71.3)

**Special Instructions**

☐ \_\_\_\_\_

**Provider Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_